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THE
INCORPORATED HOSTELS

ASSOCIATED WITH THE ROYAL FREE HOSPITAL



Nineteenth
Annual Report,
Accounts
and
List of Subscribers
for 1937.



REGENT'S PARK HOSTEL

62, Regent's Park Road, N.W.1.

Telephone: Primrose Hill 2839.

HIGHBURY QUADRANT HOSTELS

20 & 22, Highbury Quadrant, N.5.

Telephones: Canonbury 1980.

Barlow Wing, Canonbury 1701.

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ROY

Pamphlet

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INCORPORATED HOSTELS.

Vice-Presidents.

THE VISCOUNTESS ST. CYRES.	THE LADY SYDENHAM OF COMBE.
THE LADY BERTHA DAWKINS.	DR. JANE WALKER.
THE HON. LADY DARWIN.	MRS. ST. JOHN.

Committee of the Association.

Chairman—Sir Thomas Barlow, Bart., K.C.V.O
 Vice-Chairman—A. G. L. Gamlen, Esq.
 Hon. Secretary—Miss B. d'Avigdor.
 Assist. Hon. Sec.—Dr. A. Winner

F. R. S. Balfour, Esq.	Julian Q. Henriques, Esq.
The Hon. Mrs. N. Barlow.	Mrs. Julian Q. Henriques.
Neild Barlow, Esq.	Mrs. Mark Kerr.
Miss H. M. Beale.	Miss McEwan.
Harold Bright, Esq.	Arthur R. Moro, Esq.
Dr. Anna Broman.	Miss A. Orred.
Dr. Anne Campbell.	Mrs. Arnold Paterson.
Miss Cockayne.	Dr. Margaret Rorke.
Miss Elliot.	Miss E. M. Royden.
The Lady Emmott.	Mrs. Geoffrey Tritton.
R. R. Garratt, Esq.	Miss Voelcker.
Dr. Dorothy Hare, C.B.E. F.R.C.P.	R. T. Bartley, Esq., General Treasurer.

Executive Committees.

REGENT'S PARK HOSTEL :	HIGHBURY QUADRANT HOSTEL:
Chairman—Dr. D. C. Hare.	Chairman—Miss B. d'Avigdor.
The Hon. Mrs. N. Barlow.	The Lady Emmott.
Dr. A. Broman.	Miss Elliot.
Miss Elliot.	R. R. Garratt, Esq.
Dr. E. H. Lepper.	Dr. D. C. Hare.
Miss. E. M. Royden.	Dr. Margaret Rorke.
Dr. Margaret Rorke.	Mrs. G. Tritton.
Miss B. d'Avigdor.	Miss Voelcker.
Miss Voelcker.	Dr. A. Winner
Dr. A. Winner	Dr. Anne Campbell, Visiting Medical Officer.
Miss M. Garratt, Hon. Treasurer.	
23, Abbey Road, N.W.3.	The Hon. Mrs. N. Barlow, Hon. Treasurer, 4, Gloucester Walk, W.8.
Warden—Miss E. MacDowall.	
Sister-in-Charge—Miss B. Kempley.	Sister-in-Charge—Miss K. E. Noakes.
Bankers—	Bankers—
Messrs. Lloyds Bank, Ltd., Holborn Circus, E.C.	Messrs. Lloyd's Bank, Ltd., Kensington High Street, W.8.

Auditor—Sidney H. Clinch, 52, Bedford Row, W.C.1.

INCORPORATED HOSTELS.

AIMS.

The Incorporated Hostels are for the care of girls and women suffering from venereal diseases in an infective stage.

The patients are drawn chiefly from the Royal Free Hospital V.D. Clinic, and are selected by the Medical Officer to the Clinic; but cases from any part of London or the country may be received. (*See conditions for admission.*)

Most of the patients admitted to the Hostels are treated as out-patients at the Royal Free Hospital.

The aims of the Committee are :

1. Care and medical treatment of women suffering from venereal disease.
 - (a) Non-pregnant cases. Admitted to Regent's Park Hostel.
 - (b) Pregnant cases. Admitted to Highbury Quadrant Hostel.
 - (c) Mothers and babies. Admitted to Highbury Quadrant Hostel.
2. After-care of these patients when discharged from the Hostels, and medical supervision of the children.

The work is supplementary to that of the Hospital out-patients' clinic. The special daily treatment given at the Hostels, together with rest and good food, help to make hospital treatment more effective, and to shorten the course of the disease.

The greater number of those admitted are wage-earners, such as waitresses, domestic servants, factory workers, or clerks. They are, for the time being, unfit to earn their living, though not ill enough to require a bed in Hospital. Their infectious condition is a danger to others whether at home or in lodgings, and the Hostels provide the special accommodation needed. Whatever the circumstances, these girls all need help to start them on the road to recovery.

The Hostels are conducted on undenominational lines, but during their stay every effort is made to help patients to moral as well as to physical recovery, and to train them in the care of their children.

