THE

INCORPORATED HOSTELS

ASSOCIATED WITH THE ROYAL FREE HOSPITAL

0

Twentieth
Annual Report,
Accounts

List of Subscribers for 1938.



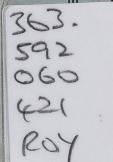
REGENT'S PARK HOSTEL

2. Regent's Park Road, N.W.1. elephone: Primrose Hill 2839.

HIGHBURY QUADRANT HOSTELS

20 & 22, Highbury Quadrant, N.5.

Telephones: Canonbury 1980.
Barlow Wing, Canonbury 1701.



THE INCORPORATED HOSTELS

ASSOCIATED WITH THE ROYAL FREE HOSPITAL

REGENT'S PARK HOSTEL

62, Regent's Park Road, N.W.1. Telephone: Primrose Hill 2839. HIGHBURY QUADRANT HOSTELS

20 & 22, Highbury Quadrant, N.5.

Telephones: Canonbury 1980. Barlow Wing, Canonbury 1701.

Twentieth

Annual Report, Accounts and
List of Subscribers for 1938.

CONTENTS.

					PAGE
COMMITTEES				••	3
AIMS					4
ACCOMMODATION					5
Conditions for Admission				•••	5
RECORDS FOR THE YEAR		••	••	• •	6
REGENT'S PARK HOSTEL:					
Decision to Close					6
Miss McDowall's Report					7
After-Care Report					8
Treasurer's Report					9
Occupations and After Histor	RY OF	PATIEN	TS		10
HIGHBURY QUADRANT HOSTEL:					
Premises		•			11
Staff					11
Medical Officer's Report					12
REPORT FROM SISTER-IN-CHARGE					12
After-care					14
Treasurer's Report					14
Thanks					14
Occupations and After Histor	RY OF	PATIEN	rs		15
After-care Worker's Report	••			••	16
Finance—					
LIST OF SUBSCRIBERS, REGENT'S	PARK	Ности	EL		19-20
List of Subscribers, Highbury					21
BALANCE SHEET					22-23
Income and Expenditure A/c.					24-25
INCOME AND EXPENDITURE A/c.					26-27

INCORPORATED HOSTELS.

Vice-Presidents.

The Viscountess St. Cyres.

The Hon. Lady Darwin.

The Lady Bertha Dawkins.

The Lady Sydenham of Combe.

Committee of the Association.

Chairman—Sir Thomas Barlow, Bart., K.C.V.O Vice-Chairman—A. G. L. Gamlen, Esq. Hon. Secretary—Dr. A. L. Winner. Assist. Hon. Sec.—Miss D. Hunt.

F. R. S. Balfour, Esq.	Mrs. Julian Q. Henriques.
The Hon. Mrs. N. Barlow.	Miss D. Hunt.
Neild Barlow, Esq.	Mrs. Mark Kerr.
Miss H. M. Beale.	Miss McEwan.
Harold Bright, Esq.	Miss Moller.
Dr. Anna Broman.	Arthur R. Moro, Esq.
Dr. Anne Campbell.	Miss A. Orred.
Miss Cockayne.	Mrs. Arnold Paterson.
Miss Elliot.	Dr. Margaret Rorke.
The Lady Emmott.	Miss E. M. Royden.
R. R. Garratt, Esq.	Mrs. Geoffrey Tritton.
Dr. Dorothy Hare, C.B.E. F.R.C.P.	Miss Voelcker.
Julian Q. Henriques, Esq.	R. T. Bartley, Esq.,
	General Treasurer

Executive Committees.

REGENT'S PARK HOSTEL:	HIGHBURY QUADRANT HOSTEL:
Acting Chairman—Miss E. M. Royden.	Chairman-Miss B d'Aviador
The Hon. Mrs. N. Barlow.	The Lady Emmott.
Dr. D. C. Hare.	Miss Elliot.
Miss Elliot.	R. R. Garratt, Esq.
Miss D. Hunt.	Dr. D. C. Hare.
Miss. E. M. Royden.	Miss D. Hunt.
Dr. Shaw.	Dr. Margaret Rorke.
Dr. Margaret Rorke.	Dr. Shaw.
Miss B. d'Avigdor.	Mrs. G. Tritton.
Miss Voelcker.	Miss Voelcker.
Dr. A. Winner	Dr. A. Winner
Miss M. Garratt,	Dr. Anne Campbell,
Hon. Treasurer.	Visiting Medical Officer.
23, Abbey Road, N.W.3.	The Hon. Mrs. N. Barlow,
	Hon. Treasurer,
Warden—Miss E. MacDowall.	4, Gloucester Walk, W.8.
The state of the s	i, Giodeestei Waik, W.o.
	1882 PROPERTY SECURIOR SECURIOR DE LA CONTRACTOR DE LA CONTRACTOR DE LA CONTRACTOR DE LA CONTRACTOR DE LA CONT

Sister-in-Charge-Miss B. Kempley. Sister-in-Charge-Miss K. E. Noakes.

Bankers—

Messrs. Lloyds Bank, Ltd.,
Holborn Circus, E.C.

Bankers—

Messrs. Lloyd's Bank, Ltd.,
Kensington High Street, W.8.

Hon. Auditor: Miss Bisset, London School of Medicine for Women.

INCORPORATED HOSTELS.

AIMS.

The Incorporated Hostels are for the care of girls and women suffering from venereal diseases in an infective stage.

The patients are drawn chiefly from the Royal Free Hospital V.D. Clinic, and are selected by the Medical Officer to the Clinic; but cases from any part of London or the country may be received. (See conditions for admission.)

Most of the patients admitted to the Hostels are treated as out-patients at the Royal Free Hospital.

The aims of the Committee are:

- 1. Care and medical treatment of women suffering from venereal disease.
 - (a) Non-pregnant cases. Admitted to Regent's Park Hostel.
 - (b) Pregnant cases. Admitted to Highbury Quadrant Hostel.
 - (c) Mothers and babies. Admitted to Highbury Quadrant Hostel.
- 2. After-care of these patients when discharged from the Hostels, and medical supervision of the children.

