# THE WOMAN'S LEADER

#### PRINCIPAL CONTENTS.

|  | F | PAGE |
|--|---|------|
| WOMEN AS DIETICIANS. BY C. U. COLE, L.L.A. |   | 4    |
| SCHOOL-ROOM FARE IN THE GOOD OLD TIMES     |   |      |
| BY MARJORIE ASTIN                          | - | 4    |
| KNOWLEDGE IS POWER. BY M. I. CORBETT ASHBY |   | 6    |
| THE OPINION OF MOTHERS ON FILMS.           |   |      |
| BY EMILIE GOURD                            | - | 6    |
| CHRISTMAS RECIPES. BY DORIS M. SMITH -     |   | 9    |

#### WOMEN'S FREEDOM LEAGUE. GREEN, WHITE AND GOLD FAIR.

Thursday and Friday, 17th and 18th November, THE CAXTON HALL, WESTMINSTER from 3 to 9 p.m.

To be opened on Thursday at 3 p.m. by MRS. HILTON PHILIPSON

(Mabel Russell) Short Play November 17th at 6.30 p.m.

TICKETS (including tax) 1/10 the first day until 5 o'clock, after 5 p.m., and on Friday 1/2 (including tax) on sale at 144, High Holborn, W.C.1. or at the

Dancing Display November 18th at 6.30 p.m.

#### COMING EVENTS.

#### B.B.C. TALKS.

Mons: 10.45 a.m. The Worker in Industry: Nov. 7th, Captain Geoffrey Crawshay. Nov. 14th, Mr. A. S. Cole.
6.50 p.m. New Books: Mr. E. M. Forster, November 7th and 21st. Mr. G. K. Chesterton, November 14th and 28th.
Tues: 10.45 a.m. The Christmas Dinner: Miss Monica Pearce, Nov. 1st, 8th and 15th.
6.50 p.m. French and Italian Conversations.
Weds: 10.45 a.m. India: The Marquis of Dufferin and Ava, Nov. 28th 9th and 38th

. THE CINEMA: Mr. Cedric Belfrage. THE THEATRE: Mr.

6,50 p.m. The CINEMA: MIR. CCHERCH PROBLEM STATES Agate.

Thus: 10,45 a.m. The Week in Westminster: Nov. 3rd, Major C. R. Attlee, M.P., Nov 10th, Mr. W. S. Morrison, M.C., M.P.; Nov. 17th, Miss Megan Lloyd George, M.P.; Nov. 24th, Miss Thelma Cazalet, M.P. 7.30 p.m. The Art of Readding: Mr. Desmond MacCarthy. Books to read or re-read: "David Copperfield," Villette," Wuthering Heights"

to read of re-read: "David Copperheid, Vinette, Vinette, and "Green Mansions."

Thurs: 9.20 p.m. The World and Ourselves: Mr. Vernon Bartlett.

Nov. 3rd, Berlin; Nov. 17th, Prague.

Fris: 10.45 a.m. A Doctor to a Mother: The Physician in Charge, Children's Department, St. Thomas's Hospital.

Nov. 4th, Artificial Feeding; Nov. 12th, Feeding in the Second Year; Nov. 18th, Prevention of Disease in Early Childhood; Nov. 25th, Minor Allments.

7.5 p.m. The Week-end in the Garden.

9.20 p.m. Political Talks and Debates.

Sats: 9.20 p.m. Consider Your Verdict: A series of imaginary trials.

#### THE ALPHA FINANCE STUDY CIRCLE.

Course of twelve Lectures on "Finance and the World Distress," Thursdays October 6th to Dec. 22nd at 8 p.m. in The Conway Hall, Red Lion Square, W.C.2. Single Lecture 2/-, Course Ticket 21/-.

#### THE GUILDHOUSE, ECCLESTON SQUARE, S.W.1.

Sunday Afternoons, 3.30 to 4.45 p.m. "The Evolution of Religion in the Twentieth Century."

#### DR. MAUDE ROYDEN, C.H.

Sunday Evenings, 6.30 p.m. Ouestions and Discussion.

#### NATIONAL UNION OF GUILDS FOR CITIZENSHIP.

November 10th, 3 p.m. "The General Situation," Speaker: Capt. Reiss. November 24th, 3 p.m., "Council Houses and their Tenants," Speaker: Councillor Mrs. Stevenson, 35, Marsham Street (continuation of Gt. Smith St.), S.W.1.

ea and Politic Meetings at The Minerva Club, 28a, Brunswick Square

W.C.1.

Thursday, November 3rd at 4.30 p.m. Speaker: Mrs. Corbett Ashby.
Thursday, November 10th at 4.30 p.m. Speaker; The Hon. Mary Pickford,
M.P. on "Votes for Women in India."
Thursday, November 24th at 4.30 p.m. Speaker: Mrs. John Jones, J.P.
on "Where there is no Freedom for Women."
Green, White and Gold Fair at Caxton Hall, Westminster. Thursday,
and Friday, November 17th and 18th, to be opened by Mabel Russell (Mrs.
Hilton Philipson). Christmas presents of every description on sale.

#### EVERYMAN THEATRE, HAMPSTEAD.

Fortnightly week-end Course of Dramatic Production. October 9th at 3 p.m. until 4th December. Inclusive fees £2 2s. 0d.

#### MORLEY COLLEGE, 61, WESTMINSTER BRIDGE ROAD, S.E.1.

Public Lectures. 8 p.m., 1st November, 1932, "China" Archibald Rose, Esq., C.I.E., F.R.G.S.; 8th November, 1932, "India," Sir Philip Hartog, K.B.E.; 15th November, 1932, "The Middle East," Lieut. Col. Sir Arnold Wilson, C.M.G., D.S.O.; 22nd November, 1932, "South Africa," Professor Arnold Plant; 29th November, 1932, "Canada," Wm. C. Noxon,

#### GAXTON HALL, WESTMINSTER.

Reception by The Countess of Hardwicke and Lady Robertson, followed y Lecture on "The History and Romance of Tea," by Mrs. Lidderdale,

#### EDINBURGH WOMEN CITIZENS' ASSOCIATION.

9th November, 1932, 8 p.m. Gartshore Hall, 116, George Street. "Present Economic Conditions," 4th November, 1932. 8 p.m., Royal Arch Halls, 75, Queen St. Parliamentary Reception.

#### ENGLISH FOLK DANCE AND SONG SOCIETY.

31st December at 8.15 p.m. Festival of Folk Dance and Song at Roya Albert Hall.

#### NATIONAL FEDERATION OF WOMEN'S INSTITUTES.

Thursday, November 10th—Wednesday, November 16th. Exhibition of Craft Work from County Federations at The New Horticultural Hall, London, S.W.1. Reduced Railway fares are obtainable.

#### NATIONAL COUNCIL FOR EQUAL CITIZENSHIP.

Monday, 14th November, 1932 at 5 p.m. A Tea Party at 50, Porchester Terrace, W.12, by kind permission of The Hon. Mrs. Franklin. Miss Helena Normanton will speak on "Murder and Murder Trials." Tickets 5/- and 2/6.

#### ORMOND MATERNITY TRUST LECTURES.

Wednesday, November 9th, 3,15 p.m. at 1, Cadogan Gardens, S.W.3.

"Anaesthetics in Midwifery," L. C. Rivett, F.R.C.S., M.C.O.G. Chair: Mrs. Stanley Baldwin. Thursday, November 17th at 5,30 p.m. at 25, Lennox Gardens, S.W.1. "The Lancet Commission on Nursing." Miss Darbyshire, R.R.C. Chair: A. Lister Harrison, Esq., J.P. Thursday, November 2th at 5,30 p.m. at Pfeiffer Hall, Queen's College, 48, Harley Street, W.1. "The Maternal Mortality Report," by Dr. J. S. Fairbairn, M.B., F.R.C.S., Chair: The Marchioness of Salisbury. Tickets: 10/- for three lectures, 3/6 for single lectures, from Mrs. Bruce Richmond, 3, Sumner Place, S.W.7.