After-care is an integral part of the scheme, and great importance is attached to keeping in touch with patients over a considerable period of time. The keeping of records of the health and physical development of the children for some years forms an addition to the medical work carried on whilst they are inmates of the Hostel.

ACCOMMODATION.

REGENT'S PARK HOSTEL	15 Beds.	
62, Regent's Park Road, N.W.1.		
HIGHBURY QUADRANT HOSTEL	19 Beds.	
22, Highbury Quadrant, N.5.		12 Cots.
BARLOW WING	14 Beds.	
20, Highbury Quadrant, N.5.		14 Cots.

CONDITIONS FOR ADMISSION.

Cases are admitted by the Medical Officer of the Royal Free Hospital (Venereal Diseases) Marlborough Clinic, who attends at the Hospital (Out-patients) daily from 10 a.m. to 7.30 p.m., and on Saturdays from 10 a.m. to 4 p.m.

Only young women suffering from venereal disease in an infectious stage are eligible for admission.

Applications for the admission of suitable cases are cordially invited from doctors and social workers.

All requests should be made to the Medical Officer of the Marlborough Clinic, or to the Almoner, Royal Free Hospital. A medical certificate and full social history should be forwarded in the first instance, if the patient cannot attend the Clinic.

The object of the Hostels is to provide treatment and after-care for girls who really desire a fresh start.

No patient is refused for lack of means, but patients are asked to contribute towards their maintenance, if able to do so.

Further information regarding the hostels may be obtained from the Almoner, Royal Free Hospital, Gray's Inn Road, W.C.1, or from the Hon. Secretary, 4, Pelham Crescent, S.W.7.

REPORT FOR 1937.

Records for the Year.

Number of Patients.	Highbury Hostel.		Regent Pk.
	Adults.	Babies	Adults
In residence January 1st, 1937	19	13	10
Admitted during 1937	48	30	38
Discharged during 1937	45	27	33
In Residence January 1st, 1938	22	16	15
Number of Patient Days	8255	6073	4146

The above figures refer to both Hostels, but with the exception of the After-care report, which will be found on page 14, other matters are now of so divergent a nature that no general survey on both Homes is possible.

One event, however, affects the General Committee as well as the two Executive Committees.

In July, 1937, Dr. Dorothy Hare, who founded the Hostels, retired from active medical practice and left England for two years. She had been Chairman of Regents Park Hostel for 18 years, and has taken the deepest possible interest in Highbury.

The Committee wish to put on record the debt they owe her and look forward hopefully to her return. But for her inspiration the Hostels would not have existed, and her constant wisdom in counsel and practical organising abilities have been one of the main factors in their development.

The Committee have been fortunate in persuading Miss E. M. Royden to accept the Acting-Chairmanship of Regents Park Hostel Executive Committee. She has been Vice-chairman for some years and has always taken a real interest in the Hostel, so that continuity of administration is ensured.

REGENTS PARK HOSTEL.

At the end of 1936, the Committee were having grave doubts whether Regents Park Hostel was fulfilling the reconstructive functions, at any rate on the moral and social sides, for which it was intended. It seemed as if the patients who entered the Hostel did not desire any change in their previous mode of life. The Committee were therefore seriously contemplating closing the Hostel.

Before doing so, however, an informal discussion was held at County Hall, at which representatives of the Public Health Department of the London County Council, the Home Office and others were present. As a result of the meeting it was decided that the

Hostel should be kept open for at least another year. Further it was suggested that application should be made to the Home Office for recognition as an Approved Home under the Probation of Offenders Act, and this has been done. In order to comply with the Home Office's regulations, certain alterations, involving the age of patients, their training and the keeping of records, became necessary.

In pursuance of this policy, the Committee decided to engage a fully trained social worker, as Warden and joint head with Sister Kempley, who remains in charge of the medical side of the Hostel. Miss E. M. McDowall, who had been trained at the Josephine Butler House, Liverpool, and who had had considerable previous teaching experience, was engaged and took up her duties as Warden in October. She is responsible for the education, social training and general discipline of the girls and, in collaboration with Miss Cashmore, deals with the after-care of those girls who have been under her at the Hostel.

That such an unusual arrangement has been carried through with a minimum of friction, is due to the genuine goodwill of all members of the Staff, and their sincere desire to co-operate in the efforts of the Committee.

Premises. The hall and staircase had not been redecorated since the house was bought in 1924. It can be imagined that after 12½ years hard wear, both paint and paper and the stairs themselves were in a bad condition. The Hostel was therefore closed for 5 weeks, and the opportunity was taken to lay a composition floor in the kitchen and to carry out various other necessary repairs.

Since the re-opening on October 15th, the Hostel has gradually filled up and, at the time of writing, there is a waiting list. The Committee are therefore satisfied that the lack of patients, discussed so fully in last year's report, was a temporary phase, and that once again the Hostel can really help a good proportion of those who seek admission.

