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THE INCORPORATED HOSTELS

ASSOCIATED WITH THE ROYAL FREE HOSPITAL

—*—

Fifteenth Annual Report Accounts and List of Subscribers for 1933

—*—

Regent's Park Hostel

62, Regent's Park Road, N.W.1.
Telephone: Primrose Hill 2839.

Highbury Quadrant Hostels

Telephones: North 0180.
20 & 22, Highbury Quadrant, N.5.
Barlow Hostel, North 4615.

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Pamphlet

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FIFTEENTH

Annual Report, Accounts and
List of Subscribers for 1933

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INCORPORATED HOSTELS.

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|----------------------------|-----------------------------|
| THE VISCOUNTESS ST. CYRES. | THE LADY SYDENHAM OF COMBE. |
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Vice-Chairman—A. G. L. Gamlen, Esq.
Hon. Secretary—Miss B. d'Avigdor.
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| Miss Elliot. | Walter Roch, Esq. |
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| Julian Q. Henriques, Esq. | Mrs. Julian Smeathman. |
| Mrs. Julian Q. Henriques. | Miss Voelcker. |

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- | | |
|---|---|
| REGENT'S PARK HOSTEL: | HIGHBURY QUADRANT HOSTEL: |
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| The Hon. Mrs. N. Barlow. | Miss Colson. |
| Dr. A. Broman. | The Lady Emmott. |
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| Dr. Margaret Rorke. | Dr. A. Campbell, <i>Visiting</i> |
| Miss Voelcker. | <i>Medical Officer.</i> |
| R. R. Garratt, Esq., | Dr. Margaret Rorke. |
| <i>Hon. Treasurer.</i> | R. R. Garratt, Esq. |
| Royal Free Hospital, | The Hon. Mrs. N. Barlow, |
| Gray's Inn Road, W.C.1. | <i>Hon. Treasurer,</i> |
| Miss B. d'Avigdor, <i>Hon. Sec.,</i> | 4, Gloucester Walk, W.8. |
| 4, Pelham Crescent, S.W.7. | <i>Sister-in-Charge</i> —Miss K. E. Noakes. |
| <i>Sister-in-Charge</i> — | <i>Bankers—</i> |
| Miss E. M. Mitchell. | Messrs. Lloyds Bank, Ltd., |
| <i>Bankers—</i> | Kensington High Street, W.8. |
| Messrs. Lloyds Bank, Ltd., | |
| Holborn Circus, E.C. | |
| <i>Auditors</i> —Messrs. Hardy, Hislop & Co., 119, Moorgate, E.C.2. | |

INCORPORATED HOSTELS.

AIMS.

The Incorporated Hostels are for the care of girls and women suffering from venereal diseases in an infective stage.

The patients are drawn chiefly from the Royal Free Hospital V.D. Clinic, and are selected by the Medical Officer to the Clinic; but cases from any part of London or the country may be received. (*See conditions for admission.*)

Most of the patients admitted to the Hostels are treated as out-patients at the Royal Free Hospital.

The aims of the Committee are:

1. Care and medical treatment of women suffering from venereal disease.
 - (a) Non-pregnant cases. Admitted to Regent's Park Hostel.
 - (b) Pregnant cases. Admitted to Highbury Quadrant Hostel.
 - (c) Mothers and babies. Admitted to Highbury Quadrant and Barlow Hostels.
2. After-care of these patients when discharged from the Hostels, and medical supervision of the children.

The work is supplementary to that of the Hospital out-patients' clinic. The special daily treatment given at the Hostels, together with rest and good food, help to make hospital treatment more effective, and to shorten the course of the disease.

The greater number of those admitted are wage-earners: such as waitresses, domestic servants, factory workers, or clerks, who are, for the time being, unfitted to earn their living. They would not willingly enter a large institution, nor are they so ill as to need a bed in hospital. Conditions often make it impossible for the girl to stay at home, though the parents willingly contribute towards her expenses at a hostel. Whatever the circumstances, these girls all need help to start them on the road to recovery.

The Hostels are conducted on undenominational lines, but during their stay, every effort is made to help patients to moral, as well as to physical recovery, and to train them in the care of their children.

After-care is an integral part of the scheme, and great importance is attached to keeping in touch with patients over a considerable period of time. The keeping of records of the health and physical development of the children for some years forms an addition to the medical work carried on whilst they are inmates of the Hostel.

ACCOMMODATION.

REGENT'S PARK HOSTEL	15 Beds.
62, Regent's Park Road, N.W.1.					
HIGHBURY QUADRANT HOSTELS	19 Beds.
22, Highbury Quadrant, N.5.					
BARLOW HOSTEL	14 Beds.
20, Highbury Quadrant, N.5.					
					14 Cots.

CONDITIONS FOR ADMISSION.

Cases are admitted by the Medical Officer of the Royal Free Hospital (Venereal Diseases) Marlborough Clinic, who attends at the Hospital (Out-patients) daily from 10 a.m. to 7.30 p.m., and on Saturdays from 10 a.m. to 4 p.m.

Only young women suffering from venereal disease in an infectious stage are eligible for admission.

Applications for the admission of suitable cases are cordially invited from doctors and social workers.