#### SIR EVELYN WRENCH, C.M.G.

on "Wnat is Happening in Germany To-day"? Tuesday, November 8th at 8 p.m. at Livingstone Hall (opposite St. James' Park Underground Station, Westminster). Chairman: Dr. G. P. Gooch. Tickets 6d. and 1/-.

#### ORMOND MATERNITY TRUST LECTURES.

- 1. "ANAESTHETICS IN MIDWIFERY."
- 2. "THE LANCET COMMISSION ON NURSING."
- 3. "THE MATERNAL MORTALITY REPORT." For particulars see our "Coming Events."

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## WOMAN'S LEADER

Vol. XXV, No. 1

NOVEMBER, 1932.

#### EDITORIAL.

#### **VOLUME XXV.**

From our point of view the most striking words in our paper this month are: "Volume XXV, No. 1." Our reorganised "Woman's Leader" has existed for a whole year. For this we have to thank: -Our subscribers for their generous gifts (£85 in all): Our readers, who have bought the paper and helped us by advice and criticism: Our contributors, both writers and artists, who have given us so generously of their talents; and Our Advertisers who have helped to provide our sinews of war, and we hope, have received a good return.

#### A BETTER PAPER.

We mean no discourtesy to our contributors when we say that we hope in the coming year to provide a better paper. Our circulation is going up, and should increase still more with the formation of new Guilds. We want at least 1,000 new readers to take the place of the subscribers of last year. But as the increase in Guild Membership has been many times this number, we start our new year hopefully. We should like to think that each of our readers gets from this small paper "the happy and necessary feeling that she is not alone, but one of a company.

#### THIS MONTH.

This month we are pleased again to number Mrs. Corbett Ashby among our contributors. In addition to our usual features we have articles bearing on Diet, as befits the approaching season of Christmas. We have also, in response to requests from our readers started an Information Bureau, in the management of which we shall rely on the help of our readers.



#### THE FREE PLACE HOLDER.

We wonder what Mr. McKenna thinks about Circular 1421, and the abolition of the "Free Placer" whom he called into being twenty-five years ago? Under Mr. McKenna's regulations, a Free Place was obtainable, according to merit, by children who had attended a Public Elementary School for at least two years. These were the two conditions. Free Secondary education was made possible by merit, and it was assumed that no questions as to the means of the parents need be asked if the child had attended the Elementary School for two years. The system has worked well and has opened a career to thousands of clever children. The competitive examination is still to be held, and "special places " are to be awarded instead of free places, the difference being that the special place will not be free unless the parent's means is below certain limits. The parent must pay if it is thought he can afford to do so. A means test must therefore be employed, and if the parent's income is over £3 or £4 per week or such larger sum as the Education Authority with the consent of the Board of Education may fix, the parent must pay the fees, in whole or in part, according to the amount of his income.

## CADBURYS MILK CHOCOLATE

#### SECONDARY SCHOOL FEES.

Another important change made by the new Regulations is a general raising of Secondary School Fees. At the present time some Secondary Schools are entirely free, others have fees varying in amount from a few pounds to fifteen or twenty guineas a year. Now all recognised Secondary Schools will charge fees, and the Board suggests fifteen guineas as a suitable fee, but in no case less than nine guineas per annum. It is thought that the parents should pay a fee approximating to half the gross cost of the education, which is in most cases not much less than £30 per pupil. This charge seems reasonable enough, though many Authorities will think £12 a sufficient fee, having regard to all the circumstances. We shall all watch with much interest, and many of our readers will be immediately affected by the outcome of these new Regulations, and the result of the negotiations now taking place between the Board of Education and the Local Authorities.

#### MUNICIPAL ELECTIONS.

On November 1st Town Council elections will take place in England, Wales and Scotland. Women serve on equal terms with men on these bodies and many women are among the candidates, several of whom are standing for re-election. In a large number of towns the women local government electors exceed the men electors. It is the duty of all who possess the local government vote, to use it and to see that the candidates, both men and women, who are best qualified to carry out good local government administration with care and forethought for the interests of the whole community, shall be returned. The powers of local government authorities are many and varied, and every year further work is laid upon local councils. Town Councils are Rating Authorities. The total sum collected in rates by Local Authorities in England and Wales is £148,000,000—an increase of 70 per cent. on the pre-war years. These figures give some idea of the importance of the work done by Local Authorities and the need for vigilance on the part of the electors.

#### N.C.W. CONFERENCE.

#### NORWICH, OCTOBER 3rd to 8th.

700 delegates attended this Conference, which was Presided over by Lady Trustam Eve. Resolutions were passed urging a reduction in Armaments, the passing of the Nationality of Married Women Bill, dealing with Criminal Law amendment and sexual offences against young children, urging Local Authorities to build simpler houses and townswomen to interest themselves in Farm and Garden produce, and welcoming the encouragement given to Women Police. The employment of young persons and marriage of mental defectives and Prison Reform particularly in connection with the employment of prisoners were also discussed.

#### SCOTTISH COUNCIL OF WOMEN CITIZENS' ASSOCIATIONS.

This Council held an interesting Week-end Conference in Edinburgh from 30th September to 3rd October. There was a large attendance, including members of some of the Townswomen's Guilds, from all parts of Scotland. The subject was "Women and the Social Fabric" and this included lectures on the Contribution to Citizenship of the Juvenile Organisations by Miss Martin Stewart, and Women in the Home as Educators of the Young by Miss Drummond. Dr. McNicol spoke of the importance of women as Health Promoters, and Miss Batting emphasised the need for home training in the Control of Expenditure. Mrs. Corbett Ashby covered a wide ground in dealing with Women in Industry and afterwards at the request of the members gave a short talk on the Disarmament Conference. The subject on Sunday was Women in the Church, in the Pulpit and in the Pew, and in the evening members attended St. Giles Cathedral where they witnessed the dedication of a woman missionary for India.

#### THE T.G. RALLY AT MALVERN.

The Rally is now a thing of the past, and those who attended it are left with their recollections, the knowledge they acquired and the good resolutions they formed. The programme was not so heavy that anyone need suffer from mental indigestion, yet each of the three main speakers gave plenty of food for thought and stimulus to action. Mrs. Corbett Ashby shewed the immense difficulty and complexity of the problems of peace, Miss Bright Ashford urged us to understand what our local authorities are up to, and Miss Wilson shewed how the housing problem can be tackled. Other memories of the Rally will vary with the individual. Some may have uppermost in their minds the necessity of support for our capable head-quarters, some will reflect on the chances of getting to know people that a whist drive affords, and some will think of a peaceful halfhour spent in a little Saxon Church. Many, if not all, will make a mental note of next year's

A full report of the proceedings would take up our whole paper. An excellent account and a photograph appeared in the Malvern "Gazette" of October 14th; we advise those who wish further particulars to send for this.

We much regret that owing to illness Cross-Bench is unable to contribute our usual Parliamentary notes.

#### UNOFFICIAL AUNTS.

Two years ago the Society of Voluntary Unofficial Aunts was founded in Manchester by Miss Clara Hardy. These aunts volunteer to spend one or two hours a week in any of the following ways:

1. To stay in the house in charge of children, enabling the parents to go out together for an hour or two.

2. To take children to the doctor, dentist, hospital, etc.

3. To visit old people or invalids and so occasionally to give relief to those in charge.

Miss Clara Hardy, 7, Darley-avenue, West Didsbury, Manchester, will give particulars to anybody who would like to organise a similar effort.

#### CORRESPONDENCE.

To the Editor of "The Woman's Leader."

October 18th, 1932.

DEAR EDITOR,

The other day there was a meeting held in London with the arresting title, "Let's Advertize this Hell!" The speakers, Sir Norman Angell and others said in effect, "War is Hell! Let us advertize this Hell so that people will want it no more. We are forced to spend 40 per cent. of national income on preparing for death, when it should be spent in improving conditions of living.

Some of us in N. London have decided to Advertize Peace. We shall display Posters at our house fronts during Armistice Week, and continue to display at intervals all through the period during which the issue of the Disarmament Conference is in doubt, and we hope many others will also thus endorse the signatures they gave to the Disarmament Declaration last year. We counsel mounting the Posters on material and framing with wooden laths, thus a tidy and durable display is assured.

