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# THE INCORPORATED HOSTELS

*ASSOCIATED WITH THE ROYAL FREE HOSPITAL*

Thirteenth  
Annual Report  
Accounts  
and  
List of Subscribers  
for 1931.

**Regent's Park Hostel**

Regent's Park Road, N.W.1.  
Telephone: Primrose Hill 2839.

**Highbury Quadrant Hostels**

20 & 22, Highbury Quadrant, N.5.  
Telephones: North 0180.  
Barlow Hostel, North 4615.

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Pamphlet

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List of Subscribers for 1931

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INCORPORATED HOST LS.

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The Hon. Mrs. N. Barlow.	The Lady Emmott.
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4, Pelham Crescent, S.W.7.	
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Messrs. Lloyds Bank, Ltd.,	Messrs. Lloyds Bank, Ltd.,
Holborn Circus, E.C.	Kensington High Street, W.8.
<i>Auditors</i> —Messrs. Hardy, Hislop & Co., 119, Moorgate, E.C.2.	

## INCORPORATED HOSTELS.

### AIMS.

The Incorporated Hostels are for the care of girls and women suffering from venereal diseases in an infective stage.

The patients are drawn chiefly from the Royal Free Hospital V.D. Clinic, and are selected by the Medical Officer to the Clinic; but cases from any part of London or the country may be received. (*See conditions for admission.*)

Most of the patients admitted to the Hostels are treated as out-patients at the Royal Free Hospital.

The aims of the Committee are:

1. Care and medical treatment of women suffering from venereal disease.
  - (a) Non-pregnant cases. Admitted to Regent's Park Hostel.
  - (b) Pregnant cases. Admitted to Highbury Quadrant Hostel.
  - (c) Mothers and babies. Admitted to Highbury Quadrant and Barlow Hostels.
2. After-care of these patients when discharged from the Hostels, and medical supervision of the children.

The work is supplementary to that of the Hospital out-patients' clinic, as at present insufficient provision is made in general hospitals for the isolation and after-care of these infectious cases. The special daily treatment given at the Hostels, together with rest and good food, help to make hospital treatment more effective, and to shorten the course of the disease.

The greater number of those admitted are wage-earners: such as waitresses, domestic servants, factory workers, or clerks, who are, for the time being, unfitted to earn their living. They would not willingly enter a large institution, nor are they so ill as to need a bed in hospital. Conditions often make it impossible for the girl to stay at home, though the parents willingly contribute towards her expenses at a hostel. Whatever the circumstances, these girls all need help to start them on the road to recovery.

The Hostels are conducted on undenominational lines, but during their stay, every effort is made to help patients to moral, as well as to physical recovery, and to train them in the care of their children.

After-care is an integral part of the scheme, and great importance is attached to keeping in touch with patients over

a considerable period of time. The keeping of records of the health and physical development of the children for some years forms an addition to the medical work carried on whilst they are inmates of the Hostel.

### ACCOMMODATION.

REGENT'S PARK HOSTEL	...	...	...	...	15 Beds.
62, Regent's Park Road, N.W.1.					
HIGHBURY QUADRANT HOSTELS	...	...	...	...	19 Beds.
22, Highbury Quadrant, N.5.					
BARLOW HOSTEL	...	...	...	...	14 Beds.
20, Highbury Quadrant, N.5.					
					14 Cots.

### CONDITIONS FOR ADMISSION.

Cases are admitted by the Medical Officer of the Royal Free Hospital (Venereal Diseases) Marlborough Clinic, who attends at the Hospital (Out-patients) daily from 10 a.m. to 7.30 p.m., and on Saturdays from 10 a.m. to 4 p.m.

Only young women suffering from venereal disease in an infectious stage are eligible for admission.

Applications for the admission of suitable cases are cordially invited from doctors and social workers.

All requests should be made to the Medical Officer of the Marlborough Clinic, or to the Almoner, Royal Free Hospital. A medical certificate and full social history should be forwarded in the first instance, if the patient cannot attend the Clinic.

The object of the Hostels is to provide treatment and after-care for girls who really desire a fresh start.

No patient is refused for lack of means, but patients are asked to contribute towards their maintenance, if able to do so.

Further information regarding the hostels may be obtained from the Almoner, Royal Free Hospital, Gray's Inn Road, W.C.1, or from the Hon. Sec. 4, Pelham Crescent, S.W.7.

## ANNUAL REPORT, 1931.

The routine of the Hostels has this year been carried out on the same lines as in the past, and no very great change or development has been possible owing to financial stringency. Early in the year the Committee's forecast of income was rudely disturbed by the announcement that additional benefits would no longer be payable from Insurance Societies. (One society does, however, pay in respect of domestic servants.) This entails an annual loss of about £90 to Regents Park Hostel and £100 or more to Highbury Hostels, and creates rather an alarming situation.

Nevertheless, it has been considered right to continue the extensive After-care initiated last year, which is rather a heavy expense. The following is the personal report from Miss Cadmore, After-care worker :

### REPORT ON AFTER-CARE FOR REGENTS PARK AND HIGHBURY HOSTELS.

During the last twelve months the After-care family has increased from 50 to 104, in addition to twenty-nine other girls who do not require help, but appreciate a friendly interest.

Of the fifty cases reported on in 1930,  
 23 are satisfactory,  
 9 fairly satisfactory,  
 9 have been passed on to other workers,  
 6 have been lost sight of (two of these are believed to be married),  
 3 appear to be failures.

Of the fifty-five cases passed on to me for care during the year,  
 32 are satisfactory,  
 12 fairly satisfactory,  
 3 have died (one of infective endocarditis, one of tuberculosis, and one from an affection of the brain),  
 3 have been passed on to other workers,  
 4 have been lost sight of (one of these is married),  
 1 is apparently a failure.

Three hundred and ninety-six letters have been written to girls, employers, or workers, and 308 visits have been paid. I have had 107 girl visitors, Sunday being the most popular day.