All requests should be made to the Medical Officer of the Marlborough Clinic, or to the Almoner, Royal Free Hospital. A medical certificate and full social history should be forwarded in the first instance, if the patient cannot attend the Clinic.

The object of the Hostels is to provide treatment and after-care for girls who really desire a fresh start.

No patient is refused for lack of means, but patients are asked to contribute towards their maintenance, if able to do so.

Further information regarding the hostels may be obtained from the Almoner, Royal Free Hospital, Gray's Inn Road, W.C.1, or from the Hon. Sec. 4, Pelham Crescent, S.W.7.

ANNUAL REPORT, 1933.

In making the Report for 1933, no startling new developments can be recorded. The routine of admission, of treatment and gradual recovery, of discharge, followed by After-care, goes on steadily at both Regents Park and Highbury Hostels.

At the Barlow Hostel the Committee feel they are still probably in the experimental stage as regards the mothers, though there is no doubt at all that the Hostel is of immense benefit to their children, so it may be encouraging to note that of the sixty-seven young women who have been transferred from No. 22 to No. 29, since the latter was opened four and a half years ago, fifty-three can be counted as "successes" and only fourteen as "failures."

To some readers these results, as given above and the detailed reports which follow, may appear somewhat meagre. But it must be remembered that the Hostels only exist because these girls are constantly getting into physical and moral difficulties, and that if they were all strong, upright characters, with uncomplicated past histories, there would be no need for homes for them. As it is, environment, circumstances, and their own weakness may all have contributed to the tangle in which they are involved, from which it may take years of patience and perseverance to extricate them.

At long range, and looking at several years together, the Committee feel that, both for the girls themselves and the community at large, the results justify the efforts made.

The main problem is, of course, the patient herself and her future. Arising therefrom the Committee always have to deal with two other problems:

1. Finding the right staff.
2. Finding enough money.

The Committee can report with pleasure that under the direction of Sister Noakes at Highbury Quadrant and Miss Mitchell at Regents Park, the Staffs of the two Hostels are working whole-heartedly and harmoniously for the welfare of the girls.

Finance still gives considerable cause for anxiety.

No patient is refused for inability to pay, and more than half the patients are admitted altogether free, at the present time. Others are able to contribute part of their insurance benefits towards their maintenance, but these contributions have shown a marked decrease in the past two years.

A money-raising campaign on behalf of Regents Park Hostel realised the sum of £235, and has almost wiped out last year's deficit. Details of these efforts and the names of those who so generously contributed time and money will be found on page 14.

After-care, with all its ramifications, continues an essential part of the policy of the Committee. It should be mentioned that the salary of an After-care worker, together with the many small disbursements, postages, fares for her daily journeyings, &c., amount to over £300 a year, but the Committee are convinced that a great part of the work done within the walls of the Hostels would fall to the ground without these persistent efforts to keep in touch with past patients.

The personal Report of Miss Cadmore, After-care worker to both Hostels, is given below.

After-care outside the Hostels.

The After-Care family at the end of 1933 numbers 150 adults; and 32 children, who are living with foster-parents, in schools, in Homes, or placed where we are responsible for their welfare.

During the year three children have been adopted through the National Adoption Association. In all three cases it was impossible for the mother to maintain the child. Only one of these was a Highbury baby. Two were children of mothers admitted to Regents Park Hostel, who had had their babies some time previously.

In the twelve months, excluding routine visits to the Hostels and Hospital, I have paid 410 visits myself, and received 251 visits from girls. 485 letters have been written in connection with the girls.

One of the interesting things this year has been the number of visits from young men interested or involved in the girls' affairs. One often feels that the young man gets little or no help or sympathy and often he deserves them both.

Looking back over the cases dealt with, two points stand out:

1. The problems we are dealing with are not always those of vice, but of ignorance. Ignorance of the laws of cause and effect, and of their own possibilities for good.

The young folk have not been taught to respect their own physical, mental or moral qualities; life has been too often presented merely as an economic problem.

I am convinced that it is no use teaching self-control vaguely. We have got to teach plainly, reverently and fearlessly, how and why to control and use all the faculties of body, mind and spirit, in order that young people shall be able to attain and use rightly the freedom they demand.

2. In spite of the Amended Children's Act of 1933 good foster parents are still hard to find, and the standard of care is still low. Foster children are one of the greatest anxieties as well as one of the greatest pleasures of After-Care work.

Medical Officers would be doing a great service to children if they would more frequently visit and inspect for themselves the foster homes registered in their districts: not only to discover careless or bad foster-mothers, but to encourage the good ones.

I always hope that our Report will reach some lover of children, who will enable us to open a nursery for the babies from eighteen months to four years: the mothers to contribute 10s. a week and visit the children once a week. Failing this, an endowment whereby we could keep a "panel" of foster parents and guarantee a payment of 2s. beyond the mother's usual 12s. 6d. a week. Such an endowment would ensure some security for the foster parents as well as the children, and would strengthen our powers of supervision considerably.

REGENT'S PARK HOSTEL.

January 1st to December 31st, 1933.

On January 1st there were nine patients in the Hostel. During the year forty-four have been admitted, and there were fourteen in residence on December 31st, 1933. The total number of "patient days" is 4260.

