

Conference Box

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INTERNATIONAL FEDERATION  
of  
UNIVERSITY WOMEN

BIENNIAL  
CONFERENCE  
1924

CHRISTIANIA, MONDAY, July 28th, to  
FRIDAY, August 1st.

PRELIMINARY ANNOUNCEMENT  
OF  
PROGRAMME  
AND  
Suggested Extension Excursions in  
NORWAY, SWEDEN, DENMARK  
and FINLAND.

PLANNED IN CO-OPERATION WITH

The Wayfarers Travel Agency,  
33, GORDON SQUARE, BLOOMSBURY,  
LONDON, W.C. 1.

NEW YORK :  
45, WEST 34TH STREET.

ROME :  
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Pamphlet

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# International Federation of University Women.

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University of London.

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92, Victoria Street, London, S.W. 1.

## Biennial Conference—Christiania.

The Third Conference of the International Federation of University Women will be held in Christiania at the joint invitation of the Federations of Norway, Sweden, Denmark and Finland, which are co-operating in all arrangements for the reception and entertainment of the delegates. At the request of the International Federation of University Women, itineraries have been specially worked out in connection with the Conference to enable those attending to visit the other Northern Countries as well as Norway. In view of the demand for summer accommodation in these countries and on the boat services, members of the Federation and other University women who wish to attend the Meetings and to take advantage of the exceptional opportunities for travel offered by The Wayfarers Travel Agency, are asked to fill in the enclosed application form and send it to The Wayfarers Travel Agency as soon as possible. Although the number of delegates is limited, all University women are cordially invited to attend all but the strictly business Meetings.

## Travelling and Accommodation.

The Wayfarers Travel Agency will undertake all bookings to the Conference, on behalf of the International Federation. Accommodation in Christiania has been reserved from July 28th to August 1st.

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## Preliminary Programme.

### July 28th.

Arrival at Christiania. Council Meeting. Registration. A Reception and Dinner to welcome the Delegates will be given by the four Northern Federations in the evening. Addresses by Dr. Nansen, by the President of the International Federation and by the Presidents of the Federations of Norway, Sweden, Denmark and Finland.

### July 29th.

Morning Meeting for Delegates. Visit to Museums, Viking Ships, etc. Afternoon Meeting open to all University women. Dinner for members of the Council at Dronningen. Dinner will be arranged for Delegates and other representatives at a restaurant in the vicinity of the town.

### July 30th.

Morning and Afternoon Meetings open to all University women. Excursion to the Folkemuseet, outside the town, where dinner will be served.

### July 31st.

Morning Meeting for Delegates. Afternoon Meeting open to all University women. Excursion to Frognersæteren, where dinner will be held.

### August 1st.

Council Meeting. Excursions in Christiania.

Although it is not yet possible to draw up the full schedule for the Meetings, arrangements have already been made for a series of interesting addresses, followed by discussions, on the following subjects.

1. **The Place of University Women in World Affairs.** The training and experience needed for work in Politics, Industry, Commerce, International Finance, the handling of Raw Materials, etc. The Development of the International Mind through Education. Teaching in Secondary Schools. Co-operation between the Universities.
2. **The Special Work of the International Federation.** The Organisation of International Fellowships. The Establishment of International Clubhouses. Reports of the National Federations.

# Notes on the Northern Countries.

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## NORWAY.

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Norway is a land of contrasts, and it is in a great measure the immense variety of scenery which makes the country so delightful for travellers. There are snow-capped mountains, warm valleys and fertile plains. Great forests of pines cover the eastern slopes, and the unique charms of those sunk valleys on the west coast known as the "Fjords" are too well known to need description. The best months for visiting Norway are June, July, August and September, when a short but glorious summer reigns. Norway is celebrated as "the land of the midnight sun," and travellers who want to enjoy this wonderful sight must go early, as it is only between May 30th and August 1st that the sun is visible above the horizon at midnight. But for walking in the mountains the later summer months are better, as the extreme length of the day in June and July keeps the snow on the slopes soft and makes climbing more tiring. The hotel accommodation is very good and the means of conveyance are excellent. Although there are many parts of Norway which are not easily accessible by rail, the roads are admirably adapted for motoring, and a number of motor-car routes give travellers the opportunity to see the interior of the country with the minimum of worry and fatigue. The motor-cars used are open touring cars to seat six or seven passengers. They are driven slowly and they stop at the most beautiful places. A combination of rail, motor-car and steamer tours, such as are given in the itineraries worked out below, will offer members of the International Federation and their friends the best possible means of enjoying the beauties of Norway.