Splendid Pictorial Posters can be obtained from the League of Nations Union, 15, Grosvenor Crescent, S.W.1., and the Quakers Peace Committee, Friends House, N.W.1., also print effective Message Posters, and one specially designed as a Memorial to those who fell in the Great War, which latter could also well be shewn at the local War Memorial. The price of all Posters is 2d. each, 3d. plus

The League of Nations have also prepared an impressive Poster Board with space for 3 Posters, for erection on a permanent site and desire that all Towns and Villages should endeavour to maintain one and thus display a monthly change of Posters, including foreign ones which shall emphasize the international character of the Appeal for Disarmament.

Yours sincerely,

89, Hornsey Lane, N.6.

I. ALEXANDER.

Mrs. F. A. Potter writes from Horsham to tell us of the great success of a Market Stall in Horsham. It is held every Friday from 10 a.m. to 4.30 p.m. At present the stalls are for Eggs, Fruit, Flowers, Poultry, Vegetables, Jam and Pickles, and Cakes. A week before Christmas a Handicraft Stall is to be added. Produce sent in is very good and the Members and Customers are increasing every

#### THE THIRTEENTH ASSEMBLY.

The Thirteenth Assembly of the League of Nations which lasted from September 26th to October 17th was attended by a larger number of countries than any other. Turkey, who had been admitted to the League during the summer at an extraordinary session of the Assembly, was present for the first time at an ordinary session, whilst Iraq was admitted to the League during the Assembly, thus being the first Mandated Territory to be granted her independence. Although there were fewer Prime Ministers and Foreign Ministers than usual present at the Assembly, there were, it is encouraging to note, a greater number of women as delegates and substitute delegates. Canada was the only country to send a woman as a full delegate but France, Holland and Colombia sent women as substitute delegates for the first time.

#### SLAVERY.

As disarmament, the Far Eastern dispute and the economic crisis were being dealt with by the League at special gatherings, the Assembly had to confine itself to matters of secondary importance. Its chief achievement was the setting up of the Advisory Slavery Commission. Perhaps this does not sound at first very exciting, but what it means is that the fight against that terrible evil, which is responsible for untold misery still to millions of men, and women, and little children, who cannot fight for themselves, will be carried on systematically year by year at Geneva. All information will be available, countries will report regularly and all will be kept up to their duties. Workers who have for long been engaged in the struggle to end Slavery, believe that the setting up of this Committee may prove as great a victory as that of Wilberforce just over a hundred years ago.

#### HEALTH.

In another sphere much is being done to improve the health of the people of the world. It was particularly interesting this year to hear the thanks of China for advice and assistance given in organising its Health work, both generally throughout a country that very much needs it, and during the specially dangerous period of the recent famine

#### SOCIAL SERVICES.

Those who live in the country will be interested to know that the League is taking much interest in the improvement of rural hygiene—the best way, for example, to secure good water supplies or a good medical service. The League is concerned not only with the health of children throughout the world, but also with trying to get youth to-day in the different countries to understand each other. One Committee has made useful suggestions for making sure that History books in our schools do not teach the kind of hatred of other nations which is a factor in causing wars. These are a few examples of the ways in which the League is working to make the kind of world we should all like to see, a world in which all nations would unite for a common good.

#### WOMAN'S LEADER FUND.

| Amount previously acknowledged | £82 | 6  | C |
|--------------------------------|-----|----|---|
| Mrs. Edward Cadbury            | £1  | 0  | 0 |
| Dame Helen Gwynn-Vaughan       | £2  | 10 | 0 |

#### THE WOMAN'S LEADER.

#### CAREERS FOR GIRLS.

#### WOMEN AS DIETICIANS

BY

#### Constance U. Cole, L.L.A. (Hons).

Organising Secretary of the Lond. School of Dietetics.

A scientific knowledge of food values and well balanced diets should be possessed by every woman who wishes to adopt a career where she will be responsible for catering, or the preparation of food for numbers of people. Of late years so many illnesses have been traceable to faulty or badly balanced diets, that medical men and other scientists have realised that food plays a much more important part than medicine in the preservation and conservation of health and energy.

#### **Duties**

The duties of the trained Dietician will vary according to the Branch of Domestic Science, or Food Administration which she wishes to take up. Generally speaking she will be responsible for the Purchasing of Food; Costing; Preparation and Cooking of Food (either directly or indirectly); Ordering of Menus; Construction of Diet Tables; and where necessary, carry out Medical instructions in the compiling of diets for special diseases or for patients under dietetic observation. Dieticians will mostly be employed in Hospitals, Schools, Hotels, Factory Canteens, Municipal Kitchens, and other Institutions; and as Lecturers to Schools and Colleges, as Demonstrators to Firms manufacturing foodstuffs; and in cases where they also possess a Science Degree in addition to the Diploma of Dietetics, as Superintendents and Research Workers in Laboratories.

#### Training.

The training, as carried out at the LONDON SCHOOL OF DIETETICS, which has been founded to meet the present urgent need, will be intensive, and will be conducted so that opportunities for practical work will proceed side by side with the theoretical training. The following subjects are included in the Course:—Physiology, Biology, Anatomy, Chemistry and Biochemistry, Bacteriology, Deficiency Diseases, Food in Health and Disease for all ages, Purchasing, Preparation and Cooking of Food. Ordering, Costing and Book-keeping, Construction of Diet Tables and if required, Industrial Welfare and Factory Legislation.

At the headquarters of the School, a small Nursing Home will be attached, and a few in-patients, mostly under dietetic observation will be admitted from time to time; and under the direction of the Matron and their tutors, the trainees will have the unique advantage of actually being able to study diseases from first hand observation, and the appropriate diets recommended in each case. They will also have a fully equipped laboratory, a Museum, a Library and a Cafeteria open to the General public. Some of the Menus will be drawn up by the trainees and be examples of well-balanced meals, containing full nutrition value and recommended for (a) sedentary workers and (b) manual workers. An interesting feature of the training will be afternoon visits to other Centres, i.e. factories manufacturing pure foods under hygienic conditions; markets, electrical and gas showrooms, research laboratories and institutions of one kind and another.

At the completion of training, successful students will be awarded a Diploma of Dietetics. There will be courses during the day lasting three months, and running continuously throughout the year, for which the fee will be Thirty guineas per Course for each student; and

Evening Courses of nine months' in duration for the benefit of those engaged during the day who wish to obtain this special qualification. The fees for the latter course will be 21 guineas. It is also proposed to have popular afternoon lectures for housewives, and correspondence courses if the demand for these should arise, although of course a Diploma cannot be awarded in these cases.

Two classes of students are catered for. Firstly members of the nursing, domestic science or teaching professions. Secondly, high-school girls who on leaving school desire an intelligent knowledge of feeding for the average household. The Founders are also anxious to enrol girls who may desire to take a preliminary course of Dietetics before taking up the nursing or teaching profession, and who can thus profitably fill in their time, whilst being still under age for the longer training, as it is proposed to accept girls from seventeen years of age upwards, who have a good standard of education up to Matriculation or its equivalent.

#### Openings.

The School will have its own Appointment Bureau and through the work of its Central Research Bureau, which is to be carried on under the same roof as the School hopes to be in close touch with vacancies for its students.

Other articles in this series: Librarianship, Feb. 1932. House Property Management, July 1932.

## SCHOOL-ROOM FARE IN THE GOOD OLD TIMES

BY

#### MARJORIE ASTIN

Author of

"Mrs. Pepys," "Her Book," etc.

The study of diet is so common a feature of modern life that one is filled with amazement upon learning of the fare given to children in the past.

The great public Schools were amongst the worst transgressors in this respect. At Winchester, for instance, in the 18th century, the boys had thin broth made of dinner beef during the first four days of the week, and on the remainder, beef cold, or "sodden." There was no supper on Friday, but as a special treat they had a baked pudding "made up with water" on Saturday.