Type of Patient. The following notes have been made by Miss Mitchell, Matron at Regents Park Hostel, on the girls who have passed through her hands this year.

Our Report for this year shows rather a depressing number of unsatisfactory cases, and patients who have run away or discharged themselves before their time with us was completed. But when one considers the conditions under which these girls have lived, before coming to us, one is grateful that they have had even a short experience of what a real home can be, and one believes that such an experience will tell in future.

The following are illuminating figures relating to the previous history of some of the patients admitted during 1933:—

- 6 were orphans.
- 8 were fatherless.
- 3 were cases of incest when little children.
- 3 came from immoral homes.
- 9 came from homes which could be considered bad, as the parents were not living together.

This gives a total of twenty-nine patients out of forty-four brought up in sub-normal or unusual surroundings. Of the above, four had already been before the magistrates, and were Probation cases, and four had definitely been on the streets. It must not be thought, however, that the girl with a bad history never makes good. Quite often, and this is what is really encouraging, the patient who has had no chance at all of standards at home, does seize the opportunity offered, of physical and moral recovery.

Medical Report.

Report from the Director, Marlborough Department, Royal Free Hospital.

Early in 1933 it was difficult to fill the Hostel with suitable patients, but from just before Easter onwards there have been few vacancies.

As in former years, some of the cases were difficult, from

the medical point of view, to clear up quickly owing to their chronicity, and several patients were passed to us from other hospitals or Homes with complications requiring operation.

One girl had a really acute appendicitis, another severe salpingitis, while yet a third had a very rare condition of brain tumour, which was in no way connected with her infectious disease, but which naturally made things difficult for the girl and for the Nursing Staff.

One case well worth helping was a girl innocently infected with Syphilis, which had begun as a mouth sore from kissing a girl friend who had Syphilis, and shared a room and a bed with the patient; this primary sore on the mouth had not been recognised by the patient's panel doctor, and it was not till the poor girl had an extensive secondary rash that the condition was diagnosed and the girl sent to hospital for treatment. She was admitted to the Hostel and did very well indeed.

Cases of old-standing gonorrhoea have proved as obstinate and intractable as ever, and have required long periods of treatment before satisfactory results were obtained, both clinically and by pathological tests.

Life at the Hostel. All the patients who are well enough take their share in the domestic work of the Hostel, under the direction of the House-matron. This, and the daily treatment prescribed by the doctor, together with visits to hospital occupy the whole of every morning.

In the afternoon those who have proved themselves trustworthy sometimes go out together in two and threes, and "treats" take the form of visits to the Zoo or Kew Gardens, or a very occasional theatre or cinema, when there is any available cash in the "Joy-box."

Miss Cadmore spends one afternoon weekly at the Hostel and makes acquaintance with the patients, so that she may have their full confidence when they leave. Miss Crockett (the staunch friend of the Hostel for many years) is also a weekly visitor, as is Mrs. Marsh, who takes choral singing classes. Mrs. Stephenson has come regularly for many months to teach knitting and embroidery, and other friends have given occasional talks on interesting subjects. To all of these the Committee wish to give their real thanks. More help in this direction is always appreciated, especially, perhaps, discussions on literature or topical events by someone accustomed to the rather limited outlook of the young women.

The following are the figures for Miss Mitchell's correspondence and visits for 1932 and 1933:

	1932	1933
Letters received from Old Girls	117	72
Letters written to Old Girls	95	92
Visits from Old Girls	94	181
Visitors to Hostel	221	253

Records of Past Patients. Since the Hostel was first started in 1919 records have been kept of past patients and the results published year by year.

But over so long a period of time it is impossible to keep in touch with a large number of young women, nor would it be desirable. Those who are doing well want to forget their past and those who has disappeared or are unsatisfactory cannot be traced. The figures given under the heading "No longer under care" can only be regarded as very approximate.

	No longer under care.	Requiring After-Care. 1931-32	1933.
Satisfactory	211	47	17
Unsatisfactory	70	15	11
Doubtful	4	3	4
Married	44	1	2
Transferred to other Homes or Workers	86		2
Lost sight of	142		3
Mentally deficient (certified)	9		
Died	8		
	<hr/>	<hr/>	<hr/>
	574	66	39
	<hr/>	<hr/>	<hr/>

Money Raising Campaign. Last year's deficit of £246 weighed heavily on the Committee. They tried throughout the autumn to raise funds in various ways.

(a) Corinthian Bagatelle boards were accepted by residential Clubs and in private houses, and games over several weeks at a 1d. a game brought in quite a substantial sum. The promoters are most grateful to the wardens of the Clubs for their kindness and co-operation, and to Miss N. Stevenson and Miss Hope Pritchard for their energetic assistance in organising games and tournaments.

(b) A Dutch Treat was held at Rutland House on November 23rd, and through donations, sales, tea and an entertainment realised the net sum of £169. The Committee desire to express their heartfelt thanks to Mrs. Anstruther for lending her house and staff, to Mrs. and Mr. Jan Gordon for

HIGHBURY HOSTELS.

January 1st to December 31st, 1933.

Number of Patients. On January 1st, 1933, there were twenty-eight patients and nineteen babies in residence at Highbury Hostels. During the year thirty-nine patients have been admitted and thirty-three babies were born. On December 31st, 1933, there were twenty-eight patients and twenty-two babies in residence.