The year has been particularly encouraging in that we have had many applications for domestics from mistresses who are really interested in the girls. These mistresses apply to us for maids when they have vacancies, and are very real friends to our Hostels. We are, besides, greatly indebted to two excellent registry offices for much help and sympathy in

placing our people. We are also specially indebted to Father Craven, the administrator of the Crusade of Rescue, for co-operating in our aims, and assisting by grants from that association the children who have been placed with foster-mothers.

We have a large and ever-growing family of babies with foster-mothers mostly in London. Owing to the excellent start they get at the Barlow Hostel, they are an exceptionally healthy family; nevertheless, I dream of a hostel where our babies could stay until they are five, for the best of foster-mothers are not always tactful, nor the best of girls always wise.

Looking back on two years' work, I feel we have to be grateful for an immense amount of kindness and good-nature on the part of many friends, who show in a practical way that they believe this sort of work for young people is very much worth doing.

The bare figures given above by Miss Cadmore, though telling in themselves, hardly present a true picture of the amount of effort put forth to help these young women. After-care is chiefly concerned with the "difficult" cases: those whose characters are exceptionally weak or unstable, or who place themselves in bad surroundings. Further, there are the problems of the foster-mothers to deal with. Payments are often in arrears owing to heedlessness or unemployment, there are quarrels to settle, children to be moved hurriedly, and a thousand and one details arising from the abnormal social situation of the mothers; these would be too lengthy to describe in a report.

One new development has taken place—the formation of a company of Ranger Guides attached to the Barlow Hostel. This has the sanction of Mrs. Mark Kerr, County Commissioner for London, and Mrs. Crichton Miller, Commissioner for the Auxiliary Branch of the Girl Guides, who gave the experiment every encouragement. Meetings take place at L.C.C. schools in the locality, under Miss Sichel, who has proved a most enthusiastic captain, able to hold the interest of the girls, so that they continue in the company, even after they have left the Hostel. The Warden of the Barlow Hostel reports that there is a marked effort on the part of those who join, to bring the friendliness and helpfulness of the Guides into their daily life.

**REGENT'S PARK HOSTEL.**  
**January 1st to December 31st, 1931.**

On January 1st, 1931, there were fifteen patients in the Hostel. During the year, forty have been admitted, of whom twelve were in residence on December 31st, 1931.

The total number of "Patient days" is 4,973, a very great increase on the figure for last year, which was 3,651. As the actual number of patients admitted is smaller, it follows that the average length of stay has increased, and is, in fact, 90.4 days, compared with 60.9 last year.

**Staff.** The Committee report with much regret that in December, 1931, Sister Bolton, who had been Sister-in-charge for 4½ years, tendered her resignation, owing to family ties. Her deep interest in the welfare of the girls, and her power of drawing the best out of them were remarkable, and the Committee desire to express their appreciation of her devotion to duty throughout her career at the Hostel.

Nurse Kempley was appointed Staff Nurse last January, and proved a most efficient support to the Sister-in-charge, and Miss Edwards is still in charge of the kitchen department. The low average cost of food this year, namely 7s. 7d. a week per head, is ample proof of her good management. This does not mean that the patients are under-fed; on the contrary, their regular increase in weight, and improvement in general health are conclusive evidence that the diet is well-chosen and ample.

**Patients.** The patients are selected for admission primarily on medical grounds, but sometimes turn out to be undesirable in their moral outlook, for companionship with others who are weak and easily led. One individual may give rise to a spirit of discontent and lack of co-operation in the Hostel. When such is the case it is usually wiser to transfer that particular girl, both for the general good of the Hostel and for her own sake, as she may do better elsewhere. Few cases of this sort have occurred in 1931. This is the more satisfactory, as many of the patients have not appeared to be very promising material, and some have found the Hostel standards of truthfulness and behaviour new to them, and difficult to attain.

In this connection careful investigation by the Sister-in-charge into the home-life of the girls, and her personal acquaintance with many of the parents, has disclosed the following illuminating facts and figures.

Of the 40 patients admitted:  
 14 had definitely bad homes,

9 were brought up from childhood in institutions, because their home conditions were unsatisfactory,  
 6 had step-parents with whom they did not get on,  
 11 had apparently good homes, but had been spoilt and always had their own way.

**Ages of Patients.** It may also be of interest to record the ages of those admitted during the year. The result corresponds very closely with the figures published in the Report for 1929 of the ages of patients admitted to Highbury Hostel over a period of five years.

Age.	Number.
15	1
16	1
17	2
18	4
19	10
20	3
21	12
23	2
24	1
25	1
26	1
27	1
31	1
<hr/>	
	40

**Occupations.** Educational classes taken by London County Council teachers in Singing and Citizenship have been held throughout the year. In addition, the Committee is most grateful to those faithful friends of the Hostel, Miss Crockett and Miss Munro, who give up one or two afternoons weekly to teaching handicrafts, or taking the girls out; and to Mrs. Furneaux for her Sunday visits. The goodwill and fresh interests brought in by these friends from outside are greatly appreciated by both Staff and inmates.

**Medical Report.**

*From Dr. Margaret Rorke, Senior Medical Officer in charge Marlborough (V.D.) Department, Royal Free Hospital.*

The beds in the Hostel have been well occupied during 1931 by very much the same type socially as in preceding years.

They were admitted naturally for the usual reasons, viz.:—having infective venereal disease, and living either at such a distance from any hospital that regular treatment from their homes was impossible, or else they were not responding to out-patient treatment, or were too acutely

ill to be able to travel daily for treatment. We have, as far as possible, pursued our plan of having all new cases who are at all acutely ill kept in bed for 10-14 days after admission for rest and segregation.

From July onwards a considerable number of cases of acutely infectious syphilis appeared at the Royal Free Hospital, and some of these were at once admitted to the Hostel.

The greater average length of stay is, I believe, accounted for by one or two girls who have been in the Hostel for a good many months, either because they were being resistant cases medically, or in some instances, because relatives or guardians particularly requested that these girls remain till their treatment was completely finished.