The poet Coleridge has left behind bitter memories of his school days at Christ's Hospital, which he first attended in 1782. Breakfast consisted of dry bread and bad small beer, the latter out of wooden piggins smelling of the pitched leather jack it was poured from. At supper they had bread and cheese or butter, (not both, be it noted). Boiled beef and broth formed Sunday's dinner; Monday's was bread and butter, milk and water; Tuesday's, roast mutton; Wednesday, bread and butter and rice milk; Thursday's, boiled beef and broth.

Saturday's boiled beef and pease porridge There were never any vegetables provided. As Coleridge says, the boys' appetites were damped, never satisfied, and he describes how he dreamed of finding a mountain of plum cake, eating a room for himself, and then eating the cake into the shapes of chairs and tables. All of which forms a curious contrast to the present dietician, with his endless talk of proteins, carbohydrates, and vitamins.

Equally misguided, too, appears the fare enjoyed by the Scottish middle classes of the early 19th Century. Oatmeal porridge seems to have been the staple food, varied by the dinner of "Lenten Kail," which was a ball of oatmeal kneaded with butter, boiled in an infusion of cabbage, and eaten with pease-meal or barley bannocks. "Weak broth" took the place of the eggs, vegetables and fruit which now appear in most nurseries; the little John Wesleys ate it "without any bread," and with the addition of weak beer!

In many Society Memoirs one comes across heart-rending descriptions of the under-feeding prescribed in order that girls should maintain a becoming delicacy of complexion and figure.

#### GLEANINGS.

I would like to be the head of a Government which leaves peace in Europe and in the world.

The Prime Minister.

The problem of moral disarmament is for us in England much better represented by the old phrase 'a change of heart.' If we are going to have real lasting peace, we must change the education of the young and our own thoughts and attitudes towards foreign peoples.

Mrs. Corbett-Ashby.

Nobody outside a lunatic asylum or a prison wants another war.

Mr. Geoffrey Hoyland.

What women need is courage

Mr. Gamble (Belper).

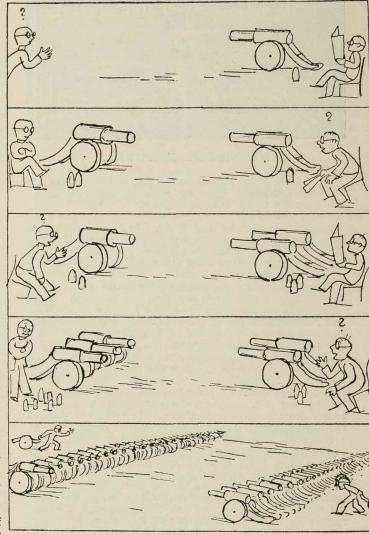
If only every man and woman made a vow that they would leave their city, their village, their country, better than they found it!

Miss Wilson (Birmingham).

The queer thing is that while women would go all round the town for say, bacon, and would grumble if they did not get the right kind, when it was a question of paying pounds and pounds in rates, they did not take the trouble to find out what was being spent, who was spending the money, or how it was being spent.

Miss E. Bright-Ashford.

#### IS THIS SECURITY P



By courtesy of "Nie wieder Krieg" - Zurich

Example Stronger than Precept

"They did ask me to have three pieces of cake, Mummy, and I said what you told me."

"That was right, my dear."

"But they went on asking me."

And what did you say then, my darling?"

"I didn't know what to say, Mummy, so I just said what Father says at dinner, 'Take the damned stuff away'"

Quoted by Dr. C. W. Budden.



#### KNOWLEDGE IS POWER.

A Summary by Mrs. Corbett Ashby of her address on Programme Planning given at the Townswomen's Guild Rally at Malvern.

Officers, Committee and Guild Members are all and individually responsible for the year's programme, since the programme sets out the ideals of the Guild and is its banner waving aloft to show others the fine principles by which the Guild lives and works.

Therefore, before planning a programme we must all have clearly in our minds our ideal and our goal. What does the Guild movement stand for? Why, from Wick and Thurso in the North of Scotland to Paignton in South Devon have we 129 Guilds in a great National Union inspiring and training thousands of able women?

The Guilds flourish because they satisfy our three needs, our desire for friendship, our desire for artistic and craft creation and our deep desire for service. We might even sum up these needs as really two, the need to deepen and develop our own personality and our desire to give back to our country and our neighbours the service of this our richer personality.

Knowledge is power and to serve we must first learn, so that in planning our programme we must balance it to include those subjects which will help the individual to become richer in knowledge, power and happiness, and those which directly fit us to help our country in these hard times. A foreign minister said to me at Geneva—"This is not a crisis, we are living through a transformation." The Guilds must help as women, voters and responsible citizens, to play our part so that this transformation may be wisely guided.

Since all our influence depends on our personality let us plan as part of the programme lectures that will enrich us with some new power. "How to use a Library. How and what to read. How to listen to music. How to see a picture.

Since our house is the centre of our activity let us have lectures on education, child psychology and health, the balance and value of food stuffs, the science of marketing and preparing food.

Equally important is it to remember that the Guild is not merely the sense of its individual members, but has a spirit and a power of its own. So it is not enough to have each individual member happier and richer in mind, we must make the Guild, our Guild, the servant of the community and definitely learn and understand the workings and possibilities of all the local government and public services.

We exist for good citizenship. Our lectures should cover all life from the cradle to the grave. We want the M.O., the woman doctor, the chairman of the different committees of the town council, the women councillors, to come to tell us exactly what is happening round us. Is our town saving its babies and mothers or letting them die? What is its health record in ricketts where the smoke pall keeps the sunshine from the children,

or in tuberculosis or occupational disease? Do we look after the blind and deaf, the mentally backward and crippled? We must give the same attention to the town budget as to our household budgets. We must learn how much we spend and on what we spend it, and balance our spending wisely between education and police, dust bins and street lighting, mothers' babies welfare and dental or tuberculosis clinics.

Planning these lectures we find how immensely interesting is the community life around us, by what a miracle of smooth working we can find clean milk on our doorsteps and clean, safe, well-lit streets to move about in. Dull as it may be to pore over books on local government at home, it becomes intensely interesting to hear the man or woman explain his or her work. They are appointed or elected as our servants and will gladly give us an account of their stewardship.

We must remember too, in our programme planning that as the Guild is more than the sense of its members so our National Union is more than the sense of the Guilds, It too has a spirit and power of its own. At our Annual Council Meeting in March we can combine with each other in a nation wide programme. Let us definitely plan one subject which all Guilds shall have on their year's programme, for instance last year we passed resolutions on Maternal Mortality. This year we might take "health of the Child" and study the subject from many aspects. The health of the nation depends primarily on the homemakers. Doctors and Nurses come in when we fail and on our standard depends whether M.O.'s, sanitary inspectors and school doctors can do their work properly.

Knowledge is power and our programmes will give us both if we make them with faith in our ideal.

M.C.A.

## THE OPINION OF MOTHERS ON FILMS. CINEMA ENQUIRY BY THE LEAGUE OF NATIONS.

Readers probably already know that under the League of Nations, a great deal of work is being done to protect and help children of all nations. The Special Commission called the Child Welfare Committee, has many women members, some are appointed by their own Governments and others called assessors represent the great women's organisations. They have dealt or are dealing with the protection of minors, illegitimate children, blind children, children in moral danger, child emigrants and so on.

But now for the first time, instead of asking only Government departments or private organisations for their opinion on what is good for children the League through the International Institute for the Educational Cinema, has decided to ask individual mothers in all countries what the mothers of the children think the effect of the cinema is.

The Institute under its director, M. de Feo, Villa Torlonia, Rome, is anxious that many more educational and recreational films for children should be made and shown. But the market is not good enough unless and until these educational films for children are allowed to pass from one country to another without paying the heavy duties which countries charge on the ordinary films.

The enquiry consists of 10 rather complicated questions such as:—

- No. 1. Does the attendance of children at the Cinema distract them from their school duties?
- No. 2. What impressions (according to age and sex) do children derive from the Cinema?
- No. 3. What signs of fatigue have children shown immediately or later on, after seeing a projection?