The total number of "patient days" is 9,035, and of "baby patient days," 6,320. This shows a slight decrease on last year, due to a period of about six months, beginning in the autumn of 1932 and continuing till the end of March, 1933, when maternity and V.D. Hostels all over the country had vacant beds. The cause of this has never been discovered, but by July the phase was over and Hostels were in normal occupation once more.

In this connection it should be noted that Highbury Hostels can never show a maximum of occupied beds. The patients go to hospital for their confinement and may be away ten to twenty-one days. Minor operations in the hospital are also sometimes necessary, which entail keeping a bed empty for the return of the patient. Given the normal figure of thirty-eight cases admitted in the year, and four to six needing hospital treatment, other than maternity for a fortnight, the average of empty beds throughout the year would be at least 1.5.

Policy. For the benefit of new readers, it may be useful to re-capitulate the policy and organisation of Highbury Hostels. In No. 22 Highbury Quadrant patients receive pre-natal treatment for venereal disease, which, if begun early enough, should ensure an absolutely non-infected baby. They are confined in hospital but return when their infants are ten to fourteen days old for further treatment. Breast-feeding is encouraged in every way, artificial feeding is rarely used, and the mothers are trained to look after, care for and take pride in their infants. In the nine years that the Hostel has been under the present management congenital syphilis in the babies of mothers who had received a reasonable amount of treatment have been so rare as to be almost unknown.

The Barlow Hostel (No. 20, Highbury Quadrant) is used as a continuation Hostel, and the mothers are transferred to this house when their babies are three or four months old. By

that time the young women are fit enough to take regular duties as house, kitchen or laundry maids, and are paid for their work, repaying the Hostel, ten shillings weekly, out of their wages towards the maintenance of their children.

Not all those who leave No. 22 accept the opportunity of going into the Barlow Hostel, and not all are suited to long-continued Hostel life. On transfer to the Barlow, a girl is given regular evenings out and has a certain amount of freedom. She probably feels more physically fit, and it is often exceedingly difficult to make her fall in with the rules of diet, early bed, &c., prescribed for the benefit of the babies. This is not because she is not fond of her child, she is nearly always a most affectionate mother, but in her own upbringings and surroundings regular hours, careful feeding and self-effacement may have had no place, so it is hard for her to realise the necessity of such matters for her own offspring. The policy of modified freedom at the Barlow Hostel is a constant problem to those in charge.

Staff. Some changes in Staff have taken place this year. The Barlow Hostel is now under the care of Miss Hodkin (trained at Josephine Butler House, Liverpool), and Nurse Yates is in charge of the Barlow nursery. In No. 22 are two fully trained nurses, Miss Knapton and Miss Brown, and Nurse Parsons looks after the infants. Two probationers receive training in the nurseries. The cooking for both houses and the training of girls for kitchen work has been carried out for the last six and a half years by Mrs. Watson. Sister Noakes supervises the welfare of patients, babies and Staff in both houses.

Repairs and Redecorations. It has been thought advisable to purchase an Aga Cooker, which it is hoped, will reduce the gas bill in future. Further, there has been heavy outlay on the outside painting of both houses, which was found to be an urgent matter.

The fabric of buildings of this date is also in constant need of attention and when they are occupied by a large number of somewhat ignorant and careless young women minor repairs to door-handles, chairs, taps and windows are almost unending.

Gardens. The gardens and verandahs were fully used throughout the lovely summer, when meals were taken out-of-doors, and the babies lay on rugs in the shade practically naked, and very brown and happy.

Medical Report.

Report from Dr. Anne Campbell, Medical Officer, Highbury Hostels.

The year 1933 in the Hostels at 22 and 20 Highbury Quadrant has been a satisfactory and busy year.

There have been thirty-three babies admitted and the number in both houses has been nearly always up to the number allowed.

The babies have been very well; we have been fortunate in having no epidemic in spite of the intensely hot summer.

Eight mothers suffering from syphilis were admitted during the year, and only one baby showed any sign of having inherited the disease, and this child died at eighteen days. In this case, the mother had only had a very short period of treatment before the birth of her child.

Of the other babies, one only showed any sign of eye trouble. This baby was treated, and is now quite well, with normal sight. The Barlow Hostel is beginning to be really appreciated. The mothers in residence see the advantages of the Hostel when the "Old Girls" come with their babies to the parties held throughout the year. The difference between a fostered baby and a Hostel baby is very obvious.

At these parties we have seen a big proportion of our Old Girls and their children, some of the latter having attained the great age of eight years.

The staff continue to do a vast amount of work cheerfully and willingly.

After-care. Consultation between Sister Noakes and Miss Cadmore is always the prelude to arrangements for a girl's future. If a foster-mother is required, Miss Cadmore searches for one and visits her in advance. Afterwards, she herself frequently goes to see the children whether they are in a Home or fostered. That Sister Noakes takes a big share in the After-care of patients is shown by the figures given below of the visits paid to the Hostel by Old Girls, who seek advice on every possible subject.

Three "Babies' Parties" have been held this year, as usual, when the mothers brought their babies to be examined by Dr. Campbell. Some of the guests can hardly now be called "old babies." One of them this year was a cheerful and self-possessed boy of eight years old and several well-grown children of five and six were shown-off to "Sister" and "Doctor" with much pride.

