THE INCORPORATED HOSTELS

ASSOCIATED WITH THE ROYAL FREE HOSPITAL

Sixteenth Annual Report, Accounts and List of Subscribers for 1934

REGENT'S PARK HOSTEL 62, Regent's Park Road, N.W.1. Celephone : Primrose Hill 2839.

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HIGHBURY QUADRANT HOSTELS

20 & 22, Highbury Quadrant, N.5. *Telephones* : Canonbury 1980. Barlow Hostel, Canonbury 1701.

Pamphlet

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20 & 22, Highbury Quadrant, N.5. Canonbury 1980. Canonbury 1701. Barlow Hostel,

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CONTENTS.

							PAGE
OMMITTEES	-	-	-		-	-	3
IMS	-	-	-	-	-	-	5
CCOMMODATION	-	-	-	-	-	-	6
ONDITIONS FOR ADMISSION	-	-	-		-	-	6
INNUAL REPORT (GENERAL)	-	-	-		-	-	7
FTER-CARE WORKERS' REPORT	-	-	-	-	-	-	9
legent's Park Hostel—							
NUMBERS AND TYPE OF PATIE	CNT	-	-	-	-	-	12
Medical Report	-	-	-	- •	-	-	13
Occupations and After His	TORY	of P	ATIEN	TS	-	-	14
SPECIAL APPEAL FUND: LIST	OF I	Donor	s & 1	Accot	JNTS	-	14
TREASURER'S REPORT -	-	-	-	-	-	-	15
Records of Past Patients	-	-	-	-	-	-	16
Iighbury Quadrant Hostels—	-						
Numbers	-	-	-	-	-	-	17
PREMISES	_						17

-

PREMISES	-		-	-	1/
MEDICAL OFFICER'S REPORT	-		-	-	18
After-Care	-		-	-	18
Reports on Past Patients	-		-	-	19
FINANCE: TREASURER'S REPORT -	-		-	-	20
Occupations and After History	- ·	-	-	-	21
INANCE					
LIST OF SUBSCRIBERS, REGENT'S PARK	k Hostel		-	-	22
					Constant and the second

LIST OF SUBSCRIBERS, HIGHBURY QUADRANT HOSTELS	- 25
BALANCE SHEET 26	5 & 27
Income and Expenditure A/c., Regent's Park - 28	8 & 29
INCOME AND EXPENDITURE A/c., HIGHBURY HOSTELS 30) & 31

INCORPORATED HOSTELS.

Vice-Presidents.

THE VISCOUNTE	SS ST. CYRES.	THE	LADY	Syder
THE LADY BER	THA DAWKINS.	Dr.	JANE	WALK
THE HON. LADY	y Darwin.	MRS	. St	John.

Committee of the Association.

Chairman-Sir Thomas	Barlow, Bart, 1
Vice-Chairman-A. G.]	L. Gamlen, Esq.
Hon. Secretary-Miss B	B. d'Avigdor.
The Rt. Hon. the Earl of Ancaster.	Mrs. Julian Q.
F. R. S. Balfour, Esq.	Mrs. Sidney H
The Hon. Mrs. N. Barlow.	Mrs. Mark Ke
Neild Barlow, Esq.	Dr. E. H. Lepp
Miss H. M. Beale.	Miss E. Lucy.
Harold Bright, Esq.	Miss McEwan.
Dr. Anna Broman.	Arthur R. Mor
Miss G. M. Bulman, R.R.C.	Miss A. Orred.
Dr. Anne Campbell.	Mrs. Arnold F
Miss B. M. Davidson.	Dr. Margaret
Miss Elliot.	Miss E. M. Ro
The Lady Emmott.	Mrs. Julian Sn
Dr. Dorothy Hare, C.B.E., M.R.C.P.	Mrs. Geoffrey
Julian Q. Henriques, Esq.	Miss Voelcker.

Executive Committees.

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Regent's Park Hostel:	HIGHI
Chairman—Dr. D. C. Hare. The Hon. Mrs. N. Barlow.	Chairman
Dr. A. Broman. Miss Elliot.	The Miss
Dr. Una Ledingham. Dr. E. H. Lepper.	R. R Dr. J
Dr. B. Playfair. Miss E. M. Royden.	Dr. J Mrs.
Dr. Margaret Rorke. Miss Voelcker.	Miss Dr. A
R. T. Bartley, Esq., Hon. Treasurer.	D1. 1
Royal Free Hospital, Gray's Inn Road, W.C.1.	The
Miss B. d'Avigdor, Hon. Sec., 4, Pelham Crescent, S.W.7.	Sister-in-
Sister-in-Charge— Miss E. M. Mitchell.	
Bankers— Messrs. Lloyds Bank, Ltd., Holborn Circus, E.C.	Mes Kensi
Auditors-Messrs. Hardy, Hisl	lop & Co.

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K.C.V.O.

Henriques. liggs. err. per, O.B.E.

ro, Esq.

Paterson. Rorke. oyden. meathman. Tritton.

BURY QUADRANT HOSTEL: m-Miss B. d'Avigdor. Lady Emmott. Elliot. R. Garratt, Esq. D. C. Hare. Margaret Rorke. S. G. Tritton. voelcker. Anne Campbell, Visiting Medical Officer.

Hon. Mrs. N. Barlow, Hon. Treasurer, 4, Gloucester Walk, W.8.

-Charge-Miss K. E. Noakes.

Bankers ssrs. Lloyds Bank, Ltd., ington High Street, W.8. , 119, Moorgate, E.C.2.

INCORPORATED HOSTELS.

AIMS.

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The Incorporated Hostels are for the care of girls and women suffering from venereal diseases in an infective stage.

The patients are drawn chiefly from the Royal Free Hospital V.D. Clinic, and are selected by the Medical Officer to the Clinic; but cases from any part of London or the country may be received. (See conditions for admission.)

Most of the patients admitted to the Hostels are treated as out-patients at the Royal Free Hospital.

The aims of the Committee are:

- 1. Care and medical treatment of women suffering from venereal disease.
 - (a) Non-pregnant cases. Admitted to Regent's Park Hostel.
 - (b) Pregnant cases. Admitted to Highbury Quadrant Hostel.
 - (c) Mothers and babies. Admitted to Highbury Quadrant and Barlow Hostels.
- 2. After-care of these patients when discharged from the Hostels, and medical supervision of the children.

The work is supplementary to that of the Hospital outpatients' clinic. The special daily treatment given at the Hostels, together with rest and good food, help to make hospital treatment more effective, and to shorten the course of the disease.

