

BETWEEN VES. OURSEL

My hearty thanks to the many readers who have sent a meed of praise and congratulation upon the last number. Many of these tributes come from working girls between whom and the Woman Worker an enduring friendship has already been formed. These kindly messages, together with the many favourable comments and notices in the public press, and the increasing sale of the journal, are most encouraging. They convince me that the Woman Worker is proving a useful auxiliary in the struggle for betterment, and, as Walter Crane puts it, " is representing the woman's side in a way never done before." before

* * * Our columns are again filled with good things. Robert Blatchford, who contributes a characteristic letter to the women workers, is a veteran soldier in the Labour and Socialist army. Nunquam's books and *Clarion* articles have directly and indirectly influenced millions of people at home and abroad. Much has recently been said about his theological or anti-theological views. Doubtless at one time he would have been burned as a heretic at the stake. To-day we are ant to attach more importance to his theological of anti-theological theological theological of anti-theological of anti-theological theological theological theological theological stake. To-day we are apt to attach more importance to the fact that he loves and fights for the poor; that he believes, deeply and passionately, in the religion of humanity. * *

Mr. Edward Cadbury, writing from the employer's standpoint, justifies and defends Trade Unionism. He is one of the heads of the cocoa factory at Bournville, a description of which was given in last month's number. His article ought to be read, not only by the workers, but by every employer of labour. Mr. Cadbury believes in the economy of good wages and of sturdy self-reliant working men and women.

I can barely enumerate the other interesting features of the present issue. In her article, "Warp and Woof," Miss Tuckwell writes on a matter of practical value to every factory worker. Out of her first-hand knowledge of Paris, Miss Cartwright gives information that may prove waluable to come of our moders. Me Meller the every factory worker. Out of her hrst-hand knowledge of Paris, Miss Cartwright gives information that may prove valuable to some of our readers. Mr. Mallon tells the story of the Southwark strike. I also publish a welcome and helpful letter from Mr. Geo. N. Barnes, M.P. Altogether, no effort is being spared to give our readers of the very best; and when I mention that our March issue will contain articles by J. R. Clynes, M.P., George Haw, Dennis Hird, M.A., and George Lansbury,

will understand that a high standard will be maintained in the future.

* * * The opening month of the year has revealed our women workers in militant mood. No fewer than three industrial disputes have to be recorded in which the National Federation has been involved. The work-girls employed by Messrs. Barclay and Fry, Southwark, who struck against a reduction in wages, are to be heartily congratu-lated on having gained a recognised minimum wage and the recognition of the Federation. A large branch of the Federation was formed at Southwark during the dispute. Having received concrete proof of the value of organisa-tion, the Southwark women will, I am sure, remain loyal members of the Federation, which was so largely instrumental in bringing the struggle to a successful instrumental in bringing the struggle to a success

* * * Our Edinburgh members have again been on the war-path. They have been protesting against excessive and arbitrary reductions in piece-work rates. Only fifteen paper-bag makers were directly affected in the first in the first they had appealed to the Federation for help. No woman in Edinburgh could be found to do blackleg work, despite the unremitting efforts of the employers to secure non-Union labour. Ultimately our members resumed work on the old conditions, the firm having meantime consented to refer the proposed reductions to arbitration.

* *

* * * No sooner had this dispute been settled, than trouble broke out in another quarter. Messrs. Mackenzie and Mackenzie, of Edinburgh, Biscuit Makers to the King, announced a general lowering of rates, which, in the case of the biscuit icers, amounted to over 25 per cent. Although belonging to no Union, some thirty of the girls went on strike. They immediately joined the local branch of the Federation, which took up their case. I ought also to mention that the Trades Council, whose members have ever been ready to help the women workers has have ever been ready to help the women workers, has rendered yeoman service throughout. It is understood that pressure has been brought to bear on the firm from high quarters, and that a speedy settlement may be looked for.

It is a cheering sign of the times that women in all parts of the country are rapidly entering the ranks of

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	The Simple Life Walt Whitman.
	The True Atheism Russell Lowell.
	Complaints and the Law.
	PORTIA.
	Talks with the Doctor
	Dr. X.Y.Z.
	Trade Union Notes
	MARY R. MACARTHUR.
	Women's Labour League
	Mrs. J. R. MacDONALD.
	Women's News of the Week,

girls as Mr. Perret. He is the concocter of the specious advertisement and —I discovered—the tenant of a small house at Maida Vale where "Nurse X." resides, in case any wary person should pay a personal visit to inspect the "54 articles elaborately tucked and

trimmed." Mr. Perret is not the originator of this brilliant scheme; that honour belongs to a more prosperous competitor, * N.B.—The facts contained in this article re vouched for. Names are. of course, ictitious.—ED. the wrists, and there is feathering at lace at the neck. I tell you it can't be done, Mr. Perret, for less than three-pence halfpenny. It's dirt cheap at that. It takes me four hours 'ard to do one, and then there's thread to pay for." There's a murmur of sympathy from the waiting women behind. "Well, three shillin's," says Mr. Per-ret, suavely.

ret, suavely.

He waits a moment, but the girl's passion has already waned, and he adds, "You'd better put an extra tuck on the sleeves!

recruits. * *

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There is, however, a class of workers—the super-sweated women workers—whom it is practically impos-the only hope is that the State should intervene, and, by legislation, raise them to that point at which combination and collective self-help become possible. For this reason is reasing popularity of the movement making for Wages Boards. In view of the conflicting statements that have been made as to the working-class attitude towards Wages Boards in Victoria, many of our readers will be interested to learn that Mr. Keir Hardie, M.P., during his recent visit to Australia, sent a special message to the Woman ways this veteran leader, "organised Labour opinor says this veteran leader, "organised Labour opinor aratically unanimous in favour of Wages Boards."

Trade Unionism. The Women's Trade Union League is besieged with appeals for help in organising work. To extend and further the good work, the Executive of the Federation have appointed Miss Ellen Smyth, of Leeds, as organiser for Birmingham, Bournville, and district. I am certain she will succeed in winning over many new recervits Parliamentary Labour Parly have again decladed to give the measure an important place in its ballot. The measure is closely identified with the name of the newly-elected chairman, Mr. Arthur Henderson, to whom we extend our sincere congratulations.

so often cheated and wronged by commercialism that they have combined in self-defence. Bitter experience has made them well acquainted with the characteristics of capitalism, and they are no longer taking any chances.

and they are no longer taking any chances.
A chronic borrower, who generally forgot to repay, met an acquaintance in the street, and said:
"Lend me a sovereign, old man."
"Sorry, old boy, but I won't do that."
"You don't doubt my character, do you?"
"No; that's why I won't lend it."

The labourer and the bishop.

Ince tabourer and the Dishop. Ignorance compels the workers to toil much harder and under worse conditions than they would otherwise do. Ignorance, apathy, and lack of unity are the enemies of progress and reform. Many workers are sunk in an abyss from which no influence, except organisation and legisla-tion, can lift them. A bishop saw an old labourer turning a windlass which hauled up ore out of a shaft. That was his monotonous task for the whole long day. His hat was off, and a hot summer sun poured down on his unprotected head. Said the bishop :— " My good man, the sun will injure your brain if you expose it in that reckless way." The labourer wiped his brow, looked at the bishop, and

The labourer wiped his brow, looked at the bishop, and said 'Do you think I'd be doing this all day if I had any

He went on turning the handle.

almighty hand, "work ten." And so it was given out. Now at this time Trade Unionism was not in the universe of the telephone girl. Trade Unionism for her l Had you ventured the suggestion on the 'phone, even Miss Glen would have switched you off with asperity. But this sudden onset set the girls thinking. They resolved that the attack must be resisted, and that it must be resisted, unitedly. To resist it thus was to Our Portrait Gallery. resolved that the attack must be resisted, and that it must be resisted unitedly. To resist it thus, was to strike. "Very well," said Miss Glen, flourishing her receiver, "let us strike." So it came to pass that the girls left the Holborn Exchange and their prejudices No. 6 .- MISS ELIZABETH GLEN. liss GLEN, in the Trade Union world, stands for youth Whereas others prevail by concentration tence, Miss Glen smiles and carols her way behind, and with decision and dignity came to the temple of Women's Trade Unionism in Clerkenwell Road. th adversity. She is like the lady of mythology,

1 des Miss Elizabeth Glen.

at whose gentleness the beasts that closed the enough to gather, and no storms sufficiently unallant to burst. Miss Glen is a North London lass, a native of ves. She was in her

Meanwhile, subscribers were calling for Holborn, and biurgations not lightly to be repeated were poured out upon that unresponsive place. The directors were un-troubled. "Let girls be sent," they commented, "from other exchanges." But these other girls stoutly refused to be sent, and the wrath of the subscribers steadily rose. Then the directors reconsidered themselves. Miss Glen beasts that closed the path to others put off their fierceness and grew gentle themselves. This may explain in part the Then the directors reconsidered themselves. Miss Glen received intimation that if the girls would resume work, the whole matter would be discussed with them in a conciliatory spirit. Next day the shields were donned again, and the subscribers assuaged. The end was a satisfactory compromise, whereby, though the girls accepted a slightly lengthened day, they were given a shorter Saturday in compensation. Other troubles were also discussed, and arrangements made for the supply of lighter shields and more comfortable chairs. Miss Glen and her friends were well pleased with the issue of their short battle. Neither they nor their colleagues in the service missed the moral. The National Association of Telephone Operators was promptly founded, and has equable nature of her career, over which few clouds have been unkind historic Islington, whose legends she knows and seventeenth year when a friend told her alluring stories of the happy life of telephone operators. Straightway Miss Glen made up her mind, and the ensuing six of Telephone Operators was promptly founded, and has flourished exceedingly. Miss Glen, its first President, and now its General Secretary, tells with glee of the constant influx of members, and of its increasing power to redress their troubles. In its first year of existence it made their troubles. In its first year of existence it made 1,000 recruits and formed strong provincial branches, especially in Liverpool and Manchester. It was able to help to secure better payment for night operatives in London, and in Manchester to check an unpopular re-arrangement of hours. It could even exert considerable Parliamentary influence, and on its behalf many questions were asked in the House of Commons. The good work of that first year has been well maintained, and three annual reports testify to increasing usefulness, increasing membership, increasing funds. ths found her at the Bank Exchange rapidly acquiring e dark arts by which subscribers are confounded, and telephone rendered a valuable instrument of spiritual pline. With the completion of the initiatory period and some colleagues were transferred to the Holborn Miss Glen has described the equipment of a telephone erator as it used to be, from which it would appear at some years ago a girl went to the telephone much membership, increasing funds.

a mediæval knight would go to a tournament. She a head shield, and a chest shield, and a chair iciently high (and, as the girls thought, sufficiently omfortable) to suggest a charger. This heavy and award equipment tired the girls and made their heads and when evil-tempered men (all of whom, Miss thinks, are on the telephone) would address to the ry operators pungent comments on her own and the pany's shortcomings, life could not fail to wear a garb. On the other hand, the work had its garb. On the other hand, the work had its actions; the hours were fair, and though much over-e was exacted, it was paid for at a reasonable rate. ing one consideration with another, the girls felt they e not unfortunate in their occupation. Then came a sference of the Exchange to new premises above the rkbeck Bank Here the armour given to the girls is even heavier than of old, the chairs were still taller, d, as it seemed to Miss Glen, the language of sub-ribers still more noteworthy. But worse remained

At this juncture the girls at Holborn had been working uch overtime. There came to one of the directors of complain." "Why, how's that? The season has been mild and e company the great idea that payment for much of is would be obviated if the girls worked a longer rmal day. The girls had previously worked eight urs. "Let them," said the director, waving an warm. "Oh, aye," answered the sexton, with a knowing wink; "but, you see, there's been two extra doctors here lately.





