Affiliated to the Society for the Provision of Birth Control Clinics.

#### FIFTH ANNUAL REPORT

of the

# North Kensington Women's Welfare Centre

(Advice on Birth Control),

1928-1929.

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(P)

#### PAMPHLET

12, Telford Road, Ladbroke Grove, London, W. 10

363.9606042134

Saunders & Colthorpe (T.U.) 39a Westbourne Terrace North, Paddington, W.2.

#### CITY OF LONDON POLYTECHNIC FAWCETT COLLECTION

Calcutta House Old Castle Street London E1 7NT

## 390048712

North Kensington Women's Welfare Centre (Advice on Birth Control). 12, Telford Road, Ladbroke Grove, W. 10.

# FIFTH ANNUAL REPORT, 1928-1929.

#### Executive Committee.

Chairman. Mrs. Margaret Spring-Rice.

Hon. Treasurer. MR. W. S. HOWARD, 12 Telford Road, W.10

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(P) 363.9606042134

Vice-Chairman. LADY SPRIGGE.

Hon. Secretary. The Hon. Mrs. Marjorie Farrer.

Investigator - MRS. MARGARET LLOYD.

MRS. CUTHBERT BAINES. C. P. BLACKER, M.B., M.R C.P. HAROLD CHAPPLE, M.B., F.R.C.S. MRS. H. DALTON, L.C.C. (representing the Walworth A. C. E. GRAY, M.D., O.B.E. Centre.) ALEXANDER HISLOP, M.B., Ch.B. MRS. PAUL MAZE. MRS. NAOMI MITCHISONOON GUILDHALL UNIVERSITY G. R. MITCHISON, Esq. FAWCETT LIBRARY

#### Medical Staff.

MRS. GLADYS COX, M.B., B.S. (London). MRS. HELENA WRIGHT, M.B., B.S.

#### Aurses.

MRS. MILDRED DICKSON, C.M.B. MRS. SCOTT, C.M.B. (Voluntary)., MISS URSULA WILLIAMS, C.M.B. (Voluntary).

#### Hours of Attendance:

Mondays 2.30-4 p.m. Tuesdays 6.30-8 p.m.

## FIFTH ANNUAL REPORT

#### OF THE

## NORTH KENSINGTON WOMEN'S WELFARE CENTRE,

(Advice on Birth Control,)

#### 12, TELFORD ROAD, W. 10.

#### Object.

The object of the Clinic is to give medical advice on conception control to those women who are unable to afford the fees of a doctor, and who, as this information is not given at Municipal Welfare Centres, would have to rely upon hearsay, or on other unreliable or undesirable sources. The Clinic is under medical supervision, a qualified medical woman examines each patient, and recommends the method most suited to her individual needs.

#### Numbers and Analysis.

During the year ending July 31st, 1929, there have been 372 new patients and 982 return visits, making a total of 1,354 visits; besides which 162 women have renewed their appliances by post. The new patients have come to the Clinic in the following ways:—

185 heard of the Centre from another patient,

- 85 were referred for advice by a hospital, Welfare Centre or private doctor,
- 12 heard of it at meetings,

and the rest were sent by another Birth Control Centre, or by some person interested in the work.

It will be seen that the number referred by a hospital, Welfare Centre or private doctor is considerable. The Ministry of Health permits its medical officers to refer patients to approved Birth Control Clinics for advice when pregnancy should be avoided on medical grounds, although at present the giving of advice by these medical officers themselves is forbidden. Thus the Clinic, although receiving no grant, is doing work for the Municipal Welfare Centres.

New patients are advised to pay a second visit to the Centre after a week's interval, so that the doctor may be sure that the method advised has been understood, and no change need be made. It is satisfactory to note that, of the 372 new patients seen during the year—

262 have paid second visits,

61 were not expected (either because of distance, pregnancy on first visit or some such reason),

and only 49 failed to come when expected.

The system of keeping in touch with patients has been steadily improved and developed. When a woman fails to come back for the second consultation or at the end of six months, she is visited at her own home, so that her difficulties may be heard, and she may be encouraged to return.

Below are sample cases classified according to age at the time of first attending the Clinic :—

Age.	Sa	mple Cas	ses.	Number
(a) Under 25	·			 62

- (1) Husband motor-builder. Wife's age 24. Married 4 years; 3 children. Referred by doctor for advice.
- (2) Husband builder's labourer. Wife's age22. Married 3 years; 3 children.