- No. 6. What kind of films do you as a parent think suitable for children?
- No. 7. What kind of films do children themselves according to their own statements prefer?

The enquiry adds, "It is therefore of the utmost importance to know whether mothers are in favour of maintaining the existing system of film censorship or whether the system itself needs modifying, and if so, how; whether they think an age limit should be fixed for admission to ordinary shows, whether special performances should be organised for children or finally, whether it would be possible to establish cinema theatres reserved exclusively for children's and young people's shows. Copies of the enquiry may be obtained through the N.U.G.C., replies being sent to Mlle Gourd, Crets de Pregny, Geneva before January 1st, 1933.

EMILIE GOURD.

#### A POTENT FILM.

"PARADOX CITY" is the title of a film which has been made by three members of the North St. Pancras Group of the St. Pancras House Improvement Society Ltd. It is shown in connection with efforts to raise money for the building of flats for some of the badly housed families in Kentish Town. The film begins with pictures of "familiar" London, St. Paul's Cathedral, Buckingham Palace, The changing of the Guard, the Houses of Parliament, Park Lane, and continues through roads of lovely houses in Hampstead and similar places to a "shot" of one of the L.C.C. housing estates. Then very suddenly there is a complete contrast and streets of dingy houses, narrow courts, and crowded pavements are shown. A roof top scene shows row upon row of smoking chimneys and it was estimated that each chimney represented five persons.

In one room of a very overcrowded house a child can be seen, lying ill with bronchitis, the room is artificially lighted almost all day, and, as the sub-title says, "what chance has she." The picture of the tap in a back yard, the only water supply for a house in which 20 people live at which an old woman of over 60 years of age is filling her pail preparatory to carrying it up three flights of stairs to the top room in which she lives, shows the terrible effort it must be to keep clean in such surroundings.

The film closes hopefully with pictures of the new flats recently erected in Somers Town with children playing happily, and Mrs. Jenny Wren and twenty-four blackbirds perched on top of the concrete washing posts in one of the court yards

The final shot is an appeal to all seeing the film asking them to push forward similar work in Kentish Town by means of taking up Shares or Loan Stock (both bearing interest) in the Society, particulars of which can be obtained from the Secretary at 96, Seymour Street London, N.W.1. who will also be pleased to send a speaker or to arrange for the film to be shewn at any suitable meeting.

#### THE THEATRE

BY

#### Gervase Hughes.

" Miracle at Verdun."

Everyone must see Andre Van Gyseghem's production of "Miracle at Verdun" by Hans Chlumberg at the Comedy Theatre. In this fine play, the action of which takes place in 1939, the

dead soldiers of the Verdun battlefield return to life only to discover that their sacrifice has been in vain. Hate, greed, international jealousy and suspicion are still rife. The great cause in which they gave themselves is no nearer attainment. The world pays lip-service to their memory indeed, but has forgotten the end for which they laid down their lives.

The play is well acted by an enormous cast, and is produced with a real appreciation of its dramatic values. Every scene is given just the right emphasis—the prologue where the quiet detached monotone of the caretaker is contrasted with the jarring voices of the tourists "doing" the military cemeteries; the amusing little cameos showing how the political leaders of France, Germany and England receive the news of the miracle; the beautiful and moving scene at the cross-roads where the resurrected men speak their thoughts aloud and look forward to re-visiting their homes; all these lead relentlessly on to the climax when at a Conference of the Powers called to discuss the unprecedented occurrence, the nation's leaders end by hurling abuse at one another, while the disillusioned and exhausted soldiers stagger wearily back to their cold battlefield graves, the only place where they find the peace for which they have sought in vain on earth.

#### **OUR INFORMATION BUREAU.**

We shall be pleased in this column to print questions and replies from our readers on matters of general interest. We cannot as a rule undertake postal replies.

M.W. asks: "I am to give a Talk on "Have Women justified their Emancipation?" and should be grateful if you would advise me where to look for any matter." We recommend the following:— "The Women's Victory and After" by Dame Millicent Fawcett, (Sidgwick and Jackson 3/6), "Milestones" by Miss E. Rathbone, M.P. and (from 4, Great Smith Street) "What the Vote has done," "How to interest the new Voter," and "How to become a useful Citizen."

A Member of Ritchings Park T.G. can spare about a day a week for any voluntary Social work which will not take her too far from home. Can any reader tell her where her services would be of use?

A.B.C. would like recommendations of suitable Part Songs for a T.G. Choir.

We have received from some of our readers recommendations of the Hotels and Boarding Houses mentioned in this paper. We should be pleased if any other reader would care to let us know their impressions of these or of articles advertised in our columns.

Dr. Florence Ada Stoney, who died last month at the age of 62, was a pioneer in X-ray and ultra-violet light treatment, and also in gaining permission for medical women's work in the War, in which she herself served in a women's hospital unit at Antwerp during the bombardment.

#### NATIONAL UNION OF GUILDS FOR CITIZENSHIP

4. GREAT SMITH STREET, WESTMINSTER, SW.1.

Treasurer MRS. VAN GRUISEN Honorary President
THE LADY CYNTHIA COLVILLE

Joint Honorary Secretaries MRS. RYLAND MISS ALICE FRANKLIN

Chairman of Executive Committee
MRS. ADRIAN CORBETT

President
MRS. CORBETT ASHBY

Secretary MRS. GERTRUDE HORTON

Editor, The Woman's Leader.
MRS. PRIESTLEY

Telephone: Victoria 6188

#### OBJECT.

To encourage the education of women to enable them as citizens to make their best contribution towards the common good.

#### OUR APPEAL.

Mrs. Corbett Ashby has already sent a special letter to each Guild, asking for assistance in raising immediately £700. It seems a large sum, but the development of the Townswomen's Guild movement is such that £2,200 per annum (of which £1,000 is spent on outside organistion) is the minimum required for services to existing Guilds and the formation of new Guilds. Since the National Union was reconstituted on an entirely educational basis many individual supporters of its former political programme have withdrawn their subscriptions. We need a permanent list of subscribers to replace these. Please send us the names of people to whom Mrs. Corbett Ashby could appeal personally for support. There must be many, both Guild members and others, throughout the country interested in the movement who would gladly subscribe a guinea or half a guinea, or even a few shillings, to help the national organization. Several Guilds have already promised to raise a contribution during November. We hope every Guild will join this November Campaign. The Women's Institutes were fortunate in receiving large Government grants until they grew to be self-supporting. To-day we cannot hope for such assistance. Your Executive Committee is doing its utmost but it has not yet been found possible to organise a large social function in London this winter. The American Women's Club is generously lending its room for a Bridge Drive on 6th December, which we hope will be well supported. Mrs. Corbett Ashby will be in this country only until Christmas, but until then she will be very glad to address area meetings of Guild members at which she could explain more fully the needs of the national movement, if Federations could arrange these for suitable dates.

#### GUILD PROGRAMMES.

At the Annual Council Meeting (March 7th—9th) it is proposed to arrange for a lecture by a well-known authority on some major health question. We hope this will give a lead to Guilds throughout the country in choosing subjects for their own lectures, as suggested by Mrs. Corbett Ashby in her article in this number of the "Woman's Leader," and that they will so plan their programmes that one or two lectures may be incorporated later in the year on the lines of that to be given at the Council Meeting in March. Will Guilds also please arrange for adequate time to be given at their first meeting after 9th March for their delegates to report fully on the Annual Council Meeting?

#### UNEMPLOYMENT RELIEF.

A few Townswomen's Guilds have already undertaken some activity with a view to helping the unemployed in their districts to face the hardships of the winter. It has been suggested that this is a form of social service many Guilds might be glad to render. Help with afternoon

activities for unemployed men is, we believe, specially needed. Guidance as to the best forms this might take can be obtained either from the National Council of Social Service, 26, Bedford Square, London, W.C.1., or from the British Institute of Adult Education, 39 Bedford Square, W.C.1.