Good Stories. No bad work returned. The linen workers of the North of Ireland have requestly to complain about bad material. Through our because I find I've no inclination to work." • "Only be alarmed," replied the doctor; " if that were an adment, Edinburgh would be a plague-stricken city." satisfactory, and foremen or cloth-passers will either impose heavy fines or compel them to purchase and carry off the damaged cloth. This reminds one of the story of the tailor and the doctor who met at the funeral of one of the doctor's patients. "Oh, doctor," observed the tailor, "you must be a

happy, happy man." "Why so?" inquired the physician. "Because none of your bad work is ever returned."

He was quite satisfied.

A new convert who has come into the Labour movement with a rush, caught with a sudden enthusiasm for the work and the cause, has written to tell us that she is getting slightly disheartened because of sparsely-attended meetings and an apparent lack of interest in her branch. There is no real reason for discouragement. From small beginnings great results accrue. Everyone has to struggle against difficulties and reverses at the start. A singer, who afterwards became famous, was once in his early days taken ill a few hours before he was due to appear the willage concert. He wired to local committee : "Ill; There is no real reason for discouragement. From small at a village concert. He wired to local committee: "III; cannot come; give audience money back." He received the following answer: "Audience has got his money back and he is quite pleased."

A common disease.

When Trade Unionists put forward a plea for the right works?" Surely the best way to discover who are not

THE WOMAN WORKER

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Miss Glen and her colleagues are now firm in their faith. They have seen and they have believed. They hope soon to have all the operators in the organisation, to win other boons for themselves, and, through the Labour movement, to help their weaker brethren in other trades to win boons too.

TWO EXTRA DOCTORS.

After many years of government by orthodox Whig and Tory politicians, our social problems remain unsolved, the people perish, and the contrast between the rich and poor seems greater than ever. Remedies are proposed which lead nowhere, and, in some cases, actually aggravate the

lead nowhere, and, in some cases, actually aggravate the disease. A gentleman taking a quiet walk came upon the village gravedigger hard at work. "Well, James," he said, "how's business in your line?" "Very brisk, very brisk; 'deed, I've no reason to

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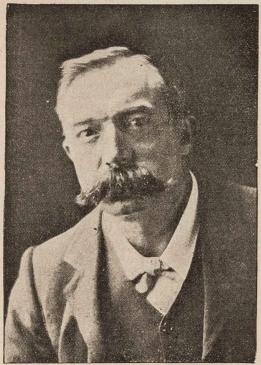
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IS IT NOTHING TO YOU? AN APPEAL TO THE WOMEN WORKERS.



Robert Blatchford.

Robert Blatchford. LADIES,—It is bitter weather for hungry women and men to sleep out on the Embankment. It is bitter weather for little children to go to school without their breakfast. It is bitter weather for the unemployed. And if I were a nice mild, comfortable Christian gentleman, I should say—" God help the poor"; and then I should put another lump of coal on the fire, and stir my hot tea and sigh: a nice cultured genteel sigh. But I'm not that kind of person at all. And I know that God will not help the poor; and I have a deep and strong belief that no man, nor class of men, can help the poor, to any useful purpose, until the poor begin to help themselves. That is a hard saying, but it is *true*. And why do not the poor help themselves? I think it is because they do not know how to do it. They do not understand. They have been always poor; their parents

understand. They have been always poor; their parents were poor, their children-

Why should their children be poor? They need not be you may ask. And I answer: Understood their own rights, and their own needs, and their own power! How to get them to understand: that is the question. Who is to do it? Well, suppose you try, ladies—you, the women workers. "Oh, we!" you may answer; and I say: "Yes; undoubtedly it is your work; and none could do it better than you.

Ladies, I have been working away for some twenty years trying to get the men to understand. Now I think sometimes I will take a leaf out of nature's book, of whom Burns said :---

Her 'prentice han' she tried on man And then she made the lasses, O !

I say I think sometimes I will hand the men over to some other philosopher, and then I will appeal to the women. And really, as I am writing a letter to the Woman Worker, I might as well make a beginning here and now. Please, then, women workers of England, let me plead with you to help. You know how hard some women and girls have to work, for what little pay. You know what small begas of beightness and pleasure comes into their

small share of brightness and pleasure comes into thei lives. You know how uncertain is the future; how soo the prime is past. You know therefail is the future, how soon the prime is past. You know what heed the world pays to a woman when she is old; what mercy it shows to a woman who is down. But few of you know how different life should be and could be. You are inured to the gloom; and you have felt, perchance, the pinch of trouble; ut you have not ever seen the sunshine of real happiness r ever realised the wonderful possibilities that you

children may realise—if you will help them. Half the people of wealthy England are poor : millions of them are almost destitute. And the children ! There of them are almost destitute. And the children ! There are hundreds of thousands of little children who are not half fed, nor half clothed, nor half taught. Is it not pitiful? And may I ask you, ladies, why do you—you, the women workers of England, allow these things? Oh! you cannot prevent them. You do not understand politics, and trade, and figures. No, you do not. Who does? I do not. And I do not want to. But I under-stand that children should be fed, and taught, and loved; and

and that women should be cherished and honoured; ar that men should work, and should have work found for them. And I understand that there need not be a hungr or poor man, or woman, or child, in the Kingdom. An I understand that on the day when the working classes learn their power, all the shames and hardships that make life hideous for millions in this rich and Christian England to-day will be swept away. It would happen this yea if the people understood. Will you help them to under

stand? Ah, but if you yourselves do not understand! You do not. That is where you are to blame. You ought to. Oh, when you understand, you can do wonders That is why I want you to understand. To understand what? SOCIALISM !

Yes. The very best thing you can do, ladies : the best thing you ever did, the greatest service you can render your class, your country, and your children, is the thing I beg you to do—to do at once.

Get to know what Socialism means

Yes. It is quite easy to understand Socialism. No. The subject is not dry.

The subject is not dry. To put the idea in a few words, Socialism means Britain for the British; it means that England should belong to the English—to the whole English people, and not to a few thousands of them. It means that England should be governed by the English—by the whole of the English people, and not by a few families. It means that there shall not be a poor man, nor a hungry child in the whole action. whole nation. It means that every woman shall be free, and shall be safe, and shall be honoured. I say honoured; not respected only, but honoured.

But can all this be realised? Is it possible? It is as you make it. In the old Greek legends, sung y Homer, it was the goddess, the grey-eyed Athene, who ut fire into the hearts of the men, and strength into heir limbs. Athene is dead, but the allegory is true; roman is not dead, and woman is still the goddess who steel men's hearts, and turn the tide of war. So ome to you, the women workers of England, and tell that we want all women free and honoured, and all hildren happy; and we want you to help the men to win great and holy fight.

You will—when you understand. You can—when you derstand. It is easy. You have only to read one little lock, to think one little bit. I had to find it all out for elf. I had to hammer out the chain of thought with own wits, to make it link by link. Now it is easy

is bitter weather. For how many years shall hungry It is bitter weather. For how many years shall hungry and desperate men tramp the wind-swept wintry streets scarch—vain search—of work? For how many years all the little children go hungry to their lessons, go ingry and cold to bed? Is it nothing to you? Aye, I how it is much to you. Then help us to help others. and out where the wrong is : find out the remedy. Get understand. Come to the rescue of your sisters, come the rescue of the children, come now. We cannot win theart our voir sincerely the rescue of the characterity, ithout you.—Yours sincerely, ROBERT BLATCHFORD.

THE WAY OF THE WORLD.

THERE'S a phrase that I heard in my dear childhood's

Oh, I've heard it full often since then

is a plea that a school of philosophers raise For the grossest shortcomings of men.

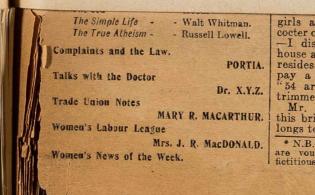
- hen it rang in my ears with an alien sound, And I pondered it well in my mind; forsook all my toys with a face most profound, But no reason within it could find.

- re grown older, and wiser, and sadder meanwhile, And the gauntlet I often have hurled the face of those men who proclaim with a smile—
- My friend, 'tis the way of the world.'
- is the way of the world that the strongest should crush And should fetter the limbs of the weak; 'hilst their cheek for the outrage knows never a blush-And of Honour and Virtue they speak.
- hey say Life's a panic, and each one must fight To get out with the most in the end;
- we cannot be bothered to think if it's right, But may trample down lover or friend.
- s the way of the world to count money as wealth, And to wear out their souls in the strife; ea, dearer than childhood and women and health,
- And often-times dearer than Life.
- is the way of the world when the end draweth nigh, And the lusts of the heart have grown cold, worship where dim lights stream in from the sky, And to dream of a heaven of gold.
- nd to cry that this life isn't anything worth, But at best like a Dervishes' dance— But in some way they stand 'twixt the heaven and the earth
- With their eye on the very best chance).

the way of the world is to murder and rob,

And to trample and lie and betray, and to turn a deaf ear to the trampled one's sob,

Then it's time the world got a fresh way ETHEL CARNIE.



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MR. GEORGE N. BARNES, M.P., ON THE WOMEN'S MOVEMENT.

DEAR MISS MACARTHUR, -- Your report of the Women's Trade Union League is duly to hand, and I am glad to know that you are making headway in the industrial betterment of women. Should dispute arise, and there is need for help, you may rely upon A.S.E. men. They have over hear reaction to cheve provide a compatibut with cred ever been ready to show practical sympathy with good

Men generally are recognising the need for the organisation of women even from the point of view of self-protection. Capitalism, by its very nature, is driven by intensifying competition to seek lower and yet lower levels of wages, and therefore it is in the interests of men orkers that the claim for equal pay for equal work should

But I am glad to know that a growing number of our menfolk are actuated by a better motive. They see that, contrary to the natural order of things, women are bearing

contrary to the natural order of things, women are bearing the heaviest burdens in the hurly-burly of life, and they wish to help the women to lighten these somewhat. It can be done, is being done, by organisation. I was at Oxford during the month, and am glad to report that your movement is taking hold there. It has many good friends, including Mr. Lister and Mr. Carlyle, the vicar, as well as an increasing number of the students, who are beginning to see upon what a ghastly foundation their lives of culture and ease are based. You have some real gritty members among the white seam and printing trade workers, who form the nucleus of a strong branch, or branches, of the organisations of these trades. It did me good to see them button-holing all and sundry, making arrangements for meetings in outlying places, taking part in the Sweating Exhibition, and, generally speaking, showing themselves alive to their own interests and to the larger interests of the Labour movement as well. Good luck to you, to them, and to your helpers every-

larger interests of the Labour movement as well. Good luck to you, to them, and to your helpers every-where! I ventured to say in my last letter to you that you would find friends, and I am glad to think this prediction is coming true. I have really been surprised to find so many. My mind dwells now, for instance, on some people at Portsmouth who are taking a warm interest in your work, and among whom is one of the bravest and simplest (they denerally do together) could that ever and simplest (they generally go together) souls that ever I met.

I met. To enlist more on your active list you should develop the paper. Get some leaflets out and supply myself and others with them. As we go hopping about we may plant them in good soil. There is a lot of good stuff about, you know, only it is so hard to get at. The goodness in human nature is so choked up with false ideas, or so hemmed in with deadly and stupid respectability that it cannot get proper vent. But few really live contentedly in the existing morass of competitive commercialism. Many proper vent. But new really new contentials in an existing morass of competitive commercialism. Many put up with it only because they have not recognised its Many ugliness, its brutality, its stupidity. Help them to realise all this on the woman's side, and then you will get some, at all events, to work with you in the cause of better-ment. Again good luck, and with seasonal greetings, believe me, Yours sincerely,

GEO. N. BARNES.