The Hostel gives these young girls every chance and encouragement to begin life anew without the feeling of degradation and loss of social status that is usually felt when girls who have taken a false step are admitted to large institutions where they mix with incorrigible and low types of women. A very great percentage of our girls make good and are sincerely grateful for the help and treatment they get at the Hostel.

As in former years, the medical officers of the Marlborough (V.D.) Department, Royal Free Hospital, who are treating these girls, have to thank Mrs. Bolton and Nurse Kempley for their careful nursing treatment and meticulous attention to detail in looking after patients. Without such adequate co-operation on the nursing side, good results could not be obtained.

MARGARET RORKE.

**After-Care.** Below will be found the comparative figures for three years of the After-care carried out by Sister Bolton. This work is additional and often preliminary to that done by Miss Cadmore. The visits and letters are naturally most frequent immediately after a girl's departure, when she is still needing judicious advice, and before she has established fresh contacts.

	1929	1930	1931
Letters received from Old Girls ...	271	354	373
Letters written to Old Girls ... ..	264	354	386
Visits from Old Girls ... ..	205	172	293
Visits to Old Girls ... ..	23	8	31
Letters from Employers or Workers	86	174	220
Letters to Employers or Workers ...	168	209	238
Visits from Employers, &c. ... ..	161	209	238
Visits to Employers, &c. ... ..	20	16	23

**Reports on Past Patients.** In last year's report 479 patients were reported as no longer needing After-care, and 94 as still requiring it in 1930. Of these, five have been returned to our care from other workers. The classification of all patients who have passed through the Hostel is as follows; this year:

	No longer Under Care.	Requiring After-care, 1931.
Satisfactory ... ..	210	32
Married ... ..	39	9
Doubtful ... ..	4	5
Lost sight of, probably satisfactory ... ..	82	
Lost sight of, probably unsatisfactory ... ..	60	2
M.D. certified ... ..	9	
Died ... ..	6	
Unsatisfactory ... ..	70	1
Transferred to other homes or workers ... ..	64	12
	540	60

**Finance.** The outstanding feature of this year's financial report is the redemption of the mortgage of £1,000 on 62, Regent's Park Road. The Committee decided in May that the National Savings Certificates gradually accumulated for this purpose since 1925, amounting to £600 should be realised, also an amount of £501 8s. 3d. War Stock, held on General Purposes Account. After this had been done, there was a sum of £67 12s. 1d. left over, which, in order to maintain equilibrium between the Capital and General Fund Account, has been transferred to the latter Account.

The excess of income over expenditure has amounted to £10 2s. 3d. this year as compared with £8 9s. 10d. during the previous year.

That there is a balance at all is due to the generosity of friends and subscribers who, in spite of the difficult times, have continued to give the Hostel their financial support. The item "Subscriptions," actually shows an increase on last year's total. Dividends have decreased by £57, owing to non-payment of dividend from the Rembau Jelai Rubber shares held on behalf of the Hostels by the Chairman, and there is a serious reduction in the amount paid by Approved Societies in Additional Benefits.

The expenditure has been kept down to £1,480, about £90 less than during 1930. The average of occupied beds having been especially high, the Committee wish to record their appreciation of the Staff's co-operation, for it is only by constant care and thought from each member of the staff that these economies can be maintained.

**Thanks.** The Committee desire to thank the following, who have generously sent presents to the Hostel this year.

*Clothing:* Dr. Broman, Miss d'Avigdor, Dr. Hare, Miss McEwen, Miss Munro, Mrs. Smeathman, The Staff.

*Tickets, Entertainments and Theatres:* Miss Beevor Taylor, Miss d'Avigdor, Mr. Huxley, The Embassy Theatre, The Lady Emmott, Miss Lever.

*Flowers and Plants:* Miss Beale, per The Garden Guild, Mrs. Sherston, Mrs. Thring, Old Girls.

*Christmas Presents:* Dr. Broman, Miss Beale, Miss Cadmore, Miss d'Avigdor, Griffiths (Dairy), Dr. Mitchell, Miss Royden, Dr. Rorke, The Staff, Mrs. Salmon.

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## REGENT'S PARK HOSTEL.

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### Occupations of Patients

#### Admitted 1931.

Domestics	...	...	...	...	...	...	...	21
Factory Workers	...	...	...	...	...	...	...	4
Waitresses	...	...	...	...	...	...	...	5
Clerk	...	...	...	...	...	...	...	1
Prostitutes	...	...	...	...	...	...	...	2
Shop Assistants	...	...	...	...	...	...	...	3
Laundress	...	...	...	...	...	...	...	1
Ward Maid	...	...	...	...	...	...	...	1
Cashier	...	...	...	...	...	...	...	1
Living at home	...	...	...	...	...	...	...	1
								—
								40
								—

## HIGHBURY HOSTELS.

### January 1st to December 31st, 1931.

On January 1st, 1931, there were twenty-eight patients and twenty-two babies in residence in the two houses; during the year thirty-nine patients and thirty babies have been admitted. On December 31st, 1931, there were twenty-three patients and seventeen babies in residence.

The total number of "patient days" is 9,557 and the number of "baby patient days," 7,534.

**Staff.** The Staff has continued to work harmoniously and loyally under the direction of Sister Noakes, and the Committee wish once more to express great appreciation of their zeal and the interest they take in their duties. Each, in her individual capacity has contributed to the well-being of patients and children alike.

The Hostel has now been recognised as a training school for nursery nurses by the National Society of Day Nurseries. Two Probationers have therefore been accepted, in place of one assistant nurse (thus augmenting the staff from eight to nine). They are mainly occupied at No. 20, Highbury Quadrant with the older babies, but also receive instruction in the care of infants at No. 22.

**Houses.** The severe wear and tear consequent on having a large number of young people living together, who are not accustomed to consideration for their surroundings, makes the general upkeep of the Hostel more expensive than that of a private dwelling. Further, the houses in Highbury Quadrant were built about eighty years ago, and frequent repairs to roof, chimneys, water-pipes and so forth, must be faced. It is inevitable, therefore, that the item in the accounts "Renewals and Repairs" should appear somewhat out of proportion to other outlay.