#### OFFICE TEA PARTIES.

Our first little office "At Home" proved a great success. We were particularly glad to welcome members from Guilds as far away as Stonehaven and Fraserburgh. In November we shall be at home on Tuesday the 15th, when members may be in Westminster visiting the Handicraft Exhibition of the National Federation of Women's Institutes. Will those who look forward to coming to London for their Christmas shopping please note that there will be an office tea party on Thursday, 15th December?

#### THE MALVERN RALLY.

There is no doubt whatever that the Rally was a tremendous success. There were 128 in residence, and several parties came for the day from neighbouring Guilds. The Malvern "Gazette" gave a very full report of the proceedings, but it rests with the individual members who were there to carry back to their Guilds the enthusiasm aroused there for our great national movement. It is not, of course, possible to express thanks individually to all who contributed to the success of the week-end. The social events on such occasions add greatly to their value and we are particularly grateful to Miss Harries and all those talented Guild members who contributed to the delightful concert, and to Mrs. Carr, Mrs. Lee and Mrs. Richardson for organizing the very successful whist drive. Everyone was particularly glad to welcome Mrs. Corbett Ashby after her long "exile" in Geneva. To Mrs. Priestley our very special thanks are due for all she did to arouse the interest of Malvern in our Rally, and to the many members of Malvern S.E.C. for their invaluable help on every occasion. Miss Williams earned the heartiest thanks of everyone for her indefatigable energy and unfailing humour in carrying through without a hitch every detail of organization.

#### PERSONAL.

In the sudden death of Miss Rosa Hovey, formerly Head Mistress of Penrose College, the National Union has lost one of its oldest and most generous supporters. Miss Hovey worked untiringly for the advancement of women's education, and showed the keenest interest in its latest development, the Townswomen's Guild movement. To the members of her family we extend an expression of sincerest sympathy.

GERTRUDE HORTON,

1st November, 1932.

Secretary



#### THOUGHTS FOR THE MONTH

FROM

Marcus Aurelius.

- 1. Whatever anyone does or says, I must be good, just as if the gold, or the emerald, or the purple were always saying this:

  Whatever anyone does or says, I must be emerald and keep my colour.
- 2. Men exist for the sake of one another. Teach them then or bear with them.
- 3. Accustom thyself to attend carefully to what is said by another, and as much as it is possible, be in the speaker's mind.
- 4. From my mother I learned piety and beneficence, and abstinence, not only from evil deeds, but even from evil thoughts; and further, simplicity in my way of living.

#### COMPETITIONS.

Our Circulation Competition continues until after the November issue of "The Woman's Leader." We offer a prize of 25/- to the Guild or Society who can show the greatest number of subscribers in proportion to its membership. Full particulars will be found in recent issues of "The Woman's Leader."

#### CHILDREN'S COMPETITION.

We offer a PRIZE for the best painted or coloured copy of our booklet "Pam and John at the Sea." Competitors must be under 14. They should state their age and send their efforts to The Competition Editor, 4, Great Smith Street, S.W.l. on or before November 16th, enclosing ½d. stamp for the return of their booklets.

Each child should get a grown-up to certify that the work is the child's unaided effort.

No coupon is needed for this competition.

Our November Competition is THE BEST SUG-GESTION FOR A COMPETITION IN "THE WOMAN'S LEADER." Entries should be sent in on or before December 16th. We reserve the right to make use of all or any of these entries and to withhold the prize if no suitable entry is forthcoming.

No coupon is necessary for these two competitions.

Our December Competition is A SEASONABLE DISH FOR JANUARY. Entries, accompanied by "The Woman's Leader" coupon should be sent in on or before January 16th, 1933.

#### A MERRY CHRISTMAS!

BY

#### Doris M. Smith

(Dom. Sci. Diploma).

"Now, good friends attend and hear! Christmas comes but once a year."

And it is high time to begin preparations for the merriest Feast of the year. With great satisfaction I put my new puddings on the shelf this morning, having boiled them all day yesterday in the "copper," in the time-honoured way. Yet I still have two of my old ones left for special occasions, tasting all the better for keeping twelve months. I use a modern and economical recipe containing no eggs or brandy, but after eight hours' cooking my puddings will keep indefinitely in a dry and airy place.

#### Christmas Pudding Recipe.

Ingredients:

1 lb. each of flour, bread crumbs and candied peel, 2 lbs. each of sugar, suet, currants, raisins and sultanas, 2 teaspoons Baking powder, 2 tablespoons treacle, 1 tablespoon spice and salt, 4 apples (chopped), 1 large carrot (grated), 4 ozs. ground almonds, 2 nutmegs (grated), rind and juice of 2 lemons, a little milk.

#### Method:

Mix together in the usual way, put in basins, tie with cloth, boil for 8 hours or steam for longer. The carrot containing 10% sugar turns caramel in flavour and colour, its fibres helping to bind the mixture, in place of the eggs and saving about 2/-. The high percentage of sugar in the fruit, etc. preserves the pudding, rendering brandy or other spirit quite unnecessary, so saving another 2/-.

#### Christmas Cake Recipe.

Ingredients:

A home-made and home-decorated Christmas Cake is always a centre of interest for the family, yet cheaper and more wholesome than a bought one. The following recipe has often been used with entire satisfaction for Cake Competitions:—6 ozs. flour, 5 ozs. butter or lard and margarine, 4 ozs. castor sugar, 4 ozs. each of currants, raisins and sultanas, 1 oz. each of mixed peel and cherries, 2 eggs, a pinch each of salt, spice and Baking powder, about 1 gill milk.

THE WOMAN'S LEADER.

Method:

Cream fat and sugar together, then add eggs and flour alternately and a little milk. Add cleaned fruit and beat well. Put into a greased tin lined with double greascproof, and bake in a moderate oven,  $1-1\frac{1}{2}$  hours.

#### For Almond Icing use :-

8 ozs. icing sugar, 6 ozs. ground almonds, 1 egg, almond essence. Work the egg into sugar and almonds, first with a wooden spoon then with the hands till it resembles pastry; then divide, rolling half into a long strip for the sides of the cake, and half into a round for the top. Brush each with egg to stick to the cake then press on and smooth with hands and rolling pin. When this is dry (12 hours) a coat of Royal Icing may be added.

#### For Royal Icing use:

 $\frac{1}{2}$  lb. sieved icing sugar, 1—2 whites of egg (slightly beaten), 1—2 teaspoonfuls lemon juice.

If the cake is to be packed for travelling add 1 teaspoonful cornflour to the sugar. It is this "Confectioner's Starch" which makes a Wedding Cake so desperately hard to cut up. Beat the icing for about 10 minutes, when it will become whiter, and increase in bulk. Make the mixture soft enough to flow slowly in a thick coating over the spoon, smooth over the cake with a knife dipped in cold water. For piping the icing must be thicker and writing can be practised on a plate. No one can resist buying the little red gnomes, snow men, etc. which make such a gay finish to a home-made cake.

#### A USEFUL AUTUMN DISH.

Boil 1-lb. (4d.) Chestnuts (for 2 persons) until tender, and skin. Whisk well lightly made cheese sauce, and pour over chestnuts. Serve very hot on toast (or croutons).

Also Chestnut Purée—using a wire sieve and adding milk makes excellent soup. Sent by Mrs. James Montgomry, Bletchworth.

#### THE LONDON SCHOOL OF DIETETICS,

22, CHENIES ST., W.C.1.

gives a full time 3 months' comprehensive course in Dietetics, and a nine months' evening course, followed by an examination and a Diploma. Lectures, Demonstrations, Cooking, Catering, Laboratory Work and visits to other Centres arranged First Course commences on January 1st, 1933

Fee: Day Course, 30 guineas.

Evening Course, 7 guineas per term of 3 months.

Temporary Offices till December 31st, 1932—7 & 17, Witley Court, Woburn Place, W.C.1.

Phone—Terminus 6785.

#### MISSING WORD COMPETITION.

(Reprinted from our August issue).

#### THE FLOWER GUILD.

One day in . . . the flowers gathered in a room decorated with . . . . . They assembled in . . . . , and there was not too . . . . . . .