TRADE UNION ADVERTISEMENT.

National Union of Paper Mill Workers of Great Britain and Ireland. Entry fee for women, 6d. Contributions, 2d. per week. Out-of-work (\pounds I per year), Accident (10/-), Funeral (\pounds 8), Victimised, Strike or Lock-out Benefits, and Legal Assistance.—General Secretary, Mr. Wm. Ross, 84, Bristol Street, Manchester.

girls as Mr. Perret. He is the con-cocter of the specious advertisement and -I discovered—the tenant of a small house at Maida Vale where "Nurse X" resides, in case any wary person should pay a personal visit to inspect the "54 articles elaborately tucked and trimmed." Mr. Perret is not the originator of this brilliant scheme; that honour be-longs to a more prosperous competitor, * N.B.—The facts contained in this article

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The Parable of the Bashful Wooer.

By MARY R. MACARTHUR.

OUR EDUCATIONAL PAGE.

No. 3.-OUR FOOD.

(ARTICLE I.)

HEN we consider the enormous number of different kinds foods that exist, it would seem impossible, at first, to d any simple way of arranging them. Yet, in spite of is great variety, we can say that they are all built up of ree different kinds of material. These three kinds of tuffs are called :-

(1) Proteins; (2) Sugars; (3) Fats.

meat, which is really the muscles of an animal, sts almost entirely of the first class of foodstuffs, white of an egg is also made up of this, and, ly, a large part of the seeds of plants, such as

of these proteins become hard when heated. This at happens when an egg is boiled. A good cook at happens when an egg is boiled. A good cook is has the water boiling before attempting to cook ing in it, because on placing the meat in this, a thin f proteid is formed on the outside, and this prevents

on for its digestion.

The way to the mouth is, of course, closed by the tongue, and that to the nostrils by muscles at the roof of proteid is formed on the outside, and this prevents uices inside from getting out. e "sugars" include all the various kinds of sugar, as grape-sugar or glucose, cane-sugar, and starch Fat, of course, requires no further explanation. t us see what happens to these when they are eaten. one knows that when we chew our food it becomes I with saliva. This is manufactured by special parts be body, called the salivary glands. We have three uses glands; one between the eye and ear, another th the tongue, and the third beneath the lower jaw. e first one sometimes becomes swollen and inflamed, of the mouth. All these things are done at once, and the result is that the food is shot down the throat—the only result is that the food is shot down the throat—the only passage left open—rather like an air-gun. Some idea of the speed with which the food is shot down may be gained by watching a cow chewing the cud. The cow will be seen to stop chewing, and then a sort of wave passes down the throat, and, on watching further, a similar wave is seen to travel back towards the mouth. This last only occurs with animals that chew the cud, and shows the passage of food from one of its stopenet. and shows the passage of food from one of its stomachs-for a cow has several-back to the mouth to be thoroughly chewed again and re-swallowed. Then it goes to another the first one sometimes becomes swollen and inflamed, the patient is said to have the "mumps." These is are connected with the mouth by small tubes, and aliva can thus be conducted to the mouth when we The working of these glands is under the control stomach, where it is digested. Thus our food does not fall down the throat, but is pushed down; and this is why we can eat lying down, and the juggler can drink a glass of water when standing on his head. It is much easier to swallow a fair amount of stuff than a very small were, is sent from the brain to start the machinery, then the saliva is poured into the mouth. That is the mouth "waters" whenever we see food that we very much or even think obsert is quantity, for the tongue cannot get hold of small things. Many people cannot swallow a small pill without either Many people cannot swallow a small pill without either washing it down with water, or eating a piece of bread to make a larger and softer mass, which the tongue can get to the back of the mouth and send down the throat. In the stomach the food undergoes further changes, through the action of a liquid called the "gastric juice," which the stomach pours over it from all its surface. It acts only on the proteins of our food, not on the fats or sugars. It also curdles milk, making a sort of junket. Now there is much difference in the size of the curd obtained from human milk and from cow's milk. With y much, or even think about it e saliva becomes mixed with the food during chewing, serves to moisten it; also its slimy nature makes the easier to swallow. Some people chew their food very lly, and then swallow it by taking a gulp of water. is bad, because the food is then in an unsuitable digestion and a section of a large one, since it can then become more ughly mixed with them. obtained from human milk and from cow's milk. With human milk no large curds are formed, but a lot of small ones instead. It is thus much wiser to feed young children on the food nature has provided for them than to do to the curd back to the state of the nax compare these juices to the lime, and the food he sand, which a mason uses in making mortar for ding. In this case we are building our body. You w it would be very bad mortar if pebbles were used ead of fine sand, and similarly our "vital mortar," so peak, is bad if it is in large lumps instead of small to go to the cow, because the curd formed in cow's milk is often so large as to interfere with the digestion. Even some grown-ups cannot take cow's milk for this reason. We have seen that saliva flows whenever we think of food. The same is true of gastric juice, and a certain hother important duty of saliva is to turn starch into far. You may test this by placing a piece of starch on back of the tongue after moistening it with saliva. a few seconds it becomes sweet, this being due to the ar that is formed. It should be placed on the back the tongue, because there we taste things. ook at the back of your tongue and you will notice of of small round places on it. By means of these we able to taste. Starchy food, therefore, like bread, other important duty of saliva is to turn starch into

Do you remember the story of Miles Standish? Miles, a gruff old warrior, fell in love with a beautiful young girl called Priscilla. Though famed in the arts of war, he knew nothing of the arts of love. He could not screw up knew nothing of the arts of love. He could not screw up courage to speak to the maiden, to ask the vital question. So he deputed his love-making to John Alden, a young and handsome gallant. John faithfully carried out his duties. He eloquently pleaded his friend's cause. He praised Miles in the maiden's ear—spoke of his courage, his devotion his goodness his devotion, his goodness.

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Priscilla listened with a quiet smile. When John had Frischla histened with a quiet sinke, when John had finished, she said softly, with a look half-shy, half-roguish, "Why don't you speak for yourself, John?" And John spoke for himself and won, and doubtless lived happy ever after. Poor old timid, brave Miles Standish! He had entrusted his love affairs to another, and was left a

had entrusted his love affairs to another, and was left a sadder and wiser man. Now Longfellow's poem contains a lesson which is constantly on the lips of Trade Unionists : "If you want a thing well done, do it yourselves." And the lesson can be applied, not in one direction only, but all round. Of course, all Trade Unionists do not yet see the need for giving the moral so wide a meaning. Let me take a case in point. The National Union of Clerks has just launched a monthly magazine—a bright and promising little journal. In the first number, Mr. Elvin, the General Secretary, earnestly advises the members not to discuss politics at earnestly advises the members not to discuss politics at branch meetings. Keep out all "isms," he pleads— Liberalism, Toryism, and Socialism. Mr. Elvin appears to act on the principle that you cannot be too careful. He thinks, perhaps, that political debates will cause strife He thinks, perhaps, that political debates will cause strife and trouble. If politics merely consisted of estimating the relative merits of orthodox parties, Liberal or Tory, I should quite agree that it was a waste of time to con-sider the matter inside the branch—or outside. But politics involves something greater than this, and I should like to make the issue clear to you. Mr. Elvin is a leading official of his Union, and an earnest and sincere worker. He sees that little or nothing will be done for the clerks until they can effectively "speak for them-selves" to employers. He sees that they cannot do that without a strong organisation. But that is not the without a strong organisation. But that is not the conclusion of the whole matter; it is only the beginning. If, as wage-earners, we find it necessary to take steps

to protect ourselves against employers, should we, as citizens, leave our interests unprotected in their hands? If we cannot trust employers in regard to hours, wages, and conditions, surely we cannot trust them in the making of laws which closely affect our welfare and happiness. Up to the present the employing classes have made the laws. If we do not discuss politics, if we do not take

an interest in politics, they will go on making them. But they will frame laws in their own interest, not in ours—in favour of the rich and against the poor. "What do you consider the object of legislation, Mr. Hume?" Lord Russell once asked.

The greatest good to the greatest number," replied Mr. Hu

"What do you consider the greatest number?" "Number One."

Employers have acted on that principle; hence the

larkened lives of so many of the workers. Just think for a minute what important things Parlia-ment has power to decide. I will mention but a few: (1) How long we shall work each day. (2) What we shall be paid for our work (3) The heat, light, and cubic

space of werkrooms. (4) What compensation shall be paid in case of accident. (5) Whether employers shall be allowed to fine us and make deductions from our wages. (6) What kind of education our children shall receive, and whether hungry school-children shall be fed. (7) Whether the workers shall have decent homes to live in. (8) Whether the unemployed shall get work and the aged poor

All these questions can be settled by Parliament. All these questions are a part of "politics." Yet Mr. Elvin seriously assures us that it is wrong to discuss such things at our brench meetings.

For what do Trade Unions exist? To fight agains wrong, to improve conditions, to place within reach of all the chance to live clean, happy lives. If we cannot discuss politics, we might as well have no Trade Unions. Trade Unionists are beginning to realise this; that is why they have built up a Labour Party over a million strong. In politics, as elsewhere, Mr. Elvin, we must learn to speak for ourselves. In politics, as elsewhere, the voice of Labour will be heard and obeyed, just in proportion as it is strong, determined, and united.

is strong, determined, and united. Let me show you how the matter strikes me. You have heard of the trouble (now fortunately settled) between Messrs. Barclay and Fry and their Tin Box Makers. The girls worked hard and got scant wages. Their hands were often maimed and sore. Just before Christmas their wages were reduced, the second reduction within three months. They revolted, and struck work. Suppose that just then there had been a bye-election in Southwark. Suppose that two of the directors of Messrs. Barclay and Fry had entered the field respectively as Liberal and Tory candidates. Suppose that a third candidate, Tom Jones, bricklayer and Labour man, had also taken the field—one who had been fighting all his life to increase the wages and brighten the lives of the workers. What would you have said if the fathers, brothers, and sweethearts of these over-driven, underpaid girls had rushed to the poll to vote for one or other of the well-groomed directors, and against the Labour man? against the Labour man?

Yet that is what constantly happens at Parliamentary and municipal elections. Liberal and Tory employers will victimise and lock out their employees; force down wages and impose hard conditions. But in the heat and hurry of elections all these wrongs are too often forgotten, and working men are foolish enough to send employers to govern them. Some day-may it be soon-working women will themselves have a right to vote and to help to shape the laws. Let us hope they will make a wiser use of the franchise than many of the men have done.

Meantime, speak to others about this important matter, Meantime, speak to others about this important matter, to father, brother, sweetheart-to husband, if you have one. Ask them whether they will vote next election for an employer's candidate or a Labour candidate. Tell them that a wise use of political power will mean clean, glad homes, more food and clothing, better education, higher wages for the sweated work-woman, an old-age pension, a juster share of the nation's wealth. Tell them to "speak for themselves" in politics.

In an address on "Sweating," delivered at Leicester, Miss Clementine Black quoted an instance of a London workwoman who does beautiful needlework, and has made garments for a princess, and yet receives a wage which works at advect at advect to be a state of the sta



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Edited by Meredith Atkinson. Keble College, Oxford.

rice, or potatoes, ought to be well chewed, so as to convert the starch in them into sugar, which is much nore easily digested.

more easily digested. The torgue moves the food about during chewing, and thus enables the teeth to do their work. Then the tongue forms the food into a lump, which is seized by the muscles of the throat. All the openings at the back of the throat are then closed, except that leading to the throat. One of these openings leads to the lungs through the windpipe, and closes when we swallow. You can see this by watching "Adam's apple," which moves upwards and outwards when we swallow, closing the passage to the lungs. We are forced to stop breathing while swallow-ing, and thus close up the passage to the windpipe. But if we try to talk at the same time, the food is apt to "go down the wrong way." That is why we teach "go down the wrong way." That is why we teach children it is rude to speak while eating, for they may choke.