One of the earliest patients of the Hostel has now had three foster-children, besides her own, for seven years on a small farm in the country. She has never married but is a most devoted and hard-working person, and was able to supply excellent Christmas turkeys to the Hostels and members of the Committee.

The Committee ardently wish that more country homes for three or four children were available. If cottages could be given rent free it would be quite possible, as in this case, for a woman to be self-supporting and bring up a little party of babies under ideal conditions.

The following are the figures for visits and correspondence for the last three years:—

	1931	1932	1933
Visits from Old Girls	293	361	364
Letters from Old Girls	225	107	155
Letters from Employers, Friends, etc.	201	250	260
Letters to Employers, Friends, etc.	315	319	303

Ranger Company. The Committee regret to report that, for various reasons, the chief one being lack of a suitable Guider, the Ranger Company of Girl Guides connected with the Barlow Hostel has been disbanded.

Finance : Treasurer's Report. There is a debit balance on the year's accounts of £174 7s. 0d. due to the necessity of painting the outside of the two houses, and the purchase of an Aga Cooker. This latter will very soon pay for itself, as the fuel consumption is much less costly than the amount of gas used formerly.

The income and expenditure are otherwise much the same as in 1932, and we are very grateful to an anonymous donor of £22, and to Mrs. Worthington and Miss Beale, who organised such a successful sale, half the proceeds of which were given to Highbury Hostels.

The total cost of each patient and baby per week including extraordinary expenditure, is £2 12s. 2d., and the average cost of food for each adult is 8s. 7d.

The Extension Fund overdraft at the Bank has been reduced to £863 through a donation of £250, for which we sincerely thank the Trustees of Smith's Charity.

Thanks. The Committee are very grateful for the following gifts in kind, which have been much appreciated.

Clothing: Miss Abraham, the Hon. Mrs. Barlow, Miss Chapman, Miss d'Avigdor, Miss Elliot, Dr. Hare, the Misses Pook, Queen Mary's Needlework Guild, 1st Sands Girl Guides.

Books: British Red Cross Society, Miss d'Avigdor, Mr. Hodkin.

Gramophone: Mrs. H. F. Goldschmidt.

Bagatelle Board: Mr. Hodkin.

Perambulators: Mr. and Miss Lois Brown, Mrs. Horsley, Mrs. Mackenzie Ross, Mrs. de Sabra.

Bulbs, Fruit, &c.: Dr. Campbell, Miss Manassey, Miss Williams.

Christmas Gifts: The Hon. Mrs. Barlow, Dr. Campbell, Miss Cadmore, Miss d'Avigdor, The Lady Emmott, Miss K. Elliott, Dr. Hare, Dr. Hill, Miss Pook, Dr. Rorke, Miss G. Williams, Messrs. Toop, United Dairies.

Reports on Past Patients, from 1925 to 1934.

	No recent news.	Recent news.	Total.
Satisfactory	29	70	99
Unsatisfactory	2	13	15
Fair or Doubtful	2	6	8
Lost Sight of			88
Transferred to other workers ...			78
Married			62
Emigrated			3
Died			4
			<hr/> 355 <hr/>

Occupations of Patients Admitted, 1933.

Domestic Servants	17
Clerks	3
Factory Hands	2
Nurses (untrained)	3
Tailoress and Dressmakers	4
Hairdressers	2
Shop Assistants	2
Dancer	1
Laundry Hand	1
No Occupation	3
	<hr/> 38 <hr/>

Disposal on Discharge.

Returned home with baby	9
Situation with baby	3
Returned home without baby	2
Situations without baby	14
Transferred to other Homes or Hospitals	6
Lodgings with baby	1
Married	1
Went to live with baby's father	1
	<hr/> 37 <hr/>

After-history of Babies Discharged, 1933.

Home with mother	12
Situations with mother	3
Fostered	10
Placed in Babies' Homes	3
Adopted	1
Died	1
	<hr/> 30 <hr/>

REGENT'S PARK HOSTEL.

Subscriptions and Donations, 1933.

	Subscriptions.	Income-Tax Rebate.	Donations.
	£ s. d.	£ s. d.	£ s. d.
Abbott, Miss F. E.	5 5 0		
American Tea, per Miss Mitchell ...			22 0 0
Ancaster, The Rt. Hon. Earl of ...	10 0 0	3 6 8	
Anonymous			5 0 0
Balfour, F. R. S., Esq.	5 0 0		
Barnett, G. A.			1 0 0
Barnett, Geoffrey, Esq.	1 0 0		
Barratt, Sir Francis Layland, the late	5 5 0		
Barrett, Lady, M.D., M.S.	10 6		
Beale, Dr. E. C.			2 2 0
Beale, Mrs. James	2 2 0	14 0	
Beale, Miss M. S.	3 3 0		
Bearsted, Viscountess	5 0 0	1 13 4	
Beddington, G. E., Esq.	10 0 0		
Beddington, Miss W.	2 2 0		
Bevan, Miss H. V.	1 1 0		
Bright, Philip, Esq., J.P.	8 0 0	2 13 4	
Briscoe, Lady	1 1 0	7 0	
Bulman, Miss G. M.	10 0		
Butcher, the Misses	2 0 0	13 4	
Chick, Dr. H.	1 1 0		
Clow, Mrs. Sanderson	2 2 0		
Codrington, Lady	2 2 0		
Cohen, Lady Waley	2 2 0	14 0	
Courtauld, Miss M. R.	2 2 0	14 0	
Crowdy, Miss E.	2 2 0		
Crowdy, Miss M.	10 6		
Darwin, Hon. Lady	2 0 0	13 4	10 0 0
Darwin, Major Leonard	3 3 0		
Darwin, Miss Ruth	2 0 0		
d'Avigdor, Goldsmid, Sir Osmond ...	3 3 0	1 1 0	
Davidson, Miss B. M.	10 0		10 0
Gamlen, A. G. L., Esq.	2 2 0	14 0	
Goldschmidt, Mrs. H. F.	2 2 0	14 0	
Carried forward	£89 1 0	£13 18 0	£40 12 0