Education. It is perhaps hardly realised that the 12 to 15 girls, brought together more or less fortuitously by their physical condition, often differ widely in their education, mental capacity, home background and previous occupation. Many of them have never had any real training in house-work or cooking, and only a few can sew properly. The first training at the Hostel, therefore, must be in house and parlour work, and in the super-cleanliness required by their infective condition. Constant supervision and teaching by all members of the Staff is required to maintain the standard. Further there is a constant inflow of new patients at the

rate of three or four a month, and often also a marked lack of leadership among the senior girls, so that infinite patience is required to begin afresh each time.

Classes given by London County Council teachers have been held throughout the year in General Knowledge, Toy-making, Handicrafts and First-aid. Singing and sewing classes have been given by Mrs. Marsh, and sight-seeing expeditions are usually taken by the Warden on Saturday afternoons. Here again an unexpected attitude of mind presents itself. These young women are often at a "mental age" when they consider themselves grown-up, and superior to classes and lessons which they associate with school. They are therefore inclined to be resentful of further education, and those in charge have some difficulty in cultivating amongst them the right attitude towards these classes.

Report from the Director, Marlborough Department, Royal Free Hospital.

Medical Report. "Since this Hostel was re-opened in October, it has been almost continuously full. The appointment of Miss McDowall as Warden is of importance from the Medical side of the work, as it relieves Sister Kempsey of most of the general social care of the girls, and allows her to concentrate on the treatment and nursing.

The outstanding medical note of the year is our hope that by the new treatment with massive doses of Sulphanilamide we may be able in about 90 per cent. of all cases of Gonorrhoea to cut down the duration of treatment and speed up cure. At least 10 per cent. of all cases (as has been proved by us elsewhere) are either resistant to the treatment pathologically, or else become so ill and toxic that the treatment has to be cut short.

This is my last report on the Hostel, as at the end of March, 1938, I cease to be Director of the V.D. Clinic, and in my new capacity I shall have no further responsibility for Hostel work. The friends of the Hostel and members of the Executive Committee may look with happy confidence to Dr. Mary Michael Shaw, the new Director of the V.D. Clinic at the Royal Free Hospital."

Signed. MARGARET RORKE.

Dr. Rorke's resignation did not actually take effect in the year which is under review, but the Committee wish to take this opportunity of recording their deep appreciation of all she has done for both Hostels. The harmonious relations which exist between the Hostels and the Royal Free are due very largely to her, and her tact and skill in handling the girls have been of inestimable value. The

Committee are glad to learn that she is willing to retain her seat on the Executive of both Hostels, so that her guidance will not entirely be lost to them.

Treasurer's Report. It is to be regretted that the increased cost of maintenance and administration over previous years has not been met by increased income, and in consequence the excess of expenditure over income during the past year has amounted to no less than £328. 5s. 8d. This deficit is largely due to the necessary expenditure of £288. 8s. 11d. upon renewals, redecorations and repairs, which fortunately do not recur every year.

A slight increase is recorded in the amounts contributed by and on behalf of patients and from dividends, but receipts under other headings have fallen. It is therefore urgent that a determined effort be made during the ensuing year to broaden the basis of voluntary support.

The Committee desire to express their gratitude to subscribers and donors for their continued and generous support. They much appreciate a grant of £10 from the Albert Levy Benevolent Fund, and wish to thank the following for useful gifts :—

Zoo tickets—Miss H. M. Beale, Miss E. M. Royden; Open Air Theatre tickets—Miss d'Avigdor; Plants and Flowers—Miss Cashmore, Miss H. M. Beale; Table Tennis Set and Picture—Dr. Martland; Groceries—Mrs. H. F. Goldschmidt; Christmas Gifts—Dr. Rorke, Miss Royden, Miss H. M. Beale, Miss d'Avigdor, Miss Cashmore.

Occupations of Patients admitted in 1937.

Domestic Servants	17
Waitresses	4
Factory Workers	8
Clerks	3
Shop Assistants	2
Ward Maid	1
Tailoress	1
Laundress	1
Cinema Usherette	1
								—
								38
								—

Disposal of Patients on Discharge.

Returned to Domestic Service	9
Returned to their own homes and working daily	5
Returned to Factory work	1
Transferred to other Hostels or Hospitals	6
Returned to care of their local social worker	2
Training as hairdresser	1
Married	1
Left without completing treatment	4
Ran away (whereabouts unknown)	2
Ran away (now under supervision and treatment)	2
	—
	33
	—

HIGHBURY HOSTEL.

In any work, and more especially in an effort to reconstruct the lives of human beings, one failure seems to loom more largely than nine successes, and Highbury this year has had its fair share of ups and downs.

Of the 45 patients who left the Hostel in 1937, five discharged themselves before arrangements could be made for their future. Within the Hostel there has been at times restlessness and intolerance of discipline. The girls are often jealous of supposed privileges to other patients' babies and become quarrelsome very easily. Further the problems connected with their past seem at times almost insoluble. Sister Noakes and her staff have, as always, displayed the utmost patience in all circumstances, and the Committee very greatly appreciate their single-minded devotion to their duties.