For

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ENNY.

n, Leeds, Notwho conduct lines.

s busy time. wait in a row atents of their

ese 'ere gowns stomers, Mrs. to one of oking women. Why, it ain't partic'ler about I don't maike

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lot-five and ire payin' too ires," he says. re at two an

ries the girl arment in her astonishing three tucks Five tucks and eeves. There's ren tucks and ll with featheriderneath as

girls as Mr. Perret. He is the con-cocter of the specious advertisement and -I discovered—the tenant of a small house at Maida Vale where "Nurse X" resides, in case any wary person should pay a personal visit to inspect the "54 articles elaborately tucked and trimmed." Mr. Perret is not the originator of this brilliant scheme ; that honour be-longs to a more prosperous competitor, *N.B.—The facts contained in this article are vouched for. Names are. of course, fictitious.—En.

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WARP AND WOOF. By Gertrude M. Tuckwell.

London work-room. First there was the great show-room of the smart estab-lishment, with the ladies coming in to buy, the girls, who showed the dresses to customers, moving about in costly toilets, the fitters hurrying backwards and forwards to the rooms where the trying on of dresses was going on. It was a scene of luxury, where smart idle women came to gossip and to spend enormous sums on decking themselves

In the next scene we were in the workroom where these In the next scene we were in the workroom where these costly clothes were made. Over the long rows of tables the girls were stitching early and late. A new order from a smart lady, who had given it so late that additional over-time had to be worked to get the dress ready for a ball, spread consternation among the girls. They had been up all the night before, they had been promised an evening off to rest and sleep, and now, with only the inducement of a supper at midnight, they found the long night's work had to be again repeated. Some of them made the best of it, but there was one little sickly, anæmic girl, such as you often see in a London workroom, to whom the news came as a terrible blow. She could not stand the strain of these long hours, and a few moments afterwards her came as a terrible blow. She could not stand the strain of these long hours, and a few moments afterwards her fainting-fit caused a diversion of work, and all the girls crowded round the poor little figure. They were hurried back to their places, and the fainting girl was encouraged and pressed to take up her work again

The next change in the scene was the advent of the Woman Factory Inspector, who, arriving unexpectedly in the middle of the workroom, called on the girls to give the hours which they had worked the night before, and to explain their presence at midnight on that day. Perhaps my readers may know that there is a heavy fine which can my readers may know that there is a heavy line which can be imposed by the Factory and Workshop Law on anyone who does not tell the truth to Factory Inspectors, but, in spite of this, the girls' fear of their employer and desire to conciliate her was such that no one would tell the truth. One after the other stated that she had never worked late before, and that on this particular occasion she was making a dress for herself, and had stayed for her own leasure. At last the Factory Inspector came to the girl ho had fainted, and she, terrified at her situation, but not pleasu daring to tell a lie, told the truth. The Factory Inspector took the names and addresses of the girls and left the work-room with the intention of prosecuting the firm for over-working their employees. Then followed a scene such as we know happens from time to time in factory or work-shop. "Madame," the employer of the girls, who had stood by powerless while the whole story was told, gives in the play an instant dismissal to the offending girl and to her sister, who had stood by her and supported her; and the girls, without wages in lieu of notice, with the prospect of being blacklisted by their employer so that they will not find other work, are turned out of the workroom to fare as best they may. daring to tell a lie, told the truth. The Factory Inspector best they may.

In the last scene the sick girl dies.

Now, you may think that this is an exaggerated story, and, so far as the death of the workgirl goes, no doubt it may be; but, all the same, the main facts of the case are true. Over and over again there come to our know-

Some four or five years ago a play called "Warp and Woop," written by Mrs. Alfred Lyttelton, was put on the stage of one of the London theatres. It did not run very long, and I am afraid that none of the readers of the *Woman Worker* may have seen it, but it was a play that all ought to have seen. It was the story of two girls in a London work-room. First there was the great show-room of the smart estab-lishment, with the ladies coming in to buy, the girls, who showed the dresses to customers, moving about in costly to late the fitters burgering backwards and forwards to the protection for which they were intended, every workgirl as a citizen ought to help to put them into force. She ought to know what protection she can claim; to study the abstract of the Factory and Workshop Law which hangs up in her workroom; and when she sees that the law is being broken, to communicate with the Women's Trade Union League, so that the matter may be put right Here you may say that this is all very well, but that i

is difficult for a girl who, perhaps, has relations dependin upon her, to sacrifice her work in order to uphold he rights, as she may do if she is suspected of having sent in complaints and brought the Factory Inspector. Loss o work and blacklisting by an employer may be followed by week after week of useless search for work, while the small earnings that have been put aside gradually ebb away, and starvation stares you in the face. Well, I an thankful to say that this dreadful alternative does no now present itself. There is a fund by which all those who lose their work by telling the truth to a Factory Inspector are supported until they can find fresh work, and are helped in finding it. Two such cases, not long ago, came to us from the Federation of Women Workers; ago, came to us from the Federation of Women Workers; one of them having now got fresh work is "off the fund," the other is still being indemnified. There are some girls who feel that they do not like to take anything, even from such a fund as this; but I want to point out to you that I think, however proud and however self-respecting you may be, this is a fund of which you may gladly make use. It is a wrong state of society in which it is possible for people to suffer severely for having done their duty, and it is right that there should be some means of helping them over a difficult time. There is no charity in such a fund as this. Case after case came to our knowledg before this fund existed in which girls were high-minded and honest enough to tell the truth and suffer; now they need not suffer, and may feel they have a right to our help. Tell everyone you meet that, in case injustice su as I have described should ever happen to them, Miss Macarthur can put them in touch with the Society which administers the Indemnity Fund.

NONE TO RENOUNCE.

A member of the London Chamber of Commerce has just stated that when a man joins his Trade Union h gives up his individual liberty and freedom. When on remembers the long hours low wages, and broken live of the workers, one wonders what and where is the precious liberty, the sacred freedom, about which the employer is so much concerned. Once a deputation Scotch Calvinists called upon their minister to complain that his views were not strictly orthodox.

What do I say that's wrong?" asked the minister. ' Oh, you never tell us to renounce our righteousness.' ' No, I never did that,'' replied the minister. '' I neve noticed that you had any to renounce

A FACTORY SINGER.

beards, and princesses and grisly bears. All the tales are beards, and princesses and grisly bears. All the tales are strictly accurate, and are given on the authority of Winnie, who told them "comin' froo a wood." The book is a charming portrayal of the imaginative child—true to the life. Its value is greatly enhanced by the beautiful illustrations—the last work, unhappily, of Frank Ches-worth. We can heartily recommend the book as an ideal gift to all children, to all who love children, to all whose hearts are still word. MISS ETHEL CARNIE, textile operative and poetess, is not unknown to readers of the Woman Worker. This factory who sings at her work is among the contributors to pages. We are glad to see that a second and enlarged on of her "Rhymes from the Factory" has just been ished. Miss Carnie makes no excessive claim for her es. Mcdestly yet proudly she lays them before us, pages. W whose hearts are still young. An idea of Dolly's method of telling her stories may be gathered from the opening of the fourth ballad. g us only to remember the circumstances under which From a child," she says, "I found myself expressing

From a child," she says, "I found myself expressing thoughts in rhythmic forms, and deriving great pleasure m so doing, accompanied though it was with a sense constraint that I must do so. It was just as a tune it one has once heard and liked seems to haunt the ad and will not be dismissed until entirely mastered. went on 'half-time' at eleven as a reacher in the Delph ad Mill at Great Harwood, after which I became a ider at the St. Lawrence Mill in the same town. I was winder for some six years. It was in this period that wrote 'The Bookworm,' which seems to have attracted most attention of any of my writings. It was really posed one morning, whilst working at my frame. I ki it is no exaggeration to say that all my poems come nk it is no exaggeration to say that all my prame. I nk it is no exaggeration to say that all my poems come on my head at the mill. It might be, as Miss Marianne rningham said of me in an article in the *Christian* orld, that my occupation had something to do with the "thmic forms into which my thoughts shaped them-

m the point of view of literary perfection, the verses , of course, many flaws. But it cannot be disputed Miss Carnie is richly endowed with genuine poetic ng. She hears "the low sad music of humanity." Lancashire factory lass sings of the mysticism of Lancashire factory lass sings of the mysticism of hnë. She sings her hatred of the god of Gold, her of children, her pity of the desolate and oppressed. tunes her harp to themes which have stirred many rs: Friendship, Youth, Beauty, Night, Love, Hope,

e or two verses from "The Bookworm" will serve llustrate her style :---The world of books--how broad, how grand ! Within its volumes, dark and old, What priceless gems of living thought Their beauties to the mind unfold.

- On wintry nights, when howls the wind, And earth lies 'neath a shroud of snow, I draw the blind and light the lamp And in the world of books I go.

- I read of glorious Italy-
- Around her name what mem'ries throng; The land of beauty and of art, The land of laughter, love, and song;
- Until methinks I hear the oars Cleaving the bright Venetian tide, Inhale the scent of southern flowers, And see the gay gondolas glide !

"Rhymes from the Factory" is published at 1s., and may be obtained direct from the author, 76, Windsor Road, Great Harwood.

A CHARMING BOOK.

The Dolly Ballads, by Robert Blatchford (price 3s. 6d. et, the Clarion Press), is a book that will fill the hearts f children with delight. The ballads consist of the elightfully inconsequent stories which Dolly tells, perched n her mother's knees at bedtime. She has much amusing rattle about "bishumps" and "crocumdiles" and Blue-

The Simple Life Walt Whitman.	girls as
The True Atheism Russell Lowell.	cocter of
Complaints and the Law.	house at
PORTI	A. resides, i
Talks with the Doctor	pay a p
Dr. X.Y.	Z. ¹⁶ 54 arti trimmed.
Trade Union Notes	Mr P
MARY R. MACARTHU	R. this brill
Women's Labour League	longs to a
Mrs. J. R. MacDONAL	D. * N.B
Women's News of the Week.	are vouch fictitious

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If you hide into the bracken, If you hide into the bracken, When the daisies is asleep, An' hold your hands before your face An' peep, an' peep, an' peep; An' never talk, nor wiggle, An' don't do anysing : You'll see the likkle fairies come An' make a fairy ring. An' when the ring's made proper, Don't make the least of noise, An' you'll see the fairies dancing Like likkle gels an' boys.

TO MY FIRST LOVE.

I remember Meeting you In September, 'Sixty-two. We were eating, Both of us; And the meeting Happened thus Accidental, On the road; (Sentimental Episode.) I was gushing, You were blushing, So was I. I was smitten, So were you; (All that's written Here is true.) Any money? Not a bit. Rather funny, Wasn't it? Vows we plighted, Happy pair ! How delighted People were ! But your father, To be sure, Thought it rather Premature ; And your mother, Strange to say, Was another In the way. What a heaven Vanished then ! (You were seven, I was ten.) That was many Years ago-Don't let any-Body know.

[" Overheard by the little Bird " and Federation Branch Reports held over until next issue.]

""Well, three shillin's," says mi. It's ""Well, three shillin's," says mi. It's ""Well, three shillin's," says mi. It's ret, suavely. "He waits a moment, but the girl's "He waits a lready waned, and he

Mr. Perret. He is the con-t the specious advertisement and covered—the tenant of a small t Maida Vale where "Nurse X" in case any wary person should personal visit to inspect the ticles elaborately tucked and d." the wrists, and there is feathering at lace at the neck. I tell you it can't be done, Mr. Perret, for less than three-pence halfpenny. It's dirt cheap at that. It takes me four hours 'ard to do one, and then there's thread to pay for." There's a murmur of sympathy from the waiting women behind.