### Patients.

*Report from Mrs. Paterson, Hon. Sec., Highbury Hostels.*

It is very interesting to observe the change in the atmosphere of the Hostels as newcomers arrive and their influence is felt. After a period of quiet and general content, a turbulent spirit may cause a complete upheaval, which it is sometimes impossible to calm down, until the delinquent has left. Especially is this the case in the Barlow Hostel, where the girls are allowed as much freedom as possible, in order to fit them for their contact with the world on leaving Highbury. In many cases they appear to appreciate very slightly what is being done for them



and their babies, but when the "baby parties" occur, and the old girls come back with their children, many of who are now of school age, the present mothers are much impressed, as these old girls realise and speak in very glowing terms of what the Hostel has meant to them, and the immense advantage the care and attention which their babies received has proved. Many fine, handsome boys and girls come to parties and are duly admired.

At present there is a very satisfactory tone among the girls. There was a bad epidemic of influenza amongst the Staff and the girls at the beginning of the year, causing much anxiety and entailing rather heavy expenses.

*Report from Dr. Anne Campbell, Medical Officer in charge of Highbury Hostels, made to a Meeting of the General Committee, November 1931.*

During the six years the Hostel at 22, Highbury Quadrant has been under its present management, thirty-six girls have been admitted and treated for syphilis complicating pregnancy. Of these thirty-six, only *one* child was born with evidence of the disease.

The mother of this child was admitted about seven or eight weeks before her confinement was due. She was in such an acute state of infection that she had to be isolated in the Hostel. She therefore had very little treatment before her child was born. The baby developed a haemorrhagic syphilitic rash shortly after its birth, and was sent to the Lock Hospital for treatment.

Another child, when about three weeks old, developed typical bone changes on its head. I sent the child at once to hospital for a blood test, which proved to be positive. The mother had been tested and found negative both before and after the birth of the baby, and naturally had no pre-natal treatment. The child was sent for prolonged treatment to the Lock Hospital, and is now doing well.

The remaining children have been perfectly healthy, and in all cases have had a negative blood-test.

Of these thirty-six children I have seen or heard of twenty-four since their discharge, and they are all apparently healthy. Their ages vary from six years downwards. I have seen this year, three of six years old, and they are all normal, mentally and physically, and quite free from syphilis.

These facts point to two things: that the treatment before the birth of the child prevents the inheritance of the disease; and that, the earlier in pregnancy the treatment is given, the better are the prospects for the child.

To turn to the other infection, gonorrhoea. One hundred and ninety girls have been admitted during the six years, and have been treated for a definite, positive infection. Only four babies of this number have

had ophthalmia. One developed eye discharge at ten days. The mother in this instance had a very acute infection, so acute that during her pregnancy she was admitted to the Isolation Ward in the Royal Free Hospital for intensive special treatment. This child was sent to St. Margaret's Hospital from the hostel, and returned to us when clear of infection, and with no permanent defect of the eyes.

The other three cases went direct from the maternity ward of the hospital to St. Margaret's, but in no case has there been any permanent eye trouble.

I have not counted in this group the children who were transferred to us from other hospitals with a history of infected eyes.

Turning to another side of the work, the Barlow Hostel—some interesting facts come to light.

When we first started No. 22, Highbury Quadrant, the rule was made that the baby left the hostel at about four months old. The child was placed either in the care of a foster-mother or went home with its mother. In the former case the baby had to be weaned on to some artificial food.

We instituted three or four parties annually, to which the discharged mother and baby were invited in order that I might examine the progress of the children. I was so struck with the number of babies who left the Hostel apparently healthy, but who came to these inspections with obvious rickets, that I asked the Committee if I might get a supply of cod liver oil to hand out to any child apparently needing it. This was permitted, and the mothers were encouraged to come up for fresh supplies when necessary.

Six years ago we ordered cod liver oil in three dozen 8oz. bottles at a time.

Two years ago the Barlow Hostel was started. The child was transferred from No. 22 to No. 20 at the same age, four months. In most cases there was no need to wean the child, as the mother continued to feed it, while she worked at the Hostel; or if the child was artificially fed, the bottles were carefully prepared by the nursing staff. The children lived in an atmosphere of fresh air and sunlight, and developed along normal lines, without teething or digestive troubles. At eighteen months old they left the Hostel, well started in life physically, able to take solid food, and better able to resist the disorders and infections which are the result of bad feeding and lack of fresh air.

At the inspections these last eighteen months, I have given out two bottles only of cod liver oil, and yet the proportion of children fostered is the same as five years ago.

We have had children admitted from infirmaries and other hospitals so pale and fragile-looking, so much in contrast to our own babies, that visiting members of the Committee have been quite distressed at their appearance. These babies, a month later, are as healthy as the others.

It is most miraculous to watch health and life coming to them simply from giving them adequate fresh air and sunlight.

I need draw no conclusions from these facts. They speak for themselves of the wonderful advantages of the Barlow Hostel as a continuation of the work of No. 22.

**After-Care.** The After-care carried on by Miss Cadmore does not reduce the number of visits paid by past patients to Sister Noakes and the Hostels, and the babies' parties held three times a year bring old girls even from a considerable distance to have their children examined by Dr. Campbell.

The following are the figures for visits and correspondence for the last three years.

	1929	1930	1931
Visits from Old Girls ... ..	236	261	293
Letters from Old Girls ... ..	208	255	225
Letters from Employers, &c. ... ..	119	233	201
Letters to Employers, &c. ... ..	178	238	315
Letters to Old Girls ... ..	119	179	144

#### Reports on Past Patients.

	No recent news.	Recent news.	Total.
Satisfactory ... ..	21	57	78
Married ... ..			49
Died ... ..			4
Emigrated ... ..			2
Handed over to other workers ... ..			67
Fair or Doubtful ... ..	10	2	12
Unsatisfactory ... ..	8	4	12
Lost sight of ... ..			65
			289

**Finance.** The Hon. Treasurer regrets to report that this year, for the first time, expenditure has exceeded income, and that the deficit is £157. This is chiefly due to two causes; one unavoidable, namely a decrease in income owing to the reduction in Additional Benefits from Approved Societies. The second, a large increase in expenditure on After-care, the Committee feel is justified by results.