The work is supplementary to that of the Hospital outpatients' clinic. The special daily treatment given at the Hostels, together with rest and good food, help to make hospital treatment more effective, and to shorten the course of the disease.

The greater number of those admitted are wage-earners, such as waitresses, domestic servants, factory workers, or clerks. They are, for the time being, unfit to earn their living, though not ill enough to require a bed in Hospital. Their infectious condition is a danger to others whether at home or in lodgings, and the Hostels provide the special accommodation needed. Whatever the circumstances, these girls all need help to start them on the road to recovery.

The Hostels are conducted on undenominational lines, but during their stay every effort is made to help patients to moral as well as to physical recovery, and to train them in the care of their children.

After-care is an integral part of the scheme, and great importance is attached to keeping in touch with patients over a considerable period of time. The keeping of records of the health and physical development of the children for some years forms an addition to the medical work carried on whilst they are inmates of the Hostel.

ACCOMMODATION.

REGENT'S PARK HOSTEL 62, Regent's Park Road, N.W.1.	 ••	• ••	15	Beds.
HIGHBURY QUADRANT HOSTEL	 		19	Beds.
22, Highbury Quadrant, N.5.	 		12	Cots.
BARLOW WING	 		14	Beds.
20, Highbury Quadrant, N.5.	 		14	Cots.

CONDITIONS FOR ADMISSION.

Cases are admitted by the Medical Officer of the Royal Free Hospital (Venereal Diseases) Marlborough Clinic, who attends at the Hospital (Out-patients) daily from 10 a.m. to 7.30 p.m., and on Saturdays from 10 a.m. to 4 p.m.

Only young women suffering from venereal disease in an infectious stage are eligible for admission.

Applications for the admission of suitable cases are cordially invited from doctors and social workers.

All requests should be made to the Medical Officer of the Marlborough Clinic, or to the Almoner, Royal Free Hospital. A medical certificate and full social history should be forwarded in the first instance, if the patient cannot attend the Clinic.

The object of the Hostels is to provide treatment and after-care for girls who really desire a fresh start.

No patient is refused for lack of means, but patients are asked to contribute towards their maintenance, if able to do so.

Further information regarding the hostels may be obtained from the Almoner, Royal Free Hospital, Gray's Inn Road, W.C.1, or from the Hon. Secretary, Dr. A. L Winner, 4K, Portman Mansions, W.1.

REPORT FOR 1938. Records for the Year.

	Highbu Adults	ry Hostel Babies.	Regents Pk. Hostel. Adults.
In residence January 1st, 1938	 22	16	15
Admitted during 1938	 38	24	29
Discharged during 1938	 38	30	33
In residence January 1st, 1939	 22	10	11
Number of Patient Days	 7,434	5,195	4,062

The work of the Hostels was carried on throughout 1938 in a normal manner. The daily routine of meticulous care for the welfare and health of patients and babies continued. The singleminded devotion to duty shown by the Staffs of both Homes has carried them over all difficulties and problems, and has always been a matter of pride and inspiration to the Committee.

At the time of the national crisis in September, as many patients as possible were sent to their own homes, and it was decided to close Regents Park Hostel, concentrating the remaining patients at Highbury. Evacuation from both Hostels was completed without panic and with admirable efficiency. The majority of the girls of course returned, a few days after the crisis.

The evacuation in September seemed to crystallize the views of the Committee on the subject of the value of Regents Park Hostel, and a change of policy has now proved unavoidable. The General Committee has now decided with great reluctance to close this hostel, and take a few selected non-pregnant cases at Highbury.

REGENTS PARK HOSTEL.

It may be remembered that at the end of 1936 the Committee had expressed grave doubts as to whether young women of the present day were willing to make full use of the opportunities offered at Regents Park Hostel. It was agreed early in 1937 to carry on the Hostel for at least one more year, and to ask to be placed on the Home Office "List of Approved Homes" for Probation cases.

This was accordingly done, but in spite of additional patients admitted through Probation Officers, the Committee have finally come to the conclusion that Regents Park Hostel should be closed. The reasons are as follows:—

(1) The recent discovery of sulphanilamide and allied drugs has greatly shortened the infective period for patients suffering from gonorrhea. Hence it is possible for patients to have a short intensive treatment at a V.D. clinic or hospital, and then resume their ordinary occupations, attending occasionally for supervision. There is, therefore, no good medical reason for these girls to accept hostel residence, and the social problem is now dissociated from the medical—at any rate as far as non-pregnant cases are concerned.

(2) It has become increasingly difficult in the last few years to get out-patients at the clinic to consent to give up their work, and to become in-patients at the Hostel. Many are unwilling to submit to a routine life, or place themselves under discipline, though a few certainly appreciate a refuge from bad companions and their own weakness, and the opportunities offered for re-habilitation.

(3) Such a refuge can be given at Highbury Hostel, to those who will appreciate it. For, in the last two years Highbury has had only about 75 per cent. beds occupied, and it seems wasteful and uneconomic to maintain two hostels, neither of which is full. It is proposed that several beds should be available at Highbury Hostel for selected non-pregnant cases and arrangements can be made for a member of the Staff to take these girls under her especial care.

(4) When the arrangement was made with the Home Office that Probation cases should be admitted, the Committee reserved the right to select suitable patients from amongst those suggested. This has caused some disappointment to the officers concerned when a girl has been refused, but, if all offered are admitted, some are not suited to so small a home or to the modified freedom allowed.

For these reasons the Committee feel that their policy evolved twenty years ago, of a voluntary home for selected non-pregnant patients, is now out of date, and that changed conditions, both social and medical have made a hostel of this sort unnecessary. They hope, however, that others may carry on similar work, and that it may be possible to transfer the house to some other society who would use it for a kindred enterprise.

The Committee would like to add an extra word of praise for the Staff who have struggled with the discouragement of a halfempty hostel with unflagging zeal and enthusiasm.