The greater number of those admitted are wage-earners: such as waitresses, domestic servants, factory workers, or clerks. They are, for the time being, unfit to earn their living, though not ill enough to require a bed in Hosital. Their infectious condition is a danger to others, whether at home, or in lodgings, and the Hostels provide the special accommodation needed. Whatever the circumstances, these girls all need help to start them on the road to recovery.

The Hostels are conducted on undenominational lines, but during their stay, every effort is made to help patients to moral, as well as to physical recovery, and to train them in the care of their children.

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After-care is an integral part of the scheme, and great importance is attached to keeping in touch with patients over a considerable period of time. The keeping of records of the health and physical development of the children for some years forms an addition to the medical work carried on whilst they are inmates of the Hostel.

ACCOMMODATION.

REGENT'S PARK HOSTEL	 	15 Beds.
62, Regent's Park Road, N.W.1.		
HIGHBURY QUADRANT HOSTELS .	 	19 Beds.
22, Highbury Quadrant, N.5.		12 Cots.
BARLOW HOSTEL	 	14 Beds.
20, Highbury Quadrant, N.5.		14 Cots.

CONDITIONS FOR ADMISSION.

Cases are admitted by the Medical Officer of the Rcyal Free Hospital (Venereal Diseases) Marlborough Clinic, who attends at the Hospital (Out-patients) daily from 10 a.m. to 7.30 p.m., and on Saturdays from 10 a.m. to 4 p.m.

Only young women suffering from venereal disease in an infectious stage are eligible for admission.

Applications for the admission of suitable cases are cordially invited from doctors and social workers.

All requests should be made to the Medical Officer of the Marlborough Clinic, or to the Almoner, Royal Free Hospital. A medical certificate and full social history should be forwarded in the first instance, if the patient cannot attend the Clinic.

The object of the Hostels is to provide treatment and aftercare for girls who really desire a fresh start.

No patient is refused for lack of means, but patients are asked to contribute towards their maintenance, if able to do so.

Further information regarding the hostels may be obtained from the Almoner, Royal Free Hospital, Gray's Inn Road, W.C.1, or from the Hon. Sec. 4, Pelham Crescent, S.W.7.

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ANNUAL REPORT, 1934.

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The Committee can report a full year's work at both Hostels in 1934. The average of occupied beds is higher than in the past, and it is obvious that social workers and others in charge of the welfare of young women are making good use of the Hostels.

It must, however, be realised that not every girl who is infected with venereal disease will re-act favourably to Hostel life. Some will not submit to the necessary modicum of discipline and curtailment of freedom. Others, usually those who have been through the Police Courts, require more strict discipline and a longer period of training to make them satisfactory citizens. The selection of cases, both for admission to and discharge from, the Hostels is in the hands of the Medical Officers and Almoners at the Royal Free Hospital; they give careful consideration to each case and without their wisdom and experienced guidance the Hostels could hardly continue to function.

This year several young women have refused to finish their treatment even after some months spent at the Hostels, and have discharged themselves. None of these four patients was of a "hopeful" type, but efforts were made by the After-care worker to trace them, and when found, to keep in touch with them. Such discharges or run-aways are usually accounted for by the girls' impatience of restraint as soon as they feel physically better; or there may be a strong influence from the outside, such as an unwise or actually vicious parent, or the attraction of some man.

In many cases home conditions are such, that no possibility of a decent moral standard could be expected. It could hardly be hoped that a few months' residence at a hostel would effect an altered outlook, when, from babyhood, a child has grown up in surroundings where any form of idealism is unknown.

Though the main problems are always those concerned with the patients, the two other problems of staffing and financing the Hostels are a constant anxiety to the Executive Officers. The Committee are glad to report that at Highbury Hostels, under Sister Noakes, and at Regent's Park Hostel, under Sister Mitchell, the staffs have worked excellently during the past year. The internal administration has been smooth and efficient and the management very economical. It is due to the unfailing care of the Staff and the continuous supervision of the sisters-in-charge that the general

1. The After-care of the more friendless patients from Regent's Park Hostel; finding situations for them, often repeatedly; trying to wean them from undesirable companionship, helping them to obtain training, and advising on all sorts of subjects, from the choice of a confirmation frock to that of a husband.

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2. The welfare of both mother and child after leaving Highbury Hostel.

(a) The Mother. The position of the mother who cannot have her child to live with her, is not an easy one. However anxious she may be to bring up her child well, her opportunities for exercising parental care are usually limited to three or four hours in the week on her half-day off. She has to pay from 10/6to 15/- a week for the child and provide clothing for two out of her earnings. (Affiliation orders very rarely produce any regular contributions from the father.)

(b) The Child. The friendly supervision of the children, whether in homes or with foster-mothers, is therefore of great value to both child and mother. Miss Cadmore's ambition is to keep the baby in a normal home atmosphere without changes, but sometimes the foster-mother, owing to illness, cannot continue her care; or the mother, for some wholly inadequate reason, will suddenly remove her child and expect Miss Cadmore to produce another home at a moment's notice. Then, once more, a suitable woman has to be searched for, and the child settled down again. It is of the utmost importance to try and give these illegitimate children a feeling of stability and of having their own niche in life. Constant moving is likely to make them sullen and nervous, with the feeling that they are not wanted. They may become a " difficult child " and ultimately a " young delinquent."

The Committee are convinced of the value to society of keeping in touch with these children over a considerable period of time, and feel that they are justified in doing what they can, through the medium of their After-care worker, to give them a fair start in life.

Miss Cadmore's report for 1934 is as follows :

The work of this section consistently grows as the Hostels send out more girls and children. Some are passed to other societies and workers, others we lose touch with, but always there is a large family needing help and advice of all sorts.

health of patients, both adults and infants, over many years has maintained a very high level and that epidemics are almost unknown. Miss Hodkin has proved herself a capable Warden of the Barlow Hostel and has been most successful in combining sympathy with discipline in her management of the girls.

As regards finance; the "ordinary" incomes of both Hostels have improved this year, mainly owing to an improvement in the amounts contributed by the patients themselves. This is an encouragement after the decrease noted in 1932 and 1933.

NO PATIENT IS REFUSED FOR INABILITY TO PAY, and more than half are admitted altogether free.