The total cost of each patient and her baby is £2 8s. per week, or excluding extraordinary expenditure, £2 6s. 10d

The Committee is deeply appreciative of the kindness of Smith's Charities Trustees for allotting a sum of £250 towards the reduction of the Bank Overdraft on the Extension Fund, which is now reduced to £1,100. (This debt was incurred when

No. 20, Highbury Quadrant was purchased and equipped as a continuation Hostel.)

They are also particularly grateful to the many kind friends who have so generously kept up their subscriptions in these times of stress, and to the following for their gifts to the Hostel.

*Clothing:* The Hon. Mrs. Barlow, Miss Barber, Miss Cameron, Miss d'Avigdor, Miss Abraham, Mrs. W. R. Emmott, Dr. Hare, Mrs. Marsh, Miss Pook, Dr. Eavell, Miss Tingley, Miss Voelcker, Miss Watson, Miss Warren.

*Garden Produce:* Dr. Campbell, The Congregational Sunday School.

*Furniture and Perambulators:* Mrs. Best, Miss Beale, C. Brockis, Esq., Mrs. Noakes, Miss Pohlman.

*Christmas Presents:* Mrs. and Miss Abraham, the Hon. Mrs. Barlow, Dr. Campbell, Miss d'Avigdor, Mrs. Elliott, Lady Emmott, Dr. Hare, Mrs. Harris, Miss Jackson, Miss Meadowcroft, Miss J. Johnson, Mrs. Paterson, Miss Pook, Dr. Rorke, Dr. Mitchell, Miss E. Browning, United Dairies, Messrs. Toop.

## HIGHBURY HOSTELS.

## Occupations of Patients

## Admitted 1931.

Domestics	...	...	...	...	...	...	...	23
Shop Assistants	...	...	...	...	...	...	...	7
Factory Workers	...	...	...	...	...	...	...	3
Laundry Workers	...	...	...	...	...	...	...	1
Typist and Clerk	...	...	...	...	...	...	...	2
Waitress	...	...	...	...	...	...	...	1
No occupation	...	...	...	...	...	...	...	2
								—
								39
								—

After History of  
Patients Discharged.

Sent home	...	...	...	...	...	...	...	21
Transferred to other homes	...	...	...	...	...	...	...	3
To situations	...	...	...	...	...	...	...	14
To lodgings with child	...	...	...	...	...	...	...	1
To Infirmary	...	...	...	...	...	...	...	2
Married	...	...	...	...	...	...	...	1
								—
								39
								—

After-History of Babies Discharged  
this year.

Remaining with mothers	...	...	...	...	...	...	...	14
To Infirmary with mothers	...	...	...	...	...	...	...	2
Sent to friends	...	...	...	...	...	...	...	2
Placed in Babies' Homes	...	...	...	...	...	...	...	5
Placed with foster-mothers	...	...	...	...	...	...	...	12
								—
								35
								—

Three babies died a few days after birth.

## REGENT'S PARK HOSTEL.

## Subscriptions and Donations, 1931.

	Subscriptions.			Income Tax Rebate.			Donations.		
	£	s.	d.	£	s.	d.	£	s.	d.
Abbott, Miss F. E.	...	...	...	5	0	0	2	15	0
Ancaster, The Rt. Hon. Earl of	...	...	...	10	0	0	2	15	0
Balfour, F. R. S., Esq.	...	...	...	5	0	0			
Barratt, Sir F. Layland, Bart.	...	...	...	5	5	0			
Barrett, Lady, M.D., M.S.	...	...	...	10	6				
Beale, Mrs. James	...	...	...	2	2	0			
Beale, Miss H. M.	...	...	...	5	5	0	1	10	6
Beale, Miss M. S.	...	...	...	3	3	0			
Bearsted, The Viscountess	...	...	...	5	0	0	1	9	0
Beddington, G. E., Esq.	...	...	...	10	0	0			
Beddington, Miss W.	...	...	...	2	2	0			
Bevan, Miss Hilary V.	...	...	...	1	1	0			
Bright, Philip, Esq., J.P.	...	...	...	8	0	0	2	6	5
Briscoe, Lady	...	...	...	1	1	0			
Broman, Dr. Anna (silver collection)									10 0 0
Bulman, Miss G. M.	...	...	...	10	0				
Butcher, Henry C., Esq.	...	...	...	2	0	0	11	7	
Chick, Dr. H.	...	...	...	1	1	0			
Cholmondeley, the Marchioness of	...	...	...	3	0	0			
Clapcott, Mrs. C. B.	...	...	...	1	0	0	5	9	
Clark, Miss A. M.	...	...	...	1	1	0			
Clow, Mrs. Sanderson	...	...	...	2	2	0			
Codrington, Lady	...	...	...	2	2	0			
Cohen, Lady Waley	...	...	...	2	2	0			
Courtauld, Miss M. R.	...	...	...	2	2	0			
Crowdy, Miss E.	...	...	...	2	2	0			
Crowdy, Miss M.	...	...	...	10	6				
Darwin, Major Leonard	...	...	...	3	3	0			
Darwin, the Hon. Lady	...	...	...	2	0	0			
Darwin, Miss Ruth	...	...	...	2	0	0	10	6	
d'Avigdor Goldsmid, O. E., Esq.	...	...	...	3	3	0	18	3	
Davidson, Miss B. M.	...	...	...	10	0				
Deacon, J. F. W., Esq.	...	...	...	5	0	0			
Dominion Theatre	...	...	...						26 10 0
Emmott, the Lady	...	...	...	1	1	0			
Forbes-Robertson, Mrs.	...	...	...	1	1	0			
Gamlen, A. G. L., Esq.	...	...	...	2	2	0	12	2	
Goldschmidt, Mrs. H. F.	...	...	...	2	2	0	12	2	
Greene, Dr. Helen	...	...	...	1	0	0	6	1	
Hackney Cinema	...	...	...						111 0 0