The facts contained in this article passion has already waned, and he adds, "You'd better put an extra tuck on the sleeves!

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ENNY.

, Leeds, Notwho conduct lines.

s busy time. wait in a row ntents of their

se 'ere gowns stomers, Mrs. y to one of oking women. Why, it ain't artic'ler about

I don't maike ar for that lot the woman

do with strite Perret with this time. M a penny-three are there ?-- a

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ries the girl arment in her astonishing three tucks Five tucks and eeves. There's ren tucks and l with featherunderneath as



CHAPTER IV.

CHAPTER IV. HESTER's stately exit was no true expression of her feelings, which were in a condition of most undignified tumult. But she had not spent several years in Johnson and Farmer's showroom, attending on customers who were occasionally rude, and frequently silly, without learning the lesson of self-control under provocation; and her experience stood her in good stead on the present trying occasion. She did not even quicken her pace on the stairs; but, once in her bedroom, she caught up her hat and pinned it on hastily, mastered by an overwhelm-ing desire to get out of the house in which she had had to submit in silence to remarks so humiliating to her self-esteem. self-esteem

Once she had closed the front door-quietly and care-Once she had closed the front door-quietly and care-fully, for she was bent on avoiding all action which might pass for an exhibition of temper—she let her feet carry her rapidly away from Widdrington Place, down the hill, past the reservoir, and through the network of quiet roads, occupied for the most part by small semi-detached houses, which connect the business quarters of Ilchester with its municipal park. At five o'clock on a summer Saturday afternoon, when all those of her friends who had not gone on an excursion would be at tea che who had not gone on an excursion would be at tea, she felt pretty safe in making the park a refuge for her hot



cheeks and angry heart. She would meet nobody there----a delightful reflection at a moment when the thought of having to smile and answer commonlace questions was intolerable. Aunt Lucy's gibe had gone very deep; Hester

writhed mentally under the smart of it. Was this what writhed mentally under the smart of it. Was this what everyone said, or thought, if they had the good manners not to utter their thoughts aloud? Had all her world written her down a hypocrite, a loose pretender to sympathies with causes for which, in reality, she cared not a farthing, except as they afforded her an excuse for attracting a man's attention? Was it the lot of every unhappy girl who tried to be of some use to her fellows to be so misunderstood? Must ribbons and flirtations be for ever supposed to be the only possible interacte of to be so misunderstood? Must ribbons and flirtations b for ever supposed to be the only possible interests of girl's existence? Did Aunt Lucy indeed represent publi opinion in general: the opinion of all ordinary men an women—perhaps even of those who were not ordinary-Rose, Mr. Gregory, even Hillyard himself? That las was a dreadful thought. Hester flew on faster, heedles of the warmth of the dusty roads and the sun beating down on her achieved. That Hillward about the down on her aching head. That Hillyard should suspect her of insincerity, of playing a comedy for his benefit, would be beyond bearing. And yet, how make her motives clear? Were they, indeed, absolutely unmixed? Had not Hillyard's personality, influence, counted for something in her conversion?

in her conversion? She sank down on a bench—she had got well within the precincts of the park before her self-questionings reached their desperate stage—and stared miserably before her. Always she had been so sure of herself; but now for a moment the bands of her self-confidence were loosened. Why, if Hillyard were merely her leader and teacher, should his good opinion be of such supreme importance to her in this hour, outweighing that of friends much older, far more tried? She realised suddenly so long as he retained full faith in her honesty of purpose, the others might doubt it as they would. No, it was not the Aunt Lucy's and the Florrie Browne's who had power to hurt her. Her real torment lay in the fear that their to hurt her. Her real torment lay in the fear that thei judgment might be *his* likewise.

Our heroine, you perceive, was very young; she took things tragically. A few hours back she had thought the world a delightful place. Now, in the shadow which a few ill-considered words had thrown across it, it had become a place of gloom, in which was no place for justice, no hope scarcely of mercy. Natures, highly strung as was this girl's, sensitive to the waves of finer feeling, the touch of the noble emotions, are often inclined to these mental exaggerations of their own distresses. And, as we have already remarked, Hester was very young; and youth despairs readily.

She sat still on her bench, which was set at some littl distance from the nearest path, on a plot of grass under a group of beeches, and reviewed all that had happened since the memorable day of the Morison Concert. Perhaps her recollections were reassuring; perhaps the quiet

THE WOMAN WORKER

alm of her surroundings were not without their soothing ffect, for gradually her flushed cheeks cooled, her self-ommunings grew less bitter and more hopeful. It was, erhaps, unnecessary to make sure that he had credited

minutings give too have a make sure that he had credited r with silly, self-advertising motives, especially as much his conduct went rather to show a different opinion. Nobody came Hester's way for a long time. She had tered the park by a small side-gate, too narrow to admit rambulators, therefore well off the beat of nursemaids, d had stopped short in her walk before she reached the int where its line might be intersected with that of urning cricketers from the pitch a good half-mile away. was a singularly informal park, this of Ilchester; little ore than the remains of what had been a great beech-od, through which rides and walks had been cut mingly almost haphazard, where the tall trees threw ir shadows on long lines of unbroken turf. The voices children at play were heard now and again, sounding nt in the distance; now and then a sleepy bird twittered the branches. Hester sat still and grew less angry. en, far away, the clock of St. Dunstan's struck seven, a she got up, with a sigh, to go home—for it would There was no mistaking his tone; it expressed genuine annoyance. Hester's heart gave a bound of satisfaction; he did believe in her, then ! "You should be the last person to reproach me for that," she responded, demurely. "But it isn't like that, really. I like-lots of other things." "Well, then, prove it—prove you can take an interest in something else—by stopping to hear my news. I received a big piece of news this morning." Hester's eyes lighted up. "I believe I can guess!" She checked herself, but not before the thrill in her voice had brought a glow to Hillyard's bronzed face. voice had brought a glow to Hillyard's bronzed face. "There's going to be a by-election at Bletchingham. They've asked me to be the Labour candidate. Was that -what you though?" "Yes. Oh, I am glad, Mr. Hillyard!" "Thank you," rather gruffly. A pause. "I only knew, for certain, this forenoon. Else I should have told you sooner

hen, far away, the clock of St. Dunstan's struck seven, d she got up, with a sigh, to go home—for it would r do to miss Aunt Clara's regular supper-hour of eight her mood had become almost reasonable. Only she ped, very fervently, that Aunt Lucy would be gone to astation before she herself reached Widdrington Place. It was too late to have recourse to the side-gate and network of roads outside; she must take a more direct the. She made her way towards the East gate, keeping der the trees, and wishing that dusk would fall, for still felt an irrational shrinking from meeting her juaintance. But the days were yet long and the even-s light; and she had not gone more than halfway to gate before she saw a figure advancing from the posite direction, and, after a moment of anxious utiny, knew it for Hillyard's.

she had an intense desire to run away. For a moment seemed as though the record of the little scene in Miss y's sitting-room, to say nothing of all her heart-rchings during the past two hours, must be written ge on her face for the man to read. Of course she ered the foolish impulse almost as soon as it arose, only in badly-acted drama that people stand transinto immobility at the appearance of a lover or an y; in real life they walk forward and shake hands onvention bids. Hester, sustained by convention, ked forward and prepared to shake hands, if required

At the same time she said to herself-" I shall merely

At the same time she said to herself....'I shall merely y good evening and hurry on. I'll take care to give m no chance of suspecting, thinking....'' But Hillyard had evidently no notion of permitting her hurry on. He planted himself decidedly in the way, ying cheerfully, if rather nervously...'' So you were in e park after all !''

ster rejoined, rather stiffly, that she had been in the for some time

"You hid yourself very well," Hillyard observed, with smile. "I had almost given up hope of finding you. ut little Cissy Meakin was sure she had seen you go , and it didn't seem likely you would take the way by ilston Road except to go to the park." "I didn't see Cissy." Hester did not explain that, at e moment of passing the Meakin's house, she had rgotten that such a family existed. "That child is ways at the window," she added, severely.

"Well, there's plenty of time to cure the bad habit." "Well, there's plenty of time to cure the bad habit." illyard seemed determined not to be put off by his com-anion's tone. "How old is she? Eight? And I'm rateful to her habit just for this once, for I wanted to eet you particularly; I've something to say. Won't you t down for a minute or two?"

The Simple Life Walt Whitman.	
The True Atheism Russell Lowell.	cocter of t —I disco
Complaints and the Law.	house at
Talks with the Bard	
Talks with the Doctor	7 pay a p 54 artic
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MARY R. MACARTHU	R. this brilli
Women's Labour League	longs to a
Mrs. J. R. MacDONAL	D. * N.B7
Women's News of the Week.	are vouche

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"I can't, I'm afraid. My aunt keeps early hours; and, besides, I've some letters to answer this evening, and a heap of Branch notices to send out. We've been particularly busy at the shop lately, and the work has bad to suffer" had to suffer

had to suffer." "I do believe "—Hillyard spoke in an aggrieved voice— "that you care for nothing in the world except to work !" There was no mistaking his tone; it expressed genuine annoyance. Hester's heart gave a bound of satisfaction;

Hester protested that it was "very good" of him to tell her so scon. "No, it isn't. I haven't told you just for your



"I can't stand uncertainty any longer," said Hillyard.

erret is not the originator of iant scheme; that honour be-a more prosperous competitor, The facts contained in this article ed for. Names are. of course, -ED.

Mr. Perret. He is the con-the specious advertisement and covered—the tenant of a small t Maida Vale where "Nurse X" in case any wary person should personal visit to inspect the ticles elaborately tucked and d." Perret is not the originator of lliant scheme : that honour be-



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ese 'ere gowns stomers, Mrs. to one of oking women. Why, it ain't artic'ler about I don't maike

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lot-five and ire payin' too ires," he says. re at two an

ries the girl arment in her astonishing three tucks Five tucks and eeves. There's ll with feathernderneath as

pleasure, but because I want something of you, that I can ask for now. Weeks ago I had reason to think this was coming. If it had come last summer—well, I shouldn't have looked beyond it. It would have been enough for me, you understand. I shouldn't have looked beyond it. Do you understand?" He was getting pale you under his bronze. "Do you?" Hester's little movement of the head might mean either

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Hester's little movement of the head might mean either Yes or No; it was so vague. Hillyard went on— "Last year I made up my mind that, as soon as this came, I must get to know the truth about you. Till I know, I can't put any heart into the work. If there's anyone else—and sometimes I've thought there was—tell me at once, and I'll just go away and do the best I can. Only I can't stand uncertainty any longer." "There is no one else," said Hester, and the sound of her own voice filed her with astonishment. It seemed a miracle that she could speak at all

a miracle that she could speak at all. "If you'd let me love you—if you'd promise to marry me—" Hillyard suggested, stretching out a big trembling hand. He, who could plead so eloquently on occasion, had no words for his own cause. But to the

occasion, had no words for his own cause. But to the girl his broken phrases were eloquent enough. Now, of course, had she been a true heroine of romance, was the moment for executing a self-denying ordinance. Bent on proving her devotion to "the cause," she should have rejected him, lest her future action might be swayed, henceforward, by the motives of a dangerous strong personal affection. No such dream of heroism crossed her brain. She forgot, as though they had never been, the misgivings of an earlier hour. And when she laid her hand into that stretched out to claim it, and looked up into her lover's eves, there fell upon the earth looked up into her lover's eyes, there fell upon the earth, for Hester, a glory above that of the sunset reddening through the beech boughs and making golden the turf where she and Hillyard stood together

(To be continued.)