On Capital Account a valuable addition to the holdings of the Hostels is reported by the Treasurer, as follows :----

"It will be remembered that some years ago, a benefactor transferred to Sir Thomas Barlow, 1,833 fully paid shares of £1 each in Rembau Jelei Rubber Limited, and the Regent's Park and Highbury Quadrant Hostels have benefited equally from the dividends received. Last year, owing to the death of the donor, Lord Rowallan, Sir Thomas decided that the time was ripe for the Hostels to become the full proprietors of the gift, and he accordingly transferred the shares to the Incorporated Hostels. He has requested that this should be inscribed as 'the gift of the late Lord Rowallan per Sir Thomas Barlow.' As such it now appears in our balance sheet. A part of these shares has now been sold at a favourable price and re-invested in India and New Zealand stock.

"The Committee places on record its deep sense of gratitude to the late Lord Rowallan and to Sir Thomas Barlow, to the former for his generosity, and to the latter for his never-failing interest in and support of the Hostels."

The Committee greatly regret to report that, on leaving the post of Secretary of the Royal Free Hospital, Mr. R. R. Garratt resigned the position of Honorary Treasurer to the Hostels, which he had held for fifteen years. Mr. Garratt had always been deeply interested in the Hostels and has consented to remain a member of the Committee, where his experience and co-operation will be much appreciated and valued.

After-care outside the Hostels.

Miss Cadmore has now held the post of After-care worker for five years. As she was the first to be appointed to this position, she has had to break new ground, and develop for the Committee their whole scheme of after-care.

There are 140 girls and 44 children in direct touch with me at the present time.

The majority of the patients who have gone out from the Hostels this year have been placed in domestic service, but a few have gone as shop-assistants and waitresses.

Quite a lot have friends or relatives who can help them when they leave the Hostel. I only help those who need me, therefore the Aftercare Report is always a report on the destitute, friendless, or very poor girls.

One large store which took a girl without any references two-and-ahalf years ago has been so pleased with her that we have been enabled to place two more there. One Regent's Park girl has been sent to a Training Home to learn all that is required of a Ladies' Maid, and one (a kitchenmaid) who left some years ago, has attended classes regularly, is now a Mother's Help and trusted with a first baby! and is hoping to get a scholarship at a Residential College in September with a view to general nursing training later. Many of the girls feel that the Royal Free Hospital has given them their chance, and I find that though we cannot always see good results and have to be patient and hopeful over various disappointments, we have often the great joy of seeing the girls use us as the "Open Sesame" to better things.

During the year, excluding routine visits, I paid 393 visits myself and received 266 visits from girls. Over 500 letters have been written in connection with the girls, and well over that number received. Of the thirty-one babies living with foster-mothers under our supervision last year, one has been transferred to the country, one has died, and one has been adopted, and in three cases the mothers have married and have their children with them. This leaves twenty-five, which, with nineteen placed with foster-mothers this year, makes our foster family forty-four. Not all of these are from Highbury Hostel, some are children of old or present Regent's Park girls, and three are Dr. Barnardo's cases connected with the Royal Free Hospital in one way or another. We are indebted to Dr. Barnardo's organisation for grants towards the maintenance of eight children at the moment, and for much sympathetic help during the year; also to several members of the medical profession who have come to the aid of foster children in emergencies, and who have invariably done a lot for nothing. Health visitors and clinics seem always ready to help and, as the family grows, we are more and more grateful for their co-operation. Forty-four children with one mother would be an anxiety. but forty-four children with forty-four foster-mothers are much worse!

I should like to say an extra big "Thank You" to all those who so kindly sent toys and clothing for the foster-children. Some of them are six, seven, eight and nine years old, and they wear out a quantity of clothes, the small boys being particularly hard on shoes and trousers. The parcels of clothing we have had sent to us have enabled us to help many more than in other years, but the cupboard is empty again!*

The children are developing normally, in spite of their circumstances, but it is important to give them normal chances. The family boasts one Brownie and one Cub, and we look forward to producing nothing less than a great public character in the future, who will doubtless see that the Incorporated Hostels' After-care is very well supported. The children have ambitions for the future. We thank you for making possible the help in the present.

* Gifts of garments would be gratefully received by the Honorary Secretary, 4, Pelham Crescent, S.W.7, and handed over to Miss Cadmore for distribution.

Medical Report.

Report from the Director, Marlborough Department, Royal Free Hospital.

During the past twelve months the Hostel has been almost continuously full, at some times so full that we could not admit needful cases and had to send them elsewhere. (Several have been admitted at Highbury.)

As in the past, there have been a considerable number of operations on the patients; some because of extensions of their infections, others for ailments in no way connected with the diseases for which they were admitted.

The general health has been fairly good, and in the main a nice type of girl has been in the Hostel. The duration of treatment due to the increasing detailed "tests of cure" now in vogue, is found tedious by most of the girls, but is inevitable, as, apart from the risks of infection, few employers can spare a girl sufficiently often for adequate attendance at hospital.

We are ever ready gratefully to acknowledge the very great part in the treatment played by the skill and patience of the nursing staff; without its continuance the medical work would be in vain.

The Hostel exists primarily for treatment of acute venereal disease, so a high standard and first-class technique in the nursing treatment of these cases is essential for good results.

The following are the figures for the disposal of the patients in 1934 :

Domestic Service					 	17
Returned to their hon	nes				 	11
Transferred to other	Homes	or W	orkers	s	 	8
Married					 	2
Returned to* Nursing					 	2
Shop Assistants					 	2
Secretarial Work					 ••••	1
Entered Training Ho	mes				 	2
Ran away					 	3
Died					 	1
						49

REGENT'S PARK HOSTEL.

January 1st to December 31st, 1934.

On January 1st, 1934, there were fourteen patients in the Hostel. During the year forty-six have been admitted, and there were eleven in residence on December 31st, 1934. The total number of "patient days" is 4,892.

The following notes on the girls who have passed Type of through her hands this year are contributed by Miss Patient. Mitchell, Sister-in-Charge of Regent's Park Hostel.

The past year has been a very encouraging one, possibly because we have had more patients, who on admission have really wished to make good, and so have influenced the others. For, in spite of all we may say or do to help, if the second-rate girl is in the majority, our work is unsatisfactory.

The home conditions of the patients suggest that we have had poor material upon which to work, but, as will be seen by our results, if we dare speak of "results" so soon, we are very hopeful.

Of the 46 patients admitted this year :--

11 were orphans.

2 were fatherless.

- 5 were known to be illegitimate.
- 5 came from immoral homes.
- 3 came from bad homes.
- 2 were cases of incest.

Our Hostel is run as far as possible on home lines; the patients have much freedom, and rarely let us down. We try to make house-work as interesting as possible, especially to those who have come from factory or shop in the hope that they will take up domestic work. We think it is so much safer and healthier that they should live in when they leave us. We do all we can to encourage the patients who have any special liking for music, gardening, walks or reading. Our "Joy-box," which is now nearly empty, provides funds to take us to the pictures, or to Kew.