...

(b) 25-35

227

 Husband grocer's porter. Wife's age 29. Married 11 years. General condition debilitated. 12 pregnancies; 5 children alive; 5 miscarriages; 1 child died at 10 months of wasting disease and 1 at 14 months of measles. Referred from Welfare Centre.

- (2) Husband a fireman. Wife's age 34. Married 5 years. 2 pregnancies; 1 miscarriage; 1 still-born child. Had paralysis down one side since birth of baby. Advised to wait before conceiving again. Thinks of adopting if she fails to have child.
- (3) Husband clerk in Civil Service. Wife's age 33. Married 14 years. 6 pregnancies;
  2 children alive; last 4 conceptions miscarried. Doctor says she will never bear another live child. Referred by doctor.

(c) 35-45

78

 Husband packing-case maker. Wife's age 40. Married 21 years. 13 pregnancies; 10 children alive. 1 still-born; 1 died at 11 weeks and 1 at 20 months. Referred from Welfare Centre.

...

- (2) Husband general labourer out of work. Wife's age 35. Married 9 years. 2 children. Wife has been in Sanatorium with tuberculosis. Doctor told her to have no more children, but gave no information to prevent.
- (3) Husband taxi-driver. Wife's age 44. Married 25 years. General condition poor. 15 pregnancies; 9 children living. 3 miscarriages and 2 surgical abortions in hospital. 1 child died at 6 weeks, and 1 has tuberculosis in spine and elbow.
- (d) 45 and over

5

Husband telephone linesman. Wife's age 45. Married 23 years. Condition, general debility after child-bearing. 13 pregnancies; 7 children living; 5 miscarriages; 1 (premature) child died at 3 days. It is seen by this table that the majority of patients come for advice between the ages of 25 and 35 years. This is very satisfactory, for when the visit is delayed till later in life the harm is often already done, either by the arrival of a family too large to be properly supported; by conceptions following so rapidly as to wear out the mother's strength; by deliberate or attempted abortion, or by miscarriages. It is by no means

5

or attempted abortion, or by miscarriages. It is by no means always the women with the largest families who have most need of the information. Further, as we pointed out last year, Birth Control has probably a close bearing upon the question of Maternal Mortality, about which public opinion is now being aroused. It is interesting to notice that in the Public Health Annual Report of the London County Council, 1928,\* the County Medical Officer of Health says:—'If no women had borne children after the age of 35 in the period 1911-1921 the total births would have been less by 20.3 per cent., but the maternal deaths would have been reduced by as much as 34 per cent. Thus Birth Control may have a considerable effect upon the maternal mortality rates.'

The Honorary Secretary receives a large number of letters of appreciation from patients; the following are a few quotations:—

'I have been very thankful indeed for all your kind advice and appliances, and it rests one's body and mind and enables one to put more attention to our children and home.'

'I think they are very wonderful things and very handy for poor people with three or four children . . . they keep me all right and am very pleased I went round to you.'

'I'm ever so well; it's such a treat to have no worry.'

'You cannot imagine how grateful I am to the Society of being able to keep myself from pregnancy.'

. . . as you know I have had 10 children, and husband with asthma, I must not have any more. I am delighted to say I have had no worry since I came to you.'

'I must say it has been a godsend to me, as my husband has been out of work and I have to go out myself to make things meet.'

\*Obtainable from P. S. King & Son, Ltd., 14 Great Smith Street, London, S.W.1,

372

' I should like to thank you and the lady doctor for your personal kindness and advice. My visit to you so impressed me, and I feel I want to laud your praises to the poor womenfolk here . . . as until then I did not realise what splendid work you ladies were doing among women of London.'

#### Additional Scientific Work.

For the last 18 months a fuller examination has been made of each patient. The speculum is used in every case, and more medical details are recorded, which will undoubtedly have great statistical value in the future. This examination has the further advantage of revealing any organic trouble in its early stages, and the doctor then refers the patient to hospital for treatment.

The Clinic continues to work in close co-operation with the Birth Control Investigation Committee (Chairman, Sir Humphry Rolleston). The greater fullness of the records kept is largely due to recommendations of that Committee. Mrs. Margaret Lloyd is employed by the B.C.I.C. to investigate the Clinic cases. Dr. Helena Wright, one of the Medical Officers at the Clinic, is doing a special piece of medical investigation defined and financed by the same organisation.