ENGLISH GIRLS IN PARIS. By ETHEL CARTWRIGHT.

I HAVE been asked so often about the chances for English I HAVE been asked so often about the chances for English girls to find work in Paris, that I think perhaps a few remarks on this point may be of general interest. I am not in a position to speak with authority of prospects in other branches of employment than those of governesses and office workers, but as it is more especially to these that a knowledge of foreign languages is desirable, there may be a good many to whom my experience would be of some service.

First of all, let no girl come to Paris to work and think First of all, let no girl come to Paris to work and think she is going to "pick up" French with very little effort on her own part. It is so difficult—and so expensive—to get board and lodging in a French family that most of us are driven sooner or later to taking a room and getting our meals, except breakfast, out. Many girls find this sort of life very lonely; and, in any case, whether you are of the sociable kind or not, this is not the way to learn French. With the best intentions in the world, many of those who come over expecting in a very erg or to "careful those who come over expecting in a year or so to "speak like a native" find that at the end of that time they are The sentences in the day.

Those who come as clerks are in a somewhat more favourable position from this point of view, if they have the good fortune to get into a French firm where all their colleagues are French; still more so if they start

with a really good theoretical knowledge of the language, and are thus able from the first to undertake translations, and some of the French work, when opportunity offers, of the office.

It is very rarely possible to get a post here from England, and it is not wise to come over on chance, unless one is in a position to live for some weeks without earning anything, and can afford to take the risk of having to return after all without having found work.

Another important point is that of board and lodging. Those who come to Paris expecting to be able to live at the same rate as in London are doomed to disappointment. A girl who is really anxious to learn a language is pre-pared to make sacrifices and to rough it a little for a time, and she calculates on how little she can manage; but too and she calculates on how fifthe she can manage, but too often she bases her calculation on her own previous experience, not knowing that the expenditure of $\pounds I$ a week, which she considers a very liberal allowance to make for actual living expenses, and which will in London secure a very fair degree of comfort, will only past, with very strict economy, cover such expenses in Paris; indeed, I doubt whether it can be done on that if one is to have any real comfort, in winter, when fire and lights form such a heavy item in one's expenditure.

and lights form such a heavy item in one's expenditure. Cases have come within my personal experience where girls, either sent out from England, or newly arrived here, have accepted a salary equivalent to about 30s. a week, imagining that they would be able to live on about 12s. or 15s., and that they would therefore have quite enough over to amply supply all their personal needs; and they have been quite aggrieved to find that their 30s. did not go nearly as far here as at home; they would not have come if they had known and feel that somehody ought come if they had known, and feel that somebody ought to have told them.

Not only living, but also one's personal expenses, are very considerably higher than in England, as almost every-thing in the way of clothes is very dear; a costume that could be had for two guineas in London would probably cost about \pounds_4 in Paris.

There is a home here, in connection with the Y.W.C.A. where girls can live at a moderate rate-moderate for Paris-until they are able to make suitable arrangements and know enough French to manage for themselves. The same Association has lunch rooms, where the midday and evening meals are nicely served at low prices; and there are also French clubs for working women which provide cheap and wholesome meals. The ordinary restaurant is too dear for the wage-earning girl, and the cheap one is decidedly unappetising, at any rate, to English ideas. Such places as Lyons' and the A.B.C. do not exist in Paris, and dairies, where one can have eggs, bread, and tea, coffee, or milk, for one franc (10d.) are not very entiful.

I have occasionally heard French people complain that living is dear in London, and it may be that we find it dear here because we do not know the best way to set about providing; but whatever the reason may be, the fact remains that every English girl does find it necessary to spend much more here than at home. Salaries seem to spend much more here than at none. Sataries seen to run, for good typists, between 150 and 250 francs (30s. to $\pounds 2$ a week, as nearly as possible); but generally some knowledge of French is required, and, to get the latter sum, a good knowledge, and, in many cases, ability to take dictation in French, for which Pitman's shorthand is easily adapted.

LABOUR TROUBLES IN FRANCE.

From figures issued by the French Ministry of Labour we learn that 1,309 strikes occurred in France during last year affecting 31,331 women. The strikes were largely in connection with the movement for a reduction of the hours of labour.

HE Editor invites brief letters on subjects of general iterest. Correspondents should write on one side of the r only. Letters should be sent in not later than the day of each month, and should be addressed :—Editor, Vorker, Club Union Buildings, Clerkenwell Road, ndon E.C.

WHAT OUR READERS THINK.

To THE EDITOR, THE "WOMAN WORKER." DEAR EDITOR,—Are we to infer from the short story by ett Ridge, "The Reward," in a recent issue, that it was Isie's duty to forego all thought of marriage and stay thome with her mother? If so, it seems rather hard nes for her. Surely we mothers have our "reward" in he joy and pleasure of working for and loving our hildren. There is an old Norwegian saying—"The fruit anot for the tree." I wonder what other mothers and aughters think of it?—With best wishes, yours sincerely, FLORENCE HUMPHREVS. FLORENCE HUMPHREYS

Birmingham. Looking forward to each issue.

To THE EDITOR, THE "WOMAN WORKER." DEAR EDITOR, THE "WOMAN WORKER." DEAR EDITOR, I look forward with pleasure to each ssue of the *Woman Worker*. It is the best women's aper I have ever seen, and a credit to all concerned in its roduction. All good wishes for its success. MRS. J. ELLIOT.

45, Beechville Avenue, Scarborough

Quite fond of the "Woman Worker."

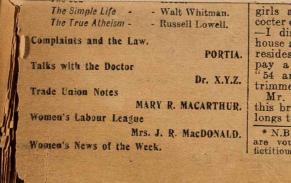
DEAR EDITOR,—May I express my pleasure at having een awarded the prize for the letter competition this nonth? I am particularly proud to have obtained my irst literary success at the hand of the Woman Worker ar own paper. I am already quite fond of the Woman Torker, and am most impatient for its arrival each both. Where I can I will make it known, for I wish great success. MONICA POULBOISE. 90, Southfield Road, Chiswick, W?

PRESS OPINIONS.

Our January Issue.

ur January Issue. Our last number was widely mentioned in the London and provincial press. Extracts from one or other of our rticles—chiefly those written by the Bishop of Birming-am and Mr. Victor Grayson, M.P.—were quoted in the Jaily Chronicle, Daily News, Daily Graphic, Evening lews, Morning Post, British Journal of Nursing, Man-hester Chronicle, Edinburgh Dispatch, Bristol Echo, York

Sweating, etc.? Some of us know that we are quite as important as the "man" part of the community, and want to be recog-nised as such, and take our share in the duties of citizen-ship. We believe we can, in many ways, do our share to sees Newcastle Chronicle, to mention but a few. "The oman Worker," says the Pall Mall Gasette, "is a renuous and highly articulate new penny-monthly.", he Methodist Times remarks that "the Woman Worker bring nearer the time when oppression and all ugly things will be a thing of the past. After attending a woman's ould be supported by the woman who is a wage earner; ould be supported by the woman who is a wage earner; age earner it will give her new subjects for thought." I don't know how you have managed it," remarks Mr. To. Barnes, M.P., "but I find the *Woman Worker* is ready known wherever I go." will be a thing of the past. After attending a woman's will be a thing of the past. After attending a woman's or any other political meeting, we notice the growing number of women present, and feel encouraged; but to those who work in large works, the apathy is striking; there is no shutting our eyes to the fact that there are multitudes of young women who have no interest beyond love, courtship, and marriage in the columns of ould be supported by the woman who is a wage earner; ne will find it useful, and by the woman who is not a age earner it will give her new subjects for thought." lready known wherever I go.'



THE WOMAN WORKER

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OUR DEBATING COLUMN. THE "WOMAN WORKER" FORUM.

[A prize of 5s. will be awarded each month to the writer of the best letter to our debating column. You may either raise a fresh issue, or may reply to a subject discussed in the previous numbers. All letters must be in by the 24th of each month. The Editor is not necessarily identified with the opinions expressed.]

Sweating and Penny Bazaars.

To THE EDITOR, THE "WOMAN WORKER." DEAR EDITOR, TH it would be a good plan for women and girls who read the *Woman Worker*, to put their heads together—or their pens to paper—to discuss what can be done to abolish sweating. Of course, the surest and best ways are through the spread of Trade Unionism and the steady advance towards Socialism; but, in the meantime, are there not some little things we can do to help? In London, for instance, there are a great many Penny Bazaars where you can get many useful many Penny Bazaars where you can get many useful articles; and I think there can hardly be any doubt that most of these things are sweated, or they could not be sold so cheaply. Perhaps some good might be done if those who understand would determine not to pâtronise those places. Good would also follow if readers would inform the *Woman Worker* of those firms who pay their employees a scandalously low wage, and of those firms who pay a better wage, so that those of us who think would know whom to support and whom to avoid. Naturally the very poorest of the people cannot help buying the very cheapest articles, but there are hundreds of women who could easily avoid buying sweated goods if they knew how to go about it. B. K. goods if they knew how to go about it. 111, Lollard Street, Kennington Road, S.E. B. K

Can Women be awakened?

TO THE EDITOR, THE "WOMAN WORKER."

DEAR EDITOR, —The letter I am writing is hardly the kind you ask fer in January's Woman Worker, yet, looking through the titles of the suitable subjects you give us, the thought which comes to my mind is this: *How* are we to get the vast number of indifferent working women to take any interest in these questions-Trade Unionism

⁵⁴ articles elaborately tucked and trimmed." Mr. Perret is not the originator of this brilliant scheme; that honour be-longs to a more prosperous competitor, * N.B.—The facts contained in this article are vouched for. Names are. of course, fictitious.—En. There's a murmur of sympathy from the waiting women behind. "Well, three shillin's," says Mr. Per-ret, suavely. He waits a moment, but the girl's passion has already waned, and he adds, "You'd better put an extra tuck on the sleeves."

girls as Mr. Perret. He is the con-cocter of the specious advertisement and -I discovered—the tenant of a small house at Maida Vale where "Nurse X" resides, in case any wary person should pay a personal visit to inspect the "54 articles elaborately tucked and trimmed." feathering at

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ese 'ere gowns istomers, Mrs. y to one of king women. Why, it ain't artic'ler about I don't maike

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HOME HINTS.

Many excellent recipes and household hints have been sent in this month. The prize is divided between MRs. HUMPHREYS, 17, Hillaries Road, Gravelly Hill, near Birmingham, and MRS. T. E. ABELL, Station House, Branston, near Burton-on-Trent.

Branston, near Durton on From Cake. German Pound Cake. 10 ozs. flour, 8 ozs. fresh butter, 8 ozs. castor sugar, 4 ozs. peel, 1 lemon, ½ lb. sultanas, 5 eggs. Beat butter and sugar to a cream, add flour, sifted by degrees, and and sugar to a time: beat all well together. Now add the eggs one at a time; beat all well together. Now add sultanas with candied peel and the grated rind of the lemon. Mix all well together with a spoon, line a cake in with buttered paper, pour in mixture, and bake for two hours.--Mrs. Abell.