## SWEDEN.

Travelling in Sweden is easy and comfortable. The railways and steamers are good and the hotels are clean and well managed. From Christiania, travellers go to Charlottenburg, which is an excellent way of reaching the lakes and forests of Värmland, a charming region known to all readers of the celebrated Swedish writer, Selma Lagerlöf. An interesting excursion may be made to Dalarna, which is often called "the heart of Sweden." In its scenery and general effect it is a kind of miniature Sweden, and it is in the villages of Dalarna that the Dales-folk have retained many of the traditional customs of the Swedes and still wear the national costumes. The best centre for travellers is Rättvik, on Lake Siljan.

Stockholm is one of the most beautiful cities of the world, and the surrounding scenery, the high rocks, the water courses, the forests and the innumerable islands make a lovely setting for this ancient capital, which is richly stocked with historic and artistic treasures. From Stockholm to Gothenburg runs the great lake and river route rather inappropriately named the Göta Canal, since only a short part of its 240 miles is through actual canals. All travellers who have made this trip agree that it is a most delightful and interesting experience. The passage takes less than three days and a regular service of steamboats plies during the summer.

In the North of Sweden lies Jämtland, "the land of waterfalls," a province celebrated for mountain excursions and highly considered as a health resort, owing to the pure and bracing air. The chief centre is Are. Bordering Jämtland is Lapland, where the nomadic Laplanders share with herds of reindeer a region that is indisputably "northern."

There is still much that might be indicated in Sweden—the medieval city of Visby in the Isle of Gotland, the rocky

west coast with its fishing villages, the historic castles of Skåne—all well worth a visit. Arrangements for tours to any of these parts can be worked out for members of the Federation.

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## DENMARK.

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It will be interesting for visitors to Christiania to compare the mountains and forests of Norway with the flat, smiling country of Denmark, celebrated to-day as the most progressive agricultural country in the world.

The capital, Copenhagen, is a gay and attractive city, where the canals and painted gabled houses of the older parts give rather the same effect as a Dutch town. It is full of interesting buildings, and contains in the museums a wonderful collection of sculptures and paintings. Several delightful excursions can be made from Copenhagen, the chief of which are those to Elsinore, Cronborg Castle and Frederiksborg Castle. Other places of importance are Aarhus and Odense, and there are several good bathing resorts, the chief being Fanö, on the North Sea.

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## FINLAND.

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Finland is the least known of the Northern countries and although it has become much more accessible during the past few years, it is still rather off the beat of the tourist. But it is a fascinating place for a summer holiday, with its numberless blue lakes and vast moors and forests. Steamboats and railways carry travellers all over the country, but these modern means of conveyance often seem to be pushing their

way through an unhabited country of great woods and lakes. Finland has had a hard struggle for existence, both against the forces of nature and the oppression of enemies. It is a bilingual country, containing both a Finnish and a Swedish population. The standard of education is high and the national government is an excellent example of a democratic system which works well. Although there are comparatively few buildings of great age, there is much that is interesting to be seen at Abo, which has a thirteenth century cathedral, and a good historical museum. Helsingfors, the capital, is not very old, and owes its interest chiefly to its situation on a peninsula running out into the sea, with the islands of the archipelago scattered to east and west. From Helsingfors many interesting excursions may be taken into Finland, and travellers are recommended to visit Viborg, taking the steamer trip there and afterwards going on by boat up the Saima Canal and on by motor-car to Imatra, an excellent place for a summer stay, close to a famous waterfall.

The hotels of Finland are usually not large, but are reasonably comfortable. The roads are fairly good for motoring, but narrow.

## Specimen Itineraries.

It has been suggested that most members of the Federation may like to see something of the Northern Countries when attending the Conference. The Wayfarers Travel Agency have therefore prepared sample itineraries, in conjunction with Bennett's Travel Bureau, which are not conducted and can be taken alone or with friends. Several suggestions with inclusive prices are given. The Wayfarers Travel Agency is prepared to suggest other itineraries in accordance with individual tastes.