We are very grateful to Miss Farmer for her interesting talks on public buildings in London. Miss Farmer has taken us over the Tower and the County Hall and entertained us to tea afterwards. Mrs. Stephenson. Miss Crockett, and Mrs. Marsh are old friends of the Hostel, paying regular weekly visits and giving much time to teaching sewing, handicrafts and singing. Their consistent interest is very greatly appreciated by patients, staff and Committee.

(Signed) MARGARET RORKE.

Cost of Food. It will be noticed that the cost of provisions is remarkably low, compared with other recurring expenses. This is not due to under-feeding, for the patient's dietary is carefully arranged and supervised, and they regularly, week by week, put on weight. The staff are to be congratulated on their careful management, and on a reduction in the consumption of gas.

Salaries. The salaries might appear to the uninitiated somewhat out of proportion to other parts of the annual expenditure, but in the Hostels skilled medical and social work is essential, and the policy of the Committee has always been to offer adequate salaries and holidays for trained workers. Two fully trained nurses are always needed even when one is away on holiday or sick, and the patients are never left in the house without two responsible people on duty.

Treasurer's It will be seen from the Income and Expenditure Account that the Committee has had some Report. difficulty in meeting expenditure during 1934, which showed an increase of \pounds_{182} over last year. Had it not been for a general improvement in items of income, the balance at credit of Income and Expenditure Account from previous years would have been entirely absorbed. The London County Council appreciating the financial obligations to be faced, decided to increase its grant to £800 from April 1st, 1934. This is most encouraging. In spite of this, it is only by means of special appeals and donations that the work can be carried on.

The Committee wish to record their special gratitude Thanks. to the following for donations to the funds :

Sir Thomas Barlow for a gift of £100.

The Sea Rangers, who organised an entertainment realising £48 10s., of which one half was handed to Highbury Hostel. Those who supported the Ice Carnival held in conjunction with

the Royal Free Hospital.

Miss Mitchell and her Staff for organising a successful American Tea at the Hostel.

The Committee also wish to thank their friends for their generous subscriptions and the following for their gifts in kind :

Clothing. Dr. Anna Broman, Miss Elliot, Dr. Hare, Mrs. Alan Mitchell, Mrs. G. Struan Marshall, Dr. Rorke, Miss E. M. Royden, the Staff, Lady Weaver.

Books. Mrs. Edward Wilshaw. Twelve copies of the Church Hymnal from the patients. Furniture. Dr. Rorke.

14

After Occupation.

The future of each patient is always carefully considered some time before she is ready to leave, and where it is at all possible, those who are ambitious

to improve themselves are helped to obtain training.

Two patients were accepted at St. George's Home. Bourdon Street, where admirable training, under London County Council instructors, is given in either cooking or needlework, and where outdoor games, recreation and handicrafts, are carried out on the most modern lines. For some years, there have been two or three of the former Regent's Park patients always at St. George's, and it is rare that this very liberal training is not completely successful.

Where a girl already has a social worker interested in her. before she comes to the Hostel, whether in London or in the country, it is the policy of the Committee as soon as her physical condition permits, to hand over the after-care to her first worker: and when the patients go on to other institutions, it is taken for granted that their future will be in good hands.

The patient who died was suffering from a brain tumour, for which she had an operation; she returned to the Hostel again and was fairly well when she left. Some months later she announced she was getting married, and a week after her marriage she died.

After-care Within the Hostel.

The number of letters written in connection with the arrangements for a girl's future, or to disentangle her present difficulties, is a remarkable feature of this year's records. Below is a list

of visits paid to the Hostel by past patients. Those who work in the neighbourhood often return to the Hostel on their days off, almost as a matter of course, and at the "Old Girls'" party held in January, there was a good attendance. A large number sent little gifts for the American Tea held at the Hostel in October in aid of the funds, and at Christmas time the flood of cards and greetings was almost overwhelming.

	1932	1933	1934
Letters received from Old Girls	117	72	124
Letters written to Old Girls	95	92	139
Visits from Old Girls	94	181	173
Letters to Employers, Friends,			
etc			391
Visitors to the Hostel		•	218

Finance.

House Repairs. It was necessary to repaint the outside of the house this year, and this, together with the minor repairs so frequently required as the result of careless usage by the patients, has made the item "Renewals and Repairs" unusually heavy.

Flowers and Plants. Mrs. James Beale, Miss H. M. Beale (throughout the year), also the "Old Girls."

Provisions. Miss H. M. Beale (rabbits and jams), the "Old Girls" (fruit and sweets).

Entertainments and Zoo Tickets. Miss H. M. Beale, Miss Courtauld, the Lady Emmott, Dr. Lepper, Mrs. G. S. Marshall, Miss Royden, Mrs. Edward Wilshaw.

Money Gifts for the Joy-box. From the "Old Girls."

Christmas Gifts. Dr. Broman, Miss H. M. Beale, Miss d'Avigdor, Dr. Hare, Dr. Rorke, Miss Royden, Dr. Shaw, Dr. Smith Wilson.

Reports on Past Patients from 1919 to 1935.

				Ν	o longe	er Requ	iring		
				un	der ca	re. ca	care.		
						1022 22	1024		
						1932-33	1934		
Satisfactory					227	25	27		
Unsatisfactory					73	11	6		
Doubtful					4	7	8		
Lost sight of					146	3			
Transferred to	other	Work	ters		101	2			
Transferred to	other	Worl	kers		101	~	8		
Married					48	2	1		
Mentally Defici	ent (C	ertifie	d)		9				
Died					8		1		
							· · ·		
					618	52	51		

Occupation of Patients Admitted 1934.

Domestic Servants	 		 	24
Factory Workers	 		 	4
Machinists	 		 	3
Trained Children's Nurse	 		 	1
Hospital Mental Nurses	 		 	3
Apprentice Hairdressers	 		 	2
Dancer	 		 	1
Waitresses	 ····		 	5
Clerk	 		 	1
Prostitutes	 	• • • •	 	2

46

HIGHBURY HOSTELS.

January 1st to December 31st, 1934.

On January 1st, 1934, there were thirty patients Number of and twenty-two babies in residence at Highbury Patients.

been admitted and thirty-one babies have been born. On December 31st, 1934, there were twenty-eight patients and twenty-two babies in residence.

The total number of "patient days" for the year is 9,729, and "baby patient days," 7,097. This is the largest number of patient days on record since the Barlow Hostel was started. In addition to this, patients from the Hostel have spent 573 days in hospital and during the time they are in hospital their beds have, of necessity, to be kept vacant at the Hostel. The time spent in hospital includes their confinements (when they may be away from ten to twentyone days) and also minor operations.