They also desire once more to thank Miss Crockett for her weekly visits to the Hostel, which she has carried on faithfully for the last ten years.

Report from Miss McDowall, Warden of Regents Park Hostel.

During the first five months of the year, the hostel was continuously full, there being a waiting list for part of that period. The summer months brought a variable decrease in numbers, and the

compulsory evacuation in September resulted in a small household towards the end of the year.

One satisfactory feature of the year's work has been the willingness of the girls to stay till their cure was complete. To the policy of attraction rather than compulsion, of free discussion and interchange of constructive criticism, the girls have responded well, if slowly.

Education and The education, home background and mental capacity of the girls in the hostel this year have again differed widely. One characteristic they have all shared: an intense dislike of thinking for themselves. They were ready to accept facts, but slow to express opinions or criticise. The economic insecurity and the haphazard unstable atmosphere which they have experienced in their social sphere and home, have fostered in them the feeling of "What does anything matter anyhow?" To stimulate interest in educational opportunities in girls with such an outlook requires much effort, but once that interest is awakened their appreciation and progress is most heartening.

Classes have been given throughout the year (when numbers were sufficient) by London County Council teachers in General Knowledge, First Aid and Home Nursing, and Handicrafts. Mrs. Marsh has taught sewing, and Miss Lambert (Kitchen Matron), Cookery. We have had two series of talks from myself, one on ethical subjects, the other on social problems. "Question-time" meetings have been held when the girls were encouraged to ask social, moral, religious or sex questions.

Sightseeing expeditions have been taken on Saturday afternoons and on one occasion three hours were spent listening to a Debate in the House of Commons on Insurances. They have also gone three times to the theatre. During the year, I have given individual religious instruction to eight girls who wished to be confirmed.

(Signed). E. M. McDowall.

Report on the After-Care of girls who left Regents Park Hostel in 1938.

The majority of the girls discharged during the year have kept in close touch with the hostel. Those without homes or friends in London have spent much of their free time in the house, and none have hesitated to write or call for help or advice. It is strange how often one is given or sent a description of two or three young men and asked to advise as to which one is the worthiest candidate for affection!

The placing of girls has not been difficult as many have returned to, or gone into, domestic service. By far the greater majority have wanted "living-in" jobs. Employers have given liberal wages and been very considerate as regards off-duty, work and general conditions.

An analysis of the 33 girls who left the Hostel in 1938 shows that 20 were discharged cured. Of these 20, 14 are still doing well in their first post; 1 is happily married; 1 has taken up children's nursing and is most satisfactory; 1 is making good progress in her training for general nursing; 1 who was sent on to an Approved School, had such a good record of conduct, that she was let out on licence after 9 months and is working happily in an office. Two of the 20 cured have been unsatisfactory.

Three girls were discharged to complete their treatment at home. This they did and reports from the home state that they are making good.

Five girls were transferred to other hostels or hospitals, and news of 1 of the 3 who took their own discharge is unsatisfactory.

Two probation cases ran away; 1 has not been traced by the police, the other is now in a special hospital.

It can be said, therefore, that of the 33 discharged during the year, 23 are making good and write or visit regularly; 4 are unsatisfactory but keep in touch; there is bad news from workers, about 2 who do not correspond, and there is no contact at all with 4.

(Signed). E. M. McDowall.

Treasurer's Report. The finances for the year 1938 are more satisfactory on the whole than for 1937. The income has increased patients' payments, and also to an increase in the subscriptions. The actual running expenses of the Hostel have gone up in accordance with the generally higher cost of living for 1938 over 1937. However, we have had no major expenses this year and our excess of expenditure over income for 1938 is £144. 9s. 2d., as compared with £328. 5s. 8d. for 1937.

We should like to express our most sincere thanks to subscribers who have supported the Hostel for so many years, and to ask them if we may hope that their contributions may be given, in future, to Highbury Hostel where the non-pregnant cases will be housed, and which will be under the management of the same Committee.

We desire also to thank the following for their gifts: Miss H. M. Beale, Miss Cashmore, Miss Elliot, Miss Royden, Students of the London School of Medicine, Miss d'Avigdor, Sister Lewis, Mrs. Handley, Dr. Shaw, Dr. Winner, and Messrs. Toop, Griffiths and Thomas.

Occupations of Patients admitted in 1938.

Di

	Domestic					14
	Factory Worker					5
	Waitress					4
	Shop Assistant					3
	Children's Nurse					2
	Mental Nurse					1
						_
						29
						-
sposal	of Patients on Discharge.					
	Returned to Domestic Service					10
	Returned Home and Working Dail	у				5
	Returned to Office Work					1
	Returned to Children's Nursing					1
	Took up Children's Nursing					1
	Training for General Nursing					1
	Transferred to other Hostels					3
	Transferred to Approved Schools					2
	Returned to Tailoring					1
	Returned to Factory Work					2
	Left without completing Treatment	t				1
	Left without completing Treatment	and re	turned	to Dom	nestic	
	Service					1
	Left without completing Treatment	t and r	eturne	d to Fa	ctory	
	work	• •				1
	Returned to care of Social Worker					1
	Absconded					2

HIGHBURY HOSTEL.

Premises. The proposed compulsory purchase of Highbury Quadrant by the London County Council for a rehousing scheme has given the Committee much work throughout the year.

After a lengthy search for suitable premises a house in Netherhall Gardens was found which lent itself excellently to adaptation and addition. Permission was obtained from the Town Planning Committee to use it as a hostel, an offer was made and accepted, and a detailed plan for an additional wing was prepared by Mr. Christopher Maynard.

Unfortunately, however, the owner in offering the house to the Committee and assuring them that it could be used as a hostel, had not realised that restrictive Covenants could not be set aside. He took the matter before an Arbitrator, himself bearing all costs, but there was strong local opposition, and he lost the case. The Committee are greatly disappointed at this failure to obtain the house, which was especially attractive and well built, the more so, as everyone concerned has wasted much valuable time. On the other hand, it may perhaps prove fortunate that the purchase was not completed, as there is still no date fixed for the demolition of Highbury Quadrant. The present international situation renders all such large-scale projects uncertain. The Committee are still continuing their search for a house.