To see the work as a whole, and without laying undue emphasis on individual difficulties, it is desirable to have recourse to records covering a period of years. The Committee have investigated the After-care reports on those patients who have had the benefit of the longer training available in the Barlow Wing. Of the 116 girls who have been transferred there since 1929 only about 20 per cent. have definitely proved unsatisfactory (in addition, 12 others have been lost sight of through returning to their homes at a distance or on other reasonable grounds).

The Committee are therefore satisfied that a large proportion of the efforts made to re-educate the patients are ultimately fruitful.

A most encouraging factor, as always, is the progress made by the infants. The principles of health and hygiene taught by the staff are of immense value to the mothers when they leave the Home; and the results of this training show clearly at the annual "old babies" party.

*Report from Dr. Anne Campbell, Medical Officer,
Highbury Hostel.*

Medical Report. "In this year 1937, there were thirty babies admitted to the Hostels and the health of the children was excellent throughout. There were no still-births, and all the babies were living at the end of the year.

Of the babies born of mothers with a positive blood test, four had negative tests at birth. One of these was given injection treatment because the mother had had a very severe infection. There were two infants with positive blood tests, and these two were given treatment successfully. In all these six cases the mother had been given treatment both during pregnancy and after confinement. There were no cases of infection of the eyes in any infant.

The staff continue to work faithfully and willingly for the welfare of the girls and babies in the Hostel."

Signed. ANNE CAMPBELL.

Premises. The most important, indeed disastrous, event of the year has however been the proposed compulsory acquisition by the Housing Committee of the London County Council of the land on which the Hostel is situated. Twenty acres of Highbury Quadrant and Highbury New Park are being taken for a re-housing scheme. This will entail finding new premises for the Hostel.

It is on the face of it a very serious prospect, and preliminary attempts to find alternative accommodation have shown the extreme difficulty of discovering premises large enough to house 33 mothers, 26 babies and the necessary staff. Moreover the new Hostel must be within easy reach of the Royal Free Hospital to permit of frequent visits to the various clinics.

Compensation is, of course, offered by the London County Council, and the Committee are in the closest touch with the Public Health and Valuation Departments. Mr. Christopher Maynard, who has for some years been Honorary Architect to the Hostel, is acting in an advisory capacity to the Committee.

Staff. No changes have taken place in the staff this year, except for the welcome return to the permanent staff of Mrs. Watson, who had held the post of kitchen-matron for seven years, and has now returned after an absence, due to other ties, of two years. In this connection the Committee would like to express their appreciation for help in an emergency or for holiday duties. It is now a rare thing for a stranger to have to be engaged for the summer holidays.

Education. The patients in No. 22 have this year appreciated classes in singing and first-aid from London County Council teachers, and have learnt needlework and embroidery from Mrs. Watson. From the Barlow Wing, the mothers have gone out to the local Evening Institute and have attended courses in cooking, Greek dancing and Country dancing.

After-care from the Hostel. The link between Past Patients and the Hostel is still very strong and visits from them seeking advice for themselves or their children are as frequent as ever. The closest co-operation is maintained between Sister Noakes and Miss Cashmore (After-care worker) on the subject of what is best for the future of a patient. The following gives some idea of the work done in this connection:—

	1935	1936	1937
Visits from Old Girls	395	403	435
Letters from Old Girls	184	353	224
Letters to Old Girls	171	309	265
Letters from employers, friends, etc.	339	335	313
Letters to employers, friends, etc. ..	376	385	354

Reports on Past Patients. As time goes on it is quite impossible to expect to have news of the large number of patients who have been in the Hostel. Indeed, many deliberately want to forget that part of their life, and, although grateful for the help they have received, do not care to come back even for a visit. The figures given below are therefore mainly in connection with those who have left fairly recently.

	Recent News.	No Recent News.
Satisfactory	73	14
Fair	6	—
Unsatisfactory	15	4
Handed over to other Homes or Workers	—	96
Married	—	106
Emigrated	—	4
Died	—	5
Lost sight of	—	215
	94	444
	—	—
Total	538.	

Treasurer's Report. The year was uneventful financially, as there was no extraordinary expenditure, but it was disappointing to find that, although our expenses were £71 less than in 1936, our income dropped by £295.

This was chiefly due to a large decrease in patients' payments. Many of the girls are so young that they have not been insured long enough to receive benefit and are therefore unable to contribute towards the cost of their maintenance in the Hostel.

The total cost of each patient and her baby per week was £2. 13s. 7d. and the average cost of food per week for each adult was 9/6d. This compares with similar figures for last year of £2. 15s. and 8/10d.

The Committee wish to thank subscribers and donors warmly for their generous help and the following for their useful gifts.

Clothing. Miss Abraham, the Hon. Mrs. Barlow, Miss Elliot, Mrs. Lewis, Miss Lewis, Miss Lucy, Mrs. Marsh, Miss Pook, Dr. Shaw, National Society of Day Nurseries, Queen Mary's Needlework Guild, 1st Sands Guide Company, Great Missenden Guide Company.

Fruit, Vegetables and Bulbs. Sir Thomas Barlow, Miss Chick, Miss Deacon, Dr. Campbell, Highbury Hill Baptist Church, Highbury Quadrant Congregational Church.