Dates have been given for these itineraries in order to show the length of time it is suggested to stop at any one place and the working of the complete itinerary within the time suggested. **Delegates may go at any time before or after the Conference according to the sailings from England as shown on page 19, and may lengthen or shorten their trip as desired.**

If any of the Delegates wish to go by one route and return by the other, the price quoted in the itineraries does not apply and in such cases the itinerary would have to be amended to fit in with the sailings.

The charges quoted are in every case for individual travelling. They include 1st class steamer to and from the Northern Countries (with food), 2nd (best) rail in Norway and Sweden, 1st class travel in the Fjord steamer, places in cars, motor boats and carriages, excursions where specified, best hotels. All meals and service are included except at Christiania, where only bed and breakfast have been provided at a good medium hotel.

Where hospitality is given in Christiania to any Delegate, allowance will be made on the price of the itineraries chosen.

The following items are not included in the charges quoted—tips to hotel porters, baggage boys, transport of baggage to and from the stations, quays and hotels, all personal items such as wines, etc.

Forms giving particulars of the itinerary preferred should be sent, as soon as possible, to the Wayfarers Travel Agency, 33, Gordon Square, London, W.C. 1. A deposit of £2 should accompany the application in order that the necessary accommodation and reservations may be secured. The deposit will be refunded, less the actual outlay incurred, in respect of hotel reservations, should the applicant wish to alter her plans later.

## ITINERARY No. 1. 12 days. 25 Guineas.

**NEWCASTLE — BERGEN — CHRISTIANIA — MYRDAL —  
FLAAM — GUDVANGEN — STALHEIM — VOSS — ULVIK —  
NORHEIMSUND — TRENGEREID — BERGEN — NEWCASTLE.**

- July 26th. Leave Newcastle-on-Tyne.
- „ 27th. At sea. Arrive Bergen late evening. By train to Christiania. The highest point of the Mountain Railway is reached between Myrdal and Finse (over 4,000 ft.) at dawn.
- „ 28th. Arrive in Christiania.
- „ 29th/Aug. 1st. Conference.
- Aug. 2nd. Leave Christiania for Myrdal by train. Drive in "hesteskyss" (horse carriages) down the wonderful Flaam Valley to Flaam. The descent is roughly 3,000 ft. Night at Fretheim Hotel.
- „ 3rd. Leave by steamer, proceeding down the famous Sognefjord to Gudvangen. Drive by car through a most imposing valley to Stalheimsklev up to Stalheim. Night at Stalheim Hotel, strikingly situated overlooking the Naerö Valley.
- „ 4th. Continue the journey by car to Voss and Ulvik. Ulvik is one of the most charming resorts of the Hardanger Fjord. The route skirts the Espeland Lake and waterfall, the road rising to 1,250 ft. Night at Brakanes Hotel.
- „ 5th. Leave Ulvik by steamer on the Hardanger Fjord to Norheimsund for lunch. After lunch by car to Trengereid. A fine view of the fjord and the Folgefond Glacier is obtained. Thence the route lies through Steindal, a picturesque valley, passing the Ostshusfoss (waterfall). Thence into the famous Tokagjel hewn into the perpendicular mountain. The latter part of the drive takes in wooded country, several lakes and a fine view of Kvitting (5,250 ft.) and then by train to Bergen. Night at Hotel Norge.
- Wed „ 6th. The steamer for Newcastle-on-Tyne leaves at noon. An interesting excursion by cable railway may be taken to Flöien (1,000 ft.) where splendid views are to be had of the harbour, and the fjord islands. Other items of great interest in Bergen are the Hanseatic Houses (15th century), and the picture gallery, old fish market, etc.
- „ 7th. Arrive Newcastle.