Staff. The Committee are fortunate in retaining the services of the same Staff, many of whom have now been at the Hostel for some years. Two of them, however, Miss Hodkin and Miss Knapton met with a serious accident last January, when they were in the train disaster near Bedford. Miss Knapton was able to telephone to the Hostel to reasssure Sister Noakes, though she had an injured knee, and could not return to duty for a fortnight. Miss Hodkin suffered from shock and concussion and was away from the Hostel for three months. They are both to be congratulated on their escape, and on their plucky and calm demeanor.

Nurse Brown who has been House-Matron for five years was also absent for four months owing to the illness and subsequent death of her mother.

The Probationer nurses who passed the Elementary examination of the National Society of Day Nurseries in June 1937 and 1938 respectively, succeeded in passing their Advanced examinations the following September without attending further lectures. In each case the nurse in question stayed on as Assistant Nurse at the Hostel for a further six months. It is due to the excellent training

given by Nurse Yates and Nurse Parsons in the Toddlers' and Infants' Nurseries, and to the girls themselves, for their keenness and application, that this eminently satisfactory result was attained.

Report from Dr. Anne Campbell, Medical Officer, Highbury Hostel.

Medical This year we have not had quite so many admissions

Report. to the Hostel, but from the medical point of view the year has been quite satisfactory.

Twenty-four pregnant girls were admitted to the Hostel prior to the birth of their babies. Ten of these were suffering from syphilis, and all had a course of treatment of varying length of time. Of the babies born to these girls, three had a positive blood reaction. Following a course of treatment all three had become negative by the time the babies left the Home.

The remainder of the cases were of pregnancy complicated by gonorrhoeal infection, but none of the babies born showed any eye symptoms.

One baby, a premature child, died at two weeks of bronchopneumonia.

In March, 1938, one of the girls unfortunately contracted measles. We isolated all the babies at once, and were fortunate in limiting the epidemic to four cases among the babies. These were all sent to Hospital and did very well.

The Annual Garden Party for Old Girls took place in July, and we had a record attendance of thirty-four children, some of them twelve years old. They were all in excellent condition physically, with the exception of one child who showed signs of early rickets. This child was put on a course of treatment. It was very satisfactory to find the foster-mothers bringing their foster children to see me, and to find how very interested they were in their charges.

Sister and the Staff have again co-operated with willing and efficient service.

(Signed). A. R. CAMPBELL.

Report from Sister Noakes, Sister-in-Charge, and Miss Hodkin, Warden, Barlow Wing.

The week of the crisis was a never-to-be-forgotten experience in the Hostel.

So often one feels that the girls do not value the Hostel as they should, but their reactions, when told the Hostel would close were pathetic in the extreme.

After they had been told, they fled to the laundry (it being the place were both houses meet), and wept as they washed.

Numerous letters were written to parents and workers asking for arrangements to be made for girls and babies. In several cases relatives refused to help, and the knowledge of their refusal only added to the depression and gloom.

One girl who was sent to the provinces was allowed to return when the crisis was over, and has shown her gratitude by a gradual improvement in behaviour.

One of the encouraging things of the year has been the willingness and desire of the girls to be of use to others less fortunate than themselves. In October we heard of a lady who had come from Sheffield to an Invalids' Home in Highbury. She had been bedridden for five years, had no friends in London and no one to do her shopping. Some of the girls have visited her regularly, shopped for her, and written letters which she was unable to write for herself. She has been grateful for help, and they have enjoyed visiting her.

Education and Two members of the Staff, Mrs. Watson and Training.

Nurse Knapton, have conducted regular classes this year. Mrs. Watson's needlework class has produced some very fine bed-spreads and cot-covers, in readiness for our new Home. Nurse Knapton has given weekly "Keep Fit" classes which the girls have greatly enjoyed.

Choral Singing under Miss Marx, a London County Council teacher, has much improved, and a fortnightly Bible Class has been given by Mrs. Hodges. Attendance at this is entirely voluntary, and the ignorance and confusion of mind of the girls is very surprising.

Training in Mothercraft is always an integral part of the life at the Hostel, and in the past has usually been appreciated and carefully followed by the majority of mothers. But this year we have had a larger proportion than ever before of very young girls. Ten were between the ages of 16 and 18, and eight from 19 to 21 years old. These young mothers have proved very trying and irresponsible in the nursery. They seem to be too young to have the mother instinct, and would put on an extra garment on their babies one day, and leave it off the next, for no reason at all. They are awkward in handling, and the infants themselves seem to feel a want of security, as if, for instance they might slip in their baths. They actually do not get on so well, because they are not adequately "mothered." This has made the nursery supervision much more difficult, though we do find that many of them improve a great deal before they finally leave us.

(Signed). K. E. Noakes, Sister-in-Charge. W. Hodkin, Warden, Barlow Wing.

After-care Past Patients continue to keep in touch with the Hostel and to seek advice from Sister Noakes and the Staff. The number of visits they have paid is somewhat lower this year, as those within reach are making full use of the Old Girls' Club initiated by Miss Cashmore.

The following are the figures of visits and letters for the past three years:—

	1936	1937	1938
Visits from Old Girls	403	435	296
Letters from Old Girls	353	224	295
Letters to Old Girls	309	265	256
Letters from Employers, Friends, etc	335	313	334
Letters to Employers, Friends, etc	385	354	348

Treasurer's Owing to the impending move to new premises, no money has been spent this year on 1e-decoration or new equipment, and therefore there is a credit balance of £176 on the Income and Expenditure Account.

The only increase in expenses has been on After-Care, High bury Hostel having taken over a larger share of the expenses from Regents Park Hostel. A contribution of £2 a month has also been made towards the cost of the Old Girls' Club, which was started last year.

