

I want to help end men's violence against women because...

"it's just plain WRONG!" **"it needs to stop NOW!"** "even though I have never been directly or indirectly affected by this issue, it is something I feel strongly for. The men who do this prove only how weak they are." **"all women have the right to live their lives free from the threat or reality of violence. The judgement of humanity and respect for each other rests on that very simple fact."** **"women are our mothers, our sisters, our girlfriends, wives and mothers of our children. No woman should EVER have to endure the feeling of a mans fist, and any man that does is a disgrace to the human race. As men we need to stand up to these bullying scum, and stamp out domestic violence once and for all"** "I want to help end male violence against women and girls by challenging the social structures, establishments and beliefs that continue to support this crime." **"its' wrong! Violence against women will only cease when men stand up and challenge other men, their attitudes and beliefs. Silence is not an option-silence colludes with domestic violence, trafficking, pornography, the sex trade, female genital mutilation, so-called honour-based violence and rape. If you care for your mother, sister, aunt or any female in your life then join the White Ribbon Campaign and help work to make the world a safer and fairer place"** **"it's time men took up personal leadership on this issue and worked consciously and actively on creating a safe and respectful environment where ever they live, work and play."** "I believe in equal relationships of love and respect." **"it is so damaging to the individual, their family and society at large."** **"it's the ultimate display of ignorance and cowardice."** **"I see women as equals and to be respected. There should be a ZERO TOLERANCE to violence against women in any shape or form. Punishment for violence against women should hold a minimum of 10 years regardless the type of crime against women."** **"I've seen what it can do to the victims mentally. It's not all physical, and people need to remember that. This isn't just a feminist movement and that's what gives it its hope. This pledge is not life changing for me, but it could be others"** **"all issues that affect women negatively affect men too, thus it is just as much men's responsibility to speak out as it is women's. All genders, colours and creeds should unite to end one of the most despicable and yet commonly ignored forms of terror and suffering in the world."** **"I grew up in a house where my dad was violent against my mom and I was lucky that I still have a mom. A couple of times there was real risk of him killing my mom and I would have grown up with a murderer for a father and no mother. The very fact that he ever laid a violent hand against her shows that he isn't a real man because real men do not dominate the women they love or threaten them with violence or act violently towards them."** **"I believe both men and women are dehumanized by a society where rape, domestic violence and abuse against women are so commonplace."** **"I have two daughters and I want to make sure this never happens to them. It has happened to too many of my friends and it needs to stop."** **"I want to help end men's violence against women because it is a vital step toward true equality."** **"I care about justice and understand the effect victimisation and abuse has on all members of society"** **"I was once a victim and hid it for a long time. It was only with the braveness of myself and with the help of my best friend that I went to seek help with Lighthouse. Please pledge on behalf of myself and the many women and men alike, being abused both physically and mentally."** **"There are widespread instances of violence against women by men. Its degree of prevalence would not be tolerated against any other group. The more people who speak out against it the harder it will become for men to be violent against women"** **"No personal violence is ever right"** **"it is a crucial aspect of moving forward towards a less gendered, more equal world. Because everyone has a right not to be a victim of violence"** **"Domestic Violence is still a taboo subject in many families, communities, educational institutions and workplaces. We each need to take it upon ourselves to change this. By wearing a white ribbon, talking openly about the problem, and challenging the social / media representations that inadvertently encourage domestic violence we can start to make a difference."** **"I am a child survivor and I know what it can be like to have a mum who is a victim, a father who is a perp but does not have the skills to change, and I know what it is like to be a child who is powerless to stop the violence, abuse and control."** **"it is an inexcusable crime"** **"there is simply no reason for it to ever happen. Everyone makes their own decisions in life and an act of violence, against anyone or anything, is a conscious decision."** **"far too many women are killed by their partner and the effect on their children is heartbreaking if we stop the violence more lives would be saved..."**



These men stand up and speak out about male violence against women.

Go to www.whiteribboncampaign.co.uk and make your pledge never to COMMIT, CONDONE or REMAIN SILENT about violence against women

Ending Male Violence Against Women!

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