It is always difficult to maintain a steady flow of patients. At some periods during this year there have been no vacancies at all available, and at other times there have been two or three empty beds, more especially in the Barlow Hostel, where the girls are transferred when their babies are from three to four months old.

In order to make full use of the space and staff available at the Barlow Hostel, two or three babies of "Old Girls" were selected for admission and spent a few months at the Hostel. The experiment was quite successful and the children benefited greatly; but such vacancies are not likely to recur.

The Committee report with considerable concern Premises. that at the end of 1934 serious cracks showed themselves in the basement, ground floor and first floor of the Barlow Hostel. It is evident that owing to two dry summers, the clay soil, on which the Hostels are built, has cracked and caused a subsidence of the foundations. Very extensive underpinning has been undertaken and this, and the consequent redecoration of the rooms concerned, will be a very heavy expense in 1935. The Committee are indebted to Mr. Christopher Maynard, their honorary architect, for discovering the dangerous condition of the structure and for his valuable advice and practical assistance.

Hostels. During the year forty-four patients have

Campbell of the "old babies" have also been held, and were well attended.

The increase under the correspondence headings may be attributed to the greater number of patients under care this year, and to the unfailing interest taken by Sister Noakes and Miss Hodkin (Warden of the Barlow Hostel) in the after-welfare of both patients and children.

Interviews are almost too numerous to count up. Insurance agents, parents, young men, relatives and workers, form a constant stream of visitors. The complicated past history of every girl has to be unravelled, and plans made for adequate wage-earning in the future.

	1954
Visits from Old Girls	361
Letters from Old Girls	107
Letters to Old Girls	
Letters from Employers,	
Friends, etc	250
Letters to Employers, Friends,	
etc	319

Reports on

The tabulated list of past patients given below can Past Patients. only give a rough idea of how the patients have turned out during the last ten years. The number "lost sight of" naturally increases annually, and it is right it should be so. It must not be assumed that those who have lost touch with the Hostel are necessarily failures. Those who have settled down to normal citizenship naturally do not wish in after years to recall or to lay stress on the period of ill-health spent at the Hostel. No home of this sort can really produce information which would satisfy a statistician, and the figures given are exceedingly approximate.

Reports on Past Patients, from 1925 to 1935.

						No recent News.	Recent News.	Total.
Satisfactor	y					22	66	88
Unsatisfact	ory				•••		7	7
Fair or Do	ubtfr	1			••••		. 7	7
Lost sight	of							137
Transferre	d to	otł	ner 1	Homes	or			
Worke	rs							81
Married								74
Emigrated								3
Died			•••					4
							80	401

Concert. Classes.

A new piano being sorely needed at the Barlow Educational Hostel the Staff, with patience and much enterprise, trained the girls and arranged a concert and entertainment. Two most creditable performances

were given, one for friends of the Hostel, and one for Old Girls, and just over £10 was realised. With the addition of £5 from the Hostel funds, a good second-hand piano was bought, and is now in full use for the weekly singing classes. In addition to these, classes on "current events" from a London County Council teacher have been held this year.

Medical Report.

Report from Dr. Anne Campbell, Medical Officer, Highbury Hostels.

The year 1934-35 has been quite satisfactory. Both Hostels have been well filled—what few vacancies we have had have been filled by girls and babies from other Hospitals.

Babies born during this year number 31, and only one of that number died-still-born, due to a prolonged and difficult labour. Six of these babies were born of mothers under treatment for syphilis and all are apparently healthy. There has been no case of ophthalmia this year.

The Barlow Hostel is becoming ever more popular, and this year has been registered as a Foster Home so that we may, if we have vacancies, take charge of babies whose mothers have left the Hostel to take up work elsewhere. This is a very popular idea and more mothers would like to take advantage of this scheme, but we have few vacancies. Mothers having continued treatment must of necessity have the first claim.

The usual Old Girls' Parties have been well attended. Three were held this year and it is a surprise and a pleasure to find tall and healthy boys and girls of eight and nine years old among the guests. These former babies of ours are really intelligent and healthy children and are well cared for, whether fostered or with their mothers.

The health of the girls and babies generally has been very good and the hot summer was weathered without any epidemics.

The Staff, as usual, have worked splendidly.

(Signed) ANNE CAMPBELL.

After-care. In addition to the After-care carried out by Miss Cadmore amongst the more friendless, and possibly less successful patients, a large number of Old Girls keep in close touch with the Hostels. It will be noted that under the heading of Visits from Old Girls there is this year a great increase. This may be accounted for, in part, by the visits paid by mothers to their babies whilst they were being "fostered" at the Barlow Hostel. Three parties for the inspection by Dr.

1933 364 155	1934 510 236 157
260	327

The tenth financial year has been very satisfactory. Treasurer's as our income amounted to £201 more than in Report. 1933, while our expenditure remained practically

at last year's figure.

The additional income came chiefly from payments on behalf of patients and we are also very grateful to the Sea Rangers for half the proceeds of their excellent entertainment, and to the S.D.R.S.D. for generous donations. (This Society desires to be known by initials only.)

As regards expenditure, part of the increase, under the heading of "General Salaries," is due to the fact that three more members of the Staff have joined the Provident Scheme, one-quarter of the premium being paid by them and three-quarters from Hostel funds. This Provident Scheme is arranged with the Alliance Assurance Company and provides for an annuity at the age of fifty-five or sixty, or, alternatively, the payment of a lump sum, on retirement at or before that age.

It has also been decided that in future the interest paid on the Building Fund overdraft shall be included in the Revenue Account.

The total cost of each patient and her baby per week is £2 5s., and the average cost of food for each adult is 8s. 4d., a considerable reduction on last year's figures.

But alas! just as we hoped to spend our surplus on various improvements, we are faced in the current year with an estimated expenditure of at least £450, to prevent the Hostels falling down! We do most earnestly appeal to all those who value the work of the Hostels to help us in this really serious emergency.

The Committee are exceedingly grateful to all sub-Thanks. scribers and donors for their support, and to the following for their gifts in kind which have been much appreciated.

Clothing. Mrs. and the Misses Abraham, Mrs. Emmott, First Sands Girl Guides, Dr. Hare, Miss Pook and Queen Mary's Needlework Guild.

Books and Toys. The Misses Abraham, British Red Cross, Miss d'Avigdor, Mr. Dorrington, Mrs. Higgs and Lady Rossmore.