The total cost of each patient and her baby per week was £2.15s.0d., and the average cost of food per week for each adult was $9s.6\frac{1}{2}d.$ Last year's figures were £2.13s.7d. and 9s.6d. respectively.

On the Balance Sheet there is an item of £485, which was the deposit paid on a house we hoped to acquire, but negotiations fell through, and this sum will be returned to us.

The Committee decided to appoint a new Auditor, and Miss Bisset of the London School of Medicine for Women has been appointed. For the first year, Miss Bisset kindly undertook the work in an honorary capacity. The Committee would like to express its great appreciation of her generosity.

Thanks. The Committee also wish to thank warmly subscribers and donors for their generous contributions and the following for their useful gifts.

Clothing for girls. Miss d'Avigdor, Miss Cashmore, Miss Elliot, The Misses Pook, Queen Mary's Needlework Guild.

Clothing for babies. Miss Abraham, the Hon. Mrs. Barlow, Miss Graham, Miss D. Hunt, Miss Lewis, Miss M. Margetson, Miss G. Mundon, National Society of Day Nurseries, Mr. and Mrs. Noakes, Queen Mary's Needlework Guild, Mrs. White.

Provisions, plants and flowers. Sir Thomas Barlow, Dr. Campbell, Miss Cashmore, Highbury Quadrant and Highbury Vale Congregational Sunday Schools.

Household articles. Miss d'Avigdor, Dr. Rorke, Miss Smith, Mrs. Snelling, Mrs. Watson.

Toys. John Horsley, Regents Park Hostel.

Christmas gifts. The Hon. Mrs. Barlow, Miss d'Avigdor, Miss Cashmore, Dr. Campbell, the Lady Emmott, Mr. Hodkin, Miss Lindsay, Dr. Playtair, Miss Pook, Dr. Phillips, Dr. Shaw, Mrs. Warrender, Messrs. Toop, United Dairies, Kearley and Tonge.

Occupations of Patients Admitted, 1938. Domestic Servants Factory Hands Hospital Probationers ... Children's Nurse Hairdresser Barmaid Clerks Living at home, no occupation 38 Disposal of Patients on Discharge. Returned to their own homes Went to relatives or friends Handed over to other workers or hostels Placed in situations Absconded Disposal of Babies, 1938. Home with mothers To relatives with mothers Placed with foster mothers Handed over to other Homes To situation with mother Died 30

AFTER-CARE WORKER'S REPORT, 1938.

The current After-Care for Regents Park girls was this year taken over by Miss McDowall. My report, therefore, mainly concerns the Highbury mothers and children, though I am still in touch with many past patients from Regents Park who left before 1938.

There were 125 Old Girls on my list at the end of last year, and 13 more came to me during 1938. We lost touch with 26 girls, through various circumstances but I can report on the group of 112, at the end of 1938 as follows:—

Died						2
Doing well					 	78
Married					 	6
No recent news					 	6
Returned to hom	.e				 •••	1
Transferred to ot	her V	Vorkers			 	4
Unsatisfactory					 	15
						_
		Tot	al	••	 	112

From this it will be seen that about 75 per cent. of the girls are making satisfactory efforts to provide a decent living for their children and themselves, at no small personal sacrifice. The payment to the foster-home takes up a large proportion of their weekly wage. In addition, there are clothes, sickness and other emergencies to be provided for, but with a little help over the rough places these young mothers have shouldered their burdens faithfully, on the whole, and in doing so have given their children all they possibly can of security and the happy home environment so necessary for their well-being. Their regular weekly visits to the foster-homes have kept alive the bond of affection between them, and have been an additional comfort to the children who must be conscious at times of not "belonging" wholly to the family with whom they are living. A few girls have even managed to save enough money to provide a short holiday with their child during their annual leave, and we have been able to help them with arrangements which have ensured a successful change for them both.

Of course, we have had our share of disappointments, and there have been several most unsatisfactory cases, and the arrival of second babies. Generally mental weakness or confirmed defects of personality have caused these failures, and though we have helped the girls over their time of crisis, we feel that for some, it is hardly possible to achieve any stability of life.

I continue to be at home all Sunday afternoons for visits from the girls. But these tea-parties at my flat have become smaller since the weekly Club was started last year, though they are still most valuable for tackling individual difficulties which are too intimate for discussion on Club nights.

This Old Girls' Club meets on Thursday and allows me to have regular contact with the girls. Several members have not missed once since they joined, and altogether they have made 440 attendances during the year (44 weeks). There were also 96 attendances of outside friends and visitors. The Club fills a gap on weekly "half-days" after these mothers have seen their children put to bed in the foster-home, and before they must return to their situations. We feel we are helping to shelter them from dangerous temptations in the streets during those hours as well as moneyspending, and offering them instead congenial companionship and recreation. They are quite free to bring their own friends. The "Keep Fit" Class has been an established success under the leadership of trained instructresses, who have inspired the girls to join with vigour and enthusiasm. They look very neat in their green drill costumes, and have made good progress. Awkward, selfconscious girls have gained confidence and poise, and realised new possibilities for themselves. The evenings wind up with a dance, and the canteen is much appreciated. Several students from the London School of Medicine for Women have formed themselves into a rota of helpers, and one or other has attended nearly all the meetings this year. Their friendly interest has made each member feel welcome. We have enjoyed several parties, when outside friends came to share the fun, especially the Fancy Dress Dance at Christmas. Other pleasant things to recall are the visits of a Settlement Girls' Club for two Social Evenings with us, and the attendance, en masse, of our Club members at a local pantomime.

Some girls make a brave effort to save, and we receive their contributions at the Club. This arrangement has proved its value in several cases of crisis, such as an unexpected change of post. Most of the girls have continued to hold their positions satisfactorily, and it has frequently been possible to prevent the precipitous giving of notice, or other foolish actions, by timely advice or some adjustment. Where necessary, they have been helped to find new places, and altogether 20 of these were procured during the year.