	Subscriptions.	Income-Tax Rebate.	Donations.
	£ s. d.	£ s. d.	£ s. d.
Brought forward	£89 1 0	£13 18 0	£40 12 0
Greene, Dr. Helen	1 0 0		
Hall, H. S., Esq.	5 0 0		
Hare, Dr. D. C.	10 0 0	3 6 8	
Hare, Miss K. C.	10 0 0	3 6 8	
Johnson, W. C., Esq.	1 1 0		
Kekewich, Miss H.	10 6		
Kerr, Mrs. Mark	2 2 0	14 0	
King, Dr. C. A.	1 1 0	7 0	
Leach, Lady	1 1 0		
Lepper, Dr. E. H.	5 0 0		5 0 0
Lister, the Misses	2 2 0		
Luxor Cinema			128 3 2
Marker, Miss M.	3 3 0		
Moro, A. R., Esq.			1 1 0
Morris, Dr. F. M.	1 1 0	7 0	
Munro, Miss			10 0 0
Page, Miss P. M.	5 0		
Pemberton, Miss E. B.	10 0		
Penfold, Miss (1932 and 1933) ...	6 6 0		
Pollock, Mrs.	1 0 0		
Pulteney, Dr. I.	2 2 0		
Pushboards, Profits from			10 15 4
Revelstoke, Rt. Hon. Lord	5 0 0		
Richardson, Mrs.	2 2 0		
Riddell, Rt. Hon. Lord			5 5 0
Rorke, Dr. Margaret	1 1 0	7 0	
Royden, Miss E. M.	3 3 0	1 1 0	
Rushey Green Cinema			10 4
Sebag-Montefore, The Hon. Mrs. ...	2 2 0		
Shaw, Robert Norman, Esq.	8 0 0	2 13 4	
Smeathman, Mrs. Julian	1 1 0		
Smith, Miss A. Mabel			1 0 0
Spencer Dunn, Miss M.			5 0
Strode, Miss			5 0 0
Valpy, Mrs.			2 2 0
Vickers, Cecil, Esq.	2 2 0	14 0	
Waldy, Mrs.	1 0 0		
Welsh, Miss S. J. O'd.	2 2 0		
West London Police Court Mission per Mr. Mathieson			2 0 0
Carried forward	£169 18 6	£26 14 8	£211 13 10

	Subscriptions.	Income-Tax Rebate.	Donations.
	£ s. d.	£ s. d.	£ s. d.
Brought forward	169 18 6	26 14 8	211 13 10
<i>From Appeal Fund:—</i>			
Dutch Treat, Proceeds of	£160 0 0		
Sea Rangers, The ...	3 15 0		
Worthington, Mrs. (Half Proceeds of Sale) ...	28 17 6		
			192 12 6
Less Income-Tax irrecoverable from 1932	169 18 6	26 14 8 2 1 8	404 6 4
	£169 18 6	£24 13 0	£404 6 4

HIGHBURY HOSTELS.

Subscriptions and Donations, 1932.

	Subscriptions.	Income-Tax Recoverable.	Donations.
	£ s. d.	£ s. d.	£ s. d.
Anon, In Memoriam			22 0 0
Barlow, Miss H. A. D.	2 2 0	14 0	
Beevor, Mrs. J. H.	3 3 0		
Browne, Miss A. B.	1 0 0		
Brunner, Lucy, Lady	2 2 0	14 0	
Campbell, Dr. A. R.	1 1 0	7 0	
Catholic Women's League			2 2 0
Chafy, Miss Ursula	1 0 0	6 8	
Chick, Miss Mary	2 0 0		
Darwin, The Hon. Lady	1 0 0		
Emmott, The Lady	1 1 0		
Emmott, Mrs. W. R.	10 0		
Forteriot, The Lord			10 0 0
Goldsmid, Lady d'Avigdor	10 0 0		
Hare, Dr. D. C., C.B.E., M.R.C.P.	5 0 0	1 13 4	
Hare, Miss K. C.	10 0 0	3 6 8	
Henriques, Mrs. Julian Q.	1 1 0		
Jewell-Thomas, Mrs.	1 1 0		
Nicholetts, Mrs.	1 1 0		
Orred, Miss A. K.	1 1 0	7 0	
Pilcher, Giles T., Esq.	2 2 0		
Rae, Mrs.			1 1 0
Rogers, The Rev. Clement	1 1 0		
Rorke, Dr. Margaret	1 1 0	7 0	
St. Cyres, The Viscountess	2 2 0		
Sale, per Mrs. Worthington			28 17 6
Salmon, Mrs. Harry	1 1 0		
Smith, Miss A. M.	1 0 0		
Sydenham, The Lady	2 0 0		
Wilson, Dr. Helen	10 0	3 4	
Wilson, Mrs.	1 1 0		
	£56 1 0	£7 19 0	£64 0 6