Perambulators. Miss Rogers.

Various Household Articles. Mrs. Lewis, Mrs. Watson, Dr. Winner, Kearley and Tonge.

Christmas Gifts. Miss d'Avigdor, Hon. Mrs. Barlow, The Lady Emmott, Dr. Campbell, Miss E. Deacon, Dr. Phillips, Dr. Rorke, Miss M. Rogers, Dr. Shaw, Mrs. Warrender, Messrs. Toop, United Dairies.

Occupations of patients admitted, 1937.

Domestic Service	21
Factory Workers	13
Laundry Hands	2
Waitresses	2
Barmaid	1
Upholstress	1
Mental Nurse	1
Office Messenger	1
Tailoress	1
Shop Assistant	1
Cashier	1
No Occupation	3
	48
	—

Disposal of Patients on Discharge.

Transferred to other Homes or Workers	15
Returned home with babies	9
Domestic Service	13
Discharged themselves	5
Transferred to Lock Hospital	2
Married	1
	<hr/>
	45
	<hr/>

Disposal of Babies on Discharge.

Home with mothers	10
Passed on to other workers with mothers	3
Taken by relatives	2
Placed with foster-mothers	12
	<hr/>
	27
	<hr/>

AFTER-CARE WORKER'S REPORT, 1937

Our work has gone on steadily in spite of the difficulties which one must always expect. Of the 112 girls under my care at the end of last year I have lost touch with 18 through various circumstances, favourable or otherwise, but 1937 added another group of 31. There is therefore a group of 125 with whom I am in touch and can report on, as follows :—

Doing Well	84
Married	9
No recent news	13
Returned Home	1
Transferred to other Workers	2
Unsatisfactory	16
	<hr/>
Total	125
	<hr/>

There have been a few very unsatisfactory cases of lapses or troublesome behaviour, but the girls concerned seem to be mostly of the permanently unstable type, and in spite of our efforts at re-education they remain entirely at the mercy of their natural impulses. On the other hand one finds much encouragement in dealing with the numbers of girls who have made good, and continue to meet their obligations steadily and bravely.

Experience gained at the Sunday afternoon tea-parties showed that many of the girls were greatly in need of a legitimate outlet for recreation on their weekly half-days. The financial responsibility for their babies deprived them of the usual pleasures enjoyed by other girls, and after the weekly afternoon visit to the foster homes, there were several unoccupied evening hours, when there was a very real temptation to seek or accept promiscuous invitations, which often led to disastrous results. We have proved that our girls do not easily fit into outside Clubs or Groups to which we have attempted to attach them, as they have a definite feeling of inferiority, due mainly to the shortage of money.

To meet their needs, the Committee agreed to make it possible for me to start a Club for our Old Girls, where they are sure of a welcome every Thursday evening, and can enjoy several hours of games, dancing, a canteen, etc. They are encouraged to bring outside friends; in this way an ordinary club atmosphere is produced and the feeling of segregation overcome. We are planning to enlarge their interests and to restore their self-confidence as wisely as possible. A Keep-Fit Class is just starting, under a qualified Instructress who is giving her services for a nominal fee, and it may be possible to develop other activities as we settle into our stride. The Club is already being fully appreciated and well attended, and one finds there invaluable opportunities for discovering and dealing with personal difficulties. We have fortunately been able to obtain the use of a homely little club-room, near my office, which we hope to make into a real social centre for any of the girls' interests which can be dealt with in a group.

The welfare of the babies depends much, of course, on their mothers' well-being, and I have kept careful watch over the placing of girls in suitable work when they leave the Hostel. 34 new posts have been found this year, and much liaison work done for those already established in employment. Both mistresses and foster-mothers have, for the most part, been generous and considerate towards the girls. Dr. Barnardo's Society still continues most kindly to augment wages in cases where a mother cannot, for physical or other good reasons, earn sufficient to maintain her child and herself decently.

The children have done well on the whole and made good progress. Two of the older ones have won scholarships. 23 new foster-homes have had to be found, always a hard task, as so much depends on these children finding security and a real home life. There were 37 children under my care at the end of 1936, and 13 more babies came from the Hostels during 1937. This made a total of 49, who were provided for as follows :—

Children in foster-homes	35
Children with mothers in posts	4
Children taken by relatives	3
Children transferred to Homes	2
Mothers married and took children	3
Adopted	2
Total	49

Apart from the personal routine work of visits to employers, relatives, various organisations, and so forth, I have written 757 letters and have received over 300 visits from girls.

I have to acknowledge with gratitude gifts, chiefly of clothing, both for mothers and children from :—

Miss Abrahams, The Hon. Mrs. Barlow, Mrs. Bridge, Miss Butler, Miss d'Avigdor, Miss Elliot, Dr. Hare, Mrs. W. Hassall, Mrs. Hook, Mrs. Shaw Jones, Miss I. Kent, Miss Moss, Miss H. Munro, Mrs. Samuels, Miss Sykes, Mrs. White and Dr. Winner.

Signed. N. D. CASHMORE.