**ITINERARY No. 2.**  
**16 days. 27 Guineas.**

**NEWCASTLE — CHRISTIANIA — SKIEN — DALEN — ODDA  
 — EIDE — VOSS — STALHEIM — FLAAM — MYRDAL —  
 CHRISTIANIA—NEWCASTLE.**

- July 26th. Leave by direct steamer (Fred Olsen Line) for Christiania.  
 „ 27th. At sea.  
 „ 28th. Arrive Christiania. The coast line of the Christiania Fjord is very interesting.  
 „ 29th/Aug. 1st. At Conference.  
 Aug. 2nd. Leave by train for Skien. The night at the Grand Hotel.  
 „ 3rd. By steamer to Dalen, passing through a chain of lakes and canals. The scenery is very beautiful. The night at Hotel Dalen.  
 „ 4th. By car to Odda. Throughout the route there is a continuous panorama of fruitful valleys, deep firwoods, wild deserted highland, glaciers, cataracts, foaming river, sea and fjord. Night at the Grand Hotel.  
 „ 5th. An excursion is made from Odda by automobile and motor-boat, to the celebrated Skjægedalsfoss, a magnificent waterfall. Night at Grand Hotel, Odda.  
 „ 6th. Leave Odda by steamer on the beautiful Hardanger Fjord. Eide is reached for lunch. The journey is resumed by automobile for Voss and Stalheim. Night at the Stalheim Hotel, strikingly situated overlooking the wild Naerö valley.  
 „ 7th. Morning at Stalheim. After lunch by car for Gudvangen, past the Naerö Valley. The view is overwhelming, mountains rising precipitously from the narrow valley cleft. The road is formed between two fine falls—Stalheimfoss and Sivlefoss. By steamer to Flaam. Night at Fretheim Hotel.  
 „ 8th. By carriage to Myrdal. Vatnahalsen (2,600 ft.) is reached and passed and then Myrdal (3,000 ft.). By train from Myrdal to Christiania. Night at Christiania.  
 „ 9th. By steamer to Newcastle.  
 „ 10th. At sea.  
 „ 11th. Arrive Newcastle.

**ITINERARY No. 3.**  
**24 days. 31 Guineas.**

**NEWCASTLE — CHRISTIANIA — HAMAR — GJOVIK —  
 FAGERNES — MARISTUEN — GOL — CHRISTIANIA —  
 NEWCASTLE.**

N.B.—THIS Itinerary is for those who want to rest for 10 days in a quiet place in the mountains. Other places can be suggested.

- July 26th. The direct steamer (Fred Olsen Line) to Christiania.  
 „ 27th. At sea.  
 „ 28th. Arrive Christiania.  
 „ 29th/Aug. 1st. Conference.  
 Aug. 2nd. By train to Hamar. Stay at Patterson-Hösbjör Hotel.  
 „ 3rd/10th. Rest in Hamar.  
 „ 11th. By steamer to Gjøvik crossing Mjösen, the largest Norwegian lake. Night at the Victoria Hotel.  
 „ 12th. By train for Eina, via Fagernes. Night at Fagernes Hotel.  
 „ 13th. By car to Maristuen, along a very fine mountain road, lurching en route at Tyin. Glimpses are caught of the Jotunheimen snowfields, and colossal mountains are on every side. Night at the Maristuen Turisthotel.  
 „ 14th. Day in Maristuen (2,700 ft.) with its magnificent views and healthy surroundings. Tame reindeer herds may be seen on the near-by mountains. Night at the Maristuen Turisthotel.  
 „ 15th. By car to Gol, and train for Christiania. Night at Christiania.  
 „ 16th. Leave by steamer (Fred Olsen Line).  
 „ 17th. At sea.  
 „ 18th. Arrive Newcastle-on-Tyne.

### ITINERARY No. 4.

24 days. 36 Guineas.

NEWCASTLE — CHRISTIANIA — DOMBAAS — AANDALS-  
NES — MOLDE — SOHOLT — GEIRANGER — LOEN —  
KJENDAL GLACIER—SANDENE—VADHEIM—BALHOLM—  
GUDVANGEN — STALHEIM — VOSS — FINSE — HAR-  
DANGER GLACIER—CHRISTIANIA—NEWCASTLE.