THE INCORPORATED HOSTELS associated

Dr. Balance Sheet,

	£	s.	d.	£	s.	d.
To SUNDRY CREDITORS—						
Regent's Park	121	8	6			
Highbury Quadrant	301	17	9			
				423	6	3
„ BUILDING AND EQUIPMENT FUNDS—						
<i>Regents Park—</i>						
As at 1st January, 1933	1899	18	9			
<i>Highbury Quadrant—</i>						
As at 1st January, 1933	£3604	8	6			
Less Bank Interest		6	5			
Add Receipts		250	0			
				3843	3	3
				5748	2	0
„ ENDOWMENT FUND. Highbury Quadrant, as at 1st January, 1933				500	0	0
„ SINKING FUND for Amortisation of Lease ...				342	16	10
„ INTERNAL LOAN. Highbury Quadrant Building Fund from General Fund ...				25	0	0
„ INCOME AND EXPENDITURE ACCOUNT:—						
<i>Regent's Park—</i>						
As at 1st January, 1933	142	16	11			
Deduct Excess of Expenditure over Income for year to date		18	2			
				141	18	9

£7181 3 10

To the Members of the Incorporated Hostels associated with
The Royal Free Hospital.

We have audited the above Balance Sheet and have obtained all the information and explanation we have required. The amount to the credit of the Income and Expenditure Account includes the balance on that account as at the date of the Incorporation of the Company, viz:—27th day of February, 1926. Subject to the forgoing remark, the said Balance Sheet is, in our opinion, properly drawn up so

with THE ROYAL FREE HOSPITAL.

31st December, 1933.

Cr.

	£	s.	d.	£	s.	d.	£	s.	d.
BY CASH AT BANK:—									
Regent's Park General Account	133	5	5						
Regent's Park Leasehold Sink- ing Fund	142	16	10						
							276	2	3
Highbury Quadrant General Account	98	14	3						
Building Account	11	15	0						
							110	9	3
									386 11 6
„ CASH IN HAND:—									
Regent's Park		3	7						
Highbury Quadrant		45	10						
									48 17 5
„ INVESTMENTS AT COST:—									
250 National Savings Certificates (Leasehold Sinking Fund, Regent's Park)		200	0						
£565 2s. 6d. Funding Stock 4%, 1960/90 (on Endowment Fund Account, Highbury Quadrant)		500	0						
									700 0 0
„ LEASEHOLD PROPERTY:—									
62, Regent's Park Road, N.W., as at 1st January, 1933									1834 0 6
„ FREEHOLD PROPERTIES:—									
20 and 22, Highbury Quadrant, as at 1st January, 1933									3273 1 1
„ FURNITURE AND EQUIPMENT AT COST:—									
Regent's Park		65	18						
Highbury Quadrant		588	7						
									654 5 5
„ SUNDRY DEBTORS AND PAYMENTS IN ADVANCE:—									
Regent's Park		126	14						
Highbury Quadrant		83	10						
									210 4 10
„ INTERNAL LOAN. Highbury Quadrant General Fund to Building Fund									25 0 0
„ INCOME AND EXPENDITURE ACCOUNT:—									
Highbury Quadrant:—									
Balance at Debit, 1st January, 1933 ...		74	16						
Add Excess of Expenditure over Income for year to date		174	7						
									249 3 1
Less Transfer from Repairs and Renewals Reserve		200	0						
									49 3 1
									£7181 3 10

as to show a correct view of the state of affairs of the Company, according to the best of our information and the explanations given us, and as shown by the books of the Company.

DATED THIS 10TH DAY OF MARCH, 1934.

HARDY, HISLOP & CO., Chartered Accountants, } Auditors.
119, MOORGATE, LONDON, E.C.2.

REGENT'S PARK
INCOME AND EXPENDITURE ACCOUNT

INCOME.		£	s.	d.	£	s.	d.
ANNUAL SUBSCRIPTIONS	...	194	11	6			
DONATIONS	...	£211	13	10			
SPECIAL APPEAL FUND—							
Proceeds of Dutch Treat	...	160	0	0			
Sea Rangers Xmas Gift	...	3	15	0			
Mrs. Worthington's Sale (Half Proceeds)	...	28	17	6			
		404	6	4			
PAYMENTS BY AND ON BEHALF OF PATIENTS	...	146	8	4			
GRANT, LONDON COUNTY COUNCIL	...	700	0	0			
		1445	6	2			
BALANCE, BEING EXCESS OF EXPENDITURE OVER INCOME			0	18	2		

£1446 4 4

HOSTEL.

FOR THE YEAR ENDED 31st DECEMBER, 1933.