REGENT'S PARK HOSTEL.

Subscriptions and Donations, 1937.

	Subscriptions.	Income-Tax Refund.	Donations.
	£ s. d.	£ s. d.	£ s. d.
Abbott, Miss F. E.	5 5 0	1 15 0	
Albert Levy Benevolent Fund			10 0 0
Balfour, F. R. S., Esq.	5 0 0		
Barlow, Sir Thomas, F.R.C.P.	5 0 0		
Barnett, G. A., Esq.	1 0 0		
Beale, Miss H. M.	3 3 0	1 1 0	
Beale, Miss M. S.	3 3 0		5 0 0
Bearsted, The Viscountess	5 0 0		
Beddington, G. E., Esq.	10 0 0		
Beddington, Miss W. G.	4 4 0		
Bevan, Miss H. V.	1 1 0		
Bright, Philip, Esq.	7 16 0		
Broman, Dr. Anna	2 2 0		
Butcher, The Misses	2 0 0		
Chick, Dr. H.	2 0 0		
Clapcott, Mrs. C. B.	1 0 0	6 8	
Clow, Mrs. Sanderson	2 2 0		
Courtauld, Miss M. R.	2 2 0	14 0	
Crowdy, Miss E.	2 2 0		
Crowdy, Miss M.	1 1 0		
Darwin, The Hon. Lady	2 0 0		
Darwin, Major Leonard	3 3 0		
Darwin, Miss Ruth	2 0 0		
d'Avigdor-Goldsmid, Sir Osmond	3 3 0	1 1 0	
Deacon, J. E. W., Esq.	5 0 0		
de Berry, Miss			2 12 6
Emmott, The Lady	1 1 0	7 0	
Forbes Robertson, Mrs.	1 1 0		
Gamlen, A. G. L., Esq.	2 2 0		
Gaskell, Miss W. C.	1 0 0		
Goldschmidt, Mrs. H. F.	2 2 0		
Grand Central Cinema			10 17 7
Greene, Dr. Helen	1 0 0		

	Subscriptions.	Income-Tax	Donations,
	£ s. d.	Rebate.	£ s. d.
		£ s. d.	£ s. d.
Hare, Dr. D. C., C.B.E., M.D., F.R.C.P.	2 0 0		
Hare, Miss K. C.			
Johnson, W. C., Esq.	1 1 0		
Kekewich, Miss H.	10 6		
Luxor Cinema			150 6 7
Marker, Miss M.	2 2 0		
Moro, A. R., Esq.			
Morris, Dr. F. M.	1 1 0		
Page, Miss P. M.	5 0		
Pemberton, Miss E. B.	10 0		
Pulteney, Dr. Isabel	2 2 0		
Richardson, Mrs. S. M. V.	2 2 0		
Rorke, Dr. Margaret	1 1 0		
Royden, Miss E. M.	3 3 0		
Sebag-Montefiore, The Hon. Mrs.	2 2 0		
Spielman, Lady			1 1 0
Thorne, Dr. May	3 0 0		
Tritton, Mrs. G.	1 10 0	10 0	
Valpy, Mrs.	2 2 0		
Vickers, Cecil, Esq.	2 2 0	13 1	
Waldy, Miss V. M.	1 0 0		
Welsh, Miss S. J. O'D.	2 2 0		
Winner, Dr. A. L.	2 12 6	17 6	
Winner, Mrs.	1 1 0	7 0	
	<u>£122 4 0</u>	<u>£7 19 3</u>	<u>£179 17 8</u>
Add Adjustment 1936		5	
		<u>£7 19 8</u>	
	130 3 8		

HIGHBURY QUADRANT HOSTEL.

Subscriptions and Donations.

	Subscriptions.	Income-Tax	Donations.
	£ s. d.	Reclaimable.	£ s. d.
		£ s. d.	£ s. d.
Barlow Miss H. A. D.	2 2 0	14 0	
Beevor, Mrs. J. H.	2 2 0		
Browne, Miss A. B.	1 1 0		
Brunner, Lucy, Lady	2 2 0	13 1	
Campbell, Dr. A. R.	1 1 0	6 7	
Chafy, Miss Ursula	1 0 0		
Chick, Miss M.	2 0 0		
Darwin, The Hon. Lady	2 0 0		
Emmott, The Lady	1 1 0		
Emmott, Mrs. W. R.	10 0		
Forteviot, The Lord			5 0 0
Garratt, R. R., Esq.	1 1 0	6 9	
Goldsmid, Lady d'Avigdor	10 0 0		
Hare, Dr. D. C., C.B.E., F.R.C.P.	2 0 0	12 5	
Hare, Miss K. C.	10 0 0		
Henriques, Mrs. J. Q.	1 1 0		
Jewell-Thomas, Mrs.	1 1 0		
McEwan, Miss M.	10 6		
Orred, Miss A. K.	1 1 0	6 7	
Rogers, The Rev. C. F.	1 1 0		
Rorke, Dr. M.	1 1 0		
Salmon, Mrs. H.	1 1 0		
Smith, Miss A. M.	1 0 0		
Sydenham, The Lady	2 0 0	13 4	
Tritton, Mrs. Geoffrey.	1 10 0	10 0	
Wilson, Dr. Helen	10 0		
Wilson, Mrs.	1 1 0		
Winner, Dr. A. L.	2 12 6	17 6	
Winner, Mrs.	1 1 0	7	
	<u>£54 11 0</u>		<u>£5 0 0</u>