The Chairflower was of a . . . . disposition and, in her . . . . . dress, looked the . . . . of perfection.

At the market stall they had a large ..... of goods, and several excellent ......

All went merry as . . . . . . . . . . . . till the . . . . . . . clock shewed it was . . . . to depart, so the treasurer, who had been chosen for her . . . . . and . . . . , put her takings in a . . . and all went home.

(Blanks are names of trees and flowers, each dot represents a letter).

Copies of the above may be obtained from our office price **3d.** per dozen post free. Key, **2d.** 

#### MISTRESS OF HOUSEKEEPING.

In future German housewives will have an official title—"Mistress of Housekeeping."

There have been established in Berlin and several

There have been established in Berlin and several other large cities schools for housewives with a regular curriculum lasting a year and a half, and followed by an official examination, upon passing which the candidate receives a certificate as a "Mistress of Housekeeping."

#### THE POLICEWOMAN'S REVIEW

A Monthly Paper

Devoted to the Interests of Women Police at Home and Abroad

Single Copies 3d. each. Annual Subscription

## 3/6 post free. Published by WOMEN'S AUXILIARY SERVICE,

51, TOTHILL STREET, WESTMINSTER S.W.I.



"SONS." by Pearl S. Buck. (Methuen & Co. Ltd., 7/6 net).

This story of life in modern China is a fine achievement. It enables the reader to realise the differences and the sameness of East and West. In China, as our author shows us, the feeling of clanship is still very strong, the names strike us as being more picturesque, e.g., "The Street of Purple Stones," the love affairs are managed differently from our own, bribery plays a larger part in public affairs and brigandage is one way of getting a living. Yet all these differences only serve to accentuate the common humanity of East and West. Not the least of the story's charm is the delightful humour of some incidents, e.g., the story of how Wang, the Eldest and Wang the Second manage to circumvent their squabbling wives.

#### ILLUSTRATED GIFT BOOKS.

"THE GENIUS OF THE HEARTH," a book of Cats and Kittens. (Methuen & Co., 3/6).

Cat lovers who see this book will at once regard it as a sheer necessity. It consists of delicious selections from the writings of many well known students and lovers of cats including Margaret Benson, Oliver Herford and E. V. Lucas. The illustrations are in themselves well worth the modest price of this book.

"THE DAY OF THE DOG," by E. V. Lucas. (Methuen & Co. 1/-).

Is a more modest volume than "The Genius of the Hearth." It contains an essay in Mr. E. V. Lucas's friendly informative manner with many illustrations by Persis Kirmse, and would make a pleasing substitute for a Christmas card for any dog owner.

"DAYS AND WAYS OF THE SCOTTISH ANGLER," by Henry Lamond. (Philip Allan, 12/6).

You may wish (Who does not?) to spend your next holiday in Scotland. You may want to bring your husband round to your point of view. If he is an angler a very simple way of doing this will be to give him "Days and Ways of a Scottish Angler" for his Christmas present. Though written chiefly for anglers by a Vice-

President of the Scottish Anglers' Association, the general reader also will be amused by the stories, instructed by the information and enormously attracted by the photographs in this volume.

"ENTER CLOWNS," by M. Mitchell Withers. Decorations, Designs and Cuts by Henry Hoyland. (The College Press, Dulwich Village, 5/-).

Here is a book a little out of the ordinary. A poet visits a Circus and sees not merely the bare externals but interprets poetically the spirit of the show giving all its beauty, romance and pathos in sympathetic and cleverly accordant verses. The

book is illustrated by unique cuts which capture the spirit of Circus life and portray it in a most ingenious manner.



By courtesy of the Village Press, Dulwich.

#### BOOK FOR STUDY.

"I would advise 'Blue Books' for light reading for the Summer holidays."—Miss Bright-Ashford.

## THE FINAL REPORT OF THE DEPARTMENTAL COMMITTEE ON MATERNAL MORTALITY AND MORBIDITY (H.M. Stationery Office 2/6 net).

This final report is notable for its depth of research and scientific observation of the causes of maternal mortality and morbidity, and should be read by all who are interested in this problem. The Committee again emphasises the need for educating public opinion to the advantages of the services provided for the expectant mother, both ante-natal and post-natal, and are con vinced that the primary essential for the reduction of a high maternal mortality is sound midwifery before, during and after childbirth.

It is pointed out that the provision for many aspects of maternal care is within the existing powers of Local Authorities under the Midwives Acts, the Notification of Births (Extension) Act, 1915, and the Maternity and Child Welfare Act, 1918, and that services are provided to some extent, though with great variation in scope and efficiency, in practically all areas in the country. Much, however, remains to be done before the essentials of a complete midwifery service are available for every mother.

M. E. RICHARDS.



## THE GUILD CALENDAR

| NOVEMBER     |
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#### Hampshire Federation Festival at Bournemouth.

The Hampshire Federation of Townswomen's Guilds formed in March, 1931, held its first Annual Festival at Bournemouth at the end of September. No better evidence of the enthusiasm of the members was needed than the splendid attendance which numbered several hundreds from all parts of the county, while there were over 400 entries of the varied competitions which occupied the morning. These competitions, which occupied the whole morning testified to the many-sidedness of the educational aspect of the movement, and included drama (judged by Neville Gardner), singing (judged by Mr. Graham Peel), speeches (judged by Mrs. Ryland), co-operative work (judged by Miss Haye) and handicrafts (judged by Mrs. Isaacs and the Misses Haye, Rawnsley and Timmins). The official opening ceremony which did not take place till the afternoon, was performed by Lady Cynthia Colville (National President), supported by Mrs. Ryland (National Joint Hon. Secretary) and Federation Officers. The singing of "England" was accompanied by a section of the Bournemouth Amateur Orchestra, after which Lady Cynthia presented the awards which included handsome Challenge Cups and a Shield. During her address Lady Cynthia stressed the importance of the work the Guilds could do in helping to reduce maternal mortality, the figures for which were in some places a disgrace to civilisation, by educational means and by propaganda. Mrs. Ryland who was welcomed by the Chairman as having done a great deal with help and advice for the Hampshire Guilds, in her turn congratulated the Federation on having organised a Festival on such a scale. She was pleased to see the friendship and co-operation existing among members and their realisation of the fact that in all their activities the basis and material of this work must be good. The rest of the afternoon was taken up with demonstrations given by various Guilds, including embroidery, leatherwork. cane-work and knitting, a mannequin parade, displays by the winning teams, and community singing.

Hon. Secretary: Mrs. Fellowes, The Brown House, Friar's Cliff, Christchurch, Hants.

#### Burnt Oak

On September 22nd a very successful meeting was held at the Hall, Barnsfield Road. Commandant Mary S. Allen, of the Women's Police, gave a most interesting address on the work and duties of the Women Police who are assuming an increasingly important place in most towns to-day. A cake-making competition followed,

Mr. Howell consenting to judge the cakes. Other members, preferring the needle to the baking tin, showed keen interest in a competition for the best knitted garment, and since no judge was forthcoming members were asked to judge the garments themselves.

Hon. Secretary: Mrs. Wallbank, 19, Playfield Road, Barnt Oak, Edgware.

#### Cowley.

Oxford saw the formation of its second T.G. at Cowley on September 28th, Bullingdon having been inaugurated a few days earlier. Miss Phelps of the Ipsley Women's Institute presided, supported by Mrs. Grey from London headquarters. Miss Phelps and Miss Drummond (Oxfordshire Federation of W.I.'s) welcomed the New Guild on behalf of the Women's Institute Movement, and Mrs. Grey then explained the educative and social aspects of the Guilds emphasising their non-political and undenominational character. Miss Drummond pointed out the difference between the Guild and Institute Movements and stressed their importance in breaking down barriers and encouraging full discussion on widely different subjects among members.

#### Derby Suburban.

The September Meeting opened with Community Singing, always a popular feature of Guild Programmes, and some solo songs by one of the members. A demonstration in wool-rug making followed, after which members tried their skill in competition in the less substantial art of paper-flower manufacture. The afternoon was completed with tea, and the usual social half-hour.