- July 26th. Leave Newcastle-on-Tyne by direct steamer for Chris-  
tiania.  
„ 27th. At sea.  
„ 28th. Arrive Christiania.  
„ 29th/Aug. 1st.  
Conference.  
Aug. 2nd. By train to Dombaas through beautiful scenery. Night  
at Dombaas Turist Hotel.  
„ 3rd. By car to Aandalsnes through the magnificent Romsdal  
Valley. There will be ample time for those who  
desire it to take one of the numerous boat or walking  
excursions around Aandalsnes. Good boating and  
fishing on the Fjord, for which tackle will be willingly  
supplied by the proprietor of the hotel. Night at  
Grand Hotel Bellevue.  
„ 4th. By steamer for Molde on the Romsdalsfjord. Night at  
Alexandra Hotel.  
„ 5th. By steamer to Vestnes and by car to Söholt. Then  
again by steamer to Merok on the Geiranger. Night  
at the Hotel Union.  
„ 6th. The day is spent at Merok, and a visit should be made to  
the Syv Söstres (Seven Sisters) waterfall. The views  
from Merok of the surrounding mountains and glaciers  
are superb.  
„ 7th. By car to Grotlid and Videsaeter. There is a magnificent  
waterfall adjacent to the hotel. Then by car to Loen.  
The descent from Grotlid to Hjelle (4,000 ft.) is full of  
the greatest interest. Glaciers, waterfalls and steep  
slopes. The latter part of the route beyond Hjelle  
skirts a beautiful lake—the “Opstryn.” Night at  
Loen.  
„ 8th. The day is spent in Loen with its mountains, lake, river  
and forest. An excursion is made by automobile and  
motor-boat to Kjendal Glacier.  
„ 9th. Another morning is spent in Loen, the steamer leaves in  
the afternoon for Sandene. Night at Sivertsens Hotel.

- Aug. 10th. By carriage to Vadheim via Vasenden. Supper is taken  
at Vadheim Hotel, the steamer leaving at night. Night  
on board.  
„ 11th. Arrive Balholm in morning and the remainder of the day  
is spent here. Night at Kviknes Hotel, beautifully  
situated overlooking the Fjord.  
„ 12th. By steamer on the Sogn Fjord to Gudvangen and then  
by car to Stalheimsklev. The route lies through a  
very wild valley—the Naerö. Night at Stalheim Hotel.  
„ 13th. The morning is spent in Stalheim. In the afternoon by  
car to Voss. Night at Fleischers Hotel.  
„ 14th. By train to Finse. In the afternoon an interesting  
excursion may be made on foot to the Hardanger  
Glacier.  
„ 15th. By train to Christiania.  
„ 16th. By steamer (Fred Olsen Line) for Newcastle-on-Tyne.  
„ 17th. At sea.  
„ 18th. Arrive at Newcastle.

### ITINERARY No. 5.

24 days. 39 Guineas.

NEWCASTLE — CHRISTIANIA — OTTA — MEROK —  
VIDESAETER — OLDEN — SANDENE — VADHEIM —  
BALHOLM — GUDVANGEN — STALHEIM — VOSS — ULVIK  
—VOSS—FINSE—CHRISTIANIA—NEWCASTLE.

- July 26th. Leave Newcastle-on-Tyne by direct steamer for Chris-  
tiania.  
„ 27th. At sea.  
„ 28th. Arrive Christiania.  
„ 29th/Aug. 1st.  
Conference.  
Aug. 2nd. By train skirting Lake Mjösen to Otta. Night at Grand  
Hotel.  
„ 3rd. By car to Merok in the Geiranger Mountains. The  
“stavkirke” at Fossheim is worthy of notice. Gradual  
ascent marks the route to Grotlid (4,000 ft.) and this  
latter part of the route is perhaps the most striking,  
the giant mountains, glacier-tipped on the left side  
dominating the desolate rock-strewn right. Night at  
Union Hotel.  
„ 4th. The day is spent in Merok with a visit to the famous  
Syv Söstres waterfall.  
„ 5th. By car via Grotlid to Videsaeter and Olden. The  
Viadal river rushes down in a narrow chasm, and near  
Videsaeter Hotel forms the beautiful Videsaeter water-  
fall. Night at the Yris Hotel, Olden.