Frequent contact has, as usual, been kept with the foster homes, and no effort spared to ensure a happy and normal background for the children. In most cases one can only speak with warm gratitude and appreciation of the care given by our foster mothers, and their kindness and co-operation in times of difficulty. There were 21 new homes to find during 1938, a task which does not grow any

easier. We are deeply indebted to Dr. Barnado's for their continued help with grants in necessitous cases. Fortunately the children have done well, and we have not had any serious anxiety on account of illness. The number under my personal supervision at the end of 1937, was 49. Ten of these were removed altogether from our care, either to relatives, homes, or were adopted, but 17 more came to us, so the total on December 31st, 1938 was 56. They had been placed as follows:—

Adopted		2
Children in foster homes	 	33
Children taken by relatives		2
Children transferred to Homes	 	3
Children with mothers in posts or otherwise		12
Mothers married and took children	 	4
Total	 	- 56

During the year I have written 852 letters, received 310 visits from girls, paid routine visits to the 33 children in foster-homes, and made many personal calls on employers, relatives, social agencies and fellow workers.

I have most gratefully received gifts for the Club, and clothing for mothers and children from:—

Miss Abrahams, The Honble. Mrs. Barlow, Miss Bennett, Miss Bowden, Miss D. Clarke, Miss d'Avigdor, Miss Elliot, Mrs. Hassall, Miss Jeskins, Miss Kent, Miss Moss, Miss Munro, Sister Noakes, Miss Richardson, Miss Royden, Mrs. Samuels, Mrs. Donald Scott, Mrs. Shaw Jones, Union of Jewish Women, Mrs. White, Dr. Winner.

N. D. CASHMORE.

The Committee desire to thank students from the Social Service Club of the London School of Medicine for Women, who have so generously given of their free time to help with the Club.

REGENT'S PARK HOSTEL.

Subscriptions and Donations, 1938.

						Inc	ome	-Ta	x			
			Subsc	ript	ions.		Refund.			Donations.		
			£	s,	d.	£	s.	d.	£	s.	d.	
Abbott, Miss F. E.			 5	5	0	1	19	9				
Balfour, F. R. S., Esq	•		 5	0	0							
Barnett, G. A., Esq	•	• •	 1	0	0							
Beale, Miss H. M	•	• •	 3	3	0	1	3	10				
Beale, Miss M. S			 3	3	0							
Beddington, G. E., Esq.	, C.B.	E.	 10	0	0							
Beddington, Miss W. G	ł.		 2	2	0							
Bevan, Miss H. V			 1	1	0							
Bright, Philip, Esq			3	12	6	1	7	6				
Chick, Dr. H		•	 2	0	0							
Clapcott, Mrs. C. B	•		 1	0	0		7	7				
Clark, Mrs. E. M. N									1	0	0	
Clow, Mrs. Sanderson .			 2	2	0							
Courtauld, Miss M. R.			 2	2	0		15	11				
Crowdy, Miss E		• •	 2	2	0							
Darwin, The Hon. Lady	y		 2	0	0							
Darwin, Major Leonard			 3	3	0							
Darwin, Miss R. F			 2	0	0							
d'Avigdor-Goldsmid, Sin	rO.E	., Bait	 3	3	0	1	3	10				
Deacon, J. F. W., Esq.			 5	0	0							
Emmott, The Lady .			 1	1	0 -		7	11				
Gamlen, A. G. L., Esq.		• •	 4	0	0							
Gaskell, Miss E. M			 1	1	0							
Goldschmidt, Mrs. H. I	₹.		 2	2	0	2	3	0				
Grand Central Cinema.	•								21	7	10	
Greene, Dr. Helen .	•		 1	0	0							
Hare, Miss K. C	•		 5	0	0	1	13	4				
Johnson, W. C., Esq	•		 1	1	0							
Kekewich, Miss H	•			10	6							
Kerr, Mrs. Mark			 2	2	0							
Lister, The Misses			 3	3	0							
Luxor Cinema	•								149	12	0	
Marker, Miss M	•		 2	2	0							

		Income-Tax Subscriptions. Rebate.				Donations,			
			s.		£ s.	d.	£	S.	d.
Moller, Miss M			5	0					
Moro, A. R., Esq		1	1	0					
Moro, Arthur R., Esq. (1937)		1	1	0					
Morris, Dr. F. M., O.B.E		1	1	0	7	11			
Nettlefold, Mrs		1	1	0					
Nettlefold, Mrs. (1937)		1	1	0	14	11			
Page, Miss P. M			5	0					
Pulteney, Dr. Isabel		2	2	0					
Richardson, Mrs. S. M. V		2	2	0					
Rorke, Dr. Margaret							1	1	0
Royden, Miss E. M		3	3	0	2 4	10			
Sebag-Montefiore, The Hon. Mrs	s	2	2	0					
Shaw, Robert N		8	0	0					
Spielman, Lady							1	1	0
Thorne, Dr. May		3	0	0	1 0	0			
Tritton, Mrs. G		1	10	0	11	5			
Valpy, Mrs		2	2	0					
Vickers, H. Cecil, Esq		2	2	0	14	0			
Waldy, Miss V. M		1	0	0					
Welsh, Miss S. J. O'D		2	2	0					
Westminster Police Court per Mi	ss								
de Berry							2	12	6
Winner, Dr. A. L	••		12	6	19 1				
Winner, Mrs	••	1	1	0	7	11			
		£,120	14	6	£18 3	6	£177	1	4
Deduct Adjustment 1937		2,120	11	_	1 0	1	5111		_
					£17 3	5			
		_		_					
			1	37 1	7 11				

HIGHBURY QUADRANT HOSTEL.

Subscriptions and Donations.