Flowers, Fruit, Sweets, etc. Mrs. Beale, Dr. Campbell, Miss Deacon, Highbury Hill Baptist Church and Highbury Congregational Church.

Zoo Tickets. Lady Emmott, Dr. Potter.

Furniture and Furnishings. Mrs. Groom, Mrs. Harris, Mr. Hodkin, Mrs. Horsley, Dr. Lepper, Miss E. Smith, Mrs. Wookey.

Christmas Gifts. The Hon. Mrs. Barlow, Miss Cadmore, Dr. Campbell, Miss Colson, Lady Emmott, Dr. Hare, Dr. Phillips, Dr. Rorke, Dr. Shaw, Miss Sparratti, Miss B. Waining, Messrs. Toop, United Dairies.

Occupations of Patients Admitted, 1934.

Domestic Serva	nts	 	
Waitresses		 	
Typists		 	
Shop Assistants	;	 	
Factory Hands		 	
Barmaid		 	
Cinema Attenda	ant	 	
Supervisor		 	

Disposal on Discharge.

Situation with ba	by		 	
Situation without	baby	7	 	
Rooms with baby	•		 	
Home			 	
Married			 ••••	
Transferred to of	ther]	Homes		
To a friend with	baby	7	 	

After-history of Babies Discharged, 1934.

Fostered		
Home with Mother		
Situation with Mothe	er	
Rooms with Mother		
To Friends		
To Homes		
To Adoption Society		

	 	30
	 	4
	 	3
	 	2
	 	2
	 	1
	 	1
	 	1
		44

 	 1
 	 20
 	 2
 	 18
 	 3
 	 4
 	 1

 	 11
 	 12
 	 1
 	 2
 	 2
 	 2
 	 1
	31

REGENT'S PARK HOSTEL.

22

Subscriptions and Donations, 1934.

		Subs	scrit	otion		come Reba			natio	ons.	
		£	s.			s.	d.	£	s.	d.	
Abbott, Miss F. E		5	5	0		10	9				
American The D4 II. E 1 C		10	0	0		2 18	0				
Balfour F D C Fag		5	0	0							
Barlow Sir Thomas								100	0	0	
Barnott C A Fac		1	0	0					Ū		
Reale Miss H M		5	5	0	1	10	5				
Beale Mice M S		3	3	0							
Reale Mrs. James		2	2	0		12	2				
Repreted Viscounters		5	0	0							
Reddington C E Egg		10	0	0							
Reddington Miss W		2	2	0							
Berman's Charity								5	5	0	
Bevan, H. V., Miss		1	1	0							
Broman Dr Anna		5	0	0							
Bright, Phillip, Esq		8	4	0	2	6	5				
Briscoe, Lady		1	1	0		6	1				
Bulman, Miss G			10	0							
Butcher, The Misses		2	0	0							
Chick, Dr. H		2	0	0							
Clapcott, Mrs. C. B		1	0	0		5	9				
Clow, Mrs. Sanderson		2	2	0							
Codrington, Lady		2	2	0							
Cohen, Lady Waley (the late)		2	2	0		14	0				
Courtauld, Miss M. R		2	2	0		12	2				
Crowdy, Miss E		2	2	0							
Crowdy, Miss M			10	6							
Darwin, The Hon. Lady		2	0	0		13	4				
Darwin, Major Leonard		3	3	0							
Darwin, Miss Ruth		2	0	0		14	0	*			
d'Avigdor, Goldsmid, Sir Osmond		3	3	0		18	3				
Deacon, J. F. W., Esq		5	0	0							
Emmott, Lady, The		1	1	0		6	1				
Forbes Robertson, Mrs		1	1	0							
Gamlen, A. G. L., Esq		2	2	0		12	2				
Gaskell, Miss W								1	0	0	
				_							
Carried forward	£	100	3	6	£13	19	7	£106	5	0	

Brought forward			£100	3	6
Goldschmidt, Mrs. H. F.			2	2	0
Greene, Dr. Helen			1	0	0
Hare, Dr. D. C			10	0	0
Hare, Miss K. C			10	0	0
Ionides, The Hon. Mrs.			2	2	0
Johnson, W. C., Esq	••••		1	1	0
Kekewich, Miss H				10	6
Kerr, Mrs. Mark			2	2	0
King, Dr. C. A			1	1	0
Lister, The Misses			3	3	0
Luxor Cinema					
Marker, Miss M			3	3	0
Morris, Dr. F. M			1	1	0
Moro, A. R., Esq			1	1	0
McEwan, Miss M					
Nettlefold, Mrs					
Page, Miss P. M					
Penfold, Miss			3	3	0
Poplar Pavilion					
Pulteney, Dr. Isabel			2	2	Ő
Pushboards, Profits from				-	Ŭ
Revelstoke, Rt. Hon. Lord (5	0	0
Richardson, Mrs. S. M. V.			2	2	0
Rorke, Dr. M			1	1	0
Royden, Miss E. M		••••	• 3	3	0
Rushey Green Cinema			U	U	0
Sebag-Montefore, The Hon.		••••	2	2	0
Shaw, R. N., Esq			8	$\frac{2}{0}$	0
Smeathman, Mrs. Julian		•••	0	0	0
C · 1 T 1		••••			
Charles Mar	••••	•••			
	•••	•••	3	0	0
The Trocadero, Stratford	•••	•••	5	0	0
		•••			
Valpy, Mrs Vickers, Cecil, Esq	••••	••••	2	2	0
*** * * * * * * * * * *		••••		2 0	
		••••			
	•••	••••	2	*2 1	0
Wilshaw, Edward, Esq.	•••	•••	1	1	0
C					-
Carried forward			£174	- 8	0

23

Subs	scrij	otions.		ome Reba	-Tax te.	Don	atio	ns.	
£	s.	d.	£	s.	d.	£	s.	d.	
£100	3	6	£13	19	7	£106	5	0	
2	2	0		12	2				
1	0	0							
10	0	0	3	15	0				
10	0	0	3	6	8				
2	2	0		12	2				
1	1	0							
	10	6							
2	2	0		12	2				
1	1	0		6	1				
3	3	0				07	0	2	
2	2	0				97	0	2	
3 1	3 1	0		6	1				
1	1	0 0		6	1				
1	1	0					10	6	
						1	0	0	
						1	5	0	
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							10	0	
5	0	0							
2	2	0							
1	1	0		6	1				
* 3	3	0		18	3				
						34	2	6	
2	2	0							
8	0	0	2	6	5				
						1	1	0	
						1	1	0	
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3	0	0	1	0	0	6	0	0	
						14		7	
2	2	0		12	2	2	2	0	
2 1	2 0	0 0		12	2				
2	•2	0							
2	1	0							

£174 8 0 £28 12 10 £300 12 3

-	Income-Tax Subscriptions. Rebate. Donations.
	£ s. d. £ s. d. £ s. d.
Brought forward	£174 8 0 £28 12 10 £300 12 3
Special Appeal Fund :	
Dutch Treat, Balance of	
Proceeds £30 15 6	
Sea Rangers' Entertain-	
ment 24 5 0	
Ice Carnival 6 7 6	
American Tea, Proceeds	
of 24 0 0	
	85 8 0
	£174 8 0 £28 12 10 £386 0 3
Less Income Tax irrecoverable from	•
1933	2 4 11
	£174 8 0 £26 7 11 £386 0 3

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24

HIGHBURY QUADRANT HOSTELS.