THE INCORPORATED HOSTELS associated

Dr.	BALANCE SHEET,					
	£	s.	d.	£	s.	d.
To SUNDRY CREDITORS—						
Regent's Park				34	19	2
Highbury Quadrant				191	11	8
				226 10 10		
„ BUILDING AND EQUIPMENT FUNDS—						
<i>Regent's Park—</i>						
As at 1st January, 1937				1,834	0	6
<i>Highbury Quadrant—</i>						
As at 1st January, 1937	4,098	3	3			
Add Receipts		250	0			
				4,348 3 3		
				6,182 3 9		
„ RESERVE FUND. Held on Joint Account, Regent's Park and Highbury Quadrant—						
Gift of the late Lord Rowallan, per Sir Thomas Barlow, Bart.				2,553	9	3
Gift of Sir Thomas Barlow, Bart... .. .				900	0	0
				3,453 9 3		
„ RESERVE FUND. Highbury Quadrant at 1st January, 1937					624	6 6
„ SINKING FUND for Amortisation of Lease, Regent's Park					754	4 2

Richard T. Bartley }
B. d'Avigdor } Members of the Committee.

£11,240 14 6

To the Members of the Incorporated Hostels associated with The Royal Free Hospital.
I have audited the above Balance Sheet and have obtained all the information and explanations view of the state of affairs of the Company, according to the best of my information and the explanations

with THE ROYAL FREE HOSPITAL

	31st DECEMBER, 1937.						Cr.		
	£	s.	d.	£	s.	d.	£	s.	d.
BY CASH AT BANK :—									
Regent's Park							25	12	9
Highbury Quadrant General A/c.	688	18	2						
Building Account		22	9 7						
				712 7 9					
„ CASH IN HAND :—									738 0 6
Regent's Park							30	0	0
Highbury Quadrant							28	19	5
				58 19 5					
„ INVESTMENTS AT COST :—									
350 National Savings Certificates							280	0	0
£350 Funding Stock 4%, 1960/90							372	10	3
£624 18s. 0d. New Zealand 4% Loan, at Cost							650	0	0
£965 4s. 11d. India 3% Stock							779	15	0
200 Fully Paid Shares of £1 each Rembau Jelei Rubber Ltd.							200	0	0
£1,000 Canadian Pacific Railway 4% Consolidated Deb. Stock							900	0	0
£860 L.M.S. Rly. 4% Gtd. Stock							923	14	3
				4,105 19 6					
„ LEASEHOLD PROPERTY :—									
62, Regent's Park Road, N.W., as at 1st January, 1937									1,834 0 6
„ FREEHOLD PROPERTIES :—									
20 and 22, Highbury Quadrant, as at 1st January, 1937									3,273 1 1
„ FURNITURE AND EQUIPMENT AT COST :—									
Highbury Quadrant									588 7 2
„ SUNDRY DEBTORS AND PAYMENTS IN ADVANCE :—									
Regent's Park							25	14	4
Highbury Quadrant							13	11	10
				39 6 2					
„ INCOME AND EXPENDITURE ACCOUNT :—									
Regent's Park—									
Deficit as at 1st January, 1937				149	14	10			
Add Excess of Expenditure, 1937				328	5	8			
				478 0 6					
Highbury Quadrant—									
Deficit as at 1st January, 1937				42	0	7			
Add Excess of Expenditure, 1937				82	19	1			
				124 19 8					
				603 0 2					

£11,240 14 6

I have required. The said Balance Sheet is, in my opinion, properly drawn up so as to show a correct given me and as shown by the books of the Company.

4th February, 1938.

SIDNEY H. CLINCH, Chartered Accountant.
52, BEDFORD Row, W.C.1.

REGENT'S PARK

INCOME AND EXPENDITURE ACCOUNT

1936	INCOME.							
£			£	s.	d.	£	s.	d.
167	To ANNUAL SUBSCRIPTIONS	130	3	9			
20	„ DONATIONS	18	13	6			
227	„ „ FROM SUNDAY CINEMAS	161	4	2			
91	„ PAYMENTS BY AND ON BEHALF OF PATIENTS	119	7	3			
800	„ GRANT, LONDON COUNTY COUNCIL	800	0	0			
62	„ DIVIDENDS AND INTEREST	74	14	3			
<u>1370</u>			<u>1,304</u>	<u>2</u>	<u>10</u>			
30	„ EXCESS OF EXPENDITURE OVER INCOME FOR YEAR	328	5	8			

£1,400

£1,632 8 6

HOSTEL.

FOR THE YEAR ENDED 31st DECEMBER, 1937.