**Itinerary No. 5—continued.**

- Aug. 6th. The day is spent in Olden, with its collective attractions of lake, fjord, forest, river and glacier. An interesting excursion by car and motor-boat will be made to Brixdals Glacier, and the famous Mountain Farm can be visited.
- „ 7th. By steamer to Sandene and by car to Vadheim. Night at Vadheim Hotel.
- „ 8th. By steamer for Balholm and the Sogn Fjord. Night at Kviknes Hotel.
- „ 9th. The day is spent in Balholm. Those who desire it may take the afternoon steamer for Fjaerland, making the excursion to the Suphelle Glacier, and spending the night at the Mundal Hotel. The return is made to Balholm by steamer.
- „ 10th. This day is also spent in Balholm. Interesting walks abound, with easy climbs, with boating on the fjord and fishing.
- „ 11th. By steamer for Gudvangen across the fjord. Then by car through the wild Naerö Valley to Stalheimsklev. The night is spent at Stalheim Hotel, strikingly situated overlooking the valley and the mountains which rise precipitously 4,000 ft. from the valley-cleft.
- „ 12th. By car to Voss and Ulvik. The route from Voss lies along the Espeland Lake, winding up the steep mountain face and passing between the higher and lower parts of the Skjaerve Waterfall. Night at Brakanes Hotel, Ulvik.
- „ 13th. The day is spent in Ulvik, charmingly situated on the Hardanger Fjord. Those who wish may proceed to Eidfjord by steamer and take the excursion to Vöringsfoss (a famous waterfall), returning to Ulvik in the evening. Night at Brakanes Hotel, Ulvik.
- „ 14th. By car to Voss and by train for Finse. In the afternoon a walking excursion to the Hardanger Glacier. Night at Finse Hotel.
- „ 15th. By train to Christiania.
- „ 16th. Leave for Newcastle-on-Tyne (Fred Olsen Line).
- „ 17th. At sea.
- „ 18th. Arrive Newcastle.

**ITINERARY No. 6.  
29 days. 48 Guineas.**

**NEWCASTLE — BERGEN — CHRISTIANIA — DOMBAAS — AANDALSNES — MOLDE — VESTNES — SOHOLT — MEROK — VIDESAETER — HJELLE — OLDEN — BRIXDAL GLACIER — SANDENE — VADHEIM — BALHOLM — FLAAM — MYRDAL — VOSS — ULVIK — VORINGSFOSS — FINSE — BERGEN — NEWCASTLE.**

- July 26th. Steamer leaves Newcastle-on-Tyne.
- „ 27th. Arrive Bergen and on to Christiania.
- „ 28th. At Christiania.
- „ 29th/Aug. 1st. Conference.
- Aug. 2nd. By train, skirting the Mjösen Lake to Dombaas. Night at Dombaas Turisthotel.
- „ 3rd. By car through the Romsdal Valley to Aandsnes. Aandsnes offers many attractions, among which is the excursion to Romdalshorn. Boating and fishing and numerous short interesting walks. Night at Grand Hotel Bellevue.
- „ 4th. By steamer on the Romsdal Fjord to Molde—“The City of Roses.” Night at Alexandra Hotel.
- „ 5th. In Molde. Optional excursions may be taken by car or motor-boat in the near fjord. Night at Alexandra Hotel.
- „ 6th. Leave by steamer for Vestnes and by car to Söholt (Orskog) then again by steamer to Geiranger (Merok). Night at Hotel Union.
- „ 7th. The day is spent in Merok, with a visit to the Syv Söstrer waterfall. Night at Hotel Union.
- „ 8th. By car to Grotlid, Videsaeter and Olden. The scenery is very fine. On the one side are gigantic snow-capped mountains, overlooking in many parts what is best described as desolation. From a height of 4,000 ft. the route gradually descends to Videsaeter, still high above sea-level. From Videsaeter the road steeply descends in a series of curves to Hjelle. Night at Yris Hotel.
- „ 9/10th. Two days are spent at Olden, with its combined attractions of fjord, lake, river, forest and Brixdale Glacier. An interesting excursion may be taken to the Glacier, also to the Mountain Farm, which the proprietor will be pleased to arrange.
- „ 11th. By steamer for Sandene. Night at Hotel Gloppen.
- „ 12th. By car to Vadheim and Balholm. Night at Kviknes Hotel.
- „ 13th. The day is spent at Balholm. Attractive walks, climbs, boating and fishing.
- „ 14th. By steamer to Flaam. Night at Fretheim Hotel.
- „ 15th. By carriage up the ascent of the Flaam Valley. The scenery in this valley is very magnificent. A series of winding curves form the wonderful road on to Voss via Myrdal. Night at Fleischers Hotel, Voss.
- „ 16th. By car to Eide and by steamer for Odda (Hardanger Fjord). Night at Grand Hotel.
- „ 17th. The day is spent in Odda on the Hardanger Fjord, and those who wish may take an excursion by car and motor-boat to the famous Skjægedalsfoss.