Instruction in contraceptive technique is now given to doctors visiting the Clinic. This instruction forms no part of medical education, and is, in default of Clinics for the purpose, not easy to obtain. As a general rule not more than one visiting doctor is allowed to be present at a consultation. During the year there have been a number of such visitors who have learned the technique and obtained experience at the sessions. One doctor wrote saying her visit had left in her mind an impression of kindly efficiency. It has lately been decided to accept also women medical students for this instruction.

#### Lectures, Meetings, etc.

The Clinic is now open on Thursday evenings for lectures to women on sex questions and marriage difficulties. Talks during the year were given by Mrs. Chance, a member of the Walworth Centre Committee, and by Dr. Helena Wright. Women are also invited to come and have a private talk with Mrs. Chance. These lectures are very much appreciated, and the Committee is indebted to Mrs. Chance for initiating and conducting these small meetings which add greatly to the general usefulness of the Clinic.

In November, 1928, the Annual Meeting of subscribers, followed by a Drawing-room Meeting was held at 5 Clifton Place, W.2, by kind permission of Lady Tomlin. The Annual Report and Balance Sheet were presented to the subscribers, and suggestions and criticisms invited. Afterwards Lady Tomlin took the Chair, and the speakers were Mr. Harold Chapple and Mrs. Margaret Spring-Rice.

The Doctors' Committee, consisting of the doctors on the Clinic Committee and the medical officers, has continued to meet at intervals as required.

In July a Doctors' Conference was held at which were present representatives from the Walworth and East London Centres, Birmingham, Cambridge, Manchester, Oxford, Rotherham and Wolverhampton. The Conference was found by those present to be most useful, and it was agreed to endeavour to make it an annual event.

A very successful dance was again held at the Hammersmith Palais de Danse, and the Committee wishes to express its thanks to Mrs. Trouton and Mrs. Darwin for their help in organization.

#### Committee and Staff.

This year a very deep loss has been sustained by the death of Mrs. Dighton Pollock, who was one of the original founders of the Clinic, and its first Treasurer. Her unfailing enthusiasm and sympathy were a constant inspiration to the Committee.

Dr. Louise Hunter has been obliged to relinquish her appointment, as she has gone to live abroad. The Committee is sincerely sorry to lose her services and wishes to record its thanks to her for her ungrudging work. Dr. Gladys Cox has taken over the appointment, and is cordially welcomed, as she has long experience of the work and is one of the Medical Officers at the Walworth Clinic. The Committee is fortunate to have as its other Medical Officer Dr. Helena Wright, who takes a sustained interest in the scientific development of the work as well as in the individual patients. Mrs. Scott, C.M.B., was obliged, temporarily, to give up her work as Nurse at the afternoon sessions, but has promised to return at the end of this year. Miss Ursula Williams, C.M.B., took her place. Both she and Mrs. Scott give their services gratuitcusly, and the Committee is deeply appreciative of their generosity and of their excellent work. Miss Williams has also done a considerable amount of visiting, much of which could not be attempted before, owing to lack of expert help. The Committee is glad to retain the services of Mrs. Dickson at the Tuesday sessions.

The Committee wishes to thank Mrs. Cattran for her voluntary work at the sessions. Mrs. Cattran is most regular in spite of other ties, and her help is of great value. Mrs. Tamplin, who now works jointly for the Society for the Provision of Birth Control Clinics and this Committee, has done good work in helping to found the Newcastle Clinic.

Mrs. Lloyd, besides working as Investigator at the Clinic for the Birth Control Investigation Committee, is untiring in her attendance at the sessions. It is indeed to her and to the Honorary Secretary, Mrs. Farrer, that the Committee owes the smooth running, regularity and efficiency both of the work at the sessions, and of the Clinic's many other functions.

#### Visitors.

Visitors, medical and lay, are welcomed at or before the Clinic sessions. An appointment should be made if possible beforehand, as the premises are small, and it is therefore best if visits can be arranged singly. The Honorary Secretary's Telephone Number is Park 7046.

A Medical Supplement is published and can be obtained free of charge on application.

#### Treasurers' Note.

In comparing the accounts with those of last year, there is very little change except in the items "Clinic Receipts" on the credit side and "Drugs and Appliances" on the debit side. These are considerably higher than last year. It is clear, therefore, that the work of the Clinic has increased, but also that the subscription list has remained stationary.