	Subscriptions.	Income-Tax Reclaimable.	Donations.
	£ s. d.	£ s. d.	£ s. d
Beevor, Mrs. J. H	2 2 0		
Barlow, Miss H. A. D	2 2 0	14 0	
Barlow, Sir Thomas, Bart., K.C.V.O	1 0 0		
Brunner, Lucy, Lady	2 2 0	14 0	
Campbell, Dr. A. R	1 1 0	7 0	
Chafy, Miss Ursula	1 0 0	7 7	
Chick, Miss M	2 0 0		
Darwin, The Hon. Lady	2 0 0		
Emmott, The Lady	1 1 0		
Emmott, Mrs. W. R	10 0		
Garratt, R. R., Esq	1 1 0	7 0	
Goldsmid, Lady d'Avigdor	10 0 0		
Hare, Miss K. C	10 0 0	3 6 8	
Henriques, Mrs. J. Q	1 1 0		
Jewell-Thomas, Mrs	1 1 0		
McEwan, Miss M	10 6		
Orred, Miss A. K	1 1 0	7 0	
Rogers, The Rev. C. F	2 2 0		
Rorke, Dr. M	1 1 0		
Salmon, Mrs. H	10 6		
Smith, Miss A. M	1 0 0		
Spooner, Miss Ruth			2 2 0
Sydenham, The Lady	2 0 0	15 2	
Tritton, Mrs. Geoffrey	1 10 0	11 5	
Wilson, Dr. Helen	15 0		
Wilson, Mrs	1 1 0		
Winner, Dr. A. L., M.R.C.P	2 12 6	19 10	
Winner, Mrs	1 1 0	8	
	£53 5 6	£8 17 8	£2 2 0
		20 17 8	£4 4 0

THE INCORPORATED HOSTELS associated

म	Dr. BALANCE SHEET,
	£ s. d. £ s. d. £ s. d.
То	Sundry Creditors— Regent's Park 57 2 1 Highbury Quadrant 158 1 11 — — 215 4 0
,,	Building and Equipment Funds—
	Regent's Park— As at 1st January, 1938 1,834 0 6
	Highbury Quadrant— As at 1st January, 1938 4,348 3 3 ——————————————————————————————————
,,	RESERVE FUND. Held on Joint Account, Regent's Park and Highbury Quadrant—
	Gift of the late Lord Rowallan 2,553 9 3 Gift of Sir Thomas Barlow, Bart 900 0 0
	3,453 9 3
,,	RESERVE FUND. Highbury Quadrant at 1st January, 1938 624 6 6
,,	SINKING FUND for Amortisation of Lease, Regent's Park 857 1 0

Richard T. Bartley Members of the Committee.

Margaret Garrett

£11,332 4 6

To the Members of the Incorporated Hostels associated with The Royal Free Hospital.

I have audited the above Balance Sheet and have obtained all the information and explanations view of the state of affairs of the Company, according to the best of my information and the explanations

with THE ROYAL FREE HOSPITAL

1st DECEMBER, 1938.	-	1	C		1			 _
By Cash at Bank:—	£	s. d.	£	S.	d.	£	s.	d
Highbury Quadrant General A/c.	336	7 7						
" Building A/c.	36	19 7	-	_	•			
			373		2			
Less Overdraft—Regent's Park			5	9 14	9	212	10	
Cash in Hand:—			-		_	313	12	
Regent's Park			30					
Highbury Quadrant			40	3	4	70	0	
4						70	8	
INVESTMENTS AT COST:			20	0	0			
350 National Savings Certificates			28					
£350 Funding Stock 4%, 1960/90	••			2 10				
£624 18s. 0d. New Zealand 4% Loan.			65					
£965 4s. 11d. India 3% Stock	• •		11	9 15	U			
£200 Stock Rembau Jelei Rubber			20	0 0				
Ltd	••		. 20	0 0	0			
£1,000 Canadian Pacific Railway 4%			90	0 0	0			
Consolidated Deb. Stock	••			3 14	820 11 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7			
£860 L.M.S. Rly. 4% Gtd. Stock	••	• •	94	3 14		4,105	10	
Leasehold Property:—						1,105	1)	
62, Regent's Park Road, N.W., as at								
						1,834	0	
1st January, 1938						1,051	Ů	
, Freehold Properties:—								
20 and 22, Highbury Quadrant, as at								
1st January, 1938						3,273	1	
Deposit on No. 47 Netherhall Garden	ns					485	0	
FURNITURE AND EQUIPMENT AT COST						588	7	
Highbury Quadrant	• •	• 1				300	'	
, SUNDRY DEBTORS AND PAYMENTS IN A	DVAN	CE:						
Regent's Park			. 4	1 17	7 2			
Highbury Quadrant				-8 8	3 5			
						90) 5	
, Income and Expenditure Account :-								
Regent's Park—								
Deficit as at 1st January, 1938	478	0 (6					
Add Excess of Expenditure, 1938								
over Income	144	9	2					
			- 62	22 9	9 8			
Less Highbury Quadrant—								
Excess of Income over Exp. 1938	175	19	5					
Less Deficit as at 1st January, 1938	124		8					
			- !	50 19	9 9)		
						571	LIG)
						(11,332	2	+
					1	511,33	4	Г

I have required. The said Balance Sheet is, in my opinion, properly drawn up so as to show a correct given me and as shown by the books of the Company.

H. F. BISSET, Certified Accountant. 8, Hunter Street, W.C.1

3rd March, 1939.

REGENT'S PARK

INCOME AND EXPENDITURE ACCOUNT

	The second second						
1937		INCOME.		C 1	_		1
130	То	Annual Subscriptions		£ s. d.	137	17	a. 11
19	,,	Donations		5 14 6			
161	,,	" FROM SUNDAY CINEMAS		171 6 10	177	1	4
75	,,	Dividends and Interest			72	3 -	6
119	,,	Payments by and on Behalf of Patients			180	3	1
800	,,	GRANT, LONDON COUNTY COUNCIL			800	0	0
1304							
328	,,	Excess of Expenditure over Income for	YEAR		144	9	2

HOSTEL.

FOR THE YEAR ENDED 31st DECEMBER, 1938.