**Itinerary No. 6—continued.**

- Aug. 18th. By steamer to Ulvik, via Eide. Night at Brakanes Hotel.  
" 19th. In Ulvik. Those desiring it may take the steamer excursion to Eidfjord; also the excursion to Vöringsfoss (waterfall) returning to Ulvik the same evening.  
" 20th. By car to Voss and by train to Finse. Night at Finse Hotel.  
" 21st. The day is spent in Finse, situated 4,000 ft. above sea level. An excursion will be made on foot to the famous Hardanger Glacier.  
" 22nd. By train for Bergen. Night at Hotel Norge.  
" 23rd. The steamer leaves for Newcastle at noon. The morning may be spent in viewing the many attractions of this ancient town. Special note should be made of the Hanseatic Houses (15th century) and the Old Fish Market.  
" 24th. Steamer arrives at Newcastle-on-Tyne.

**ITINERARY No. 7.  
24 days. 39 Guineas.**

**NEWCASTLE — BERGEN — CHRISTIANIA — BERGEN —  
NORTH CAPE—BERGEN—NEWCASTLE.**

**NOTE.—You are advised if possible to take this trip before the  
Conference.**

- July 26th. Leave Newcastle-on-Tyne.  
" 27th. Arrive Bergen and on to Christiania.  
" 28th. Arrive Christiania.  
" 29th/Aug. 1st. Conference.  
Aug. 2nd. By train to Bergen through beautiful scenery. Night at Hotel Norge.  
" 3rd. The day is spent in Bergen, with a visit to Flöien by Mountain Cable Railway. The altitude is 1,000 ft., and many splendid views are to be had of the harbour and surrounding islands. Bergen is rich in historical associations and the Hanseatic Houses (15th century) should be visited.  
" 4th to 17th. By express steamer for the North Cape in evening. (Note.—As a diversion for this further day in Bergen, those desiring it may take an optional excursion by car to Solstrand, the Bergen Sea Resort, lunching at Solstrand Hotel, and returning in time for the steamer). The cruise to the North Cape proceeds along the coast, mainly in smooth water between the islands, and many interesting places are passed (with short stops) en route—Aalesund, Molde, Trondhjem (Norway's ancient capital), Bodö, Svolvær (at this point the Polar Zone is entered and the "Land of the Midnight Sun.") After Tromsö and Hammerfest (the most northerly town in Europe, Kirkenes is reached. A visit should be made to the Lapp Encampment, and the ruined Russian Church.  
" 18th. Arrive Bergen and leave for Newcastle-on-Tyne.  
" 19th. At sea.  
" 20th. Arrive Newcastle-on-Tyne.

**ITINERARY No. 8.  
23 days. 52 Guineas.**

**CHRISTIANIA — STOCKHOLM — ABO — HELSINGFORS —  
STOCKHOLM — COPENHAGEN — ESBJERG — HARWICH.**

- July 26th. Leave by steamer (Fred Olsen Line).  
" 27th. At sea.  
" 28th. Arrive Christiania.  
" 29th/Aug. 1st. Conference.  
Aug. 2nd. By train which passes through wonderfully picturesque country and enters Sweden at the frontier of Charlottenburg. Night at Hotel Continental, Stockholm.  
" 3rd. In Stockholm—optional excursions: 1. Gripsholm Castle; 2. Uppsala University; 3. Saltsjöbaden (Sweden's great sea resort); 4. Circular tour of Stockholm and the principal sights.  
" 4th. Stockholm, the beautiful capital of Sweden, perhaps enjoys the most striking situation of any capital in Europe. The parks, especially the large natural parks of Djurgården and Haga, the islands and shores, and the crowded boats, form a very attractive colour scheme.  
" 5th. By steamer for Abo, the night being spent on board. One passes countless islands. Abo, in Finnish—Turku, has a 13th century cathedral, and castle, the windows of which are sparsely dotted up in the naked walls. The Swedish Crusaders landed here in 1157, and the first monastery established in 1249. The old Swedish-speaking Academy is near the cathedral, and the Finnish University in the great Market Square. In afternoon to train by Helsingfors. Night at Kamp Hotel.  
" 7th. In Helsingfors.  
" 8th. In Helsingfors. In Finnish—Helsinki, Helsingfors, the capital, with a population of about 200,000, is comparatively modern. The entrance to the port is very beautiful. The archipelago of islands lies scattered east and west, and the towers of the City are visible from a long distance. The City lies on both sides of the harbour, beyond the Fortress of Sveaborg. A tour should be taken to Djurgården, either by auto or on foot. The island of Seurasaari offers many attractions, including an open air Museum, with ancient relics (by steamboat, 20 minutes).  
" 9th. By train for Abo and by steamer for Stockholm. Night on board.  
" 10th. The day is at the disposal of the traveller in Stockholm.  
" 11th. By train to Copenhagen, passing through territory rich in varied scenery, Malmö is reached at night. Here the ferry steamer is taken and Copenhagen reached.  
" 12th. Night at Hotel Angleterre.