Barley Soup. Half cup pearled barley, 3 tomatoes, 3 carrots, 3 onions, 1 potato, 1 teaspoonful brown sugar. Wash barley, put in saucepan with the sugar, with the tomatoes peeled and cut into small bits, and cover well with water Stew gently five hours, adding water if necessary. Cut into small dice the carrots and onions and potatoes, fry a nice golden brown, and add to soup about half an hour before serving. Cheap and nourishing.—Mrs. Humphrey Mrs. T. Elliot, 45, Beechville Avenue, Scarborough sends us the following seasonable recipe for

Orange Marmalade. 6 bitter oranges, I sweet one, I lemon, 6 lbs. loaf sugar, 6 pints water. Cut fruit into fine shreds and soak over-night in the water. Next day put it in pre-serving pan and bring to the boil, let simmer gently for two hours, then add sugar; stir until it is dissolved, and boil another hour. Try a little on a saucer; if it stiffens quickly it is done, if not, boil a little longer. The pips must be soaked in a gill of water by themselves, and boiled in small saucepan about half an hour; then strain all the liquid from them into the boiling marmalade. This is a simple way of making, the flavour is delicious, and the cost not more than 1¹/₂d. per lb. Orange Marmalade. and the cost not more than $1\frac{1}{2}d$. per lb.

Mrs. G. Durston, 161, St. John Street, Bridgwater, Somerset, writes:-----'' It is said that the most nauseous physic may be given to children without trouble by previously letting them take a peppermint lozenge, a piece of alum, or a bit of orange-peel. Many people make the mistake of giving a sweet afterwards to take away the disagreeable taste. It is far better to destroy it in the first instance.'' She also sends the following recipe for

She also sends the following recipe for

Furniture Polish. A cheap cleaning and polishing cream for furniture may be made up as follows: Shred half an ounce of white wax and two ounces of bees' wax into half a pint of turpentine, let it dissolve in a warm place; then pour into this a mixture made as follows: An ounce of pure white soap, a piece of resin the size of a nutmeg, and half a pint of water boiled together until melted. Mix the whole thoroughly together and keep in a bottle.

iron-mould, then put a little warm water in a saucer and place the stain in it, and when wet rub a little salts of lemon on the stain while in the water, and let it stand about thirty minutes, it will remove the stain. I have used this recipe very much myself, as I am a laundress, and often get things marked this way. The salts won't remove marking ink; it only removes the stains from ordinary ink."

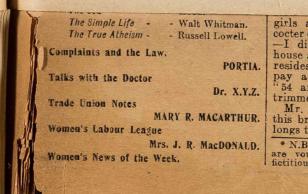
TRADE UNIONS FROM AN EMPLOYER'S POINT OF VIEW. By Edward Cadbury.

THE consideration of Trade Unions from an employer's point of view raises at once the problem of efficiency and discipline. It is urged by the employer who objects to prade Unions that such organisations tend to interfere with the discipline and internal management of his

Another point to be remembered is that a trade organisation does away with the friction due to petty complaints and prevents ill-considered strikes, since grievances can be discussed and remedied. The difficulty the discipline and internal management of ms my have a director having nearly three thousand girls my management, it is my duty to see that the ments in my charge should be as efficient as le; and it is just from this point of view that I ate the formation of Trade Unions amongst them. with unorganised girls is that they often act on impulse, and stop work without the slightest deliberation, without asons for this attitude may be of interest. first requisite of efficient management is an recognising the seriousness of the step they are taking or the damage they may do to themselves or their employer. te supply of intelligent workers who are content heir conditions of work and the remuneration A. This satisfaction with, and interest in, their Amongst many philanthropic employers there is a development of what is known as welfare work. Social workers are introduced who are not ordinary employees, d. This satisfaction with, and interest in, their is an indispensable condition of proper organisation, it which efficiency is impossible. Is generally admitted by enlightened employers of to be a fact—although as yet the belief is far too acted upon—that intelligent and contented labour, well-organised manufactory, will always compete fully, both in quality of work and cost of output, labour which is underpaid, dissatisfied, and ully inefficient. but who act as an intermediary between the employees, but who act as an intermediary between the employers and employed, especially with the idea of looking after the interest of the workers and of organising various social institutions for their benefit. But a damaging criticism has been levelled at this method of assisting the employees, to the effect that it is liable to undermine their independence. The best way to combat this danger is for the workers in factories where this welfare work is carried on to thoroughly organise themselves in Trade Unions, so that the benefits they receive may in no way lly inefficient relation of efficiency with regard to rate of wages notitions of work will be admitted by all who have the matter careful consideration. It is necessary undermine their strength of character or detach them from their fellow-workers who may not be so unfortunate.

I am delighted to note the progress that women's organisations are making, and I earnestly appeal to all classes of women workers to join their trade organisa-tions, not only as a means of helping themselves, but as a duty they owe to their fellow-workers. l workers, and for girls and women in particular, work-rooms should be well-ventilated and wellwork-rooms should be well-ventilated and well-ructed, and that adequate sanitary arrangements id be provided. Wages are obviously the foundation ficiency, as the amount of food, clothing, and house must depend upon the individual worker receiving dequate remuneration. It is my own experience eight hours of strenuous labour is a long enough ting day for an average girl. If she works longer s than this, in a few weeks' time she begins to flag, her output tends to fall back to its previous level. PRIZE OFFERS. NO ENTRANCE All communications should be addressed Prize Editor, Woman Worker, Club Union Buildings, Clerkenwell Road, London, E.C., and should reach this office not later than February 24th, 1908. The Editor reserves the right to publish any communication her output tends to fall back to its previous level. good discipline is to be obtained, there must be ce without favouritism, a high moral tone, a sense elf-respect, and *esprit de corps* among the workers. w in order to obtain these last two factors some kind right to publish any communication.

low in order to obtain these last two factors some kind independent organisation such as a Trade Union is eedingly helpful, and the question of hours, wages, t treatment, etc., should not be left to the whim of employer or manager bowever good his intentions; if the workers are to maintain their rights, a well-naged organisation composed of a large majority of ployees is necessary. The educational effect of an anisation for common ends in developing a spirit of ependence, foresight, and fellowship cannot be over-mated. Anyone coming into contact with work added **Copies** "The Dolly Ballads." We want your help and suggestions in improving the Woman Worker. Tell us what features of the magazine you like best. Tell us how you think it might be improved and made still more popular. A copy of the "Dolly Ballads" will be sent to each of the two readers who write the best letters, not exceeding three hundred words, on this subject. on this subject. Cooking Recipe Prize, 5s. pendence, foresight, and fellowship cannot be over-mated. Anyone coming into contact with work-girls always admire the heroic efforts made by many to serve their self-respect, often in spite of great tempta-s; and whoever cares for his fellow men and women welcome an organisation such as a Trade Union, ch helps to foster this spirit. One must repudiate idea which is sometimes found, that employers find work and wages for their employees, that all the ours are received on one side, and that it is nothing than impertinence for the women to desire any voice regulating the conditions of their work or the remuner-We again offer a prize of 5s. for the best cooking recipe or home hint sent in. Debating Column Prize, 5s. In our correspondence column Prize, 5s. In our correspondence columns you will find several letters expressing views you may disagree with. For the best reply to one of these letters, or for the best letter opening up some fresh subject of discussion, we offer a prize of 5s. Communications must not exceed four hundred words in length. PRIZE AWARDS. gulating the conditions of their work or the remuner-they receive. In the case of a department having Last month the Debating Column prize was awarded to "G. W.," Salford; the "Strangest Experience" prize to M. H. Bates, 106, Matcham Road, Leytonstone. The cookery prize award is given in the Home Hints column. grievance as to hours, pay, discipline, etc., just as an loyer is entitled to be assisted by his staff in the sideration of the matter, so also it is only just that



better companion to her fullsbald than one who has to interest beyond herself? Most of all, should not every woman do her best to make better conditions, remembering that her own children will have to face the world in their turn. Perhaps all have not yet heard of the duty expected of us—the duty towards our neighbours. Thinking of the work yet to be done, how then can we arouse the interest, sympathy, and co-operation of more of our sex? Perhaps readers of the *Woman Worker* with abler pens than mine will offer a few suggestions. G. W.

Salford.

Married Women as Workers.

than mine will offer a few suggestions.

TO THE EDITOR, THE "WOMAN WORKER." DEAR EDITOR, All who read the first number of the Woman Worker will have a vivid recollection, I am sure, of the picture entitled "Sacred Motherhood." It was a true representation of the home life of many families where the mother is an industrial worker. It epitomised the pathos and tragedy of the life of the married home the pathos and tragedy of the life of the married home worker. In how many spheres of labour is the married woman found. Owing to married women working, young girls are often shut out of occupations. If this evil is to be overcome, the married woman must be kept from working outside her home. Then room would be found working outside her home. Then room would be found for the single woman. This is a necessary first step towards the mitigation and ultimate removal of unjust social conditions. A woman, once married, should merge her own individuality in that of her husband. She should work only in the home, not outside. Ruskin says that "Men by their nature are prone to fight; they will fight for any cause or for none. It is for woman to choose their cause for them, and to forbid them when there is their cause for them, and to forbid them when there is no cause. Man's work in the home is to secure its maintenance, progress, and defence; the woman's is to secure its order, comfort, and loveliness." Ruskin did not mean that women should not take an interest in outside affairs, but that these should come second to her home. It is necessary that she should become interested in the world around her because in this way she is able to influence her husband to do right. The influence of the married woman should be exerted indirectly, rather than in trying to compete with men in the active pursuits of life, industo compete with men in the active pursuits of life, indus-trial and political. In fact, woman's influence loses its peculiar potency and charm the moment it obtrudes into the active spheres of male activity, whether in the field, or market place, or university, or senate. Jarrow.

GRACE LLOYD.

WOMAN'S INFLUENCE.

'If we wish to know the political and moral condition of a state, we must ask what rank women hold in it. Their influence embraces the whole of life. A wife! a mother !--two magical words comprising the sweetest source of man's felicity. Theirs is a reign of beauty, of love, of reason-always a reign. A man takes counsel with his wife, he obeys his mother; he obeys her long after she has ceased to live; and the ideas which he has received from her become principles stronger even than his passions."—AIME MARTIN.

THE WOMAN WORKER

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the employees should have the most skilled assistance they can command in order adequately to state their case; otherwise they are unfairly handicapped in dealing with

How to Improve "The Woman Worker." Prize, Two copies "The Dolly Ballads."