EXPENDITURE.						1936
BY PROVISIONS :—			£	s.	d.	£
Meat	58	9	5	58
Fish, Poultry, etc.	12	0	10	11
Butter, Bacon, etc.	38	1	11	36
Eggs	10	0	11	9
Milk	52	8	5	51
Bread, Flour, etc.	23	2	3	19
Grocery	76	14	11	49
Vegetables and Fruit	71	14	6	65
„ SURGERY AND DISPENSARY :—						342 13 2
Drugs, Chemicals, Disinfectants, Dressings, etc.	18	10	6	7
Instruments and Appliances	6	0	0	1
„ RENEWALS AND REPAIRS :—						18 16 6
Furniture	6	7	0	41
Bedding and Linen	12	15	3	6
Hardware, Crockery, Brushes, etc.	11	1	6	3
„ FUEL AND LIGHTING :—						30 3 9
Coal	58	10	2	37
Gas	42	0	1	38
Electric Current	18	10	4	17
„ DOMESTIC :—						119 0 7
Washing	70	5	11	73
Cleaning and Chandlery	28	4	2	25
Water	4	0	5	4
„ ESTABLISHMENT :—						102 10 6
Renewals and Repairs	288	8	11	85
Garden	2	14	6	10
„ SALARIES AND WAGES				231 3 5
„ MISCELLANEOUS :—						386 18 3
Printing and Stationery	12	17	11	19
Postage, Telephone, etc.	23	16	4	20
Fares	29	13	2	1
Education	39	9	10	23
Entertainments	3	3	8	41
After-Care, Salary and Expenses	101	17	3	2
Clothing	7	19	6	97
Insurance	6	7	0	8
Sundries	7	10	4	8
						4
						<u>232 15 5</u>
„ TOTAL COST OF MAINTENANCE				1,464 1 2
„ AUDITORS' FEE				3 3 0
„ GROUND RENT				17 10 0
„ RATES AND TAXES				44 17 6
„ PROVISION FOR AMORTISATION OF LEASE				102 16 10

£1,632 8 6

£1,400

HIGHBURY

INCOME AND EXPENDITURE ACCOUNT

1936	INCOME.	£	s.	d.	£	s.	d.
59	ANNUAL SUBSCRIPTIONS				59	11	9
113	DONATIONS				5	0	0
69	DIVIDENDS AND INTEREST				90	12	4
419	No. 22, HIGHBURY QUADRANT :—						
	Payments by and on behalf of Patients	316	5	0			
243	No. 20, HIGHBURY QUADRANT :—						
	Payments by Patients : Inworkers	211	0	5	527	5	5
2400	GRANT—LONDON COUNTY COUNCIL				2,400	0	
395	BALANCE, BEING EXCESS OF EXPENDITURE OVER INCOME				82	19	1

£3,376

£3,165 8 7

QUADRANT HOSTEL.

FOR THE YEAR ENDED 31st DECEMBER, 1937.

MAINTENANCE :—	EXPENDITURE.	£	s.	d.	£	s.	d.	1936
PROVISIONS :—								£
Meat		124	9	8				128
Fish, Poultry, etc.		38	12	2				42
Butter, Bacon, etc.		111	12	2				108
Eggs		34	16	2				27
Milk		218	11	8				215
Bread, Flour, etc.		71	4	0				65
Grocery		104	15	1				100
Vegetables and Fruit		101	5	2				132
SURGERY AND DISPENSARY :—					805	6	1	820
Drugs, Chemicals, Disinfectants, etc.		8	16	0				8
Dressings, Bandages, etc.		8	5	5				6
Instruments and Appliances		4	17	2				3
RENEWALS AND REPAIRS :—					21	18	7	18
Furniture		50	11	5				43
Bedding and Linen		41	13	2				25
Hardware, Brushes, etc.		26	17	9				24
FUEL AND LIGHTING :—					119	2	4	92
Coal		103	5	1				108
Gas		60	19	7				63
Electric Current		34	1	5				34
Oil, Wood, etc.		0	2	0				1
DOMESTIC :—					198	8	1	207
Washing		27	13	1				21
Cleaning and Chandlery		65	0	2				78
Water		10	3	11				10
Uniforms		14	14	7				9
Sundries		1	14	6				1
ESTABLISHMENT :—					119	6	3	120
Renewals and Repairs		223	16	3				293
Garden		14	13	1				11
Insurance		13	12	1				13
SALARIES AND WAGES :—					252	1	5	318
General		949	9	2				941
Payments to Patients for Domestic Work		331	12	5				347
MISCELLANEOUS :—					1,281	1	7	1288
Printing and Stationery		14	11	4				12
Postage and Telephone		31	0	4				34
Fares		28	9	4				34
Education		8	15	9				10
After-Care		191	10	6				184
Entertainments		10	6	9				7
Sundries		2	5	0				2
					286	19	0	286
TOTAL COST OF MAINTENANCE					3,084	3	4	3155
AUDITORS' FEES					3	3	0	3
RATES					77	6	8	76
INTEREST					0	15	7	2
								3237
								139

£3,165 8 7

£3,376