[Continued

Itinerary No. 8—continued.

- Aug. 13th. In Copenhagen. Optional excursions, half-day circular tour of the city. One day. To Elsinore for  
 „ 14th. Cronenborg Castle, with memories of Hamlet. The Ghost scene is laid on the battlements of this Castle. Copenhagen is Denmark's capital. There is a general air of gaiety in this city, not found in the more sedate cities of Stockholm and Helsingfors. Full of historical associations, fine public buildings and parks.  
 „ 16th. By train for Esbjerg Havn, arriving there by steamer. Night spent on board.  
 „ 17th. Arrive Harwich.

### Application for Tickets.

Application for tickets and accommodation in Christiania should be sent in as soon as possible.

### General Notes.

The Wayfarers Travel Agency, in conjunction with Bennett's Travel Bureau, are running an Information Bureau in the Conference Hall and this Bureau will welcome any inquiries and will give any help needed. It will also arrange to change money and cheques. Suggestions as to sight-seeing in Christiania will be gladly given and arrangements for sight-seeing in every town made.

All attending the Conference must have passports, and these must be endorsed and viséd where necessary, which The Wayfarers Travel Agency can arrange.

Clothing should be both light and warm. A thick travelling cloak should be taken for motoring in the mountains and extra wraps are needed on board steamers, especially in the case of those who propose to take the North Cape voyage.

Luggage should be confined within the narrowest compass possible and the dimensions of a box or portmanteau should not exceed 34 in. in length, 16 in. in breadth and 15 in. in height, outside measurements.

It is advisable that luggage should be insured, and The Wayfarers Travel Agency can effect this, and can also supply foreign currency at good rates. They have also a large selection of guide books and maps which may be purchased.

Inquiries regarding itineraries, services, passports, etc., etc., are invited and should be addressed to The Wayfarers Travel Agency.

## Routes to Christiania.

Route.	Departures.	Arrivals and Duration of Voyage.	Price.
A. Newcastle-Bergen-Christiania	Mon., Tu., Th. & Sat.	2 days	£9 5 6
B. Newcastle-Christiania (direct)	Saturdays	2 days	£8 1 6
C. Hull-Christiania (direct)	Fridays	2 days	£8 0 0
D. London-Gothenburg-Christiania (inclusive ticket London-Gothenburg)	Every Saturday	Monday evenings	£11 2 9
E. Newcastle-Gothenburg-Christiania	Every Wednesday	Friday evenings	£10 16 9
F. Harwich-Hook-Christiania via Copenhagen	Every week-day	3 days	£10 7 3
G. Folkestone-Flushing-Copenhagen-Christiania	Every day	3 days	£9 18 6
H. Gravesend-Rotterdam-Copenhagen-Christiania	Every week-day except Wednesday	3 days	
I. Grimsby-Hamburg-Copenhagen-Christiania	Tues., Th., and Sats.	3 days	
J. Dover-Ostend-Copenhagen-Christiania	Every day	3 days	
K. Dover-Calais-Copenhagen-Christiania	Every day	3 days	

Route D.—Rail to Tilbury Docks, and direct boat to Gothenburg.

Route E.—Direct steamer Newcastle-on-Tyne to Gothenburg.

Routes J/K.—Route via Brussels, Antwerp, Esschen Frontier and Salzbergen-Hamburg.

Note.—The prices quoted are given under reserve and application should be made for prices for the other routes if they are chosen.

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