	EXI	PENDI	TURE	C.		C 1	1937	
By Provisions:—					£ s. d.	£ s. d.	59	
Meat					66 5 2		12	
Fish, Poultry, etc.					16 12 4		38	
Butter, Bacon, etc.					54 9 4		10	
Eggs					13 6 0		52	
Milk				• •	64 3 11		23	
Bread, Flour, etc.					20 2 6		77	
Grocery					86 3 0		72	
Vegetables and Fruit					84 4 1		12	343
, SURGERY AND DISPENSAL	RY:-					405 6 4	18	242
Drugs, Chemicals, Dis	sinfecta	nts, etc.			23 11 2			
Instruments and Appli					1 17 3		1	10
, RENEWALS AND REPAIRS	:					25 8 5	-	19
Furniture					11 7 6		6	
Bedding and Linen					13 18 8		13	
Hardware, Crockery, I					11 8 4		11	
" Fuel and Lighting:	-					36 14 6		30
Coal					40 13 7		58	
0					40 13 3		42	
E1	••				18 2 5		19	
						99 9 3		119
" Domestic:—					72 12 6		71	
Laundry		•••	•	••	21 17 10		.28	
Cleaning and Chandles	ry	••		• •	3 17 1		4	
Water					311 1	98 7 5		103
,, Establishment:					62 19 9	90 1 3	228	-00
Renewals and Repairs				••	62 19 9		3	
Garden			• •			62 19 9		231
						442 12 0		387
,, Salaries and Wages			• •	• •		444 14 0		301
" Miscellaneous :—					10.11.2		13	
Printing and Stationer					18 14 3		24	
Postage, Telephone, et	c.				24 2 9		30	
Travelling Bxpenses					43 13 6			
Education					25 9 2		39	
Entertainments					5 16 6		3	
After-Care					62 1 5		102	
Clothing							8	
Insurance					7 16 4		6	
Sundries and Bank Ch					4 2 11		7	
Odilaries and Duras Ca						191 16 10		232
Total Cost of Maint	FNANCI	7	\$14			1,362 14 6		1464
Auditors' Fee	LIMITO							3
						17 10 0		17
,, GROUND RENT		•				28 13 8		44
,, RATES AND TAXES		OF I F				102 16 10		103
" Provision for Amortis	SATION	OF LEA	ASE	•		102 10 10		
							-	
						£1,511 15 0	*	£1,632

£1,632

£1,511 15 0

HIGHBURY

INCOME AND EXPENDITURE ACCOUNT

1937	INCOME.	
60	Annual Subscriptions £ s. d. £ s. d. 61 10	i
5	Donations)
91	Dividends and Interest 86 2 10)
316	No. 22, Highbury Quadrant:—	
	Payments by and on behalf of Patients 353 7 7	
211	No. 20, Highbury Quadrant:—	
	Payments by Patients: Inworkers 203 9 2 556 16 9	9
2400	GRANT—LONDON COUNTY COUNCIL 2,400 0 0)
82	Balance, being Excess of Expenditure over	
	INCOME 1937	-

QUADRANT HOSTEL.

FOR THE YEAR ENDED 31st DECEMBER, 1938.

FOR THE YEAR ENDER	J 318				· .				_		
Maintenance:—	EX	PENDI	TUR	E.						1937	
Provisions:—					£ s.	d.	£	s.	d.	£	
Meat					123 5	9	~			124	
Fish, Poultry, etc					38 2	1				39	
Butter, Bacon, etc					113 18	2				112	
Eggs					28 15	7				35	
Milk					211. 6	0				219	
D 1 E1	••	••	•	••	66 0	8				71	
	•	••	• • •	••	93 0	4				105	
Grocery Vegetables and Fruit	••	••	• •	••	110 6	2				100	
	••		• •	••	110 0	4	784	11	9		805
Surgery and Dispensary:		a ata			7 10	6	704	14	9	9	005
Drugs, Chemicals, Disinfe			• •	••	7 18	6				8	
Dressings, Bandages, etc.	• •			• •	7 7					5	
Instruments and Appliance		••		• •	3 17	0	10	2		. ,	22
RENEWALS AND REPAIRS:		••		• •	2 16		19	3	4	50	22
Furniture	• •	• •		••	3 16	9					
Bedding and Linen		• •		• •	8 17	7				42	
Hardware, Brushes, etc.		• •	• •		17 11	3				27	110
Fuel and Lighting:				• •		-	30	5	7	100	119
Coal					108 17	5				103	
Gas					57 7	5				61	
Electric Current					29 18	0				34	
Oil, Wood, etc					0 18	8				_	
Domestic:—							197	1	6		198
Laundry					22 3	10				28	
Cleaning and Chandlery					53 3	7				65	
Water					9 16					10	
Uniforms					7 3					15	
Sundries					3 0					1	
Establishment:							95	7	10		119
Renewals and Repairs					75 12	7	23		10	224	/
C1					13 5					15	
T	••		• •		15 1					14	
SALARIES AND WAGES:—	•••	••	• •	•	13 1		103	10	3		253
General	• •	• •	• •	••	930 0	8	103	19	3	949	233
	for	Dome	atio.	Work	341 14					332	
	101	Donne	Stic	WOIK	341 14	,	1 071	15	3	334	1281
Miscellaneous:—					14 14	2	1,271	13	3	15	1201
Printing and Stationery	• •	• •	• •	••	14 14					31	
Postage and Telephone	••				29 14						
Travelling Expenses	• •	• •		• •	24 3	100				28	
Education	• •		• •		6 4					9	
After-Care					261 7					192	
Entertainments		• •			7 1					10	
Sundries					1 15	0				2	
							344	19	4		287
										-	
Total Cost of Maintena	NCE							6	10		3084
RATES							82	15	5		77
Auditors' Fees								_	_		3
BANK CHARGES							0	10	0	,	1
BALANCE, BEING EXCESS OF	INCOM	ME OVER	EXPE	ENDITURE	, 1938		175		5		
									_	-	
							£3,106	11	8	+	3,165
										<u> </u>	