	£	s.	d.	£	s.	d.	£	s.	d.
Hall, H. S., Esq. ... ..	5	0	0						
Hare, Dr. Dorothy C. ... ..	10	0	0	2	10	0			
Hare, Miss K. C. ... ..	10	0	0						
Hindley, E. S., Esq., the late ... ..				5	9				
Ionides, the Hon. Mrs. ... ..	2	2	0						
Kekewich, Miss Hilda ... ..	10	6							
Kerr, Mrs. Mark ... ..	2	2	0						
King, Dr. C. A. ... ..	1	1	0	6	1				
Leach, Lady ... ..	1	1	0						
Mackinnon, Mrs. Duncan ... ..	1	0	0						
Marker, Miss ... ..	3	3	0						
Melville, Beresford V., Esq., the late	2	2	0						
Moro, Arthur H., Esq. ... ..							1	1	0
Morris, Dr. F. M. ... ..	1	1	0	6	1				
Nathan, Sir Mathew, K.C.M.G. ... ..	1	0	0						
Oldendorff, Miss E. ... ..							3	0	0
Page, Miss P. ... ..	5	0							
Pemberton, Miss E. B. ... ..	10	0							
Phipson, H. M., Esq. ... ..	10	0	0						
Pulteney, Dr. I. ... ..	2	2	0						
Revelstoke, The Rt. Hon. Lord ... ..	5	0	0						
Richardson, Mrs. ... ..	2	2	0						
Roch, The Hon. Mrs. Walter ... ..							1	0	0
Rorke, Dr. Margaret ... ..	1	1	0	6	1				
Royden, Miss E. M. ... ..	3	3	0	15	9				
Sebag-Montefiore, the Hon. Mrs. R. ... ..	2	2	0						
Shaw, Mrs. Norman ... ..	2	0	0						
Shaw, R. Norman, Esq. ... ..	8	0	0	2	6	5			
Simeon, Ella, Lady ... ..							2	0	0
Smith, the Lady Sybil ... ..	1	0	0						
Smeathman, Mrs. ... ..							1	1	0
Spielman, Lady ... ..	1	1	0						
Van den Bergh, Mrs. ... ..	1	1	0						
Vickers, Cecil, Esq. ... ..	2	2	0	12	2				
Waterlow, Lady ... ..							3	3	0
Waldy, Mrs. ... ..	1	0	0						
Walsh, Miss S. J. O'D. ... ..	2	2	0						
Wheeler, Mrs. M. ... ..							1	1	0
Income Tax on Subscriptions paid during 1931, to be recovered during 1932 ... ..				30	10	2			
	<u>£189</u>	<u>16</u>	<u>6</u>	<u>£52</u>	<u>16</u>	<u>11</u>	<u>£160</u>	<u>17</u>	<u>0</u>

## HIGHBURY HOSTELS.

## Subscriptions and Donations, 1931.

	Subscriptions.	Income Tax Recoverable.	Donations.
	£ s. d.	£ s. d.	£ s. d.
Anon. ... ..			1 0 0
Barlow, Sir Thomas, Bt., K.C.V.O. ... ..			10 0 0
Barlow, Miss H. A. D. ... ..	2 2 0		
Beevor, Mrs. J. H. ... ..	3 3 0		
Blackburne, Miss G. M., Ireland ... ..	5 0		
Browne, Miss A. B. ... ..	1 0 0		
Brunner, Lucy, Lady ... ..	2 2 0	12 2	
Campbell, Dr. A. R. ... ..	1 1 0	6 1	
Chafy, Miss Ursula ... ..	1 0 0	5 9	
Chick, Miss Mary ... ..	2 0 0		
Darwin, the Hon. Lady ... ..	1 0 0		
Emmott, the Lady ... ..	1 1 0		
Goldsmid, Mrs. d'Avigdor ... ..	10 0 0		
Hare, Dr. D. C., C.B.E. ... ..	5 0 0	1 13 4	
Hare, Miss K. C. ... ..	10 0 0	3 6 8	
Haynes, Miss Nona ... ..	2 2 0		
Henriques, Mrs. Julian Q. ... ..	1 1 0		
Lewis, Mrs. M. ... ..	1 1 0		
Nicholetts, Mrs. ... ..	1 1 0		
Orred, Miss A. ... ..	1 1 0	6 1	
Pilcher, Giles T., Esq. ... ..	2 2 0		
Rae, Mrs. ... ..			1 1 0
Rogers, the Rev. Clement ... ..	2 2 0		
Rorke, Dr. Margaret ... ..	1 1 0	6 1	
Salmon, Mrs. Harry ... ..	1 1 0		
Sydenham; the Lord and Lady ... ..	5 0 0	1 13 4	
Wilson, Dr. Helen ... ..	10 0	2 11	
Wilson, Mrs. ... ..	1 1 0		
	<u>£58 17 0</u>	<u>£8 12 5</u>	<u>£12 1 0</u>