The Committee has to undertake heavy liabilities during the year, and the difficulty of carrying on, with no financial margin, causes much concern. If this difficulty were removed and the subscriptions were sufficient to make the holding of the annual dance (with all the attendant work involved) unnecessary, a load of anxiety would be taken off the Committee. If every existing contributor, of which there are 114, could induce a friend to give  $\pounds 1$  to the Clinic annually, the finances would be on a somewhat sounder basis and the Committee would see its way towards the better development of the work, less hampered by the chronic lack of funds from which it is suffering now.

#### (Signed)

W. S. HOWARD. G. R. MITCHISON.

9

Advice on Birth Control is also given at the following Clinics:

WALWORTH WOMEN'S WELFARE CENTRE, 153a, East Street, Walworth Road, London, S.E.17.

THE EAST LONDON WOMEN'S WELFARE CENTRE, 6, Burdett Road, Stepney, London, E.3.

THE BIRMINGHAM WOMEN'S WELFARE CENTRE, 9, Castle Street, Birmingham.

THE CAMBRIDGE WOMEN'S WELFARE ASSOCIATION, Fitzroy Hall, Wellington Street, Cambridge.

THE MOTHERS' WELFARE CLINIC, 23, Clarence Street, Liverpool.

THE MANCHESTER, SALFORD AND DISTRICT MOTHERS' CLINIC. 161, Greengate, Salford.

THE NEWCASTLE WOMEN'S WELFARE CENTRE, 670, Scotswood Road, Newcastle-on-Tyne.

THE OXFORD FAMILY WELFARE ASSOCIATION, 4, King Street, Jericho, Oxford.

THE MOTHERS' CLINIC, ROTHERHAM BRANCH, 58, Albion Road, Rotherham.

THE WOLVERHAMPTON WOMEN'S WELFARE CENTRE, 62, Heath Street, Heath Town, Wolverhampton.

THE ABERDEEN WOMEN'S WELFARE CENTRE, 4, Gerrard Street, Gallowgate, Aberdeen.

THE GLASGOW WOMEN'S WELFARE CENTRE, 51, Old Govan Road, Glasgow. Some Books and Pamphlets on Birth Control and Allied Subjects.

- 1. BIRTH CONTROL AND THE STATE. By C. P. Blacker, M.C., M.R.C S., L.R.C.P. (Kegan Paul). 2/6.
- 2. PARENTHOOD, DESIGN OR ACCIDENT. By Michael Fielding. (Labour Publishing Co.) 1/-.
- 3. POPULATION. By A. M. Carr-Saunders. (Oxford University Press, London, Humphrey Milford). (The World's Manuals.) 2/6.
- 4. THE PROBLEM OF POPULATION. By Harold Cox. (Cape). 6/-.
- 5. Some More Medical Views on Birth Control. Edited by Norman Haire. (Palmer). 7/6.
- 6. THE PIVOT OF CIVILIZATION. By Margaret Sanger. The Problems of Population and Birth Control, with a preface by H. G. Wells. (Cape). 6/-.
- 7. POSTERITY. By Frank WHITE, L R.C.P. & S.E. With preface by Major Leonard Darwin. (Watts & Co.) 2/6.
- 8. CONTRACEPTION. Its Theory, History and Practice. By Dr. Marie Stopes. (Bale, Sons, and Danielsson). 12/6. New Edition.
- 9. ON THE MANAGEMENT OF A BIRTH CONTROL CENTRE. By Mrs. Evelyn Fuller. (Society for the Provision of Birth Control Clinics, 153a East Street, S.E.17). 1/-.
- INFORMATION ON METHODS OF BIRTH CONTROL AT MATER-NITY AND CHILD WELFARE CENTRES. (Speech by Lord Buckmaster in the House of Lords, April 28th, 1926).
   3d. Published by the National Union of Societies for Equal Citizenship, 15, Dean's Yard, S.W. 1.
- 11. Reports on Public Health & Medical Subjects. No. 25. Maternal Mortality. 1924. Price 1/-.
  - No. 48. Protection of Motherhood. 1927. Price 9d. (Obtainable from H.M Stationery Office.)