Subscriptions and Donations, 1934.

				Subso £	ript S.	
Anon						
Barlow, Miss H. A. I	Э.			2	2	0
Beevor, Mrs. J. H.				3	3	0
Browne, Miss A. B.				1	0	0
Brunner, Lucy, Lady				2	2	0
Campbell, Dr. A. R.				1	1	0
Chafy, Miss Ursula				1	0	0
Chick, Miss Mary				2	0	0
Darwin, The Hon. L	ady			1	0	0
Emmott, The Lady				1	1	0
Emmott, Mrs. W. R.					10	0
Forteviot, The Lord					4	
Goldsmid, Lady d'Avi	igdor			10	0	0
Hare, Dr. D. C., C.B.	E., M.I	R.C.P.		5	0	0
Hare, Miss K. C.				10	0	0
Hector Sassoon Beque			of			
the						
Henriques, Mrs. J. Q.				1	1	0
Jewell-Thomas, Mrs.				1	1	0
MacEwan, Miss M.					10	6
Nicholetts, Mrs.				1	1	0
Orred, Miss A. K.				1	1	0
Pilcher, The late G. T	. Esa.			2	2	0
Rogers, The Rev. Cl				1	1	0
Rorke, Dr. Margaret				1	1	0
St. Cyres, The Viscou				2	2	0
Salmon, Mrs. Harry				1	1	0
S.D.R.S.D						
Sea Rangers Entertai						
a				1	0	0
Sydenham, The Lady				2	0	0
Wilson, Dr. Helen					10	0
Wilson, Mrs				1	1	0

25

Income-Tax Recoverable. £ s. d. 14 0	Donations. £ s. d. 2 2 0
$\begin{array}{ccc} 14 & 0 \\ 7 & 0 \\ 5 & 10 \end{array}$	
68	
$\begin{array}{rrrrrrrrrrrrrrrrrrrrrrrrrrrrrrrrrrrr$	500
5 0 0	50 0 0
7 0	220
6 1	
	$\begin{array}{cccc} 10 & 0 & 0 \\ 24 & 5 & 0 \end{array}$
11 8 3 4	
£8 15 7	£93 9 0

£56 11 6

26

THE INCORPORATED HOSTELS associated

1 17	
1 / 1	

Balance Sheet,

То	SUNDRY CREDITORS—	£ s. d.	£ s.	d.
	Regent's Park	205 19 3		
	Highbury Quadrant	257 12 3		
			463 11	6
,,	Building and Equipment Funds-			
	Regent's Park—			
	As at 1st January, 1934 £1899 18 9			
	Less Furniture and Equipment written off 65 18 3			
		1834 0 6		
	Highbury Quadrant—			
	As at 1st January, 1934	3848 3 3		
	····		5682 3	9
,	Reserve Fund			
	Gift of the late Lord Rowallan, per Sir Thomas Barlow, held on Joint Account			
	with Highbury Quadrant Hostel		2260 16	0
	ENDOWMENT FUND. Highbury Quadrant, as			Ū
	at 1st January, 1934		500 0	0
	SINKING FUND for Amortisation of Lease,		000 0	0
,	Regent's Park		445 13	8
,	INTERNAL LOAN. Highbury Quadrant			
	Building Fund from General Fund		20 10	0
	INCOME AND EXPENDITURE ACCOUNT :		20 10	U
,	Regent's Park—			
	As at 1st Terrier 1024 (41 10 0			
	As at 1st January, $1934 \dots \dots 241$ 18 9 Add Surplus for year to date 10 2 9			
		52 1 6		
	Highbury Quadrant—			
	Surplus for year to date 262 3 10			
	Less Balance 31st Dec., 1933 49 3 1			
		213 0 9	265 2	2
			265 2	3

£9,637 17 2

To the Members of the Incorporated Hostels associated with The Royal Free Hospital.

We have audited the above Balance Sheet and have obtained all the information and explanation we have required. The amount to the credit of the Income and Expenditure Account includes the balance on that account as at the date of the Incorporation of the Company, viz:—27th day of February, 1926. Subject to the forgoing remark, the said Balance Sheet is, in our opinion, properly drawn up so

with THE ROYAL FREE HOSPITAL.

						1			1
By	Cash at Bank:-	£	s. d.	t	s.	d.	£	s.	a.
	Regent's Park General Account	172	10 11						
	Regent's Park Leasehold Sink- ing Fund	165	13 8	338	4	7			
	Highbury Quadrant General Account	345 7	8 2 5 0						
	Building Account		<u> </u>	352	13	2	690	17	9
"	Cash in Hand :— Regent's Park Highbury Quadrant	 	 		0 14	0 2		14	
,,	Investments at Cost :						10	11	-
	350 National Savings Certificates Sinking Fund, Regent's Park)			280	0	0			
	£565 2s. 6d. Funding Stock 4%, 1 Endowment Fund Account, Quadrant)			500	0	0	780	0	0
	RESERVE FUND (see Contra)— £624 New Zealand 4% Loan, at £963 1s. 11d. India 3% Stock 833 Fully Paid Shares of £1 each			650 777		0 0		Ū	
	Jelei Rubber, Ltd., at par			833	0	0	2260	16	0
,,	LEASEHOLD PROPERTY : 62, Regent's Park Road, N.W.,	as a	t 1st						
	T 1024						1834	0	6
	20 and 22, Highbury Quadrant, January, 1934	as a	t 1st				3273	1	1
	FURNITURE AND EQUIPMENT AT CO Highbury Quadrant	оsт :— 					588	7	2
	SUNDRY DEBTORS AND PAYMENTS Regent's Park	IN A:	DVANC		9	10			
	Highbury Quadrant				0	8	116	10	6
"	INTERNAL LOAN. Highbury General Fund to Building Fun	Qua Id	drant				20	10	0
							£9,637	17	2

HARDY, HISLOP & CO., Chartered Accountants, BEDFORD ROW, LONDON, W.C.1. Auditors.