**THE INCORPORATED HOSTELS associated**

**Dr. Balance Sheet, Cr.**

	£	s.	d.	£	s.	d.
To SUNDRY CREDITORS—						
Regent's Park ... ..	127	9	3			
Highbury Quadrant ... ..	269	1	11			
				396	11	2
Reserve for Repairs: Highbury Quadrant ...				200	0	0
LOAN ON MORTGAGE OF LEASEHOLD PROPERTY,						
REGENT'S PARK ... ..	£1000	0	0			
Redeemed during year ... ..	1000	0	0			
BUILDING AND EQUIPMENT FUNDS—						
Regent's Park—	£	s.	d.			
As at 1st January, 1931 ... ..	1953	5	5			
Add Profit on Sale of War Stock ... ..	14	5	5			
	£1967	10	10			
Less Transfer to Income and Expenditure Account ... ..	67	12	1			
				1899	18	9
Highbury Quadrant						
As at 1st January, 1931 ... ..	3370	14	1			
Add Donations ... ..	258	8	0			
	£3629	2	1			
Less Bank Interest ... ..	13	19	4			
				3615	2	9
ENDOWMENT FUND. Highbury Quadrant, as at 1st January, 1931 ... ..				5515	1	6
SINKING FUND for Amortisation of Lease				500	0	0
BANK OVERDRAFT. Highbury Quadrant, Building and Equipment Account ... ..				240	0	0
INTERNAL LOAN. Highbury Quadrant, Building Fund to General Fund ... ..				71	5	6
INCOME AND EXPENDITURE ACCOUNT:—						
Regent's Park:—						
As at 1st January, 1931 ... ..	311	3	3			
Add Excess of Income over Expenditure for year to date ... ..	10	2	3			
Add Transfer from Building and Equipment Fund ... ..	67	12	1			
				388	17	7
				£7486	15	9

To the Members of the Incorporated Hostels associated with  
The Royal Free Hospital.

We have audited the above Balance Sheet and have obtained all the information and explanations we have required. The amount to the credit of the Income and Expenditure Account includes the balance on that account as at the date of the Incorporation of the Company, viz.:—27th day of February, 1926. Subject to the foregoing remark, the said Balance Sheet is, in our opinion, properly drawn up so as to show a correct view of the state of affairs of the Company, according to the best of our information and the explanations given us, and as shown by the books of the Company.

DATED THIS 24TH DAY OF FEBRUARY, 1932.  
HARDY, HISLOP & CO., Chartered Accountants, } Auditors.  
119, MOORGATE, LONDON, E.C.2.

**with THE ROYAL FREE HOSPITAL.**

**31st December, 1931.**

**Cr.**

	£	s.	d.	£	s.	d.	£	s.	d.
By CASH AT BANK:—									
Regent's Park General Account ... ..	347	14	9						
Regent's Park Leasehold Sinking Fund ... ..	40	0	0						
				387	14	9			
Highbury Quadrant ... ..				96	12	3			
							484	7	0
CASH IN HAND:—									
Regent's Park ... ..	30	0	0						
Highbury Quadrant ... ..	39	18	10						
							69	18	10
INVESTMENTS AT COST:—									
250 National Savings Certificates (Leasehold Sinking Fund, Regent's Park) ... ..	200	0	0						
£565 2s. 6d. Funding Stock 4%, 1960/90 (on Endowment Fund Account, Highbury Quadrant) ... ..	500	0	0						
							700	0	0
LEASEHOLD PROPERTY:—									
62, Regent's Park Road, N.W., as at 1st January, 1931 ... ..	2386	10	6						
Deduct Provision for Depreciation ... ..	552	10	0						
							1834	0	6
FREEHOLD PROPERTIES:—									
20 and 22, Highbury Quadrant, as at 1st January, 1931 ... ..							3273	1	1
FURNITURE AND EQUIPMENT AT COST:—									
Regent's Park ... ..	65	18	3						
Highbury Quadrant ... ..	588	7	2						
							654	5	5
SUNDRY DEBTORS AND PAYMENTS IN ADVANCE:—									
Regent's Park ... ..	138	12	1						
Highbury Quadrant ... ..	16	18	9						
							155	10	10
INTERNAL LOAN. Highbury Quadrant, General Fund to Building Fund ... ..							175	0	0
INCOME AND EXPENDITURE ACCOUNT:—									
Highbury Quadrant:—									
Excess of Expenditure over Income for year to date ... ..	157	12	3						
Less Balance of Credit, 1st January, 1931 ... ..	17	0	2						
							140	12	1
							£7486	15	9

**REGENT'S PARK**  
INCOME AND EXPENDITURE ACCOUNT  
INCOME.

	£	s.	d.
ANNUAL SUBSCRIPTIONS ... ..	242	13	5
DONATIONS ... ..	160	17	0
DIVIDENDS AND INTEREST ... ..	15	4	8
PAYMENTS BY AND ON BEHALF OF PATIENTS ... ..	302	13	4
PAYMENTS BY APPROVED SOCIETIES ... ..	69	2	0
GRANT—LONDON COUNTY COUNCIL ... ..	700	0	0

£1490 10 5

**HOSTEL.**  
FOR THE YEAR ENDED 31st DECEMBER, 1931.  
EXPENDITURE.

	£	s.	d.	£	s.	d.
MAINTENANCE :—						
PROVISIONS :—						
Meat ... ..	61	18	10			
Fish, Poultry, etc. ... ..	13	18	9			
Butter, Bacon, etc. ... ..	46	1	2			
Eggs ... ..	11	10	2			
Milk ... ..	52	0	4			
Bread, Flour, etc. ... ..	24	12	3			
Grocery ... ..	69	8	7			
Vegetables and Fruit ... ..	60	12	7			
				340	2	8
SURGERY AND DISPENSARY :—						
Drugs, Chemicals, Disinfectants, etc. ... ..	15	16	5			
Dressings, Bandages, etc. ... ..	4	3	11			
Instruments and Appliances ... ..	2	16	9			
				22	17	1
RENEWALS AND REPAIRS :—						
Furniture ... ..	19	3	1			
Bedding and Linen ... ..	25	11	4			
Hardware, Brushes, etc. ... ..	16	4	10			
				60	19	3
FUEL AND LIGHTING :—						
Coal ... ..	50	18	8			
Gas ... ..	55	8	7			
Electric Current ... ..	16	13	8			
				123	0	11
DOMESTIC :—						
Washing ... ..	64	15	7			
Cleaning and Chandlery ... ..	33	19	4			
Water ... ..	4	0	5			
Uniforms ... ..	17	12	6			
				120	7	10
ESTABLISHMENT :—						
Insurance ... ..	6	13	10			
Renewals and Repairs ... ..	53	13	7			
Garden ... ..	1	15	0			
				62	2	5
SALARIES AND WAGES ... ..				401	7	1
MISCELLANEOUS :—						
Printing and Stationery ... ..	22	12	1			
Postage ... ..	31	11	10			
Fares ... ..	35	0	10			
Education ... ..	11	11	7			
After-Care ... ..	78	19	3			
Advertisements ... ..	1	8	11			
Law Charges ... ..	2	2	0			
				183	6	6
TOTAL COST OF MAINTENANCE ... ..				1314	3	9
AUDITOR'S FEE ... ..				5	5	0
RENT ... ..				17	10	0
RATES AND TAXES ... ..				38	1	0
INTEREST ON MORTGAGE ... ..				25	8	5
LEASEHOLD DEPRECIATION ... ..				80	0	0
				1480	8	2
BALANCE, BEING EXCESS OF INCOME OVER EXPENDITURE ... ..				10	2	3
				<u>£1490</u>	<u>10</u>	<u>5</u>