EXPENDITURE.		£	s.	d.	£	s.	d.
MAINTENANCE :—							
PROVISIONS :—							
Meat	...	77	13	6			
Fish, Poultry, etc.	...	13	2	1			
Butter, Bacon, etc.	...	37	18	11			
Eggs	...	9	16	6			
Milk	...	49	17	8			
Bread, Flour, etc.	...	22	7	9			
Grocery	...	71	10	11			
Vegetables and Fruit	...	76	2	3			
		358	9	7			
SURGERY AND DISPENSARY :—							
Drugs, Chemicals, Disinfectants, etc.	...	13	2	0			
Dressings, Bandages, etc.	...	1	13	9			
Instruments and Appliances	...	1	4	0			
		15	19	9			
RENEWALS AND REPAIRS :—							
Furniture	...	20	13	3			
Bedding and Linen	...	51	10	7			
Hardware, Crockery, Brushes, etc.	...	16	19	8			
		89	3	6			
FUEL AND LIGHTING :—							
Coal	...	43	14	4			
Gas	...	37	6	10			
Electric Current	...	20	1	3			
Oil, Wood, etc.	...	2	11	2			
		103	13	7			
DOMESTIC :—							
Washing	...	57	11	10			
Cleaning and Chandlery	...	29	1	8			
Water	...	4	0	5			
Sundries	...	0	7	6			
		91	1	5			
ESTABLISHMENT :—							
Renewals and Repairs	...	42	8	2			
Garden	...	0	5	0			
		42	13	2			
SALARIES AND WAGES	...				394	17	0
MISCELLANEOUS :—							
Printing and Stationery	...	15	15	9			
Postage, Telephone, etc.	...	32	2	7			
Fares	...	27	16	8			
Education	...	13	0	7			
After-Care, Salary and Expenses	...	103	18	9			
Advertisements	...	0	4	0			
Sundries	...	0	10	10			
		193	9	2			
TOTAL COST OF MAINTENANCE	...	1289	7	2			
AUDITORS' FEE	...	5	5	0			
RENT	...	17	10	0			
RATES AND TAXES	...	31	5	4			
DEPRECIATION: LEASEHOLD PROPERTY	...	102	16	10			
		1446	4	4			

£1446 4 4

HIGHBURY QUADRANT
INCOME AND EXPENDITURE ACCOUNT

INCOME.		£	s.	d.	£	s.	d.
ANNUAL SUBSCRIPTIONS				64	0	0
DONATIONS		13	3			
„ Anon., In Memoriam		22	0			
„ Sale, per Mrs. Worthington		28	17			6
					64	0	6
DIVIDENDS AND INTEREST		23	10			6
No. 22, Highbury Quadrant:—							
Payments by and on behalf of Patients	341	2	8			
No. 20, Highbury Quadrant:—							
Payments by Patients: Outworkers	86	4	0			
Payments by Patients: Inworkers	202	11	6			
					629	18	2
PAYMENTS BY APPROVED SOCIETIES				13	0	0
GRANT—LONDON COUNTY COUNCIL				2400	0	0
BALANCE, BEING EXCESS OF EXPENDITURE OVER INCOME		174	7			0

£3368 16 2

HOSTEL.

FOR THE YEAR ENDED 31st DECEMBER, 1933.

EXPENDITURE.		£	s.	d.	£	s.	d.
MAINTENANCE:—							
PROVISIONS:—							
Meat	138	18	2			
Fish, Poultry, etc.	48	10	9			
Butter, Bacon, etc.	116	7	11			
Eggs	34	14	5			
Milk	234	8	7			
Bread, Flour, etc.	78	15	0			
Grocery	126	15	0			
Vegetables and Fruit	103	5	9			
					881	15	7
SURGERY AND DISPENSARY:—							
Drugs, Chemicals, Disinfectants, etc.	15	14	9			
Dressings, Bandages, etc.	7	17	3			
Instruments and Appliances	5	11	5			
					29	3	5
RENEWALS AND REPAIRS:—							
Furniture	22	6	6			
Bedding and Linen	52	1	2			
Hardware, Brushes, etc.	30	15	6			
					105	3	2
FUEL AND LIGHTING:—							
Coal	93	4	10			
Gas	67	8	2			
Electric Current	38	1	2			
Oil, Wood, etc.	2	12	0			
					201	6	2
DOMESTIC:—							
Washing	22	19	8			
Cleaning and Chandlery	80	3	1			
Water	10	3	11			
Uniforms	6	12	6			
Sundries	4	4	6			
					124	3	8
ESTABLISHMENT:—							
Renewals and Repairs	186	5	0			
Garden	13	11	5			
Insurance	11	19	1			
					211	15	6
SALARIES AND WAGES:—							
General	887	0	5			
Domestic	318	10	2			
					1205	10	7
MISCELLANEOUS:—							
Printing and Stationery	12	17	9			
Postage	31	18	1			
Fares	33	1	10			
Education	11	1	0			
After-Care	199	12	9			
Entertainments	10	0	0			
					298	11	5
TOTAL COST OF MAINTENANCE				3057	9	6
AUDITORS' FEES				5	5	0
RATES AND TAXES				68	17	5
EXTRAORDINARY EXPENDITURE				237	4	3
					£3368	16	2