28

REGENT'S PARK

INCOME AND EXPENDITURE ACCOUNT

INCOME.		
	£ s. d.	£ s. d.
To Annual Subscriptions	200 15 11	
" Donations	119 14 6	
" Donations from Sunday Cinemas	180 17 9	
" Special Appeal Fund—		
Balance Proceeds of Dutch Treat 30 15 6		
Half Proceeds of Sea Ran- gers' Entertainment 24 5 0		
Ice Carnival 6 7 6		Martin State
Proceeds of American Tea 24 0 0		
	85 8 0	
" PAYMENTS BY AND ON BEHALF OF PATIENTS	275 6 9	
" GRANT, LONDON COUNTY COUNCIL	750 0 0	
", Dividends and Interest	26 13 7	1638 16 6

£1638 16 6

HOSTEL.

FOR THE YEAR ENDED 31st DECEMBER,

	EVI	PEND	TID	F
MAINTENANCE :	EAI	END		.Ľ.
PROVISIONS :				
Meat				
Fish, Poultry, etc.				
Butter, Bacon, etc.				
Eggs				
Milk Bread, Flour, etc				
Bread, Flour, etc				•••
Grocery				
Vegetables and Fruit				
SURGERY AND DISPENSARY				
Drugs, Chemicals, Dist		nts etc		
Dressings, Bandages, e	tc		• •••	
Instruments and Appl				
motrumento and rippi	iunees			
RENEWALS AND REPAIRS :-	<u> </u>			
Furniture Bedding and Linen				
Hardware, Crockery,	Brushe	es, etc.		
FUEL AND LIGHTING :-				
Coal			••••	
Gas		•••	•••	
Electric Current			••••	
Destroyers				
Domestic :				
Washing Cleaning and Chandle	 ry	• • •		
Water				
Sundries				
Sundries				
ESTABLISHMENT :				
Renewals and Repairs				
Garden				
SALARIES AND WAGES				
MISCELLANEOUS :				
Printing and Stationer	ry	•••		•••
Postage, Telephone, e	tc		•••	
Fares		•••	•••	•••
Education	1			
After-Care, Salary an				
Insurance Sundries			••••	
Sundries				
TOTAL COST OF MAINTEN	JANCE			
Rent Rates and Taxes				
DEPRECIATION LEASEHOLI	PROPI	ERTY		
BALANCE, BEING EXCESS	OF IN	COME	OVER	EXPEN
Year				

1	0	2	1	
L	9	3	4	

			,		1
	s.		£	s.	d
80 17	4 8	7			
37	15 12 3 11	6 1			
10 44	12	29			
44 25 70	$\begin{array}{c} 11 \\ 0 \end{array}$	2 9 8 8 6			
77	12	6	262	0	
		—	363	8	11.
8 5 3	10 11 12	2 7			•
3	12	0	17	12	0
			17	13	9
15 31	12	3 9 9			
15	9 1	9	(0)		•
			62	3	9
33 40		10			
16	6	9 6	00	11	
			89	16	1.
63 27	19 16	2 4 5 0			
4	0	5			
1	5	0	97	0	11
187	15	3			
2	5	3 0	100	0	
			190 438	0 15	3- 11
14	6	2			
18	10	2 0			
40 5	4 19	4 6			
117	4 19 13 3 17	4 6 7 1 2			
9	17	2		10	10
				13	
			1472 5 17	13	5
			17	10	5 0 0 6
			30 102	8	6 10
DITUI	RE I	FOR	10		
•••					
			£1638	3 16	6

30 HIGHBURY QUADRANT INCOME AND EXPENDITURE ACCOUNT

INCOME.		£ s. d.	£ s. d.
Annual Subscriptions		2 S. U.	65 7 1
Donations :—			
General		19 4 0	
Hector Sassoon Bequest		50 0 0	
Sea Rangers Entertainment		24 5 0	
			93 9 0
Dividends and Interest			44 4 3
No. 22, Highbury Quadrant :	•		
Payments by and on behalf of Patients		502 3 8	
No. 20, Highbury Quadrant :			
Payments by Patients : Outworkers		30 10 0	
Payments by Patients: Inworkers		221 1 1	
			753 14 9
Payments by Approved Societies			14 13 4
Grant—London County Council			2425 0 0

HOSTEL.

FOR THE YEAR ENDED 31st DECEMBER, 1934.

MAINTENANCE :		EXP	ENDI	TURE.	
PROVISIONS :					
Meat					
Fish, Poultry, etc.	••••		••••	••••	•••
Butter, Bacon, etc.					•••
Eggs					
Milk					
Bread, Flour, etc.					
Grocery				• • • • •	
Vegetables and Fri	11t	••••		•••• /	
SURGERY AND DISPEN	SARY .				
Drugs, Chemicals,	Disinf	ectant	s. etc.		
Dressings, Bandag	es, etc				•••
Instruments and A	pplian	ces			
RENEWALS AND REPA	IRS :	• (1) (1) (3)			
Furniture		•••			•••
Bedding and Linen Hardware, Brushes			•••	•••	•••
flatuware, Drusnes	s, etc.	••••	••••		••••
FUEL AND LIGHTING	·				
Coal					
Gas					
Electric Current					
Oil, Wood, etc.			'		
Doutranta					
Domestic :— Washing					
Cleaning and Char	dlery		••••		••••
Water	Idicity			••••	••••
Uniforms		•••			•••
Sundries					•••
ESTABLISHMENT :					
Renewals and Rep	pairs	• • • •			••••
Garden			••••		
Insurance	•••				
SALARIES AND WAGES					
General	·				
Payments to Patie	ents fo	r Dot	nestic	Work	•••
		- 201	neotre	WOIR	•••
MISCELLANEOUS :					
Printing and Stati	onery			••••	
Postage					••••
Fares	••••				••••
Education After-Care	•••	••••	•••		••••
Entertainments	••••	••••			••••
Entertainments			••••		••••
TOTAL COST OF MAI	NTENAL	NCE			
AUDITORS' FEES RATES AND TAXES					
INTEDEST					

BALANCE, BEING EXCESS OF INCOME OVER EXPENDITUR

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INTEREST

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£3396 8 5

£	s.	d.	£	s.	d.
129 46 101 23 220 65 100 116	14 17 2 4 14	9 1 2 5			
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232 18 8	7 17 5	4 8 1	112		
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