There's a murmur of sympathy from trimmed." Mr. Perret is not the originator of this brilliant scheme; that honour be-longs to a more prosperous competitor, * N.B.—The facts contained in this article are vouched for. Names are. of course, fictitious.—ED.

girls as Mr. Perret. He is the con-cocter of the specious advertisement and -I discovered—the tenant of a small house at Maida Vale where "Nurse X" resides, in case any wary person should pay a personal visit to inspect the "54 articles elaborately tucked and trimmed." feathering at

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The Box=Makers' Battle. By J. J. MALLON.

factory, pulling their thin shawls round then in the total grey morning and chattering in their helpless, incessant way, must not look for a copper above their market price. How should they? Is box-making become an almsgiving? For their part the girls urged that they did not seek more than their work, and they reeled off the names of many firms who paid better wages than this one. If the firms who paid better wages than this one. If the listeners were sceptical, they called on one another for corroboration which came unfailingly from Maggie, who had worked there, or Sarah Ellen, who would have done so, only she "took ill with the fever, and 'ad to go to

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so, only she "took ill with the fever, and 'ad to go to the 'orspital.'' Secondary arguments were based upon length and quality of service. "I've worked for the bloomin' firm ever since I was a kid," said one; "and I've worked 'ard." She coughed as she spoke, and a bright spot in her cheek suggested that perhaps her hard work was nearly over. Then a dozen voices broke in, each with a tale of long service and poor requital. One aspect of the dispute roused the deepest anger. There had been "speeding up" to complete Christmas orders, and the girls had responded, well pleased with the thought of the additional shillings they would win. For Christmas this and that jollity had been planned. Then, a week before the feast, came the drear news of the reduced rates, and the vision of plenty—a full board, finery, a visit to the the vision of plenty—a full board, finery, a visit to the theatre with 'im—fled away. The girls almost wept over theatre with *im*—fied away. The girls almost wept over their lost carnival; they came to it again and again with a keen perception of the callousness that had shattered it. "Wy couldn't they wite till the New Year," one would say. "Ow'd they like to 'ave to pawn to git their Christmas dinner?" And in quick chorus would come the certain answer—"Not 'arf."

come the certain answer—" Not 'arf." When we got to facts and figures, the girls were hazy. To a workgirl of this type statistics are "shadows, not substantial things." She will tell you the wages of a given week, but not "average" wages. It appeared tolerably clear, however, that for most of the girls the average weekly payment, taking the whole year into calculation, would be less than ten shillings. The reduc-tions, by general agreement, would lessen this sum by a third. It is fair to state that the firm do not admit that there would have been reduction, but while one that there would have been reduction, but while one notes the denial, one is forced to believe that the girls would not be likely to face hunger and cold for an would not be likely to late hunger and control and imaginary evil. Many girls were sure they would not be able to earn more than 6s. 6d. at the new rates, and, as one of them said at the meeting—" Girls in South-wark can't live proper on less than 'ite shillings." The statement may be accepted without question. In

The statement may be accepted without question. In the bleak, inconsequent streets of Southwark rents are very high. Proper life, even with the whole of a weekly eight shillings, must be somewhat difficult of attainment. It was a weakness that, of the 400 girls affected, some goo were frightened by dread of starvation into sub-mission, and that the unaffected departments held aloof. That this was so was no fault of the strikers, who tried he weakness of elicities and face argument to broaden by unwearied picketing and fierce argument to broaden the battle. "W'at do you git?" said a picket to a wretchedly thin girl from an unaffected room; "not more'n nine shillin', I know." "I don't git nine shillin'," retorted the girl, indignantly. "Then w'y don't you come out?" said the picket. She added a leading *

The girls on strike went in the first instance to The girls on strike went in the first instance to the office of the Star newspaper, whence they were sent to the headquarters of the Women's Trade Union League in Clerkenwell Road. In the absence of Miss Macarthur Miss Hedges, Secretary of the National Federation of Women Workers, gave them leadership and help, arrang ing meetings, raising money by appeal to Trade Unions and getting the Press to give adequate notice of the dispute. Some of the girls had sustained severe injury from the machines at which they worked, and photos of their wounded hands were shown in the illustrated papers This publicity doubtless affected the firm, and when Miss Macarthur returned to London she was able to securi access to the directors. Her negotiations paved the way to peace, which was definitely concluded at last between the directors on the one hand and Miss Macarthur and the directors on the one hand and Miss Macarthur Mr. MacDonell, of the Southwark Trades Council, the other. The girls are to resume at piece rates ba upon a minimum weekly wage in each grade which upon a minimum weekly wage in each grade which it firm guarantee. They are not to be "victimised," ar the branch of the Federation they have formed is to be recognised and its officials received by the directors. So the girls are back at work, and may enjoy the "proper life defined by the girl who spoke at the meeting. Son day, maybe, "proper" will get an ampler definition.

HE WASN'T AN OPERA SINGER.

It does not ultimately pay employers to overwork and underpay their employees. Workmen who are haunted by a constant sense of injustice go sullenly about their task, taking little interest or pleasure in it. Work degenerates into drudgery, from which they are always glad to escape, and the quality of the work suffers. A fur-coated gentleman in a first-class compartment signalled to a porter who was calling out the name of

signalled to a porter who was calling out the name a wayside station. 'I wish you wouldn't bawl like that," said

traveller, "your voice jars on me-gets on my nerves, to speak. You have a harsh, disagreeable, mechanic

Glancing the gentleman up and down the porte

RENT FREE.

A Man's Own Home is His Castle.

It should be the first endeavour of every man to secure his own house, thereby making himself independent. To be able to live rent free is one of the greatest privileges a person can possess. We can help you to easily accomplish this. Write at once for free particulars. **Good Prospects** for Active Agents.

THE BRITISH HOMES ASSURANCE CORPORATION, LIMITED, PAUL STREET, FINSBURY, LONDON, E.C. M. GREGORY, Managing Director

AN OLD ESTABLISHED TRADE UNION. Its Formation and Progress.

THE position of the League has been very much strengthened as the result of the proceedings at Hull, at the time of the Labour Party Conference. This has come about in two ways. First the League delegates themselves met in conference, and such meetings help to DEAR EDITOR,—The Liverpool Upholstresses Union has ust celebrated its seventeenth birthday at the annual neeting held on January 6th. Our career as a Trade Jaion began in November, 1890. More than the usual hare of difficulties and obstacles had to be surmounted. themselves met in conference, and such meetings help to give suggestions and inspiration to the members, and to show the outsider what our aims are. Secondly, the Labour Party agreed unanimously to the recommendation of its Executive that the Constitution should be altered so as to allow of the affiliation of the League. As the Labour Party has hitherto only admitted Trade Unions Socialist Societies, Trades Councils, and Co-operative Societies, and as the League is none of these, we have only been able to help as an outside organisation; but we have in the short year and a half of our existence proved our organisation so useful and so capable of development that much effort, Miss Owen and Mr. Tiplady got her twenty-six members, and the new influence began ally to spread to others. The men's Union also valuable aid, and proved real friends in ed very e of need. nee the Union for women was formed, the conditions abour have improved, both employer and employee g gainers. When members are out of work, they sign ook each morning at the Club-room. Employers send lists of our unemployed members. In this way the er practice of advertising in local newspapers is ished, and the employer knows he will be furnished which complexes. The Union paper out of mede organisation so useful and so capable of development that now a special provision has been made by which we can affiliate, and have our own resolutions and delegates at the next Annual Conference As the Executive of the Labour Party is elected by

reliable employees. The Union pays out-of-work, and funeral benefits. Association at the Club-room ps comradeship, and makes a girl feel less strange

organisations, it is not proposed to give us a represen-tative on the Executive; but we are so comparatively small and young that we can hardly claim this special privilege as yet. Mrs. Wilson, of Halifax, protested at she enters a fresh shop. arterly meetings are held, at which many questions e discussed, including the financial statement and the ogress of the Union. Nor do we forget the social side. 10 annual ball, which takes place in November, is usually our Conference against this limitation as as ex disability; but it was clearly pointed out that it was as a society, not as women, that we were not enfranchised, and that e our formation we have had several advances in , and the hours of labour have been reduced. In 1892, we affiliated with the Women's Trade Union both sexes have always been on an absolute equality con-stitutionally in the Labour Party. Many of the readers of e, and since then have had regular visits from s organisers and the worthy secretary. These have ened us by contrasting the conditions in organised norganised trades. Thus we are enabled to better the Woman Worker, no doubt, are paying members of the Party through their Trade Unions or Socialist societies; women or men delegates can sit and vote with equal powers, and the Executive is perfectly open to women candidates, though none have stood up to the present. The Editor of the *Woman Worker* is now, I believe, more ate the value of unity. am sure that if in other trades, similar to ours, where The Editor of the Woman Worker is now, I believe, more "plurally" represented in the Party than any other member, since she is affiliated through her Trade Union, Trades Council, Independent Labour Party, Fabian Society, and now through the Women's Labour League in addition. But, in spite of these possibilities, women are still far from taking their full share in the political work of the Party, and it is to persuade and enable them to do this work that the Women's Labour League exists. The Conference of the League was presided over hy employed at certain processes, the men who Unionists would lend a hand in organising the Trade Uni

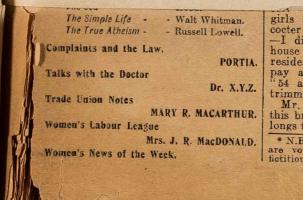
Irade Unionists would lend a hand in organising the nen (as the Upholsterers did in our case), they would ten the day when the lot of all working men and nen would be brightened by better conditions of labour. am glad that your energy and zeal have found another et in the Editorship of the *Woman Worker*. The tazine increases in value each month. It should be fully read by every working woman. It will, I am have the effect of inspiring all who have not ret

The Conference of the League was presided over by Mrs. Bruce Glasier, and attended by about thirty delegates, representing most of the branches which are now scattered have the effect of inspiring all who have not yet a Trade Union to do so. A branch of the National ration of Women Workers is badly needed in Liver-Dressmakers, etc., work long hours, receive low es, and are subjected to unfair conditions even in the about the country. Though last year's Conference in London and the inaugural Conference at Leicester were both full of go and enthusiasm, I think we can say that this year there was a still further improvement. The rom Liverpool we send kind greetings to the Woman discussions were more general and more businesslike, and, indeed, the women received many compliments that they wasted less time and spoke more uniformly to the point rker, and wish the magazine the magazine every success. MARGARET E. SINCLAIR than the delegates to the Labour Party Conferences. Mrs. Glasier's address as chairman laid down both the

(Secretary Liverpool Upholstresses' Union).

MEN AND WOMEN.

I have found that the men who are really the most d of the ladies—who cherish for them the highest pect—are seldom the most popular with the sex. Men great assurance, whose tongues are lightly hung—who ake words supply the places of ideas, and place compli-nt in the room of sentiment—are their favourites. A e respect for women leads to respectful action towards em, and respect is mistaken by them for neglect or int of love."—ADDISON.



THE WOMAN WORKER

WOMEN'S LABOUR LEAGUE. The Annual Conference.

practical and ideal nature of our aims, and emphasised the need for the union of workers of every sort in the

the need for the union of workers of every sort in the League. After the chairman's address came greetings from fraternal delegates. Mr. Robinson, of the Textile Workers, conveyed good wishes from the Executive of the Labour Party; Miss Macarthur from the Women's Trade Union League; Mrs. Macpherson from the Railway Women's Guild; and, later, we had a fraternal delegate from the Women's Co-operative Guild. Then came the reports of the National Executive and the branches, followed by a

Mr. Perret is not the originator of this brilliant scheme; that honour be-longs to a more prosperous competitor,

girls as Mr. Perret. He is the con-cocter of the specious advertisement and -I discovered—the tenant of a small house at Maida Vale where "Nurse X" resides, in case any wary person should pay a personal visit to inspect the "54 articles elaborately tucked and trimmed"

* N.B.—The facts contained in this article are vouched for. Names are. of course, fictitious.—ED.

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Leeds Not who conduct r lines.

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We showed our international sentiment by sending greetings to the Labour women of Australia and of the International Socialist movement, and many of us followed up our labours at the League Conference by attending the meetings of the Labour Party.

meetings of the Labour Party. At this Conference, the largest ever held, out of the 410 delegates only four were women, in spite of their full eligibility to attend. Two of these were from the Trade Union section : Miss Mabel Hope and Miss Gore Booth; whilst Mrs. Glasier and myself were amongst the Inde-pendent Labour Party representatives. No subject dealing specially with women came forward except the suffrage, on which the Adult Suffrazist resolution was again carried specially with women came forward except the suffrage, on which the Adult Suffragist resolution was again carried by a large majority. But naturally men and women questions can be divided by no hard and fast lines, and all the industrial and social problems discussed are in reality of special interest to women. Next year we shall be able to send in resolutions and amendments from the Women's Labour League, and our Executive is instructed to make arrangements for consulting the branches on these matters. The new Executive is already preparing to make use of the additional opportunities for organising local Leagues, which we hope will follow from our official recognition in the Labour Party. Money and workers will both be needed for this, but with so much to do we have faith that both these will be forthcoming. At any rate, we are going to try, and we hope that we shall get help in our efforts from the readers of the *Woman Worker*. MARGARET E. MACDONALD.



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