

DURETIS

GUILDFORD

Feb. 22. 18.

4344

My dear Pippa. What a beautiful picture yours was of me. If I do indigest myself into a premature (alas no longer an early) grave I shall leave instructions to have the whole letter inscribed on my tombstone. What an idea it wd. be [what fun if all tombstones had anything half as well done. No I couldn't quite show it to him - it was too artistically done [too flattering in general effect, tho' I admit the damning evidence] [he wouldn't have had time & patience - I being only a picture. But it did make me underline in my account of my life the heavy work & variety of things he expied too - in general the too-bunchiness of my life. Well he took rather the opposite view to my last man (admittedly that his may have been true once) Thinks as I do that the danger is entirely in the stomach & that the over-acidity wd. lead to ulceration in time - one can never say when. That the main thing is to give it all as easy work as possible - undredne fresh meat - eggs - milk - butter - cream - not much bread or cereals - Now that's a pleasant dish to recommend these days ain't it. I could always get by blessed rice & oatmeal but how to lay hands on these things goodness knows. He's given me an order for the dairy wh. ought to get me cream [perhaps butter but meat & poultry had helps us. Then I am to rest none - $\frac{1}{4}$ hr. before meals $\frac{1}{2}$ hr. after lying down.

I owned up to smoking a wh. [inhaling] cigarette but he
didn't mind that ~~the~~ said it didn't hurt tall people so
much in fact though it EVERY all right for people
of my temperament [with a good head wh. he allowed me
seemed to think it was an advantage that I didn't have
any ~~alt~~ alcohol wh. indeed I haven't for ages now except
very occasionally, and generally gave me rather a good character
only said I must stop this acidity somehow. I'm to go back
in a month [write if anything seems to go wrong. So
that you have the full account. Now I'm going to stay
down here for most of next week - I haven't heard from
Margy yet but anyhow you might be an angel [come
down for 2 nights at least - Lalla aknow insisted on
coming but I really resisted. I know she wd. wear me out
I feel horrid about it but I know I can't keep when she's
around [she thinks she's very sympathetic [is very full of
kindness but in the end it always comes to her classes on
your feelings - do you know what I mean, so I put off [I
shuffled a bit but I must have her for next week and
I spec. I shall go to the Parsons's [I shall do all I
might by going down etc. I promise you. I shall probably
come up one day next week to see about this but
shall take it easy. I've managed to dry handsomely - taxi
up from Sta. Taxi to Wakebo etc so as to avoid any
rush [I'm really writing letters ahead. I feel as though I
dressed by dinner 2 eggs [a hen's à la mervelle. Now
what an egotistic letter but your postmark has I believe
stuffed me with self importance. Adios [let me know when
you can come. Go. Puff.

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