Hon. Secretary: Mrs. Wells, Charnwood, Chaddersden Park Road, Derby.

#### Fettercairn

The lately formed Guild at Fettercairn met on Monday, October 3rd with provost Gordon, introduced by Mrs. Lyon, honorary president, in the Chair. Mr. E. Thorogood, accompanied by Miss Green, led the community singing which opened the proceedings. Members enjoyed a most interesting talk and demonstration on bulb planting and culture by Councillor Cook who very kindly presented a bowl of bulbs which was won by Mrs. Slater. When the tea committee had contributed its share to the entertainment a guessing competition concluded a very successful first meeting.

Banff Secretary: Miss Adam, 42, Carmelite Street,

#### Fraserburgh.

The September Meeting of the Fraserburgh Townswomen's Guild was a triumph of enthusiasm over bad weather. The business part of the programme opened agreeably, with a warm welcome to the President, Mrs. McDonald, on her return after her long illness. After the secretary's report, the treasurer, Mrs. Ferguson, gave a detailed account of her stewardship before handing it over to her successor, Miss Carter. This was followed by a most interesting demonstration of barbola work by Miss Grey, from Stricken, who handed round many beautiful examples of the art. After tea a team of Stricken ladies gave an exhibition of Scottish Country Dancing when the onlookers were struck by the grace and precision of the performance for which great credit was due to the instructress, Miss Hardy. As an interlude Mrs. Drinkwater with Mrs. Yeates at the piano sang "Bonnie Scotland I adore thee."

A most successful meeting was concluded by Mrs Melvin's vote of thanks to the Stricken hostess for their delightful entertainment.

Hon. Secretary: Mrs. Dugold Macdonald, Bank House, Saltown Square, Fraserburgh, Aberdeen.

#### Glasgow S.E.C. and W.C.A.

The G.S.E.C. and G.W.C.A. Amal. Glasgow held a very successful Meeting in the Offices, 160, Bath Street when Mr. Shaw Simpson, Secretary of the Scottish Citizens' Union gave a very interesting address on "The Malign Influence of Rating on Industrial and Social Conditions." There were many questions asked and great interest was evinced in Mr. Simpson's statements and the Association's Syllabus for the new season containing many and varied addresses which should be most helpful to the woman cultivating Citizenship.

#### Hale.

On September 28th the Townswomen's Guild at Hale held their first Annual Meeting. The reports of the Secretary and Treasurer showed the past year to have been a successful one during which interest had increased in many directions. Miss Hunt, in her presidential address remarked on the year of Progress and noted with pleasure the obvious increase in the spirit of fellowship.

Mrs. Greive, the first Chairman of the Guild, then described her impressions of Russia, giving a most interesting picture of the manners and customs of the Country, the social organisations in the large towns, and the methods of propaganda.

Tea was enlivened by the display and consumption of a beautiful birthday cake, made and presented by Mrs. Lowe, one of the Guild members, which Mrs. Taylor, Chairman of the Lancashire and Cheshire Federation gave expression to the general feeling of congratulation and good wishes.

The meeting ended with the announcement of the results of the ballot for the new Officers and Committee.

Hon. Secretary: Mrs. Miller, 24, Nursery Avenue, Hale. Cheshire.

#### Heston, Middlesex.

The Townswomen's Guild played an important part in the celebrations attendant on the granting of a Charter to Heston. Though the Guild, in common with other similar societies, was not actually represented at the giving of the Charter, about 50 members took part in the Pageant, while some helped with the tea given to 9,000 School Children.

Hon. Secretary: Mrs. Butler, Heston Cottage, Heston, Middlesex.

#### Horwich.

At the October meeting of the Horwich Townswomen's Guild, pending the arrival of the Speaker of the evening, Mr. R. J. Davies, M.P. who was delayed by a slight railway

accident at Carlisle, Mrs. Stubbs, Chairman, gave a short talk on her recent visit to America. Mr. Davies' subject was "Foreign Parliaments"; he chose twelve in particular and drew an interesting contrast between English and foreign procedure. He dwelt especially on two very striking differences. Whereas in England a member may speak from his seat, in other countries a greater ceremony is observed, and he must walk up to the Rostrum, turn and face the whole house before he may say anything Even more extraordinary to foreign students of the English Parliamentary system is the subject of Freedom of Speech, since no action for slander or life can be brought for words uttered in the house, nor may one member interrupt another, even in his abuse, till that other has finished. The Guild members listened with great interest while Mr. Davies drew further contrasts and comparisons between the Assemblies, and joined heartily in a vote of thanks to the Speaker. The Guild will celebrate its second birthday on Thursday, November 3rd, with a Birthday Cake, a Whist Drive and a Dance in the Reform Club Assembly Room.

Hon. Secretary: Mrs. Copley, 142, Brownlow Road, Horwich, Lancs.

#### Stourport.

At the September meeting the membership of the Stourport Townswomen's Guild was brought up to 100 with the enrolment of several new members. During public business Mrs. Rose was appointed to take charge of the Dramatic Society which will shortly start activities, and 4 delegates were elected to represent the Guild at the Malvern Rally. Members greatly appreciated an instructive talk on "Smocking," given by Mrs. Cotterill of Droitwich who briefly summarised the history of Smocks and smocking from the earliest days. They were originally quite plain, but the reign of Charles I. saw the beginnings of elaboration, till finally, not only did each county have its own colour but, in many places, wheels, crooks, crossbones and other designs were worked on one part of the garment to show to what class and calling the wearer belonged. After a vote of thanks to Mrs. Cotterill had been passed the Meeting closed with the singing of the National Anthem.

Hon. Secretary: Mrs. McLauchlan, Kingston House, Areley Kings, Stourport.

#### Tolworth

Tolworth Townswomen's Guild is to be congratulated on the fact that, at the October meeting, a resolution had to be passed that in future meetings be held in the largest hall in the district as the Guild had outgrown its first home.

The programme of the meeting was varied—a distribution of certificates won by members at the Ashford Handicraft Exhibition was followed by a report on the Malvern Rally, given by the Guild's representative at the Rally, Mrs. Newby. Mr. T. Healey then delivered an interesting Lecture on the story of St. Dunstan's.

Members next turned their attention to Competitions. Samples of Messrs. Brown & Polson's Cornflour were distributed for a competition next month, and bulbs, which have featured largely on the programmes of most Guilds this month were given out for the competition for the March bulb Show. The Guild wishes to point out that three classes at the Bulb Show on March 8th are open to the Thames Valley Federation:—

- 1. Best Bowl of Hyacinths.
- 2. Best Bowl of Daffodils.
- 3. Best Bowl of any other bulbs, mixed or separate. To be planted in earth, fibre or water and grown indoors—greenhouses or conservatories not to be used for competition bowls.

The meeting closed most satisfactorily when the Guild sent £9 to the Rescue Home for Girls at Kingston—its pet charity. The money had been raised by 2 Jumble Sales.

Hon. Secretary: Mrs. Wraight, 2, Ditton Road, Tolworth.

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ANNUAL COUNCIL MEETING, 7th—9th MARCH. Handicraft Exhibition.—To the schedule given in the

October Monthly letter has been added another class:—Design (a) A design for a poster in any medium illustrating any form of Guild activity. (b) A design in outline or colour for needlework or any other handicraft. The sections for the Machine Work class have been modified and now are: (a) Man's shirt. (b) Child's tailored garment. (c) Any other child's garment. The complete schedule with the rules will be published in next month's "Woman's Leader" but copies may be obtained now from the office, price 1d. each, or 9d. per doz. post free.

Singing Demonstration.—At one of the social events during the Council Meetings it is proposed to have a demonstration of choir singing and also community singing. In order that everyone may readily take part in this it is suggested that Guilds may like to practise during the next few month's Handel's "Come, see where goldenhearted Spring" which was sung with such success at the Rally. Copies may be obtained from the office, price 3d. each plus postage, or from the Oxford University Press, 36, Soho Square, W.1. (Unison Song No. 322).

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