**HIGHBURY QUADRANT**  
INCOME AND EXPENDITURE ACCOUNT  
INCOME.

	£	s.	d.	£	s.	d.
ANNUAL SUBSCRIPTIONS ... ..				67	9	5
DONATIONS ... ..				12	1	0
DIVIDENDS AND INTEREST ... ..				27	4	10
PAYMENTS BY AND ON BEHALF OF PATIENTS :—						
No. 22 ... ..	256	17	8			
Outworkers No. 20 ... ..	98	7	2			
Inworkers No. 20 ... ..	180	14	10			
W. S. Robinson, Esq. ... ..	3	15	0			
Southwark Diocesan Association ... ..	6	0	0			
	545	14	8			
PAYMENTS BY APPROVED SOCIETIES ... ..		69	9	0		
GRANT—LONDON COUNTY COUNCIL ... ..		2400	0	0		
BALANCE, EXCESS OF EXPENDITURE OVER INCOME		157	12	3		

£3279 11 2

**HOSTEL.**

FOR THE YEAR ENDED 31st DECEMBER, 1931.  
EXPENDITURE.

	£	s.	d.	£	s.	d.
MAINTENANCE :—						
PROVISIONS :—						
Meat ... ..	149	10	1			
Fish, Poultry, etc. ... ..	65	15	7			
Butter, Bacon, etc. ... ..	113	14	11			
Eggs ... ..	34	17	7			
Milk ... ..	220	2	1			
Bread, Flour, etc. ... ..	71	15	7			
Grocery ... ..	114	9	9			
Vegetables and Fruit ... ..	121	18	3			
	892	3	10			
SURGERY AND DISPENSARY :—						
Drugs, Chemicals, Disinfectants, etc. ... ..	27	9	0			
Dressings, Bandages, etc. ... ..	2	10	5			
Instruments and Appliances ... ..	5	10	8			
	35	10	1			
RENEWALS AND REPAIRS :—						
Furniture ... ..	63	12	6			
Bedding and Linen ... ..	38	19	5			
Hardware, Brushes, etc. ... ..	43	5	7			
	145	17	6			
FUEL AND LIGHTING :—						
Coal ... ..	106	0	2			
Gas ... ..	89	8	2			
Electric Current ... ..	44	5	10			
Oil, Wood, etc. ... ..	1	11	10			
	241	6	0			
DOMESTIC :—						
Washing ... ..	18	6	7			
Cleaning and Chandlery ... ..	77	10	10			
Water ... ..	10	3	11			
Uniforms ... ..	8	11	0			
	114	12	4			
ESTABLISHMENT :—						
Renewals and Repairs ... ..	210	18	0			
Garden ... ..	13	16	8			
Insurance ... ..	11	18	10			
	236	13	6			
SALARIES AND WAGES :—						
General ... ..	944	3	0			
Domestic ... ..	299	12	2			
	1243	15	2			
MISCELLANEOUS :—						
Printing and Stationery ... ..	14	14	5			
Postage ... ..	35	12	3			
Fares ... ..	34	0	9			
Education ... ..	27	12	5			
After-Care ... ..	167	9	0			
Entertainment ... ..	10	0	0			
	289	8	10			
TOTAL COST OF MAINTENANCE ... ..		3199	7	3		
AUDITORS' FEES ... ..			5	5	0	
RATES AND TAXES ... ..			74	18	11	
		£3279	11	2		

## HIGHBURY EXTENSION FUND,

RECEIPTS.					
£ s. d.      £ s. d.					
Donations	...	...	...	...	2450 2 0
Proceeds of Sale	...	...	...	...	7 10 7
Deposit Interest	...	...	...	...	8 11 8
Sale of £673 7s. 6d. 4% Funding Stock, 1960/90					581 2 3
Transfer from Current Account	...	...			1025 0 0
					4072 6 6
Overdraft at Lloyds Bank on 31/12/31	...				71 5 6
					£4143 12 0

## December 31st, 1931.

EXPENSES.					
£ s. d.      £ s. d.					
Furniture	...	...	...	...	217 2 11
Nursery Cork Carpet	...	...	...	...	28 17 6
Stair Linoleum	...	...	...	...	26 17 6
Drying Cupboard	...	...	...	...	27 0 0
Bedding and Linen	...	...	...	...	126 16 2
Hardware	...	...	...	...	44 17 10
Uniforms	...	...	...	...	14 9
Sundries	...	...	...	...	16 8
					473 3 4
Printing and Stationery	...	...	...	...	7 10 5
Postages	...	...	...	...	6 6 8
Advertisements	...	...	...	...	6 0
Present to Miss Nathan	...	...	...	...	2 2 6
					16 5 7
Legal Costs	...	...	...	...	69 5 0
Thomas Cole, &c., Alterations to 20 H. Q.					901 18 6
Architect's Fees	...	...	...	...	49 10 6
					951 9 0
Purchase of 20 Highbury Quadrant	...	...			2552 10 0
Charges on overdraft at Lloyds Bank	...	...			80 19 1
					£4143 12 0