# 18 FAWCETT COLLECTION

## Donations & Subscriptions-

## 1st August, 1928, to 31st July, 1929.

	£	s.	d.			ſ	s.	d.	
Anon	~		6	Gardiner, A. H., Esq.			0		
Anon. (In remembrance		-		Garrett, Mrs		I		0	
Margaret Pollock)	5	5	0	Gibson, Mrs. A		I		0	
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Baines, Mrs. C	-	-	~	Graseman, Miss A			2	0	
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Bathurst, Major & Mrs. A		10	0	Greene, Mrs. Wilfrid			2	0	
Beechman, N. A., Esq			0	Grove-Hills, Mrs		2	õ	0	
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Blomfield, Miss		5	0						
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Booth, Mr. & Mrs. George			0	Heathcote, Miss M.	••	I	0	0	
Boulton, S., Esq		2	0	Henderson, Mr. & Mrs. H.		I	I	0	
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Buckmaster, The Hon. Owen	II		0	Horsley, Lady	••	I	0	0	
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Bulley, A. K., Esq	5	0	0	Howard, Mrs. Wren		1	0	0	
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	Roberts, Mrs. Hugh	•••	I	1	0	Ware, Dr			10		
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	Sandwith, Mrs. G	•••	I	0	0	Wharry, Mrs		I	0	0	
	Sanger, Mrs. C. P		2	0	0	Wheeler, Lady		I	0	0	
	Sawyer, Mrs		I	I	0	Williams, Miss U		5	0	0	
	Schlesinger, Mrs		2	2	0	Willoughby, Peregrine, Esq					
	Scott, Mr. & Mrs. C. H.		2	2	0	Wornum, Mrs			õ		
	Short, Mr. & Mrs. E. A.		15	10	0						
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### SUNDRIES.

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Robinson, Mrs. S. (received after closing of Accounts)	3	3	0	
McEwen, Mrs. B. (Dance)		IO	0	

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12

## THE NORTH KENSINGTON WOMEN'S WELFARE CENTRE.

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Summarised Receipts and Payments Account for the year ended 31st July, 1929.

			£	s.	d			
To	Balance at Ban	k, 1st A	ugust,	19	928			
	Current Ac	count	£46	16	7			
	Deposit Ace	count	50	0	0			
						96	16	7
,,	Subscriptions					193	1	(
,,	Donations				••••	65	9	5
,,	Proceeds of Dan	ce				106	12	9
*,,	Clinic Receipts					204	14	1
,,	Deposit Interest					1	7	11

\*This figure includes patients' fees, visitors' donations, etc.

We have examined the foregoing Receipts and Payments Account with the Books and Vouchers of The North Kensington Women's Welfare Centre, and find it to be in accordance therewith.

BURGIS & BULLOCK, Chartered Accountants. 11, Waterloo Place, Leamington Spa. 30th August, 1929. £668

PAYMENTS.	£	s.	d.
By Clinic Salaries	198	1	8
" Clinic Maintenance Expenses (in- cluding Caretaker and Secretary)	55	9	10
" Rent of Clinic £50 0 0			
Less Hire of Rooms 21 2 0			
	28	18	0
" Rates	17	0	0
,, Gas and Water	13	18	7
" Drugs and Appliances	170	17	4
" Printing, Stationery,			
Telephone, Postages, etc. 39 18 6			
Less Sale of Pamphlets 1 3 6			
	38	15	0
", Sundry Expenses	19	9	3
" BALANCE AT BANK at 31st July, 1929—			
Current Account	75	12	1
Deposit Account	50	0	0
	 £668	1	

Please fill in one or other of the following forms. Cheques should be made payable to The North Kensington Women's Welfare Centre. Cheques or Banker's Orders should be sent to W. S. Howard, Esq., Hon. Treasurer, 12 Telford Road, Ladbroke Grove, W.10.

Banker's Order.

To.....Bank, Ltd.

.....Branch.

Please pay to Westminster Bank Ltd., Notting Hill Gate Branch, for account of The North Kensington Women's Welfare Centre to-day and each subsequent year on the same date until further notice the sum of  $f_{\pm}$ : s. d.

Signature .....

Address.....

.....

Date.....19

Subscript	ion or Donation.		I en	close, fo	or the
North Ke	nsington Women's Welf	are C	entre, th	e	
aum of	Annual Subscription	£	:	s.	d.
sum of	Donation	£	:	s.	d.
	Signature	••••••		•••••••••	
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Date					

